



JYOTI NIVAS COLLEGE AUTONOMOUS



दीह्वानी
2024 2025

This cover illustration shows a woman blended with leaves, flowers, and soft flowing lines-symbolizing, just like how nature grows, we also grow through learning.

Her calm and composed posture surrounded with plants manifests peace, strength, and connection to the world, which reflects the spirit of Jyoti Nivas College.

The warm colors and sunlight in the framework matches the idea of finding one's own path and letting the inner light shine.

DHWANI stands for every Students' Voice, and this cover design shows that our thoughts and dreams grow beautifully when we are supported and understood.

Cover Design
Pranavi H, III Year BCA

Motto

Let Your Light Shine

Vision

“Communion, Excellence, Service, Relevance”

Mission

**To Turn Out Intellectually Enlightened,
Morally Upright, Spiritually Oriented,
Socially Committed & Emotionally
Balanced Young Persons**



COLLEGE ANTHEM

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*Ring the bells of Jyoti Nivas,
Flame of wisdom bright,
Proudly we unfurl the banner
Of this Abode of Light*

*Hearken all ye Jyotivites
To the clarion call
Duty, Truth and Loving Kindness
Show to one and all.*

*Thousands proudly through her portals
Passed with fame and pride
Long their light shall linger o'er us
And with us abide.*

*If at times shadows darken
O'er life's stormy sea
May the light of Jyoti Nivas
With you ever be.*

*Hail once more immortal college
Site of wisdom's lore
Through long years of selfless service
Reign forever more.*

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Magazine Editorial Board

This magazine is not just a compilation—It's a reflection of voices that dared to question, express, and manifest many of our dreams.

The 2024–25 edition captures the pulse of our campus life, stitched together with stories, ideas, and moments that matter.

Our heartfelt thanks to our Principal, Dr. Sr. Mary Louisa S whose continued support and vision make this creative pursuit possible.

Gratitude to our staff and student editors, who worked behind the scenes with quiet dedication.

Much appreciation to Dr. Roopa Philip, Mr. Kapil Arambam, Mr. Paul Richard, Mr. Nikhil Banerjee A, Ms. Amrutha A, and Mr. Aashish Sasikumar, for capturing the year through their lens and for their invaluable contribution to the College Magazine - Thank you.

We also acknowledge Ms. Jaya and the National Printers for their consistent partnership in production.

We would like to appreciate and congratulate all the student contributors for placing their trust on us.

Editor in Chief: Dr. Sr. Mary Louisa S

Coordinators: Ms. Veronica A, Ms. Radhika Kamath

Members:

Dr. Divya Joseph Pereira, Dr. Capt. H.K. Roopa Rani, Dr. Vinita Marigold K., Dr. Leelavathi H.S.,
 Dr. Susmita Sarkar, Dr. Shweta Singh, Mr. Nithin G. Tom, Ms. Shanolia M. Paldano,
 Ms. Acsa Saby, Mr. Henoc Yao G., Ms. Sarah Babu Paul,
 Ms. Meryl Maria Antony, Ms. Bella Thomas, Mr. Paul Richard,



“Between the certainty of yesterday and the mystery of tomorrow lives today—a canvas awaiting our brushstrokes”

- Maya Angelou

Through these pages of **Dhwani 2024-25**, we invite you to walk through our campus corridors where you'll find the beautiful chaos of student life—last-minute submissions completed during lunch breaks, impromptu study groups forming before exams, and creative ideas birthed during casual conversations. Through it all, we've found our rhythm, our voice—our Dhwani.

We extend our heartfelt gratitude to Dr. Sr. Mary Louisa S, whose visionary leadership creates space for both academic excellence and creative exploration.

Under her guidance, we've learnt to grow, walk courageously and live with community bond.

This edition captures the essence of our year—a prism reflecting diverse experiences, perspectives, and talents which discovers photography that freezes fleeting moments, poetry that gives voice to silent emotions, artwork that challenges perceptions, and stories that bridge worlds. Each contribution represents not just creative expression but a piece of someone's journey.

As you turn these pages, we hope you experience what author *Jhumpa Lahiri* quoted as “that rare moment when the world falls away, and we're left only with the beating of our hearts and the whispering of our minds.” May this collection serve as both a time capsule and a telescope—honouring our past while imagining our future.

May these works illuminate your path in unexpected ways where time folds like origami and words become windows.....



Message from **the Principal**

"You are the light of the world. A city set on a hill cannot be hidden." — Matthew 5:14

I am highly pleased to present *DHWANI* the annual publication of Jyoti Nivas, buzzing with campus news.

This magazine mirrors our motto, that is rooted in the Gospel message, "Let Your Light Shine," The academic excellence, research prowess, leadership, social outreach, innovation, and artistic skills of our students, faculty and other holistic developmental activities, are the sparks that kindle the light, that shines through Jyoti Nivites all over the world. *Dhwani*, gives everyone a bird's eye view of the all round educational endeavours of the college.

It is an evidence of our belief that education is not merely the acquisition of knowledge, but the formation of character for uplifting the down trodden through enlightenment and moulding of the young women entrusted to us. This has been the mission and ministry of Jyoti Nivas for the past six decades. And it sets us on a higher niveau as a beacon that shines and navigates via our past and present students.

Jyoti Nivas has always been more than a place of learning; It is a community where minds are shaped, values are nurtured, and talents are celebrated.

Events of the past year have been manifestated from the exceptional potential of our students and staff.

Our efforts have been rewarded with remarkable achievements across academics, research, outreach and human skills. These accomplishments are not mere milestones on our journey. They are the result of perseverance, collaboration, and the courage to dream beyond the ordinary.

We are grateful for the abiding grace of the good Lord our shepherd that enables the enormous success.

Dhwani is surely an inspiring call for each of us to recognise the light within and to share it with the world that is longing for truth, justice, invention, innovation, compassion and hence a progressive society. May the shared commitment that defines our institution endure for generations with the bounty of the Lord.

Thank You

Dr Sr Mary Louisa S

Message from **the Manager**



“This is the day that the Lord has made, let us be glad and rejoice in it,” or rather, I should say, this is the year that the Lord has given us, let us rejoice in it. As I entered this campus on the 6th June 2024, I experienced the hub of activities that were carried out every day, by so many Departments. I was wonder struck by the amount of life and energy that goes on with its preparation, execution, and programmes that are carried on each day of the academic year. Praise the Lord for the tremendous amount of Wisdom and Knowledge showered by the wonderful staff and ever enthusiastic students.

I was even more surprised by the very efficient Principal, Sr Mary Louisa, always greeting the staff and students with a radiant smile and the amount of ‘Principal’s Messages’ that she has to deliver every day, made me wonder, when she finds time for all of us in spite of the busy schedule during the day, following the community program and yet again ever ready to answer the needs of the Province. Thank God for the multi-tasking person that she is. No wonder, this college stands for its excellence and is ranked as 5th Best Private Autonomous College and she herself being awarded the ‘Outstanding Education Leadership Award,’ and many other Awards from many reputed places.

I was very much edified by the co-operation of the Sisters Sajitha, Arul Selva and staff in organising the very important Collegiate and Inter-Collegiate, National and International programs of the college be it academic, cultural and sports or anything spontaneous. May God shower his choicest blessings upon everyone who enters this ‘Abode of Light’ and be a beacon of light of our society and the world at large. I implore special blessings upon the Magazine team of staff and students who unceasingly brought out this issue of the Magazine. Stay informed, stay inspired and stay connected with JNC.

God Bless you.

Sr. Nalini Cruz



Principal's Report

In the words of the great scientist Albert Einstein, "Education is not the learning of the facts but the training of the mind to think".

At the outset, the academic year 2024-25, marked a significant progress across the multiple areas of our performances. This report is a testimony of our shared commitment in the growth of our academic excellence, student well-being and our adaptability in learning culture.

The Jyoti Nivas dedicated staff-teaching, non teaching and students' fraternities have worked tirelessly to uphold the institution's success throughout the year. The past year has been a long journey of achievement, innovation and challenges yet the voyages of knowledge and determination has being a constant pursuit in this world of learning.

Institutional Achievements

As you perceive, Jyoti Nivas is consistently and incessantly putting in best efforts for the holistic development of the young women entrusted in our care and it has indeed paid us rich dividends.

We have been ranked as the fifth best Private Autonomous College in the entire state of Karnataka by the Education World, India Higher Education Rankings 2024-25.



The institution received a major boost and recognition from The Department of Science & Technology (DST) Government of INDIA, this year. The government body has approved the proposal

for Enhancing, Teaching and Research in Chemical Sciences, Life Sciences and Computer Applications AI/Machine Learning for a total amount Rs. 87.00 Lakhs under CURIE (Consolidation of University Research for Innovation and Excellence) in 2024. We are proud to announce that we are the only higher education institution in Bengaluru city that has received the approval for this grant this year.

Among the many awards for excellence we have also received the Certificate of Recognition-Excellence in Educational Standards, Adaptability and Implementation, from India Elite Education and Institutional



Excellence Awards and Conference 2024, on 25th October 2024.



Another Certificate of Recognition for "Outstanding and trusted Degree and Management Studies College of the year 2024" has been conferred on us by India Elite Education and Institutional Excellence Awards and Conference.



JNC Rotaract Club was awarded Certificate of Recognition for its unwavering commitment and exceptional service with the Platinum Citation for the impactful contribution during the first quarter of the Rotary Year, 2024-25.



Jyoti Nivas was honoured with Sadak Suraksha Jeevan Raksha, the National Road Safety award by Transport Departments, Bengaluru.

Our staff and students

The remarkable achievements of our dedicated staff and students elevate our institution to a greater niveau.



Dr. Sr. Mary Louisa S, Principal Jyoti Nivas College Autonomous was presented with Outstanding Education Leadership Award for her exceptional contribution and selfless service to the educational sector-EGN India for the year 2024-2025.

"The Academic Insights" organisation honoured, Dr. Sr. Mary Louisa S with an award for her services as an Educational Leader to the Advancement of Educational Fellowship.



Dr. Sr. Mary Louisa has authored a book titled 'HIV/AIDS Affected: A Guide for Rehabilitation'. The book was released on 1st December 2024 World AIDS day.



We are delighted to inform that Dr. Anila Thomas, Dr. Preeti Mangala, Dr. Navis Vigilia, Dr. S Sudha, Dr. Priyadarshini Pillai, Ms. Sumitha and Ms. Anusha hold Patents, for their innovative research work.



Dr. Preeti Mangala, Research Dean and Head, Department of Chemistry, Jyoti Nivas College has guided a Research scholar successfully from Bangalore University.



Ms. Jayanthi Kumari the scholar was awarded the Ph.D Degree in Chemistry from Bangalore University.

Inspiring Leadership Award was presented to Sr. Sajitha Jose, Administrator for her exceptional contribution and selfless service to the educational sector by EGN India.



Best innovative Faculty Award and a cash Prize of Rs. 5000/- for the year 2024 was conferred by All India Association of Christian Higher Education (AIACHE) on Dr Sophia D,

Department of Biochemistry.

'Recognition of Excellent Service Award as Assistant Professor in Mathematics' from Ravindra Kalashetra, Bengaluru was awarded to Ms. Sheryne Jemima John, Department of Mathematics.



The Best Teacher Award from Thirukkural Research Institute, Tamil Nadu was awarded to Dr. V Margaret Ponrani from the Department of Mathematics.



Dr. S. Devi Thangam, Department of Zoology and Genetics received Academic Excellence Award from Mevisha Foundation and Environmentalist Award from AVIAN TRUST.

Dr. Josephine Narmadha, Dr. Navis Vigilia, Dr. Sophia, Dr. Divya Joseph, Dr. Mary Arpana, Dr. Gracy Mathan, Dr. Philcy Anthony were felicitated for their Doctoral Degrees by Archbishop



of Bangalore Reverend Dr. Peter Machado and from Karnataka Kraista Alpasankyatara Jaguthi Vedike, (Karnataka Christian Minority Awareness Forum).

Ms. Mary D'Cruz, Associate Professor, Department of Electronics won 3rd Place in an International research contest, for her topic 'Intersection of AI in Education', in Geneva, Switzerland.



Dr. Raghu, Department of Chemistry, has won best paper awards in three consecutive international science conferences and has received grant from Government of Karnataka for student research.



Mr. Paul Raj, Department of PG Psychology, won the 'Best Paper Award' in an International Conference at the University of Mysore.

Dr. Arul Selva, Department of Mathematics, Dr. Namrata Mohan, Department of English; Dr Mary Arpana, Department of Biochemistry; and Dr. Narayani, Department of Commerce and Management were awarded Doctoral degrees this academic year.



Mr. NiKhil Banerjee, Fr. Saji Mathew and Ms. Amrutha A, from Centre for Media Studies, were part of making Kannada Feature films as Director, Assistant Director and Art Director respectively.



Ms. Bella Thomas from Department of Commerce and Management PG Centre was awarded the National level Certificate of Exceptional Contribution from SPOC (Scrum Product Owners certified Certification), Smart India Hackathon (2024).



Students Achievements

Under the guidance of Dr. Sowmya K, Sneha and Swetha Prabhakaran, the II year PG Biological students', project 'Green Synthesis of a low cost Nano pesticide and its applications against pesticide-Resistant Horticultural pests of Karnataka' won a cash prize of Rs. 5000/-.



Under the guidance of Dr. Raghu, the II year MSC Organic Chemistry Students' project 'Green Synthesis of Anti-diabetic drug intermediate' done by Deepali M, Sameeha Begum, Pallavi Telagi, won a cash prize of Rs. 6500/-.



The students from the Department of Kannada won several inter-collegiate prizes securing Best Performers and overall Championship Trophy from different universities and colleges.



The students from the Department of Hindi, Shwetha Tanwar of II B.Sc and Manisha from 2nd B.Com won 1st place in Speech Competition and a cash prize of Rs 2000 from St Joseph's Commerce College.



The students from the Departments for Biochemistry and Biotechnology, Diya and Twinkle of II B.Sc; Irene and Aastha from III B.Sc won 1st Place in intercollegiate competitions in Christ and St. Joseph University.



The students from the department of Botany–Shilpa, Moulya, Yashoda III Year and Stanzin of II year won a cash prize of Rs 4000 from IIC, Jyoti Nivas College.



Pooja R Nair and Shwetha Tanwar of II B.Sc-Chemistry, won FIRST PRIZE in MOLECULAR MAYHEM, CHEMOZ, an Intercollegiate Fest organized by Christ University.



The students from the Department of Mathematics - Meda Mokshitha, Venantius Cyra S, and Navaneetha won First place and a cash prize of Rs. 25000/- and Rs. 2000/- in National Level Science Exhibition- Christ University and Jyoti Nivas college respectively.



Venentius Cyra of III B. Sc secured First place and a cash prize of Rs. 750/- for a Paper presentation on National Science Day in our college.

Department of Computer Science won the Overall championship in Tech Utsav 2k24 from Krupanidhi Degree College.

Geraldine Lawrence & Lakshmi 3rd Year BCA secured first place and a cash prize of Rs. 10,000/- worth Amazon voucher- at Innovation Mela 2025.

Sheik Firdous Muskan and Nusrath Khannum of III B.Sc Electronics won first place in Debate Competition in St. Joseph University.



Pravallika of II BA secured 1st Place in a Photography Competition held in St Joseph University.

Varsha N and Shobitha S of II B.Com have won First prize in National level intercollegiate competition at St. Paul's College for Marketing.



Sruthika & Aishwarya J II MBA secured I Prize in National Level Business Quiz at St. Joseph College of Arts and Science, Hosur.

Selerina Oinam II MA English cleared the National Eligibility Test (for Ph.D) in Feb 2025.

Sushmita S and Vedika of Post graduation won 'Best Paper Award' in international conference Jyoti Summit 2025.

Shiney, Deepali & Dharshini of M.Sc Chemistry Post Graduation won First Prize in Chemistry Quiz, in Christ University.

Conferences and Workshops

The institution organised a series of prestigious national and international conferences and workshops across various disciplines, fostering intellectual exchange, innovation and collaboration.

National Education Policy and State Education Policy

- Following the guidelines issued by the Government of Karnataka and Bengaluru City University, Jyoti Nivas College Autonomous implemented NEP 2020 from the academic year 2021-2022.
- The two major options under the NEP is one of the approved structures for the Humanities, Sciences and Commerce programmes with Choice-based Credit System (CBCS).
- In July 2024 the Karnataka Government and Karnataka State Higher Education Council directed colleges to adopt the New State Education Policy with three majors system, and we are following the same since then.

The Annual Academic and Governing Council meetings in which academic polices, standards and regulations that sustain quality governance of the institution are discussed and implemented were

held on November 12, 2024 and on 10th December, 2024 respectively to maintain quality assurance in academic programs.

Examination Results

The current globalised world and the placement requirements demand students who excel in everything. Our students meet up the standards. And their academic performance is a proof of that.

