# JYOTI NIVAS COLLEGE AUTONOMOUS SYLLABUS FOR 2018 BATCH AND THEREAFTER

Programme: BA Semester: VI

# PAPER VII ABNORMAL PSYCHOLOGY

Course Code: 18VIPS7

No. of Hours: 60

## **COURSE OBJECTIVES:**

- Update the Abnormal Psychology syllabus by incorporating the changes and revision made in DSM5.
- Orient undergraduate students to the various psychological disorders.
- Provide an opportunity for students to consider careers in Clinical Psychology.

#### **LEARNING OUTCOMES:**

- To further understand, common classification systems and range of disorders including personality and Paraphilic disorder, schizophrenia and delusional disorders, depressive and bipolar disorder, intellectual disabilities, autism and specific learning disabilities.
- To understand various behavioral dysfunctions and use the same in day to day life.

#### **UNIT I**

## CHAPTER 1- PERSONALITY DISORDERS AND PARAPHILIC DISORDERS

**15 HRS** 

Personality Disorders-Definition, general characteristics of personality disorders.

# DSM classification of Personality disorder:

Cluster A - Paranoid, Schizoid, Schizotypal personality disorder,

Cluster B- Anti-social, Borderline, Histrionic, Narcissistic personality disorder, classification;

Cluster C - Avoidant, Dependent, Obsessive compulsive personality disorders.

Other personality disorders as specified in DSM 5.

**Paraphilic disorders** - General characteristics and types of paraphilias.

Topic for self study- Gender Dysphoria.

#### **UNIT II**

# **CHAPTER 2- SCHIZOPHRENIA AND DELUSIONAL DISORDERS**

**15 HRS** 

**15 HRS** 

**Schizophrenia**- Definition of Schizophrenia, general symptoms of schizophrenia. Schizophreniform disorder, schizoaffective disorder, bipolar type, depressive type.Catatonia.

Delusional Disorders- clinical picture of the types of delusional disorder

Topic for self study- Origin of the term 'schizophrenia'.

## UNIT III

#### CHAPTER 3- DISRUPTIVE, IMPULSE CONTROL AND EATING DISORDERS

**Disruptive disorder-** Definition of Disruptive disorder. Oppositional defiant disorder, Conduct disorder. **Impulse control disorder-** Definition of Impulse control disorder. Intermittent explosive disorder, Pyromania, Kleptomania.

**Eating disorders** - Avoidant restrictive food intake disorder, Anorexia nervosa, Bulimia nervosa, Binge eating disorder

**Topic for self study-** Addictive Disorders.

#### **UNIT IV**

# CHAPTER 4- INTELLECTUAL DISABILITIES, AUTISM AND SPECIFIC LEARNING DISORDERS 15 HRS

**Intellectual disabilities-** Definition of intellectual disability, levels of intellectual disability. Clinical types of intellectual disability (ID) - Cretinism, Down's syndrome; Phenylketonuria (PKU); Cranial Anomalies-Hydrocephaly, Macrocephaly, Microcephaly.

Autism spectrum disorders- Definition and clinical features of autism.

**Topics for self study- Specific learning disorders** - Definition and types of LD- Dysgraphia, Dyslexia, Dyscalculia.

#### **REFERENCE:**

- 1. Ann M Kring, Sheri L. Johnson, Gerald Davison, John Neale (2014) Abnormal Psychology, 12<sup>th</sup>edn, DSM 5update.
- 2. James N. Butcher., Susan Mineka., Jill M. Hooley (2014). Abnormal Psychology. 15<sup>th</sup> Edn. Delhi: Pearson Education Pvt. Ltd.
- 3. Diagnostic and statistical manual of mental disorders DSM 5 American Psychiatric Association.5<sup>TH</sup>Edn.CBS Publishers and Distributors PvtLtd.
- 4. Alloy L.B., Riskind J.H., Manos M.J. (2006). Abnormal Psychology -Current Perspectives. 9<sup>th</sup>Edn. New Delhi: Tata McGraw Hill Publishing Co.Ltd.
- 4 Alloy L.B., Acocella J.R., Bootzin R.R. (1996) Abnormal Psychology-Current Perspectives. 7<sup>th</sup>Edn . New York: McGraw HillInc.

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