Sports

'Talent wins games, but teamwork and intelligence win championships.' Our athletes participated in numerous competitions and brought laurels to the college.



Subhashree Swain, K Naveena and Shania Grace won Gold medals in Shooting, Breast Stroke Swimming and Boxing in inter-collegiate competitions in BCU and in All India Inter-University Championship (AIUC).



Ms. Hena Fatima Khatoon demonstrated her strategic brilliance by winning the BMS Open Chess Tournament.

K Naveena, Shania Grace, Eshita Joycelyn Emmanuel, Hephzibah, Noorain Pasha, and Harshitha won Bronze medals in Boxing, Breast Stroke-swimming and in Relay Race.



took place on the 20th and 21st of February. More than one hundred students participated in Chess, Basketball, Throwball, Volleyball, Kabaddi, Kho-Kho, and Football. The event was a thumping success that filled the campus with reverberations of sports spirit.

Placements

At Jyoti Nivas we equip students with the skills and knowledge required to excel in their professional journey. For students to compete in the corporate world and excel in their professions they are provided with Career Guidance Sessions, Industrial Talks, Skill development Trainings and Campus Interviews.

The college collaborates with several companies like Teach for India, BOSCH Global Software Technologies, Wipro, Cognizant, Morgan Stanley for stronger professional networking. An impressive



80% of students, who are registered with the placement cell, successfully secure job offers.

The Time tested legacy of Jyoti Nivas dates back to more than five decades. We love and cherish the stalwarts and veterans who have served this institution for a long time. No one can conquer time. It is the time that conquers and claims us.

We are truly saddened by the passing away of stalwarts who served Jyoti Nivas College with dedication Dr. Sr. Jovita Norohna and Sr. Rosaline Norohna and Prof. Kamalamma. They were not just committed leaders but became the beacons of both academics and in life.

As we embark on this next journey of our new beginning, I pray for the Lord's abundant blessings in all our endeavors; and to keep the banner of Jyoti Nivas soar higher.

Thank You

Dr Sr Mary Louisa S

EULOGY...

Sr. Jovita Noronha, SJT



We fondly remember and celebrate the life of Sr. Jovita Noronha, SJT, whose legacy is woven deeply into the heart and fabric of Jyoti Nivas College. She was not just a Sister of St. Joseph of Tarbes, but also a Principal, a pioneer, a spiritual guide, and a true servant-leader whose life was marked by profound faith, quiet strength, and unwavering vision.

She served the institution as Principal for 16 long years—first from 1981 to 1993, and then again from 1995 to 1999.

As Principal of Jyoti Nivas College, she brought with her not only academic excellence but also a deep sense of purpose. Her leadership was transformative—calm, composed, and deeply rooted in the values of the Gospel and the charism of her congregation. She believed in the power

of women's education, and she saw education not merely as the transmission of knowledge, but as the awakening of minds, the formation of character, and the building of a more just and compassionate world.

She was a great leader who led our institution to achieve excellence. She was the first Principal to get our institution accredited by NAAC, and under her leadership, we received a Five Star rating—the highest grade at that time. The Mentor-Ward system was also introduced by her.

She was a true educator in every sense of the word. She nurtured a culture of discipline, dignity, and excellence—always mindful of the individual worth of every student, every staff member, and every person she encountered.

We thank God for the gift of Sr. Jovita Noronha's life—for her wisdom, her courage, her faith, and her quiet, powerful grace. Her life was her message, and her legacy will continue to inspire generations of women to lead with love, serve with humility, and live with purpose.

You are fondly remembered and will be deeply missed.

Sr. Roseline Noronha, SJT



We remember with fondness a life lived with grace, conviction, and unwavering commitment. Sr. Roseline Noronha, SJT, was not only an educator and a colleague but a beacon of quiet strength and compassionate leadership. Her presence at Jyoti Nivas College for over a decade left an indelible mark on every heart she touched.

Sr. Roseline's calling was never just a profession—it was a sacred vocation. In her years of dedicated service, she brought clarity, discipline, and deep spiritual integrity to her role as Educational Secretary. Her days were marked not by self-importance, but by humility and service. She worked tirelessly behind the scenes, ensuring that the institution upheld the values of excellence and inclusivity.

Her faith was not confined to words but radiated through her every action. She taught us that kindness is strength, that listening is just as powerful as leading, and that true greatness lies in simplicity. She carried within her the serenity of someone deeply rooted in God, and through her gentle encouragement,

she lifted many from doubt into belief—in themselves and their dreams.

Sr. Roseline championed the cause of women's education with both conviction and quiet urgency. She believed in nurturing minds, but also in nurturing hearts. Her legacy is not merely in the documents she signed or the meetings she chaired, but in the lives she shaped, the confidence she built, and the faith she ignited in young women who passed through our halls.

To us, she was more than a religious sister. She was a friend, a guide, and often, a silent comfort in times of difficulty. Her warm smile and calm demeanor brought peace in moments of uncertainty. Her words—always measured, thoughtful, and sincere—left us feeling seen and supported.

Though Sr. Roseline now rests in her eternal home, her spirit continues to dwell in the corridors of Jyoti Nivas, in the laughter of students she mentored, and in the quiet prayers of those who loved her. We will carry forward her vision, her values, and her immense capacity for love and service.

Sr. Roseline, you are gone from our sight, but never from our hearts. We thank you for your life of selflessness. You have finished your race with grace and have returned to the arms of the One you served so faithfully.

May your soul rest in the eternal peace you so richly deserve.

Professor Kamamma

Department of Kannada



With heavy hearts and deep gratitude, we remember Professor Kamamma, whose life was a shining example of dedication, discipline, and quiet excellence.

For nearly three decades, she nurtured the Department of Kannada with unwavering commitment. Her classroom was a space where language came alive, where students were not just taught, but inspired. She had a rare ability to take learners deep into the heart of Kannada literature, leaving a lasting impression that still echoes in the department today.

Through the leadership of Sr. Jovita, Sr. Philomena, and Sr. Elisabeth, she remained a constant—steadfast, sincere, and deeply respected. Her punctuality, integrity, and love for her subject defined her not just as a

teacher, but as a role model.

Her passing has left a quiet emptiness in our hearts. Yet, we thank God for the gift of her life—a life that gave so much to so many. Her memory will live on in the lives she shaped and the legacy she leaves behind.

Clubs and Associations

INC Socially Committed

ROTARACT

Rotaract isn't just a club. It is a dynamic force of purpose-driven youth committed to creating meaningful, lasting impact. It is where compassion meets action, where young minds step up not just to dream of a better world but to build one.

This year, our journey was defined by over 180 projects, each rooted in empathy, service, and innovation.

We championed inclusivity through Art of Silent Speech by embracing Indian Sign Language and connecting with the deaf community. Behind the Fog brought mental health to the forefront, initiating vital conversations and breaking long-standing stigmas.



With Career Nexus, we empowered students through resume-building, industry insights, and career-readiness support.



When floods struck Wayanad and North Karnataka, Hand of Hope responded with compassion by distributing sanitary napkins, groceries, and essentials to affected communities. Our flagship initiative Handful 5.0 spread festive joy by donating 56 grocery kits to underprivileged families during Christmas.

Local Vocal uplifted small businesses by providing them a platform to be seen, heard, and supported.

Through MegaTrek 8.0, a spirited journey to Kunagalu Hills, we raised funds for neonatal heart surgeries at Jayadeva Hospital.

Project Suraksha focused on educating children in schools and NGOs about body safety, ensuring they understood the difference between good touch and bad touch.



At Tarang, we collaborated with the district to host over 700 government school students for a day filled with creativity, learning, and unforgettable joy.

'Thankful for You 2.0' was a heartfelt tribute to the educators who shape our futures.

All of this was made possible under the inspiring leadership of Rtr. Nandini Poddar, President, and the dedicated support of Rtr. Supritha Pruthviraj, Secretary; Rtr. Adrija Banerjee and Rtr. Ridhi Prasad, Joint Secretaries; Rtr. Madeeha, Vice President; Rtr. Anargiya K Chinnappa, Treasurer; and Rtr. Kiran, Sergeant-at-Arms.

Our efforts were met with resounding recognition. We received prestigious accolades such as the Platinum Citation from Rotaract District 3191 for our outstanding work across multiple quarters. Our



flagship project 'Handful 5.0' was honoured at the South Asia level with the UGRAM award by SEARIC MDIO. Our initiatives were also consistently featured in the District Newsletter, spotlighting the heart and impact of RaCJNC.

Over 180 projects. One powerful community. Countless lives uplifted.

This year has been more than transformational. It has been a movement in motion. And as we close this chapter, we look ahead with deeper purpose and a renewed passion to serve. Because at Rotaract, we don't just create projects, we create change.



NCC



NCC cadets of Jyoti Nivas College made their mark at prestigious national camps, proudly upholding the spirit of unity and adventure. Cadet Sthita Prajna Sahoo represented at the *EBSB Camp* in Rishikesh (June 2024), celebrating cultural harmony and national pride. JUO Mudrika Dahare trekked through the hills of Idukki at *Kerala Trek-I* (Sept 2024), showcasing grit and teamwork. CQMS Pranavi H lived the life of a soldier at the *Army Attachment Camp* in Bengaluru (Dec 2024–Jan 2025), gaining hands-on defence training. These powerful experiences shaped their leadership, resilience, and patriotic zeal.



On 8th March 2025, Jyoti Nivas College Autonomous NCC, in collaboration with the Transport Department of Karnataka, celebrated International Women's Day with an electrifying 5 km *Cyclothon* and a powerful *Bike Rally*. With the dynamic support of Principal Dr. Sr. Mary Louisa Sebastian and ANO Capt. Dr. H. K. Roopa Rani, 60 cadets and faculty members hit the road, spreading the vibrant message of *women empowerment, strength, and solidarity*. The wheels rolled in unity, echoing resilience and celebrating the unstoppable spirit of women.



On 26th July 2024, Jyoti Nivas College NCC observed *Kargil Vijay Diwas* with heartfelt tributes to the brave soldiers of the Kargil War. Supported by Principal Sr. Mary Louisa and guided by ANO Capt. Dr. H. K. Roopa Rani, the event featured Maj. Deepa Chandrasekaran as the special guest, who inspired cadets to serve the nation with pride and purpose.



On 15th August 2024, the cadets of Jyoti Nivas College celebrated the 78th Independence Day with the participation of about 2000 students and 45

cadets, remembering the heroes of the nation. The event featured patriotic performances, including the flag hoisting ceremony by the chief guest, Air Vice Marshal KN Santosh, VSM, Commandant, SDI AF, and the principal Dr. Sr. Louisa Sebastian. The cadets welcomed the chief guest by performing Guard of Honour with utmost respect.



NSS

The NSS unit of Jyoti Nivas College actively engaged in diverse social, cultural, and health-related initiatives during the academic year 2024–25, with a strong emphasis on community service, leadership, and national integration. The year began with a visit to Gandhi Bhavan (13th July), commemorating Goruru Ramaswamy's literary contributions through discussions and readings. Patriotic spirit was instilled during the Independence Day Assembly (13th August) and celebration (15th August), where volunteers organized cultural events and distributed bookmarks.

A collaborative Eye and Dental Camp (2nd Sept) raised awareness on preventive healthcare, followed by a vibrant Teacher's Day celebration (5th Sept) with performances and handmade cards. A Seminar on Women's Health (13th Sept), in association with Apollo Cradle, educated students on menstrual and



reproductive health, while a parallel visit to Benson Town featured a lecture by Justice Kurian Joseph on civic responsibility. On the International Day of Democracy (15th Sept), a street play and Preamble reading emphasized democratic values. The NSS Investiture Ceremony and NSS Day (26th Sept) saw leadership oaths and volunteer recognition. Gandhi Jayanti (2nd Oct) featured a campus Shramdaan drive and Gandhian discussions, and Kannada Rajyotsava (1st Nov) celebrated Karnataka's culture through music, dance, and flag distribution. Volunteers participated in the Vidhana Soudha Walkathon (26th Nov), reinforcing constitutional values.

World AIDS Day (2nd Dec) was marked with a powerful mime and skit on inclusivity. During the Christmas season (19th Dec), a fundraising stall supported an orphanage. The NSS Annual Camp (29th Dec–2nd Jan) at Vijayapura included village visits, Shramadhana, awareness drives, yoga, and trekking—offering holistic development and leadership experience.



Students took part in workshops and cultural exchanges at the National Youth Camp in Bellary (21st–23rd Jan). Volunteers contributed to the college celebration on Republic Day (26th Jan) with patriotic fervour. A heartwarming visit to Manasa Mandira (1st

Mar) offered companionship and aid to the elderly. The year concluded with a Women's Day Bike-a-thon (8th Mar), symbolizing empowerment and sparking dialogue on gender equality. The NSS unit's vibrant involvement throughout the year fostered a spirit of service, civic engagement, and student leadership.

JYOTI MAHILA SAMITHI—WOMEN CELL

Jyoti Mahila Samiti, the Women Cell of Jyoti Nivas College Autonomous aims to create awareness and strengthen the womanhood among the girl child. Its main aim is to empower the girl child thereby motivating and building confidence to take up the real life challenges. It also addresses issues on gender inequality and issues relating to discrimination and harassment. Jyoti Mahila Samithi in collaboration with NSS participated in the **silent protest** organized by Vimochana standing for the rights of Women on 9th December 2024 at Freedom Bank at 4.00 pm. This year's International Women's Day theme was "Accelerate Action," emphasizing the urgency of advancing gender equality. The theme calls for action that can unlock equal rights, power and opportunities for all and a feminist future where no one is left behind.

The Women Cell Conducted a week long program from 3rd March to 8th March in view of International Women's Day Celebration. It had series of activities like **Inauguration** and Declaration of Senora Week.



Fashion Walk-Depicting the various roles of women in society, Exhibition-on Nourish to flourish and Nutrition for Women's Health, Exhibition-on-'The Essence of Detox-Unlocking Vitality in Women's Health'. Health Check Ups on Eye, Dental, Skin Screening and session on importance of health for a girl child was done in collaboration with Apollo hospital. Distribution of Goodies was done in



collaboration with Proctor and Gamble, International Women's Day Celebration was conducted in grand way with special guest Dr. Nagalakshmi Chaudary Chairperson, Karnataka State Women's Commission. Ma'am addressed the gathering with full zeal about importance of education in women life and her wellbeing and special attraction of the day was felicitation of 5 Namma Yatri Women Drivers. Finally on the last day 'Cylothn' was organized by Jyoti Mahila Samithi in collaboration with NCC where 60 students participated.



RANGERS UNIT

The Rangers Unit of Jyoti Nivas College has actively participated in various events that emphasised leadership, service, and national values. The academic year's activities began with an Introduction to Rangers Unit on December 14th, 2024, where students were oriented about the Bharat Scouts and Guides movement. Senior Rangers shared their experiences, inspiring freshers to take an active role in the Unit. On January 14th, 2025, Rangers rendered dedicated service during the Sri Guru Siddarameshwara Jayanthi at Palace



Grounds, Bengaluru, managing crowd support and assisting with prasadam distribution. In celebration of Republic Day on January 26th, 2025, the Rangers Unit took part in the state-level function at the State Headquarters, proudly representing Jyoti Nivas College. The Investiture Ceremony held on February 20th, 2025, formally inducted 22 new Rangers. The event included oath-taking and badge distribution, reinforcing a sense of duty and discipline. From February 21st to 23rd, 2025, selected Rangers embarked on a Historical Tour and Camp to

Chitradurga, where they visited heritage sites and participated in group activities that deepened their cultural awareness and teamwork. On February 26th–27th, 2025, ten Rangers volunteered during the Shivaratri Festival at the Isha Foundation in Chikkaballapur.



They contributed to smooth crowd movement and supported event coordination. Finally, on February 28th, 2025, six Rangers volunteered at the Vidhana Soudha Book Fair, assisting in visitor guidance and event logistics, highlighting their commitment to civic engagement. The students also participated in sea shore trekking camp which was designed to promote environmental awareness, teamwork and community service among the Rangers and Rovers in Udupi. Through these diverse engagements, the Rangers Unit has strengthened its foundation of service, leadership, and national pride—living up to the true spirit of the Bharat Scouts and Guides.

RED CROSS

Physiotherapy Awareness Session

Date: 26th September 2024

Time: Health Talk Session - 11:30 A.M. | One-on-One Consultation - 12:30 P.M.

Venue: Business Lab, 2nd Floor, Degree Block | Mabel's Clinic

The Red Cross Unit of Jyoti Nivas College, in collaboration with Apollo Medical Center Koramangala, organized a Physiotherapy

Awareness Session to educate students and faculty on the significance of physiotherapy in maintaining overall well-being.

The session featured expert speakers Dr. Suman Sharma (MPT), Dr. Gayatri (MPT), and Dr. Hemalatha





(BPT), who shared valuable insights on physiotherapy techniques, postural corrections, and preventive care.

The session began with an informative Health Talk at the Business Lab, followed by a One-on-One Consultation at Mabel's Clinic, where attendees

received personalized advice. The event was highly engaging and successfully raised awareness about the importance of physiotherapy in daily life. Students actively participated in discussions, and the expert guidance provided them with practical ways to improve their posture, prevent injuries, and maintain physical health. The session proved to be insightful and beneficial for all attendees.



ENTREPRENEURSHIP CELL

The Investiture Ceremony of the Entrepreneurship Club (E-Cell) of Jyoti Nivas College, titled "Fortitude," was held on 28th August 2024 in the prestigious St. Joseph Auditorium. The event marked the formal installation of the new office bearers for the academic year, a symbolic occasion reflecting the club's commitment to fostering entrepreneurial vision and leadership. The Entrepreneurship Cell (E-Cell) along with Biochemia of Jyoti Nivas College, in association with IQAC, organised a candle making workshop, inviting Ms. Harshitha, founder of Beauroma, who is also an alumna, as the resource person. The workshop aimed to provide hands-on

experience in candle making and promote a sense of entrepreneurship among students.

The Entrepreneurship Club of Jyoti Nivas College has been providing a platform for students from the college to showcase and sell their products, fostering entrepreneurship and business skills, every Friday of the week and on important fests and events. This initiative has been well-received by the college community, promoting a spirit of innovation and enterprise. "The Christmas Carnival" organized by our dynamic Entrepreneur Cell Members, ignited the entrepreneurial spirit within our college community. This carnival offered a valuable platform along with the Christmas celebration leading to a positive impact within the campus. Students, donning the hats of budding entrepreneurs, set up stalls brimming with creativity and innovation. This festive event further transformed our campus into a vibrant marketplace, celebrating the spirit of all these sellers.



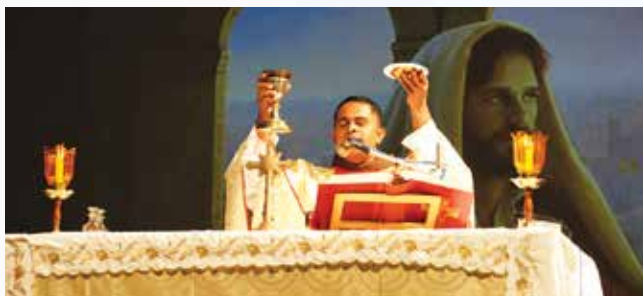
"EMPRESARIO" is an annual inter-collegiate event hosted by the Entrepreneurship Club of Jyoti Nivas College Autonomous. This event serves as a platform for students to engage in various competitions related to finance, start-ups, product development,



and marketing. Additionally, Empresario provides opportunities for brands and external sellers to set up stalls featuring accessories, food, clothing, and other interesting products. The theme for this year's event was **EUREKA**, symbolizing moments that change the world. It was successfully conducted on the 11th and 12th of February, 2025.

PASTORAL COMMITTEE

Keeping the college core value of 'faith' in mind, the pastoral committee of the college helps and motivates students spiritually and religiously. Inaugural and Thanksgiving Mass, Regular first Friday mass, Retreat, Rosary Recitation, Christmas season celebrations, Way of the Cross are some of the frequent services for the catholic staff and students.



This year (2024) also started with the Inaugural Mass, invoking the Almighty's grace and blessings for the coming year. The Inaugural Mass was held on July, 4th 2024, Rev Fr Prashanth Fernandes, from OFM was the celebrant for the day. Fr Prashanth spoke about the importance of prayer and trusting in the Lord to be the prior importance throughout our life.

To inculcate the spiritual values of faith and devotion; and to educate passion of Christ, every First Friday of the month, the college organizes Holy Mass for all the catholic staff and students.

Regular Faith Formation/ Catechism Classes were held to enhance the Christian faith among students.



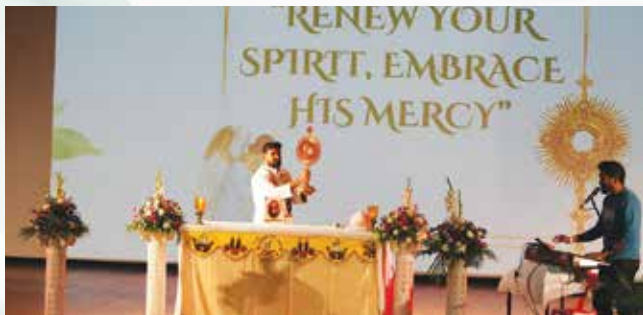
'Nothing is impossible in the hands of God'-is the forefront of the retreat. To contemplate and revitalize the relationship with God, the college annually conducts retreats for all Catholic students. This year the college had its annual retreat on 26th and 27th August, 2024. A team from Divine Retreat Centre, Potta-Kerala, organized Praise and Worship, Eucharistic celebration, Confessions, Rosary, and Adoration for the staff and students. Reverend Fr Robin Xavier and Brother Anthony led us in two-day prayer and meditation.

Remembering the birthday of Christ, the magic of the season began with festive season of celebration throughout December. Advent Mass, assemblies, Christmas Carols, Gift Exchanges and Christmas lunch were part of our celebrations.

To seek her intercession and protection, of our Mother Mary, 'Habba with Mamma', Our Lady's Campus tour in Karnataka was organized. In Jyoti Nivas Our Lady's statue/ icon was welcomed on 13th September, 2025 with veneration and reverence.

As a mark on a 'Day of Penance and Reparation'; and in response to the Arch Bishop's circular of

defilement and desecration, Eucharistic Adoration on love and solidarity was observed on 28th February 2025.



The solemn catholic religious observation is commemorating 40 days of Lent. The college organized Ash Wednesday Mass on 5th of March 2025 to enrich the passion of Christ and motivate everyone to reconnect to the world of Jesus Christ.

The Thanksgiving Mass for the academic year 2024-2025 was celebrated on March 21st 2025 at the Jyoti Auditorium to thank the almighty for showering his blessings on the college and the students. The celebrant of the Mass was Fr. George Kulangara CMI from the St. John's CMI Province.



AICUF

During the academic year 2024-2025, the AICUF unit of Jyoti Nivas College actively engaged in a diverse range of social outreach, cultural, and spiritual activities aimed at fostering holistic student development. The year began with the AICUF Academic and leadership development were also key highlights, with activities such as the AICUF Orientation, Investiture Ceremony, and an intercollegiate debate competition on surveillance and freedom, enhancing student awareness and public speaking skills. Centenary Inauguration Programme held at St. Joseph's College, Trichy, where students participated in enriching discussions on social justice, equality, and transformation through cultural and spiritual sessions. Health and social awareness were prioritized through events like the AIDS Day Program, which focused on eliminating stigma and promoting compassion, and the Eye and Dental Camp that provided essential healthcare services to students and staff.



Several community outreach initiatives left a profound impact, including the Anna Danna food distribution program and visits to institutions such as Augustine Nivas, Don Bosco Rainbow Home, and Gerizim Organization. These visits encouraged bonding with the elderly and underprivileged children



through music, games, personal interactions, and motivational discussions, nurturing empathy and a sense of responsibility among students.

Cultural and spiritual celebrations played a vibrant role in campus life. Events like Bon Noël, El Shaddai Gospel Fest, and Mamma in Campus offered platforms for artistic expression, faith-based reflection, and joyous celebration.



Participation in the SJCC Gospel Fest and the National Youth Convention demonstrated the students' excellence and collaborative spirit, with Jyoti Nivas College securing top positions in various

competitions. Notably, the debut of the all-girls gospel band Zion's Creed at the Faith Unplugged concert was a standout moment, showcasing musical talent and spiritual dedication. Together, these initiatives reflected the AICUF unit's strong commitment to service, leadership, and personal growth.



PLACEMENT AND CAREER COUNSELLING

Jyoti Nivas College Autonomous along with its academic excellence, also aims to provide career guidance and placement assistance for all streams of students at under-graduate and post-graduate level. It helps the students to face challenging careers ahead in their chosen fields by providing trainings and current information thereby helping them in placements and choosing their academics at higher levels.

The Placement Cell conducts activities such as workshops, seminars, career guidance sessions to the final year students. The various training sessions are conducted by international certified trainers, professionals from various disciplines and from industry experts.



The cell conducts sessions on topics such as Resume Building, Communication, Motivation, Personal Branding, Confidence Building, Team Building, Grooming, Goal Setting, Aptitude Test Training, Time Management, Leadership Skills, Group Discussion, Personal Interview and Stress Management, are few to be mentioned. Case studies, mock interviews and group discussion sessions are also conducted to give a feel about the practical component of the corporate world. Sessions on career opportunities, banking exams and competitive exams are also conducted.

The main objective of the placement cell is to bridge the gap between the college and corporate world. The motive is to assist the students in choosing their careers.

The placement cell collaborates with various sectors such as IT, BPO/KPO/Banking, Hospitality, - Hotels, Travel Agencies, Hospitals, Resorts, Social Service sectors-NGOs for placement assistance.

Teach For India, Deloitte, Nestle, Wellsfargo, Moss Adams, BOSCH Global Software Technologies, Carne Consulting, Schindler India, Wipro, SAP-labs, Cognizant, Morgan Stanley, Accenture, IBM, Ernst& Young, Deutsche Bank, Target, TCS, HSBC, Capgemini Orchid international school, Amura Health Care, ICICI Prudential, KPMG, Society General, State Street Corporation, 24/7.ai, Physicswalla Limited Den Publications, Corizo, Bhanzu, etc.



The profiles for which students have got offers are Financial Analysts, Junior Associate Tax Analysts, Associate, Audit Analysts, Research Associate, Chat Process Executive, Management Trainees, Software Engineers Software Developers, Public Relations Officers, HRs, Health Coach, Counselors, Reporters, Editors, Teachers, Lecturers Front office Executives, Marketing Analysts, Event heads, Recruiters, Consultants, Process Executives, Life skill trainers, voice and non-voice process executives, Trade Transaction Analysts / Documentary Transaction Analysts KYC, Analyst, Reference Data Analyst to mention a few. Kindly note all those who satisfies the company criteria only will be allowed to take up the drives. Every assessment round is an elimination round. Most of the Students also take up their higher studies – Masters and PhD programs. 80% of the registered students get placed over the year. Students get package ranging from 4 LPA-12LPA.

RESEARCH ACTIVITIES

National Seminar

Research Cell organized National Seminar on Strategic Approaches to Academic Publishing and Project Grants on 30th November 2024.

Faculty awarded Ph. D.:

Dr. Mary Arpana, Department of Biochemistry, Dr. Sr. T Arul Selvamary, Department of Mathematics, Dr. Narayani Shivang Bhatt, Department of Commerce and Management and Dr. Namrata Mohan, Department of English have been awarded Ph. D. Degree.

Faculty Recognised as Research Guide for Ph. D:

Dr. Preeti Mangala and Dr. Karthika A from department of Chemistry, Dr. Roopa Philip and Dr. Preetha Vasan from department of English, Dr. Percy Bose from department of MBA,

Dr. S Irene Getzi, Dr. Rajesh Dharmaraj and Dr. Shilpa Abhang from department of MCA were recognised as Ph. D Research Guides under Bengaluru City University (BCU).

Dr. Reema Orison Lobo and Dr. Soumya K from department of Zoology and Genetics were recognised as Ph. D. Research Guides under Annamalai University.

Dr. Tamilarasu from department of Commerce and Management was recognised as Ph. D. Guide under Bharathidasan University.

Ph. D. Awarded under Chemistry Research Centre:

Ms. Jayanti Kumari completed her Ph. D. under the guidance of Dr. Preeti Mangala in Chemistry on “Synthesis and Characterization of Nanoparticles from Metal Complexes of Chromium, Molybdenum and Tungsten as Precursors” notified on 25.10.2024.

Papers Published

Sl. No.	Name of Faculty & Department	Paper Publications (Title of the paper, Journal name, month and year, page number)
1.	Dr. Preeti Mangala (Chemistry)	<ul style="list-style-type: none"> 3D-Printed Polyurethane Scaffolds for Bone Tissue Engineering: Techniques and Emerging Applications in <i>Regenerative Engineering and Translational Medicine</i>, Springer Nature. Published on 17 January 2025. ISSN: 2364-4141 (2364-4133). Impact Factor: 2.2. Scopus indexed. https://doi.org/10.1007/s40883-024-00381-x (International) Recent Advances in Single -Atom Catalysis: Types and Current Research Trends. <i>Academic Studies National Journal of Jyoti Research Academy (ASNJJRA)</i>, Volume 17, Issue 1, pp 11-15, Jan - June 2024. ISSN 0975-461X. (National) A Comprehensive Review on Nanostructured Tin-Doped Molybdenum Oxides: Synthesis, Properties and Emerging Applications. <i>Academic Studies National Journal of Jyoti Research Academy (ASNJJRA)</i>, Volume 17, Issue 2, pp 102-105, July - December 2024. ISSN 0975-461X. (National) Copper-Doped Tungsten Oxide (Cu-WO₃): Synthesis, Photocatalytic Degradation of Dyes and Toxicological Evaluation. <i>Academic Studies National Journal of Jyoti Research Academy (ASNJJRA)</i>, Volume 18, Issue 1, pp 7-11, Jan - June 2025. ISSN 0975-461X. (National) Nanoparticles in Drug Delivery: Trends and Applications <i>Scientia</i> : Volume XV, ISBN No: 978-81-970699-2-5. pp 1-13, 2025 Synthesis of Nanoparticles: Methods and Approaches <i>Scientia</i> : Volume XV, ISBN No: 978-81-970699-2-5. pp 14-20, 2025.
2	Dr. S. Sudha (Chemistry)	State-of-the-art review on hydrogen's production, storage, and potential as a future transportation fuel, June 2024, <i>Environmental Science and Pollution Research</i> . DOI: 10.1007/s11356-024-34098-9. Springer Nature, July 2024, Impact factor=5.8 (International)

3	Dr. Sophia D (Biochemistry)	<ul style="list-style-type: none"> Comprehensive Exploration of Health Dynamics in College-Going Girls: examining Binge Eating, PCOD, and Sleep Patterns <i>Academic Studies National Journal of Jyoti Research Academy (ASNJJRA)</i>, Volume 17, Issue 1, Jan - June 2024. Pp 1-10. From Garden to Medicine: Anticancer Potential of Fruits and Vegetables, Irene K, Haleema N, Sadiya A and Sophia D. <i>Scientia</i> : Volume XV, ISBN No: 978-81-970699-2-5. Pg.no: 69-77, 2025 Research abstract on 'Diet and the gut-brain axis: nutritional strategies for cognitive and emotional health' published in <i>MicroNutriX-2024 - National Seminar Proceedings Book</i> ISBN NO: 978-93-341-3906-8, Pg.No: 67. Research abstract on 'Polyphenols and sleep disorders: the impact of bioactive compounds on sleep quality' published in <i>MicroNutriX-2024 - National Seminar Proceedings Book</i> ISBN NO: 978-93-341-3906-8, Pg.No: 68. Research abstract on 'The role of natural antimicrobials in meat preservation' in <i>MicroNutriX-2024 - National Seminar Proceedings Book</i> ISBN NO: 978-93-341-3906-8, Pg.No: 69. The following research papers were selected for poster and oral presentations in the 2nd International Conference Transdisciplinary Research in Life Sciences Planetary Health held on March 6 and 7, 2025 organised by the Department of Life sciences , Kristu Jayanti College, Bengaluru with the patronage of Karnataka State Council For Science and Technology in association with The University of Trans disciplinary Health Sciences and Technology , Karnataka, India, University of Michigan –Flint, USA, Belmont University, Tennessee, USA. Book of Abstracts: ISBN 978-81-983354-5-6. Impact of anthropogenic noise on neurobehavioral fluctuation in animals, pg.no: 17 (ES013) The impact of air pollution on neural systems and strategies for prevention. Pg. no: 38 (ESP10) Anticancer potential of Rosemary: From bioactive compounds to therapeutic applications.Pg.no: 63, (EPP01) Plant based anti-cancer compounds- Recent advances in drug discovery. Pg.no: 72, (EPP10) "Liquid 3" - Photobioreactor in highly polluted cities an innovation or practical limitation. Pg.no: 113, (MPP07) Hidden dangers of <i>Alternanthera sessilis</i>: Unveiling its chronic toxicity. Pg.no: 173, (TB018) Oxidative stress, mental health and Diet. Pg.no: 201, (TBP10) The Gut-Brain axis – unlocking the role of microbiota in neurodegenerative diseases, 202, (TBP11)
4	Dr. Mary Arpana (Biochemistry)	UV/EMS mutagenized thermo-alkalophilic polygalacturonase from <i>Glutamicibacter</i> sp.: Physicochemical insights and biotechnological prospects, <i>Biocatalysts and Agricultural Biotechnology</i> (January 2025), Volume 63, 2024. Impact factor: 3.4 https://doi.org/10.1016/j.bcab.2024.103465
5	Dr. Divya Joseph Pereira (Biotechnology)	Immunoinformatics - Driven multi-epitope Vaccine approaches for Dengue Virus, <i>Journal of University of Shanghai for Science and Technology</i> , February, 2025, 27(2),71-90. Scopus indexed

6	Mr. Shanmugam V M (Biotechnology)	<ul style="list-style-type: none"> Evaluation of Antioxidant Properties and Inhibitory Activities for Acetylcholinesterase in Cassia Alata Linn. Leaf Extracts. (2024). <i>African Journal of Biomedical Research</i>, 27(4S), 10308-10316. https://doi.org/10.53555/AJBR.v27i4S.5651 International
7	Dr Rini Abraham (Biotechnology)	<ul style="list-style-type: none"> A study of toxic properties of nanomaterials. <i>International Journal of Biology, Pharmacy and Allied Sciences</i>, June, 2024, 13(6): 2758-2773.
8	Dr Vinay Ragavendra (Biotechnology)	<ul style="list-style-type: none"> Nitya K L., Niju Sagar., Rachitha P., Vinay B. Raghavendra (2025). Advancing Precision Medicine: Uncovering Biomarkers and Strategies to Mitigate Immune-Related Adverse Events in ICI Therapy <i>Toxicology Reports</i> Shekhar, R., Raghvendra, V. B., & Rachitha, P. (2025). A Comprehensive Review of Mycotoxins, Their Toxicity, and Innovative Detoxification Methods. <i>Toxicology Reports</i>, 101952. G.V. Jayashree, P Rachitha, Vinay B. Raghavendra, Hemanth Kumar Kandikattu, Patulin induced neuronal cell damage in human neuroblastoma SH-SY5Y Cells, <i>Toxicology Reports</i>, 2025, 101886 Puttasiddaiah, R.; Basavegowda, N.; Lakshmanagowda, N.K.; Raghavendra, V.B.; Sagar, N.; Sridhar, K.; Dikkala, P.K.; Bhaswant, M.; Baek, K.-H.; Sharma, M. Emerging Nanoparticle-Based Diagnostics and Therapeutics for Cancer: Innovations and Challenges. <i>Pharmaceutics</i> 2025, 16, x. https://doi.org/10.3390/xxxxx
9	Dr Priyadarshini Pillai (Botany)	<ul style="list-style-type: none"> <i>In-vitro</i> and <i>In-vivo</i> Evaluation of <i>Centella asiatica</i> Polyvinyl Alcohol film for wound healing applications, <i>Journal of Testing and Evaluation (JTE-2024-0372)</i>, June, 2024. <i>In-vitro</i> and <i>In-vivo</i> Investigation of Tridax Procumbens Extracts and Curcuma longa Loaded Chitosan Thin Film, Accepted for the publication. <i>Journal of Testing and Evaluation (JTE-2024-0171)</i>, March, 2024. Endophytes and their predominant Root Colonizations in Plants resistant to Abiotic Stress. <i>Academic Studies National Journal of Jyoti Research Academy (ASNJJRA)</i>, Volume 17, Issue 2, pg no: 93-101, July - December 2024. ISSN 0975-461X. (National)
10	Dr. Mohana B (Botany)	<ul style="list-style-type: none"> Endophytes and their predominant Root Colonizations in Plants resistant to Abiotic Stress. <i>Academic Studies National Journal of Jyoti Research Academy (ASNJJRA)</i>, Volume 17, Issue 2, pg no: 93-101, July - December 2024. ISSN 0975-461X. (National)
11	Dr Vinutha R Bhatta (Genetics)	<ul style="list-style-type: none"> Research abstract titled "Comparative analysis of Phytochemical and Antioxident property of Pink and Yellow woodsorrel" in the DBT and KSTA Sponsored National Conference BioBridge 2025-Uniting Voices In Research And Entrepreneurship on Organised by Departments of Zoology & Genetics, Jyoti Nivas College Autonomous in collaboration with Internal Quality Assurance Cell 5 February 2025, ISBN no-978-93-342-4496-0. Research abstract titled "Cancer mutation in BRAF Protein" in the DBT and KSTA Sponsored National Conference BioBridge 2025-Uniting Voices in Research and Entrepreneurship on Organised by Departments of Zoology & Genetics, Jyoti Nivas College Autonomous in collaboration with Internal Quality Assurance Cell 5 February 2025. ISBN no-978-93-342-4496-0 Research abstract titled "Comprehensive analysis of HER2 mutations in using Bioinformatics tools" in the DBT and KSTA Sponsored National Conference BioBridge 2025-Uniting Voices In Research And Entrepreneurship on Organised by Departments of Zoology & Genetics, Jyoti Nivas College Autonomous in collaboration with Internal Quality Assurance Cell 5 February 2025, ISBN no-978-93-342-4496-0

12	Dr. Reema Orison Lobo (Genetics)	<ul style="list-style-type: none"> Advancing Genome Editing Exploring Innovations, Applications and Challenges in CRISPR-CAS Technologies“ in Journal of Experimental Zoology India, 2025, vol. 28, no. 1, pp. 143-152. Research abstract titled “Liquid Biopsy in Cancer Diagnosis – Treatment Methodology and Applications“ in the DBT and KSTA Sponsored National Conference BioBridge 2025-Uniting Voices In Research And Entrepreneurship Organised by Departments of Zoology & Genetics Jyoti Nivas College Autonomous in collaboration with Internal Quality Assurance Cell on 5 February 2025
13	Ms. Janani Vijaykumar (Genetics)	<ul style="list-style-type: none"> Research abstract titled “The Effect of coffee on growth and motility of the gut bacteria - a review“ in the DBT and KSTA Sponsored National Conference BioBridge 2025-Uniting Voices In Research And Entrepreneurship on Organised by Departments of Zoology & Genetics, Jyoti Nivas College Autonomous in collaboration with Internal Quality Assurance Cell 5 February 2025, ISBN no-978-93-342-4496-0
14	Dr. J.K.Navis Vigilia (Mathematics)	<ul style="list-style-type: none"> The impact of NBA implementation Across Engineering Disciplines for Driving Social Charges in A Scopus indexed Journal IGI Global. ISBN:9798369325704
15	Dr. S. Devi Thangam (Zoology)	<ul style="list-style-type: none"> Checklist of Delphacidae (Hemiptera: Fulgoroidea) of the Indian sub-continent with keys to subfamilies and tribes. Accepted in Zootaxa. Research abstract titled “Gene Therapy“ in the DBT and KSTA Sponsored National Conference BioBridge 2025-Uniting Voices in Research and Entrepreneurship on Organised by Departments of Zoology & Genetics, Jyoti Nivas College Autonomous in collaboration with Internal Quality Assurance Cell 5 February 2025.
16	Dr. Soumya (Zoology)	<ul style="list-style-type: none"> Nutritional Comparison of Vegan Yogurts Prepared Using Non-Dairy Lactic Acid Bacteria“ in Asian Journal of Biological and Life Sciences (Web of Science indexed), 2025, 14(1):1-8. Biology and Damage Dynamics of the Banana Skipper, Erionota torus (Evans) (Lepidoptera: Hesperidae)“ in the Journal of University of Shanghai for Science and Technology (SCOPUS indexed) 2025, Volume 27, Issue 2. Research abstract titled “Insecticidal Activity of Ag-doped ZnO Nanoparticle against Bactrocera dorsalis“ in the DBT and KSTA Sponsored National Conference BioBridge 2025-Uniting Voices In Research And Entrepreneurship on Organised by Departments of Zoology & Genetics, Jyoti Nivas College Autonomous in collaboration with Internal Quality Assurance Cell 5 February 2025 Research abstract titled “Life History and Damage Symptoms of Banana Skipper, Erionota torus (Evans)“ in the DBT and KSTA Sponsored National Conference BioBridge 2025-Uniting Voices In Research And Entrepreneurship on Organised by Departments of Zoology & Genetics, Jyoti Nivas College Autonomous in collaboration with Internal Quality Assurance Cell 5 February 2025
17	Dr. Pratima Bhat (Electronics)	<ul style="list-style-type: none"> “Fabrication of ZnO Thin Film-based Ammonia Sensor in Industrial and Healthcare sector“, in <i>Journal Academic Studies-National Journal of Jyoti Research Academy (ASNJJRA)</i>, Vol 17, Issue 1, Jan-June 2024, pp-16-21. ISSN 0975-461X. (National)
18	Dr. Raghu Ningegowda (Chemistry)	<ul style="list-style-type: none"> Metal Carbonyl as Carbon Monoxide Source for the Synthesis of Amide Compounds. <i>Journal Academic Studies-National Journal of Jyoti Research Academy (ASNJJRA)</i>, Vol 18, Issue 1, Jan-June 2025, pp-1-6. ISSN 0975-461X. (National)

19	Dr Sr T Arul Selvamary (Mathematics)	<ul style="list-style-type: none"> Soret driven double diffusive Rayleigh Benard Marangoni convection in a composite layer with internal heat source, <i>Periodico di Mineralogia</i>, ISSN: 0369-8963, Volume 94, No. 2, 2025. Page No: 96 – 111, https://doi.org/10.5281/zenodo.15046858 Soret driven double diffusive Rayleigh Benard Marangoni convection in a composite layer subjected to uniform and non-uniform salinity gradients with internal heat source. ISSN: 0369-8963, Volume 94, No. 2, 2025. Page No: 197 – 236. https://doi.org/10.5281/zenodo.15115090
20	Ms. Suparna Sengupta (English)	<ul style="list-style-type: none"> “Home & the Homeless: Nationalist Identity and Language of Resistance in Select Writings of Mahmoud Darwish” in <i>WORDS & WORLDS: An Austrian Bilingual Journal For Migrant Literature</i>, Issue 1, March 2025, ISSN 2519-7401
21	Dr. Namrata Mohan (English)	<ul style="list-style-type: none"> “Investigating Interracial Identities- A Study of Life on the Color Line by Gregory Howard Williams” in <i>The Grove: Working Papers on English</i> 31 (2024): 443-446- UGC CARE List with ISSN 1137-005X. “Navigating Hybridity in the American Context: The Confluence of Gender and Race in Identity Formation in Mixed and Life on the Color Line” in <i>Ethica</i> Vol. 1. Earth Vision Publications. Page 43-54. ISBN: 978-93-49184-67-1
22	Dr. Vinita Marigold K (English)	<ul style="list-style-type: none"> ‘The Condition of Hijras as depicted in Mahesh Dattani’s Seven Steps Around the Fire’, in ‘LangLit’, An International Peer-Reviewed Open Access Journal, titled volume 1, January Issue. ISSN: 2349-5189.
23	Dr. Shweta Singh (English)	<ul style="list-style-type: none"> “Prison and Chocolate Cake: A Rare combination of Personal and Political” in <i>The Grove: Working Papers on English</i> 31 (2024): 443-446- UGC CARE List with ISSN 1137-005X. Published a paper titled “A Comparative Analysis of Selected Themes in Arvind Adiga's <i>The White Tiger</i>: A Study of the Novel and Film Adaptation” in <i>Ethica</i> Vol. 1. Earth Vision Publications. ISBN: 978-93-49184-67-1
24	Ms Naureen Aziz (English)	<ul style="list-style-type: none"> “Professions as Identity in Literature and Society: A Comparative Study of Shaw’s <i>Mrs Warrens Profession</i> and Dattani’s <i>Dance Like A Man</i>” in <i>Ethica</i> Vol. 2. Earth Vision Publications. Page 43-54. ISBN: 978-93-49184-11-4. Pp 39-48
25	Ms. Sarah Babu Paul (English)	<ul style="list-style-type: none"> “Reflections of Oral Indigenous Eco-consciousness in the novel Valli (2022): A response to Malabar Migration” – Submitted & Pending response from <i>Journal of Postcolonial Writing</i> (Scopus-Indexed).
26	Dr. Vasudha M C (Sociology)	<ul style="list-style-type: none"> Organizational Climate Work Culture and Quality of Work life at Sage Publications (Yet to be Assessed) The 3rd International Conference on Women (Women 2024) Sri Lanka. Paper Title ‘Need for Restructuring and Reorienting Male-Centric Indian Economy’. Organizational Climate, Work Culture and Quality of Work Life. <i>Journal Academic Studies-National Journal of Jyoti Research Academy (ASNJRA)</i>, Vol 18, Issue 1, Jan-June 2025, pp-16-28. ISSN 0975-461X. (National)
27	Dr Anila Thomas (Tourism & Travel Management)	<ul style="list-style-type: none"> Projected Destination Image Through Ai Application For Ayurvedic Medical Tourism Development in Kerala: A Comprehensive Analysis Journal Name: <i>Sinop-e: Turizm Araştırmaları Dergisi</i>, Journal of Sinop University, Turkey Month & Year: June - 2024, Vol - 1 (1), Page Number: 62-73 - International
28	Ms. Sharon Antony (Psychology)	<ul style="list-style-type: none"> Published two articles on the topics- “Navigating Greif : Finding Peace After Loss” and “Help! I'm trapped in a logic Loop” for the Together Magazine.

29	Ms. Roseline Gomes (Psychology)	<ul style="list-style-type: none"> Development and validation of middle school underperformers checklist in India through virtual platforms post-COVID-19. In <i>Mental, Emotional and Behavioural Needs of the General Population Following COVID-19 in India</i> (pp. 135-155). Routledge. https://doi.org/10.4324/9781003471189 An Inclusive Capacity Oriented Curriculum Design and Delivery for Higher Educations of India: A Proposed Framework at Transformations and Changing Perspectives in Higher Education. https://doi.org/10.4324/9781003545828 Technology-Integrated After-School Program: A Case Study of the DREAMS Intervention. In <i>Educational Perspectives on Digital Technologies in Modeling and Management</i> (pp. 263-281). IGI Global Scientific Publishing. https://doi.org/10.4018/979-8-3693-2314-4.ch013 DIP AI-Driven Architecture for Enhanced Project Management Using Large Language Models at 2024 IEEE 4th International Conference on ICT in Business Industry & Government (ICTBIG), Indore, India. https://doi.org/10.1109/ICTBIG64922.2024.10911129
30	Mr. Nikhil Banerjee A (Centre for Media Studies)	<ul style="list-style-type: none"> Co-authored a research paper on <i>The Impact of Photo Filters on Body Image and Self-Esteem</i> (<i>The Researcher</i>, ISBN: 978-93-5811-465-2).
31	Mr. Sumit Dasgupta (Centre for Media Studies)	<ul style="list-style-type: none"> Co-authored a study on <i>The Role of Social Media in Political Campaigns</i> (<i>The Researcher</i>, ISBN: 978-93-5811-465-2).
32	Ms. Amrutha A (Centre for Media Studies)	<ul style="list-style-type: none"> Published a paper on <i>The Role of Sound Design in Byron Howard's Coming-of-Age Disney Movies</i> (<i>The Researcher</i>, ISBN: 978-93-5811-465-2).
33	Ms. Renita Mendonsa (Centre for Media Studies)	<ul style="list-style-type: none"> Researched <i>Freedom of Press in India: Analyzing Its Necessities and Excesses</i> (<i>The Researcher</i>, ISBN: 978-93-5811-465-2).
34	Mr. Kapil Arambam (Centre for Media Studies)	<ul style="list-style-type: none"> Investigated <i>The Influence of Streaming Services on Television in India</i> (<i>The Researcher</i>, ISBN: 978-93-5811-465-2). Representation and Misogyny: An Analysis of Kabir Singh and Animal. <i>Academic Studies National Journal of Jyoti Research Academy (ASNJJRA)</i>, Volume 17, Issue 2, pg no: 106-114, July - December 2024. ISSN 0975-461X. (National) Strategies of Social Media Influencers: Analysing Techniques for Audience Engagement. <i>Academic Studies National Journal of Jyoti Research Academy (ASNJJRA)</i>, Volume 18, Issue 1, pg no: 29-37, Jan - June 2025. ISSN 0975-461X. (National)
35	Dr. Narayani Shivang Bhatt (Commerce and Management)	<ul style="list-style-type: none"> Scopus publication -“Beyond boundaries: Unveiling the future nexus of workplace flexibility and enhance job performance“ Journal name - Educational administration: theory and practice, Vol.30 No.5 (2024)
36	Ms. Anusha A (Commerce and Management)	<ul style="list-style-type: none"> Enhancing sustainability and resilience in supply chains: A holistic approach to risk management and mitigation strategies 05/04/2024

37	Ms. Farah Mathew (Commerce and Management)	<ul style="list-style-type: none"> “Investigating the Factors Influencing the Intention to Book a hotel and entrepreneurship, Vol: 8, Number 2, April-June, online – The Moderating Role of Pricing”: A Systematic Review of the Literature and development of the conceptual Model, Journal of management 2024 ISSN: 2229-5348 “Pilot study Analysis: Influence of Customer reviews on Online Hotel Booking Intentions of Indian Consumers“, Vol:18, Number:3, July–September, 2024, ISSN-2229-5348. Impacts and Drivers: The Dual Role of social media on Consumer Behavior in South India’s Expanding E-commerce Market, -ISSN: 1727-4915, Pakistan Journal of Life and Social Sciences, Pak Journal of life science. life soc. Sci. (2024), 22(2): 5791-5813.
38	Dr. J Josephine Narmadha, Ms. Vidya H and Ms. Merin Joseph (Commerce and Management)	<ul style="list-style-type: none"> Study on Job Satisfaction of Lectures of Various Colleges in Bengaluru City. <i>Academic Studies National Journal of Jyoti Research Academy (ASNJJRA)</i>, Volume 17, Issue 1, pp 43-49, Jan - June 2024. ISSN 0975-461X. (National)
39	Ms. Maria Josephine Swathi U (Commerce and Management)	<ul style="list-style-type: none"> Green Marketing: A Success in the Competitive World. <i>Academic Studies National Journal of Jyoti Research Academy (ASNJJRA)</i>, Volume 17, Issue 2, pp 123-132, July - December 2024. ISSN 0975-461X. (National)
40	Ms. Merin Joseph (Commerce and Management)	<ul style="list-style-type: none"> Role of Social Media in Defining the Impact of E-Commerce on Consumers. <i>Academic Studies National Journal of Jyoti Research Academy (ASNJJRA)</i>, Volume 17, Issue 2, pp 133-138, July - December 2024. ISSN 0975-461X. (National) A Study on Customer Level of Satisfaction on Cadbury Chocolate. <i>Academic Studies National Journal of Jyoti Research Academy (ASNJJRA)</i>, Volume 18, Issue 1, pp 48-53, Jan - June 2025. ISSN 0975-461X. (National)
41	Ms. Mary Joseph (Commerce and Management)	<ul style="list-style-type: none"> Predictive Maintenance and Condition Monitoring using Cox Proportional Hazards Model in Manufacturing Industry. <i>Academic Studies National Journal of Jyoti Research Academy (ASNJJRA)</i>, Volume 17, Issue 2, pp 139-144, July - December 2024. ISSN 0975-461X. (National)
42	Ms. Radhika R Kamath and Ms. Ashmitha D’Souza (Commerce and Management)	<ul style="list-style-type: none"> A Literature Review on the Impact of Work-Family Conflict on Workforce Health and the Role of Organization Support. <i>Academic Studies National Journal of Jyoti Research Academy (ASNJJRA)</i>, Volume 18, Issue 1, pp 38-42, Jan - June 2025. ISSN 0975-461X. (National)
43	Ms. Zeena Premila Lobo (Commerce and Management)	<ul style="list-style-type: none"> The Allure of Gold: Exploring the Popularity of Gold as an Investment Choice. <i>Academic Studies National Journal of Jyoti Research Academy (ASNJJRA)</i>, Volume 18, Issue 1, pp 43-47, Jan - June 2025. ISSN 0975-461X. (National)
44	Ms. Radhika R Kamath (Commerce and Management)	<ul style="list-style-type: none"> A Study on Employees Perception on Charge in Retirement Age. <i>Academic Studies National Journal of Jyoti Research Academy (ASNJJRA)</i>, Volume 18, Issue 1, pp 54-57, Jan - June 2025. ISSN 0975-461X. (National)

Art Committee



The College Art Committee was established to promote and support artistic activities within the college, foster student creativity, and enhance the visual and cultural environment of the campus. The Art Committee played a crucial role in the success of the college fest by handling all aspects of visual design and decoration. From creating vibrant banners and posters to setting up thematic decorations, stage backdrops, and interactive art installations, the committee ensured a visually engaging atmosphere throughout the event.

With active participation from student volunteers,

the team worked creatively and collaboratively to transform the campus into a lively and artistic space that reflected the spirit of the fest. Their efforts were well appreciated by students, faculty, and guests, contributing significantly to the overall impact and enjoyment of the celebration. The Art Committee has played a pivotal role in nurturing artistic talent and enriching campus culture. Continued support and collaboration from faculty, students, and administration will help sustain and grow these creative endeavors.



Choir



Music is deeply rooted in the culture of Jyoti Nivas College, and the JNC Choir stands as a proud tradition that has inspired generations. Known for their rich harmonies and heartfelt performances, the choir plays a key role in shaping the college's musical and spiritual identity.

The JNC Choir, along with the JNPUC Choir, performed at Magnificat in Christ University's Central Campus, where their rendition of carols

earned special recognition. They also came together for a memorable performance at Ascension Church on December 20th.

The choir has graced moments of meaning at the Investiture ceremony, Independence Day celebrations, College Day, and Graduation, also lifting hearts in song through sacred masses and celebrations on home ground. With every performance — from stirring gospel to uplifting pop — the JNC Choir honors its past while continuing to inspire through the power of music.



Dramatica

Dramatica is the official theatre team of Jyoti Nivas College Autonomous, bringing stories to life through stage plays, street performances and films. This year (2024-25) the team has put their everything into each act, from the thrilling street play at Mood Indigo (IIIT Bangalore) to their inspiring Independence Day stage performance. Through their Christmas stage performance, they diffused joy alongside a captivating stage play for 'Anahata' at



Christ University (bgr campus). At 'Animum' SJU Film Making and Short Film Christ University, they used cinematic storytelling to showcase their creativity off the stage. They also performed a magnificent stage-musical fusion for College Day and demonstrated their versatility at 'Mélange' Jain CMS through various individual events.

Indian Dance Team: Advaiya & Nartana

The Indian dance team pulsates with vibrant energy, weaving together classical grace and contemporary flair. They're a kaleidoscope of styles, from the intricate footwork of Bharatanatyam to the spirited beats of Bhangra and the rhythmic storytelling of contemporary.



More than just dancers, they are storytellers, painting narratives with every mudra and step. They are bound by a shared love for the stories their bodies tell, the heritage they embody. Each practice is a journey, not just of



perfecting steps, but of discovering themselves within the rhythm. They have participated in fests at SIBM, SJCC, SJU. They have also proved that the art is more than just dance; it's a connection to our roots, a celebration of our diverse identities, and a testament to the power of passion. As portrayed through various performances in college especially during the college orientation day, Independence Day, Kannada Rajyotsava celebration and College day.

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STACATTO: Western Acoustic Team

Launched in early 2024, STACATTO, Jyoti Nivas College's Western Acoustic Team, has swiftly established itself as a standout musical ensemble. Their official debut at the annual college fest Scintillation was met with wide acclaim, setting the stage for what has already been an impressive journey.

Their talent has earned them recognition across the city. At Revelations (St. Joseph's College of Commerce), they secured second place in both the vernacular and Western group singing competitions. They went on to achieve third place at Dhvani, and second place at Lasya (Jain CMS). The team also



participated in Visages at St. Joseph's University, showcasing their continued presence on the intercollegiate circuit.

Within the college, STACATTO has performed at several flagship events such as Scintillation, Rhapsody, and College Day, consistently earning appreciation for their artistry and stage presence.

At its heart, STACATTO is more than a team — it is a community of musicians bound by a shared love for harmony and creative expression. As they continue to evolve, they remain committed to their acoustic roots, proving that pure vocals and heartfelt music are more than enough to captivate any audience.



Tarang : Indian Music Team



At the heart of Jyoti Nivas College's vibrant cultural scene lies Team Tarang — the Indian music team that breathes life into tradition, innovation, and soulful expression. Known for its dynamic blend of classical, semi-classical, folk, and fusion forms, Tarang has carved a niche as one of the most versatile and passionate music teams on campus.

Tarang isn't just a team — it's a musical family. Over the past year, the team has brought laurels to JNC, securing second prizes at SJCC Kannada,



MCC Kannada, and SJU Kannada. Their consistent performances across intercollegiate festivals — including SJCC Dhwani, SJU Visages, and MCC

Kannada — have earned them recognition for originality and powerful stage presence.

Tarang members have also shone in solo competitions at top intercollegiate fests such as IIIT Bangalore's Mood Indigo, St. John's Autumn Muse, New Horizon Sargam, Christ Central Inbloom, SJCC Kannada, SJCC Dhwani, and SJU Visages. Taniska won first prize at Autumn Muse, while Advaita earned second prizes at SJCC Kannada and SJU Kannada, reflecting the team's individual brilliance.

Tarang has left its melodious mark on major college events — from Orientation Day, Independence Day, Hindi Diwas, Scintillation, Kannada Rajyotsava, College Day, and Graduation Day, to Rotaract inauguration events.

Ellipsis: Fashion Team

Team Ellipsis, originally known as the JNC Degree Fashion Team, was established long before, but in 2022, it was redefined into a polished and dynamic version under the name Team Ellipsis. This transformation was made possible by the tireless efforts of dedicated team members and the constant guidance of the teacher in charge.

The team won 1st place at 'Utopia' organized by Symbiosis Institute of Fashion and Business Management and 3rd Place at 'Laasya' a cultural fest at Jain University. They have also showed cased their passion through their participation at 'Sargam' - New Horizon College and 'Dhwani' – the Cultural fest at SJCC.



As Team Ellipsis continues to grow, it will no doubt remain a proud representation of the college's spirit, leaving a legacy of elegance and beauty in its wake.

X'tremes: Western Dance Team

Dance is more than movement; it's an expression, a language, and a force that unites. At Jyoti Nivas College Autonomous, this force comes alive through Team X'tremes, the official Western dance crew that has become synonymous with energy, creativity and unmatched stage presence. Whether competing in

intercollegiate fests or performing on home ground, Team X'tremes never fails to captivate audiences with their dynamic performances.

Team X'tremes has participated in various inter collegiate fest such as SJCC, SJU and MCC.



They also participated in Artemis, where they secured 2nd place for group dance and In street battle they won 3rd place.

Apart from competitions, Team X'tremes has been an integral part of college celebrations and social causes. Their Independence Day 2024 performance, titled 'Rhythms of Freedom', was a heartfelt tribute to Indian soldiers and women in war depicting



themes of strength, struggle, and victory, leaving the audience spellbound. Whether on the competition stage or at a college celebration, they remain a force to be reckoned with.

Zion's Creed : Gospel Rock Band



Zion's Creed is the first gospel rock band at our college. Zion's Creed has grown in sound and spirit, developing a stage presence that resonates with every performance.

A major milestone in the band's journey was on December 12th, when they performed their very first full-length concert, Faith Unplugged. The one-hour set was a beautiful blend of Christmas carols and worship numbers. The audience was on their feet, the atmosphere was electric, and above all, the presence of God was truly felt. It was worship in its purest form.

Following this, on April 5th, Zion's Creed took part in their first intercollegiate music fest, YUVA, hosted by Kristu Jayanti College — and bagged first place. It was a moment of celebration and affirmation, as the band's passion and purpose resonated with a wider audience.

The band believes that music has the power to heal, inspire, and unite, and their performances aim to create a space where faith and music intertwine. Zion's Creed is more than just a band — it's a testament to the power of faith and music. As they continue to grow and perform, they hope to touch more hearts and spread the message of God's love through their music.



FELICITATIONS

In grateful recognition of **Mrs. Gita Kishore's** dedicated service and invaluable contributions to Jyoti Nivas College Autonomous, the institution expressed its deep appreciation for her distinguished career and unwavering commitment.

She had joined the college in 2006 as an Assistant Professor in the Department of Commerce and Management and had soon become a pillar of wisdom and guidance. Her dedication and excellence had earned her a well-deserved promotion to Deputy Dean of Commerce.

It was noted that she was known for her calm and composed demeanor, her intelligence, and her friendly nature. Students and colleagues alike had often found her to be a source of support and encouragement. Whether serving as a student advisor, a mentor, or a member of various committees in different capacities, she had consistently extended a helping hand and had embodied the spirit of teamwork and service.



As she retired on June 30, 2024, the college conveyed its heartfelt gratitude for her years of service. They remarked that her legacy of knowledge, kindness, and leadership would continue to inspire future generations. They extended their warmest wishes for a joyful and fulfilling retirement, expressing that she would always remain a cherished part of the Jyoti Nivas family.



In grateful recognition of **Dr. Prakrithi's** steadfast service and invaluable contributions to Jyoti Nivas College Autonomous, the institution stated that her notable career and untiring commitment were truly commendable.

As a teacher, she had always been much more than a mere instructor. She had been a dedicated

and much-appreciated mentor and guide to many students. It was observed that she was an erudite scholar, not only an expert in her areas of research and study but also a keen and willing explorer of newer and unfamiliar fields. Her colleagues described her as a warm and friendly presence, known for her witty sense of humour. They further stated that her genuine care and concern for her fellow workers had exemplified her exceptional character and sense of camaraderie.

As Dr. Prakrithi embarked on a new chapter in her life, the college extended its warm gratitude for her dedicated service and congratulated her on a well-deserved retirement. They expressed their best wishes for her future endeavours and hoped that she would find fulfilment and joy in the next phase of her journey. They concluded with heartfelt appreciation and wished her a joyful and fulfilling retirement.

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PAEC HSEL



CLASS OF 2024-2025

HSSY



B.VOC. VP



CLASS OF 2024-2025

JLEL



PYEC



CLASS OF 2024-2025

PYEL



PYJL



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PYSY

CHBO CHMA
CHZL

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BTBO BOZL



BTCH BTZL



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PHMA



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ETCS



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CLASS OF 2024-2025

PHCS



PYCS



CLASS OF 2024-2025



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CLASS OF 2024-2025

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B.Com 'B'



B.Com 'C'



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Departmental Activities

Department of BIOTECHNOLOGY

Biotechnology Inter class fest - BIOAURA 2024 was conducted for all the first, second - and third-year biotechnology students. The events were conducted from 24th to 30th July 2024. The aim of these events conducted was to foster a spirit of team work and innovation among the students.



Alumna Industry Connect on “Trajectory of Innovation : Exploring the future of Neuroscience and Cancer genomics”

On 10th August 2024, an inspiring session on cancer genomics and neuroscience was delivered by distinguished alumna Aditi Swamy, of batch (2018-2021), which was organized by the department for the final year Biotechnology students. She shared her journey from Jyoti Nivas College to Yale University, USA. highlighting the importance of curiosity and dedication as key attributes of success in the field of innovative research.



Biotechnology Club Prachinth

The Department of Biotechnology conducted the biotech club investiture ceremony for the newly elected office bearers of the Biotech club “Prachinth” on August 29th 2024. Investiture ceremony was led by esteemed guest Dr. Deepti Saini, founder of Protein Design Pvt Ltd. The ceremony marked an exciting milestone for the department as the Biotech club aims to foster innovation, collaboration and knowledge sharing among the students.



Guest Lecture: “Arctic Ecosystem: Global Ramifications” - The Department of Biotechnology hosted a guest lecture on “Arctic Ecosystem: Global Ramifications” on January 27, 2025. Dr. Suma S, Associate Professor, from Christ University highlighted the impact of climate change on the Arctic ecosystem and its global consequences. The lecture provided valuable insights into climate change research and developments.



Staff Achievements

Dr Divya Joseph Pereira was honoured and felicitated for her Doctor of philosophy in the field of Biotechnology on 11th January 2025 at Sri Puttannachetty Townhall Bangalore, by Archbishop Most Rev. Dr. Peter Machado, C.B. Rishyant IPS, Mr Sadhukokila, President, Karnataka Film Academy, the event organised by Karnataka Kraista Alpasankyatara Jaguthi Vedike (R).



Student Achievements - Oindree Bal Final year BTZL student under the guidance of Dr Divya Joseph Pereira published the review article in

scopus indexed journal. Bal Oindree & Pereira DJ. Immunoinformatics- Driven multi-epitope Vaccine approaches for Dengue virus , Journal of University of Shanghai for science and technology, February, 2025, 27(2),71-90.



Ms Sejal Kamath Under the guidance of Dr Divya Joseph Pereira from the department of Biotechnology won 2nd place for the paper titled “ADVANCES AND CHALLENGES OF CAR-T CELL THERAPY FOR BLOOD CANCERS: CURRENT APPLICATIONS, ROADBLOCKS AND FUTURE DIRECTIONS” in National science day 2025 paper presentation event organised by Jyoti Nivas College Autonomous on 27th February 2025.

Department of BOTANY

The Department of Botany at Jyoti Nivas College has actively engaged in promoting environmental awareness, scientific learning, and outreach through various events. These initiatives include plantation drives, guest lectures, seminars, and student outreach programs. These events not only highlight the importance of Botany but also encourage students and staff to engage in activities that promote sustainability and scientific thinking.

World Environment Day – Plantation Drive (June 5th, 2024)

Event Overview: The department organized the “Go



Green – Plantation Drive 2024“ on the occasion of World Environment Day. This initiative aimed to enhance the aesthetic and ecological value of the college campus by planting more than 15 plants of 20 different varieties. The event was held on June 5th, 2024, at 10:00 AM near the convent and college entrance. All saplings chosen for the plantation drive were fruit-bearing plants, selected for their aesthetic appeal and the shade they would provide.



Guest Lecture - Medicinal plants : Unveiling their crucial role in Human Evolution and well being“.

Total Participants: 250 students

Dr. Bharathi D. BAMS, MD is an expert in traditional and modern medicinal plant applications. The Objective of this lecture was to raise awareness about the role of medicinal plants in human health and well-being while fostering scientific thinking among students. Dr. Bharathi discussed how plants produce a variety of chemical compounds (alkaloids, glycosides, terpenes) that have therapeutic effects. Dr. Bharathi concluded by emphasizing the need to conserve medicinal plants for future use.



National Seminar cum Awareness Programme on “Microbes Unveiled: Microbes, the Hidden Champions of Health and Ecosystem (September 4th, 2024)

Total Participants: 400 students

The department organized a National Seminar cum Awareness Programme on “Microbes Unveiled: Microbes, the Hidden Champions of Health and Ecosystem“ on September 4th, 2024, at St. Joseph’s Auditorium. To foster critical thinking and scientific awareness among students regarding the role of microbes in various ecosystems and health, while promoting research and innovation.

Dr. Deshmukh Arvind Madhav Rao – President, Microbiologist Society of India (Topic: Role of microbes in sustainable agriculture).

Dr. R. Ushasri – Associate Professor, Department of Microbiology, Justice Basheer Ahmed Sayeed College for Women (Topic: Probiotics as health champions in the current scenario).

Microbial Role in Agriculture: Dr. Deshmukh emphasized how microbes play a crucial role in agriculture by enhancing soil fertility and enabling sustainable farming practices.



Spandana – Botany Club Activities (September 2nd to 4th, 2024)

The Botany Club organized “Spandana,” a student club activity aimed at promoting plant life awareness, practical learning, and collaboration. The event took place from September 2nd to 4th, 2024.

Activities conducted-Join us in rooted in Art, Blossoming actors, Vineyard expedition, Garden Expo, Face Painting, Debates competitions.

Participation in Annual Quiz Competition (Apollo Tyres)

Two final-year students, Ms. Shilpa (BOZL) and Ms. Shubha Shree Swain (BTBO), participated in the Annual Quiz Competition organized by Apollo Tyres at St. Joseph’s College. Both students received participation certificates.



Apollo Tyres Environmental Initiatives: Apollo Tyres is committed to environmental sustainability through projects like the Afforestation Project in collaboration with the Council of Scientific and Industrial Research (CSIR). These efforts aim to promote a greener future through various environmental stewardship initiatives.



Participation in IIC Ideathon and Innovation Mela

All the final-year students participated in the Ideathon competition organized by the Jyoti Nivas College Institution's Innovation Council. Ms. Shilpa, Moulya, and Yashoda won the second prize in the competition.

In the Innovation Mela, Ms. Stanzin and her team secured the third prize for their innovative idea and were awarded a cash prize of Rs. 4,000 by the IIC.

CENTRE FOR MEDIA STUDIES

The Centre for Media studies held the following events this year.

Mediatron: the annual National Media Symposium, on the theme, Age of Creators: Language, content, influence; with Manisha Pande, editor of News Laundry as the keynote speaker.

ARTiculated: the annual Art exhibition engaged students and visitors with thought-provoking paintings and design.

JyotiFilmato: The annual international short Film Festival and competition, with student and professional categories. This year over 150 films were submitted. Eminent filmmakers, Gautham Menon and Dayal Padmanabhan, and an array of other filmmakers graced the occasion.

Student Activities

The campus media is managed by the centre and is overseen by the editorial board. We run *Our Story* and *Open Story*-weekly Campus Newspapers, *CAMPfire*-Campus radio, and *CAMPulse*-Campus television.

The final year students scripted and produced 7 meaningful and socially relevant short films this

year, namely, *Urimai Yoshnai*, *Mounathin Suvadu*, *The Unthawed*, *One Letter Away*, *Veiled in Shadow*, *Awaited*, and *Fated*.



Publications

The Screenplay, a book of original screenplays by students, *The Picture*, a comprehensive film catalogue, *The collection of Our Stories*, *Light and Frame*, a book of photography by students, and *The Orwellian World*, Creative booklet

The Avant Garde film circle of CMS held public screenings and interactions with the directors and crew of award winning films such as *Cycle Mahesh*, a Hindi film by Suhel Banerjee and *Kattu Pootha Malay*, a Tulu film by Udayaraj PJ. We also had campus screening of films on every Friday evening.

STAFF ACHIEVEMENTS

Dr. Sophia D was awarded the Best Innovative Faculty Award for the year 2024 conferred by All India Association of Christian Higher Education (AIACHE) in recognition of her education leadership, creativity, innovation, interest in students and professional ethics.



Dr. Mary Arpana was awarded Ph.D. degree in Biochemistry on 'Bacterial Polygalacturonase (PG): Isolation, Characterization, Production and Applications' from Dayananda Sagar University, Bengaluru on 28th October 2024.



Alumna Talk:
on 26th July
2024 Charting
the course: My
Transition from
College to Career-
Ms. Meghana
Variyar (2018
Batch) – Research

Intern, Centre for neurosciences IISc, Bengaluru.

The Biochemistry club 'Biochemia' of JNC celebrated National Chemistry Day by involving students in various activities on August 2, 2024 and August 7, 2024.

The installation of the office bearers of Biochemia was done on August 7, 2024:

Ms. Aampy Jose - President (III BCGT), Ms. Dia Shridhar – Secretary (II BCBT)

Ms. Rena Abraham – Treasurer (I BBG)



Guest Lecture on Present and Future of Biochemistry - Resource Person: Dr. Vaddi Damodara Reddy, Associate Professor, School of Applied Sciences, Reva University on 7th August 2024.

A Workshop on Candle Making: Biochemia club in collaboration with Entrepreneurship cell Fortitude and Institution Innovation Council of JNC on 18 September 2024.



National Level Intercollegiate Fest - Vidhya 2025 was jointly organized by the Departments of Biochemistry and Chemistry on 13th and 14th February 2025.

STUDENT ACHIEVEMENTS

Ms. Diya Shridhar-II Year Biochemistry (BCBT) won the I PRIZE in CHEMOZ 2024- An Inter-Collegiate Chemistry Fest for the Event Molecular Mayhem at Christ University, Bengaluru on 18/09/2024.

Ms. Shwetha of III Year Biochemistry (BCGT) secured II Prize in the oral presentation on the topic entitled 'Polyphenols and sleep disorders: the impact of bioactive compounds on sleep quality' in the National Conference on MicroNutriX - 2024 organised by Theeran Chinnamalai College of Arts and Science for Women, Tirupur, Tamilnadu on 4/10/2024.

- In an Intercollegiate fest-ZYME organized by St. Joseph's University, Bengaluru on 03 March, 2025, the following students won prizes.
- ♦ Ms. Irene Ann Kuttichira - III Year Biochemistry (BCBT) won the I Prize in Trivia (Quiz)



- ♦ Ms. Irene Ann Kuttichira - III Year Biochemistry (BCBT). Ms. Diya Shridhar and Ms. Twinkle II Biochemistry (BCBT) won First Prize in Shark Tank
- ♦ Ms. Priya Singh and Ms. Zohra Fatima of II Biochemistry (BCBT) won second Prize in Escape Room.

Department of COMMERCE & MANAGEMENT

The Department of Commerce and Management enjoyed a lively and eventful academic year during 2024-25, characterized by a variety of activities for academic enrichment, development of skills, creativity, and community outreach. Some of the major academic programs included national-level workshops organized in the department on the theme 'Unlocking Resilience for Personal Growth' on February 19, 2025, which delved into the value of resilience in personal and professional life, and a workshop on Ethical Consumerism By Dr. Alice Mani, Associate Professor, Christ University on the same day to encourage students to participate in reflective discussion on ethical purchasing behaviors. On August 10, 2024, the department held Industrial Connect by Mr. Joel Roshan D'Sa to connect classroom knowledge with corporate behavior, and on August 1, 2024 Budgetary Summit was organized by Mr. Glenn Rojeer Carr which provided information about the national budget.

The department also successfully hosted prominent student-oriented events. Corporate Odyssey '24 was a weeklong intra- Collegiate fest that featured



competitive events like Best Manager, Margin Mastery and Synergy Symposium, promoting innovation and leadership among the participants. The annual National level inter- collegiate fest ARBITRIUM with the theme The Echelon,2025 was organized on February 18th and 19th 2025 featuring 110 participants from 15 colleges for a vibrant two-day inter-collegiate fest. Encouraging sustainability, the Best Out of Waste exhibition took place on March 5th, 2025 and was visited by school students of Neena English High School. Another event, the Futuristic Corporate Walk was held on September 2nd, 2024 presenting a creative perspective on the corporate fashion and trends of the future.

To expose students to more international viewpoints, HCM launched a Global Business



Simulation Challenge in November 2024, where teams participated in live simulations to challenge business decision-making and strategy. These activities facilitated the development of leadership, critical thinking, and creativity among students. SAMRIDDHI- the newsletter of The House of Commerce and Management was released showcasing the activities /events of HCM .

As a celebration of empowerment and diversity, the department held a Women Empowerment Walk on March 4th , 2025 in order to honor the strength and resilience of women from various fields. The department organised Gender Budgeting workshop from 17th to 19th February, 2025 which discussed on topics such as gender disaggregated public expenditure, women in budgeting, their involvement in financial planning and income tax exemptions for government employees across Karnataka state.

Student achievements was another triumph, with Lavanya of 2nd B.Com having a poetry book released, namely Blue Skies, containing three poems which holds a world record. Shobitha and Varsha RN of 2nd B.Com won at a marketing competition organized by St. Paul's College. Academic innovation was also promoted via a collage competition conducted on August 8th , 2024 with active participation from the students of the department.

To provide greater practical exposure, a number of industrial and field visits were organized throughout the academic year. Industrial visits to different organisations like KSSSIC, KMF, Klen Packs, VRL logistics, Filtrec Pvt Ltd. was organised for the final year students of different programmes that gave students an hands on experience and connect classroom learning to real world applications and insight to industry operations.

The Christmas spirit of care and community was maintained when faculty and union members spent a special day with residents of Little Sisters of the poor -a Home for the Aged.



Department of COMPUTER SCIENCE

1. Seminar on AWS Cloud in Collaboration with Hope Foundation

The seminar was organized by Hope foundation on 25-06-2024. The speakers were Mr. Tousif, Ms. Reeta, and Ms. Noor from Hope foundation. It was about three-month online program offering training and certification at no cost to participants. The speakers emphasized that besides technical knowledge, they would also help students develop important soft skills like communication,

teamwork, etc. such skills that are essential for succeeding in professional environments.



2. Seminar on Cyber Security & Ethical Hacking in Collaboration with TechByHeart.

CS Department conducted Seminar on Cyber

Security & Ethical Hacking in Collaboration with TechByHeart on 30.07. 2024. Chief Guest of the event was Mr. Haris Sumair, IAS, Director of E-Governance from the Government of Karnataka. Mr. Sreenath Gopinath, Mr. Resal V from Tech ByHeart were the speakers of the event. The Chief guest and the speakers delivered engaging sessions on maintaining cyber hygiene, Denial-of-Service Attacks, Spamming, Keyloggers, and Phishing, and demonstrated real-life hacking scenarios.



3. Faculty Development Programme (Online) on Outcome Based Education (OBE) with CO-PO Mapping and Attainment.

FDP was organized by CS Department on 27.07.2024. The Resource person for the event was Dr. Binu Thomas, IQAC Coordinator, Marian College Kuttikkanam (Autonomous). The session was conducted through Google meet. The resource person introduced the concepts such as Blooms level, framing the Syllabus & Question paper as per Blooms taxonomy. He discussed the concept of outcome based education (OBE) and the accomplishment of curriculum by PO, CO & PSO



4. Interactive Machine Learning with Orange Workshop Hands-on Introduction to Data Science

A workshop for final year BCA students was organized on 06.09.2024. The resource person

was Dr. Srinivas Narasegouda, Assistant Professor, Department of Computer Science, JNC. He shared valuable insights into the evolving landscape of machine learning and its growing importance across various sectors. The workshop covered core topics such as the distinction between different types of learning, key applications of machine learning, and its potential to solve complex problems.



5. 3 Days Workshop on AWS

CS Department organized 3 days' workshop for final year students dated from 13.02.2025 to 15.02.2025. Resource Person was Mr. Dilip, CEO & Founder, Cloud Institution, Bangalore. The sessions covered highlighting AWS objectives, Amazon Route 53, AWS services, covering Amazon SQS, EFS, Route 53, and CloudFront (CDN) and the significance of AWS in today's tech industry. The workshop concluded with a certificate distribution ceremony, recognizing participants for their successful completion of the AWS training.



6. Innovative Idea: Model Exhibition for Tomorrow

A model Exhibition was organized by CS Department on 20.07.2024. A total of 19 groups enthusiastically participated in the event, each presenting their unique ideas through meticulously crafted models. The event showcased innovative ideas presented by our talented students. The models were individually evaluated by the three judges Mr. Albert Dylan Correya, Innovations Manager - Partnerships and

Alliances, Mr. Pratham, & Mr. Geetesh , esteemed executives of NASSCOM and the 3 best prizes were announced.



DEPARTMENT CLUB ACTIVITIES:

7. Investiture Ceremony of TECNOLOGIA

Investiture Ceremony of Computer Science Students Club TECNOLOGIA was held on 11.09.2024. The Chief Patron was Dr. Sr. Mary Louisa S, Principal, Jyoti Nivas College Autonomous. Following the inauguration ceremony, the installation of the office bearers for the Tecnologia Club took place. The Tecnologia Club aims to organize more intra-collegiate fests like the upcoming AURORA, encourage active student participation in technical competitions, and provide a collaborative platform for students to explore their technological interests.



8. AURORA 2024 – An Intra Collegiate level IT fest

It was 2 days Intra Collegiate level IT fest - AURORA 2024 held on 11-09-2024 & 12-09-2024. The event was organized by Tecnologia Club where young minds of our college from different streams will come together to test and showcase their IT skills by participating in the various events that were organized for them. Both IT and non-IT events were organized so that each one can freely participate. Aurora included 12 amazing events namely Code war, Quiz, Coding and Debugging, Cryptography, Dumb charades, Fast Typing, Jam, Gaming Event, Pick & Speak, Solve-a-thon, Web Designing and Treasure Hunt. All the above events were organized by 24 event heads and more than 50 volunteers



9. TECHKNACK 2025 – A National Level Inter Collegiate IT Fest

It was 2 days National Level Inter Collegiate IT Fest - TECHKNACK 2025 held on 05.03.2025 & 06.03.2025 with more than 100 registrations from more than 15 outside colleges. The event were organized by Tecnologia Club. It was a national level IT Fest to test and showcase young minds IT skills by participating in the various events that are organized by Tecnologia Club. Both IT and non-IT events were organized so that each one can freely participate. Techknack included 13 amazing events namely Code of Destiny, Encrypted Invitation, Final Jackpot, Frontmen's Battle, Glass Bridge Pitch, Laugh or Get Eliminated, Red Light Green Light, Rewind the Algorithm, Survival of Coders, Dalgona Challenge, Ultimate Play and VIP's Perspective. All the above events were organized by 24 event heads and more than 50 volunteers



Economica, the Economics club organised 'Higher Studies in Economics' on 11th July, 2014 hosting two of our alumni, Archana M Unnithan and Shikha P Ballal creating awareness about the best institutions for pursuing advanced education in this field. On 3rd August, 2024, a talk was held on "Budget and the Youth- Enhancing capabilities for Skill development and employability".

On August 7, 2024 an insightful online public lecture on the Union Budget 2024 was organised. The esteemed speaker for the day was Dr. Arunachalam from the Indian Institute of Advanced Study (IIAS), Shimla. Dr. Arunachalam provided an in-depth analysis of the Union Budget 2024, discussing key allocations, revenue projections, and policy initiatives introduced by the government.

A session focused on the start-up ecosystem and the opportunities it presents for entrepreneurship and enterprise building was held on September 9, 2024. The speaker, Ms. Apurvaa Biswas is a Senior Accounts Manager and Product Specialist at Timely AI.



On 9th December 2024, a workshop titled "Skill Sets for Developing an Entrepreneurial Mindset" was organised. Ms. Sharon Williams, founder of Tabitha Treats and an alumna of Jyoti Nivas College shared her vision and purpose behind starting her baking business, rooted in her passion for baking and her commitment to prioritizing community and compassion over profit.

OUTREACH ACTIVITIES

On 12th February, 2025 an exhibition was organized

to provide a platform to women entrepreneurs associated with AWAKE to showcase the products.



COMMEMORATIVE EVENTS: The 58th A.D. Shroff Memorial Elocution Competition sponsored by the Forum of Free Enterprise, Mumbai was organized by the Department of Economics on 29th August 2024. The event celebrated the spirit of eloquence and critical thinking among students and aimed to encourage them to voice their perspectives on pressing economic issues.

GENDER EQUITY PROGRAMS: International Women's Day on 6th March 2025 was celebrated by organizing a public lecture on 'Harnessing Innate Capacity for Success and Excellence- Leadership and Goal Setting Skills for Youth'. The resource person was Prof. Clement D'Souza from St. Joseph's University.



The Department of English organized the Literary Club Investiture Ceremony 2024 on July 30th. The four Office Bearers were Mrinalini, the President; Tanya, the Vice President; and two Secretaries, Sneha Mukherjee and Gladis. Additionally, all Literary Club members received badges in recognition of their active participation and commitment for the academic year.



Guest Lecture

A Guest lecture was organised on August 10th, 2024, with Dr. Priya K. Nair from St. Teresa's College Autonomous, Cochin as the speaker. Dr. Priya K. Nair's lecture centered on the intersections of gender, science, and technology, focusing on how gender bias influences the production of scientific and technological knowledge. She underscored the need to revisit historical narratives, particularly those dominated by male perspectives, to include the contributions of women.



Narrative Weaves –Literary Exhibition

The literature fest “Narrative weaves” was organised on the 13th of September, 2024. A short play was

performed to showcase the rich tapestry of English literature, featuring iconic characters like Sherlock Holmes, Charlie Chaplin, Her mione Granger, Elsa, and many more. The English literature newsletter was officially launched. Several schools and colleges, including Holy Saint High School and St. John's Nursing College, Jyoti Nivas PU College attended the exhibition.



Page-to-Stage

The annual inter-class drama competition is an incredible opportunity that offers a platform to take inspiration from plays and stories around the world and bring them to life. The event was held on 31st January 2025. Twelve enthusiastic teams from different streams participated.



Meet the Author

The event was successfully conducted on February 19, 2025, bringing together literature enthusiasts, aspiring writers, and faculty members for an engaging session with renowned author Ms. Andaleeb Wajid. With nearly 50 published novels spanning across genres like young adult, romance, and horror, the author has made a significant mark in the literary world. Her young adult novel, A Henna Start-up, won both the Neev Literature Festival Award 2024 and the Crossword Book Award 2024.



She emphasized that creativity requires discipline. The session concluded with a Q&A, where she shared insights on balancing creativity and structure in writing.

Valedictory

The valedictory ceremony of the Literature Club was held on the 8th of April 2025

The winners of “Page to Stage“ were felicitated with certificates and cash prizes. The First Prize was awarded to Team *Banana Bajjis* the Second Prize to Team *Renaissance Revelers* and the Third Prize to Team *Agni*. The Best Actor Award was presented to Sneha from Team Agni.



Department of ELECTRONICS



The Department of Electronics organized a series of impactful academic, technical and outreach activities throughout the academic year, promoting sustainability, skill development, and interdisciplinary engagement.

The year began with an E-Waste Management Drive on 7th July 2024, in collaboration with Sogo Synergy, focusing on raising awareness about responsible disposal and recycling of electronic waste.

On 13th July 2024, alumna Ms. Swathi K., Analog Layout Engineer at Intel Corporation, delivered a talk titled “Future of Semiconductors”. She offered insights into the semiconductor industry, workplace ethics, and essential technical skills, benefiting 70 students from the Physical Sciences.

The Power Bank Club Elections and Investiture Ceremony were held on 10th August 2024. This was followed by a technical session on Ethical Hacking Awareness by Mr. Shikhar Kotwal and Mr. Sultan from GIT Academy. The event, attended by over 270 students from Jyoti Nivas College and other institutions, explored cyber security threats, ethical practices, and career pathways.

An Outreach Program was conducted at Government PU College, Adugodi, on 12th August 2024, where BSc Electronics students organized a science quiz for 30 students, recognizing the top performers with certificates.

The intra-collegiate fest LUMINOUS 2024, held on 9th September 2024, featured five creative competitions and saw enthusiastic participation from over 60 students. It concluded with an inspiring astronomy talk, “Decoding the Sky”, by Dr. Rijutha Jaganathan on 12th September 2024.

On National Energy Conservation Day (14th December 2024), a model and chart-making competition on the theme “Lighting the Way to a Sustainable Future” promoted environmental awareness among students.

The year culminated in ELEKTRA'25, a National-Level Inter-Collegiate Fest on 20th February 2025, featuring six technical events in electronics and emerging technologies. With participation from 215 students across several institutions, the fest was a resounding success, with St. Joseph University emerging as overall champions.



Department of GENETICS

Workshops conducted:



The Genetics students participated in a workshop on Training in Molecular Techniques at Azyme Biosciences Pvt. Ltd. The purpose of the event was to deepen the students' understanding and practical skills in contemporary molecular biology. Each participant had the chance to perform molecular techniques such as RNA isolation, SDS PAGE and PCR. The training also addressed common troubleshooting techniques for issues that may arise during molecular experiments. This hands-on experience allowed students to link theoretical concepts with practical applications, enriching their overall learning experience.

Outreach activities:

GeneXplore–An Outreach programme to JNPU students–on 27 August 2024.



The Department of Genetics in association with the Institute's Innovation Council organized a hands-on workshop titled Genexplore: explore the blueprint of life, for the Jyoti Nivas PU College on the 27th of August, 2024.

The event was designed to showcase a range of hands-on experiments, such as dermatoglyphics, paper chromatography, blood typing, buccal cell smear and DNA extraction. The workshop kicked off with an engaging introduction to a fictional case in forensic investigation that formed the foundation of the activities. Students were drawn into a narrative featuring a puzzling crime scene, encouraging them to think critically about the role of forensic science in solving mysteries.

Throughout the event, the Genetics students who hosted the event provided guidance and fostered collaboration among students, enhancing the learning experience. GenExplore proved to be a successful initiative that combined creativity with scientific exploration. By grounding hands-on experiments in a forensic science context, students developed a greater understanding of genetics and its relevance to real-world investigations.

Model exhibition



A model making competition was held on the 5th of August 2024 for 1st, 2nd and 3rd Year Genetics students. The event saw enthusiastic participation from students who were eager to showcase their creativity and scientific understanding through

intricately designed models. The event not only encouraged students to think critically and creatively but also fostered collaboration, teamwork, and scientific curiosity.

Department of HINDI

The Department of Hindi, in collaboration with Canara Bank (Head Office, Bengaluru), organized Aneka Mein Ekta – a Food Exhibition on 9th September 2024. The event, judged by Dr. Leena Gyanwani (OL Officer, Canara Bank) and Dr. Nalini Sekaran (Dean of Humanities, Jyoti Nivas College Autonomous), aimed to celebrate India's diverse culinary traditions while showcasing students' creativity and skills.



Shwetha Tanwar, a 2nd - year BSc CHZL student, showcased her writing talent in an essay competition organized by Daily Hindi Milap, Hyderabad, on the topic “Why and How the Magic of Hindi is Growing on Social Media.” Her compelling essay earned her a spot among the top 5 participants, along with a cash prize of ₹2000. Adding to the glory, her essay was proudly published in Daily Hindi Milap on the occasion of Hindi Diwas, 14th September 2024.

Hindi Diwas was celebrated with great enthusiasm on 24th September 2024 by the Department of Hindi, in collaboration with Canara Bank, Head Office Bengaluru. The event was graced by esteemed chief guests—Mr. E. Ramesh and Mr. Jitendra Singh Badesra, both Assistant General Managers at Canara Bank's Head Office, Bengaluru. Their presence added prestige to the occasion, which highlighted the richness and relevance of the Hindi language in today's cultural and professional landscape. A

total of 75 students who secured first, second, and third positions were honoured with certificates and cash prizes. Additionally, 18 students who scored above 90 marks in the Hindi examination for the academic year 2023–24 were felicitated with the Hindi Pratibha Puraskar by Canara Bank.

Students from the Department of Hindi, Jyoti Nivas College Autonomous, delivered stellar performances at two major intercollegiate fests. At Nakshatra, hosted by St. Joseph's College of Commerce on January 30, 2025, they showcased exceptional creativity and teamwork, securing the overall 2nd position. Continuing their winning streak, they participated in Sarvatra, organized by Jain University, Jayanagar on February 27, 2025. Competing in events that tested their speaking skills, creativity, and knowledge, they bagged the 2nd place in Antakshari and 3rd place in Vaad-Vivaad, making their presence felt with pride and passion.



On February 17, 2025, the Department of Hindi, led by Dr. Ispak Ali, organized a guest lecture in honor of International Mother Language Day. Attended by 2nd - year Arts, Science and Commerce students, the session highlighted the importance of preserving linguistic diversity and cultural heritage. Dr. Ispak Ali emphasized the role of language in shaping identity and unity, reflecting the spirit of Ek Bharat Shreshtha Bharat.



Department of HISTORY

Outreach Activity: Photo Exhibition – Bangalore’s Colonial Past

The Department of History, Jyoti Nivas College Autonomous, hosted a photo exhibition on the 8th of August 2024, in collaboration with the Indian Council of Historical Research (ICHR). The event was graced by the Chief Guest, Dr. S.K. Aruni, Regional Director, ICHR-SRC.



The exhibition traced Bangalore’s evolution through colonial-era photographs, focusing on architectural and cultural shifts. Themes included military history, urban planning, women’s attire, and Catholic institutions. Schools and colleges from across the city participated, fostering broader community engagement and interdisciplinary learning.

Commemorative Event: Constitution Day – Poster Making Competition

A poster making competition was hosted by the Department of History on the 26th November 2024 to commemorate Constitution Day. The theme was “Constitution in Art: A Creative Tribute” which captured the essence of various concepts ranging from fundamental rights to the vision of the framers. The competition encouraged students to interpret constitutional principles through art. There was a total of 15 participants. The 1st Prize was secured by Kancharla Rangamma (2nd BA HSEL), 2nd Prize was secured by Tarannum Begum (2nd BA HSSY), and the 3rd Prize was secured by Tanzila Khan (1st BA HENGs).

Value Added Course: Introduction to Archaeology

A 50-hour short-term course combining theoretical foundations with field-based learning was conducted for undergraduate students. It aimed to build interest and competence in the basics of archaeological practice, including excavation techniques, material analysis, and heritage ethics.

Department of KANNADA

Guest Lecture

The Department of Kannada and “Aniketana” Kannada Association organized a special lecture on 25th July 2024 in connection with the centenary celebration of L. S. Seshagiri Rao. Renowned Kannada literary critic, scholar, and writer R.N.



Chandrashekhara was invited as the resource person. He elaborated on the literary contributions and personality of L. S. Seshagiri Rao for the students. Around 200 students and faculty members from various departments participated in the event. The lecture was presided over by the Principal, Dr. Sr. Mary Louisa S., and was attended by the college management, faculty members of the Kannada Department, and Smt. Bharathi, the wife of L. S. Seshagiri Rao.

Inter-Class Literary and Cultural Competitions



The Department of Kannada and “Aniketana” Kannada Association conducted inter-class literary and cultural competitions from 3rd October 2023 to 10th October 2023. The events included: Short Story Writing, Solo Singing, Solo Dance, Essay Writing, Group Dance, Poetry Writing, Debate, Pick and Speak and Group Song.

These competitions provided a platform for students to showcase their talents. A large number of Kannada students participated and demonstrated their abilities. More than 800 students and faculty members attended and appreciated the events. The competition was inaugurated by the Principal, Dr. Sr. Mary Louisa S., in the presence of the college management and Kannada Department faculty members.

Kannada Rajyotsava – 2024



Jyoti Nivas College Autonomous and Jyoti Nivas Pre-University College jointly celebrated Kannada

Rajyotsava on 01-11-2024. The event was graced by the Principal of Jyoti Nivas PU College, Sr. Natalia D’Souza, as the chief guest, along with the special invitee Sr. Nalini Cruz. They addressed the students on the rich heritage and significance of the Kannada language and culture. They emphasized the importance of preserving regional languages in the age of globalization. Students expressed their love for Kannada through songs, dances, and theatrical performances. The event was presided over by the Principal, Dr. Sr. Mary Louisa S., and was attended by the college management and Kannada Department faculty members.

Nada Habba – 2023-24



The grand cultural festival Nada Habba - 2024 was celebrated at Jyoti Nivas College on 04-12-2024. The event was presided over by renowned educationist and cultural scholar Dr. Geeta Ramanujam, along with noted Kannada folk singer, Sri Kambada Rangayya, as the special invitee. They highlighted the richness and antiquity of the Kannada language and culture and emphasized the need to preserve local traditions in today’s globalized world. Students showcased various cultural performances, including songs, dance, and drama, reflecting the spirit of Kannada culture. The event was chaired by the Principal, Dr. Sr. Mary Louisa S., and attended by the college management and Kannada Department faculty members.

Inter-Collegiate Cultural Fest - “Bahuroopi”

The Department of Kannada and “Aniketana” Kannada Association organized the state-level inter-collegiate cultural festival, “Bahuroopi,” on 17th February 2025. Various competitions were conducted, including Short Story Writing, Solo Singing, Group Dance, Debate, Pick and Speak, Face Painting, Mono Acting, Duet Dance and Reels Making



More than 200 students from various colleges in Bengaluru participated in the competitions. St. Joseph's University won the Overall Championship Trophy. A Kannada Film Song "RASASANJE" was organized from 5:30 PM to 7:30 PM for the students. The event was presided over by the Principal, Dr. Sr. Mary Louisa S., and attended by the college management and Kannada Department faculty members. The team from the movie "Nangu Love Aagide" was present at the event.

Book Fair – "Book Brahma"

From 09-08-2024 to 11-08-2024, 30 students from our college participated in the National-level book fair "Book Brahma." The fair hosted seminars and discussions related to Kannada literature, arts, and heritage.



Students' Achievements

Our Kannada students participated in various state-level cultural competitions organized by different colleges in Bengaluru and won several awards. At "Kalarava - 2025", organized by St. Joseph's College of Commerce, our students participated in 20 events and won 17 prizes, securing the Overall Championship Trophy. At "Aniketana - 2025", organized by Mount Carmel College, they won 10 prizes. At "Isiri - 2025", organized by St. Joseph's University, they participated in 20 events and won 18 prizes, securing the Best Performer Trophy.

Department of MATHEMATICS

The Alumni Connect and Inauguration of Club Activities 2024-2025 for the Department of Mathematics took place on 30th August 2024. Ms. Sharon Joseph, Consultant and CEO of Guardian Bank and a PCM alumna from the 1979 batch, delivered an insightful talk titled "From Math to Finance: My Degree Paved My Path in Banking."



The event also featured the inauguration of the Math Club activities and the installation of the office bearers for the MAF DELECANS club. The newly appointed team includes Venantius Cyra S as President, Navaneetha M as Vice President, Janani K as Media Head, Ashwini N as Secretary, Shreya H as Treasurer, and Durga Devi as Executive Head.



On 24th January 2025, the Department, in collaboration with St. Joseph's College of Arts and Science for Women, Hosur, organized a National Level Inter-Collegiate Fest themed "Math Beyond Time and Space." Dr. G. Jayalatha, Associate Professor and HOD of Mathematics at RV Engineering College, was the chief guest and spoke on "Empowering Science and Technology through Computational Tools."



On 28th February 2025, a team from Jyoti Nivas College Autonomous won 1st place at the National Level Science Exhibition held at Christ (Deemed to be University), Bangalore, as part of National Science Day themed "Decoding the Universe". Ms. Meda Mokshitha, Ms. Venantius Cyra S, and Ms. Navaneetha M (III B.Sc. CSMA) presented *Walk Together (W2G)*—a renewable energy-generating



shoe for the visually impaired—earning a ₹25,000 cash prize, certificates, and a novelty cheque.

During the academic year 2024–25, the club MAF DELECANs' office bearers and members organized several engaging activities. *Alpha 2024* – Freshers' Day was held on 28th August 2024, fostering interaction between seniors and juniors. The Inter-Collegiate UG Fest *Pi-Radian* – *The Pirates of Radian* took place



on 29th August and 2nd–3rd September 2024, featuring various competitions aimed at inspiring a love for mathematics. Ahead of *Manthanein 2025*, the Mathematics students also performed a vibrant flash mob to creatively unveil the fest's theme and activities.

The club office bearers and members showcased a brilliant and creative fluorescent light dance during the celebrations of Teachers' Day and *Scintillation 2024*, adding vibrancy and energy to the events. The juniors warmly organized a memorable farewell Omega 25 for the outgoing seniors, which also included the valedictory of the club's annual activities.



A highlight of the event was the announcement of Ms. Venantius and Ms. Navaneetha as the Best Outgoing Students for their outstanding contributions to the department and club.



Department of PHYSICS

The Department of Physics on 10th September 2024 conducted a Guest lecture on the topic "Walk through of Science" by the speaker S Hiriyanra, retired Scientist, ISRO.

On 4th September 2024 the final year BSc students along with faculty Jeevan K N attended the workshop on "Learning Physics through Simple Experiments" conducted by Eminent Professor H.C Verma.

Annual Intercollegiate Physics Fest "Vignana Vismaya 2025" was organized by the Department of Physics on 4th March, 2025. Students from various colleges like SJU and Kristu Jayanti participated in various activities. The fest was inaugurated by Dr. Jolitha Academic director, mLAC.



Department of PSYCHOLOGY

The Department of Psychology organized a series of impactful academic, awareness and wellness initiatives throughout the academic year 2024–2025.

Highlights include the Seminar on Cyber psychology focusing on tech's effects on mental health, and workshops on Special Education and Gender & Stereotypes, which promoted inclusivity, allyship, and support for children with special needs.

Awareness programs were central, including sessions on Drug Abuse and Counseling, a powerful Silent Gathering on gender injustice, and a comprehensive Suicide Prevention Event (Sept 9–10), with street

plays, open mic sessions, expert seminars, and a screening of *Dear Evan Hansen* to promote mental health support and intervention strategies.

Engaging student-centered events like Self-Care Day (Aug 8) emphasized emotional and physical well-being through fitness challenges, gratitude boards, and creative expression activities.

The Academic Orientation (Nov 26) educated students on child sexual abuse, neurodevelopmental disorders, and the role of emotional healing in relationships. A guest lecture on SPSS (Dec 9) introduced students to research tools and statistical analysis, while an Interdepartmental Debate (Dec 16) stimulated discussion on attendance policies and modern educational practices.

An Art Therapy Workshop (Feb 10) highlighted art as a powerful tool for emotional expression and healing, promoting self-discovery and creativity.

The academic year culminated in the National Conference (March 3) themed "*Identity and Well-Being in the Digital Age*." It featured expert talks, a panel on mental health technology, and the launch



of *Manodisha*, the department magazine. Student research paper and poster presentations received accolades, enriching academic dialogue.

Finally, the annual fest MANIFEST 2025 (March 4) with the theme “*Psychedelia: Spectrum of Minds*” showcased student talent across fun, intellectual competitions, concluding the year on a vibrant and collaborative note.



Department of PUBLIC ADMINISTRATION

CONSTITUTION DAY CELEBRATION



The Department of Public Administration organised the Constitution Day celebration on 26th November 2024 at the Quadrangle Stage. The programme was presided by Dr Sr Mary Louisa S, the principal. The programme began with a prayer by Ms Samvardhini and the gathering was welcomed by Ms Mahima. The principal administered the preamble as a pledge to the students and addressed the gathering

by highlighting the significance of the constitution and its relevance today. The students performed a Mizo traditional dance to showcase the diversity of India. Ms Noor proposed the vote of thanks. Mr Munichowdappa N, Head Department of Public Administration, coordinated the programme.

Essay Writing Competition on the occasion of the Constitution day

The Department of Public Administration organised an Essay Writing Competition on the theme: Relevance of the Indian Constitution in the Contemporary Times 20 students participated. The winners list is as follows: The first place was secured by Nihara S Sreenivasan, Medha Rawat and Hemalatha G. The second place was secured by Shivani Sinha and Tejaswini E. The third place was secured by Sharon Princy, Aishwarya K and Shreya Bhardwaj. All the winners and participants were awarded with E-Certificates.

Department of SOCIOLOGY

Guest lecture on tribal development and welfare schemes



The Department of Sociology conducted an insightful guest lecture on 20th July 2024, focusing on Tribal Development and Welfare Schemes. Ms Sanchita Saikia, a distinguished faculty from Jain University was the guest speaker. She started with the various terms associated with tribals, the existence of tribal communities in various parts of India, and the contributions done by Indian Sociologists on Tribal Societies. A historical perspective was provided, which noted that the tribal communities were considered outside the Varna System and were often labeled as “outcastes.” A brief data on Census was given to the students on tribal characteristic

features, issues and challenges faced by them. The session covered the census data from 2011 till today. An overview of various tribal welfare schemes was explained in the lecture. Specific programs aimed at tribal development were elaborated upon. The session covered the impact of schemes in the areas of literacy rates, scholarships programs, standard of living and cultural preservation. It also covered recent developments such as the establishment of a National Tribal Research Unit and the Prime Minister's initiative to eliminate sickle cell anemia among tribal populations. The seminar concluded with an engaging Q&A session.

Guest lecture on Digital Rights of Women and Cyber security



The Department of Sociology organized a guest lecture on Digital Rights of Women and Cyber security for all the sociology students on 13th February 2025. The guest speaker was Mrs. Ramya N, Assistant Professor of B.M.S College of Law. The objectives of this session was to mobilise students about Women's Digital Rights including Privacy, Freedom of Expression and protection from online abuse. It also emphasized on Digital Rights for women in terms of access to the internet and control over one's identity. It gave an insight on several aspects such as Online Gender Based Violence (GBV), Non-Consensual Image Sharing (SNCIS) and on Cyber Stalking and Harassment. The session also focused on the legal frameworks of issues such as workplace rules and Cyber security. It also highlighted the importance of Information Technology Act, 2000 in India. The session also created awareness on how these measures that can be taken in order to tackle their personal identities in terms of secured browsing, data privacy. The session was very informative and promoted Digital Literacy among the students. It also motivated the students to use the internet safely and with utmost confidence.

Department of **TOURISM & TRAVEL MANAGEMENT**

The Department of Tourism & Travel Management has been actively engaging students and the broader community in various enriching activities throughout the academic year 2024-2025. From interactive workshops and conferences led by industry experts to hands-on field trips and cultural events that allow students to experience tourism firsthand, the department's efforts have helped bridge the gap between theory and real-world application. Notable activities included career-building events like cultural programs and collaborative events with tourism bodies and awareness programs offering students invaluable exposure to international best practices in tourism management.

Resource Talk Geographical Resources in Promoting Tourism and Destination

On 8th August 2024, the Jyoti Yuva Tourism Club hosted an insightful hybrid resource talk focused on the role of geographical resources in promoting tourism destinations. Dr. Shwetha Gaur, an esteemed

resource person, led the session, offering valuable perspectives on the integration of technological innovations in enhancing the sustainability of tourist destinations. The hybrid format of the talk allowed participants to engage both in person and virtually.

World Tourism Day

The department commemorated World Tourism Day on 27th September 2024, embracing the theme "Tourism and Peace: Foster Harmony Within as You Explore the World." This year, the department extended its celebration across a week, from 23rd September to 27th, featuring an exciting range of activities that reflected the spirit of the theme and promoted creativity, peace, and environmental consciousness. On 23rd September, with a vibrant flash mob & banner drop, on 24th September, the activities became even more engaging with a variety of hands-on events, including reel making, poster making, face painting, and the Peace Disturbed game. On 25th September, featured activities

focused on practical creativity. Students took part in itinerary planning. On 26th September, the creativity continued with Creative Writing and Painting, encouraging participants to express their personal reflections on tourism's role in fostering global peace.

International Panel Meet

The international panel meet was organized as part of the World Tourism Day celebration on 26th September 2024. It was a hybrid panel discussion in collaboration with the Southville Institution of Tourism, Philippines. The panel discussion focused on "Diplomacy beyond Borders: Promoting Peace through People-to-People Tourism Initiatives." The panelists were Dr. Rene Aligonero, International Linkage Director and Chairperson, Southville Institution of Tourism, Philippines; Dr. Rolly Donato, Southville Global Education Network Academy Director & Learning and Development Director; Dr. Dileep M.R., Director of K.I.T.T.S., Thiruvavnnathapuram; and Dr. Madhuri Sawant, Director of Tourism Studies, Dr. B.R. Ambedkar Marathwada University, Aurangabad, along with Prof. Y. Venkata Rad, Professor, Department of Tourism Studies, School of Management, Pondicherry University, as the moderator. Dr. Anila Thomas, Associate Professor and Head of the Department at Jyoti Nivas College Autonomous, served as the program convenor.



Meri Life – Plant a Sapling, Save Many Lives', in the Sanjeevni Jyoti Ayur Vana:

On the occasion of World Tourism Day, 27 September 2024, the Jyoti Yuva Tourism Club (JYTC) took a significant step toward environmental sustainability by organizing a special tree plantation drive at Sanjeevni Jyoti Ayur Vana. The event, held in collaboration with the Ministry of Tourism, Government of India, was a heartfelt effort to spread awareness about the role of green spaces in enhancing both tourism and

the well-being of local communities. This event was graced by representatives of the Ministry of Tourism, Government of India, Bengaluru Office—Mr. Bharat P. and Mr. Ayaz Jaffer—along with Dr. Sr. Mary Louisa S., Principal; Sr. Sajitha Jose, Administrator; Dr. Carol Stanley, IQAC Coordinator; Ms. Neeta Georphin, Controller of Examinations; Ms. Naureen Aziz, Chief Coordinator of Arts; Dr. Anila Thomas, Associate Professor and HoD; and Mr. Prakasha.N., Assistant Professor.



Clean Drive:

The department's staff and students organized a clean drive in support of the Ministry of Tourism's Swachh Bharat Mission. The Swachh Bharat Mission strives to create awareness and clean tourism destinations that attract both foreign and domestic tourists. The drive intended to maintain the campus clean as part of the Swachh Bharat Mission and World Tourism Day Celebration.



Goa Trip

The Department of Tourism at Jyoti Nivas College Autonomous organized an exciting educational trip to the sea shores of Goa from 29th November to 5th December 2024. The tour brought together a vibrant group of 91 enthusiastic students, accompanied by seven dedicated faculty members and three esteemed sisters of the institution. The trip aimed to provide an immersive travel experience that not only offered a well-deserved break from academics but also enriched the students' understanding of tourism, culture, and community engagement. The trip was not only fun-filled but also educationally

enriching. The Goa tour stood as a testament to Jyoti Nivas College's commitment to holistic learning, blending academic exposure with real-world experiences. With laughter, learning, and lifelong memories created, the journey will undoubtedly remain etched in the hearts of every participant.



Passport Drive:

In a commendable initiative to simplify international travel preparations for students and staff, the Jyoti Yuva Tourism Club successfully conducted a Passport Drive on 18th December 2024, with help of Mr. Robert Kennedy, who was present throughout the day, and actively engaging with attendees and providing crucial information about the passport application process for both students and staff. The main objective of the drive was to assist members of the college community in applying for their passports with ease and efficiency.

Department of ZOOLOGY

GUEST LECTURES/ ALMINI CONNECT



The Departments of Zoology and Genetics organized a guest lecture series, BIO-PROSPECT – Expanding Frontiers, Exploring Higher Education and Career Pathways in Bioscience, on 2nd July 2024.

The event hosted two distinguished speakers: Mr. Monish Kumar Kupendra and Ms. Rachana Tripathy, an alumna of our college who studied Zoology. Mr. Monish Kumar Kupendra delivered a captivating talk titled “Life in Wildlife.” He shared first-hand experiences from his fieldwork, emphasizing the significance of wildlife study and conservation, as well as the role of young researchers in safeguarding ecosystems. In the second session, Ms. Rachana Tripathy delivered an informative lecture titled “Shaping Future Researchers: A Blueprint for Student Success.” She provided valuable insights into opportunities for higher education and research, and career pathways, highlighting essential skills and strategies for academic and professional growth. The event successfully broadened

students' understanding of various career avenues in biosciences. Participants gained valuable insights into higher education options and industry expectations.

POSTER PRESENTATION



On 28th February 2025, the final-year Zoology students presented an intriguing and Informative poster presentation on the topic **Hidden Wonders of the Animal Kingdom**, showcasing a diverse range of fascinating and lesser-known animal species.



The students displayed well-crafted posters that highlighted the unique characteristics and behaviours of some of the most extraordinary creatures in the animal world.

The visually engaging posters included vivid illustrations and detailed explanations, offering insightful information on the survival strategies and adaptations of these animals.

The presentation not only showcased the students' knowledge but also their ability to communicate the marvels of the natural world in an accessible and engaging way.

INTERNSHIP PROGRAMS ORGANIZED:

The Departments of Zoology and Genetics organized an internship program- '*Research-based Structural Bioinformatics*', in collaboration with HalliLabs, bangalore from 27th May to 2nd July 2024. It was a comprehensive 90-hour internship designed for final-year BSc Zoology and Genetics students (20). The program aimed to provide hands-on experience in structural bioinformatics, covering key tools and techniques used in genetic research. Participants were mentored by experts such as Manohar G M, an RBPT trainer at IISER Pune, and renowned researchers Dr. Naseer Pasha (NCBS and University of Cambridge) and Dr. Srikanth L (University of Bristol). Students worked on research projects related to cancer proteins, gaining practical experience in computational biology and molecular modeling, while receiving guidance from experienced mentors in a professional research setting.

AWARENESS PROGRAM:



The Ecoclub of the Zoology Department, in collaboration with the ATTAVI Bird Foundation, organized Birdathon-an awareness event on February 28, 2025.



The events included lectures by Ms. Reena Philip, a renowned bird photographer, who shared her expertise on birding, photography, and an informative session on bird identification and conservation strategies by Mr. Harinder, The programme also featured an engaging Bird Quiz, which provided an interactive way for participants to test their knowledge of bird species, their habits, and conservation issues.

M.Sc. Organic Chemistry

The MSc Chemistry second-year students actively participated in the Intercollegiate fest *Chemoz*, demonstrating their enthusiasm and expertise in the subject at *Christ University*. In the *Chemical Knots* competition, Shiney Miracle S, Deepali M, and Dharshini G secured first place, showcasing their problem-solving and practical skills. Additionally, Dharshini G, Likitha Lakshmi, and Shiney Miracle S took part in *Alchemy: Chemistry Quiz* and won third place, highlighting their strong theoretical knowledge and analytical abilities.

In August 2024, second-year students participated in the prestigious National conference on *Nanotechnology for Sustainability: Climate, Energy, and Healthcare by Karnataka Science and Technology*. This event provided valuable insights into the latest advancements in nanotechnology and its applications in environmental conservation, renewable energy, and the medical field.

In February 2025, both first-year and second-year students attended another significant National conference on *Ecotourism: Harnessing Travel to Discover Nature, Promote Conservation, and Support Sustainable Development*, organized by the *Karnataka Science and Technology Academy (KSTA)*. Renowned speakers from various scientific disciplines shared their expertise on ecotourism, emphasizing its role in preserving biodiversity, promoting sustainable travel, and fostering environmental awareness.

Some of our students undertook a 15-day internship at *Jyothy Institute of Technology*, where they received hands-on training in biodiesel production using silk pupae. They were introduced to advanced laboratory techniques and instrumentation, gaining valuable industrial exposure. This experience enriched their understanding of sustainable energy sources and their practical applications in the field of Chemistry.

As a part of a social outreach initiative, second-year students volunteered to teach science subjects in underprivileged schools. They conducted interactive sessions, live demonstrations, and simple experiments to make learning more engaging and practical. The schools where the students extended

their support included *Windermere High School*, *St. Charles*, *St. Aloysius*, *Priyadarshi Public* and *Parimalam Matric Higher Secondary School*. This initiative aimed to spark curiosity and interest in science among young learners while fostering a sense of social responsibility among the students.

The first Chemistry Club activity was held on November 5, 2024, organized by the *Rasayana Chemistry Club*. The event started with an introduction to the club for freshers, followed by an engaging interaction and bonding sessions between first-year and second-year students. The sessions featured a variety of Chemistry-themed activities, including Sudoku, crossword puzzles and science riddles, encouraging critical thinking and team work.

The second club activity was held on March 13, 2025 which had more interactive and fun-filled challenges such as Chemistry Dumb Charades, balloon bursting, and cup relay. These activities were designed to foster collaboration, quick thinking, and a deeper understanding of Chemistry concepts in an enjoyable manner.

Chemoz AT Christ university intercollegiate chemistry fest



Nano Technology organised by KSTPS



KSTA conference



Internship



OUTREACH



CLUB ACTIVITIES



M.Sc. Mathematics

Webinar



The Department of Mathematics (M.Sc.) organized A Day with Mathematics in collaboration with Providence Women's college (Autonomous), Calicut on 31-01-2025. The resource person was Dr. N. Chandramathi, Assistant Professor, Department of Mathematics at Government Arts College, Udumalpet. She spoke about how Mathematics plays a vital role in daily life, enabling us to manage finances, measure quantities, understand statistics, and make informed decisions in various aspects of personal and professional life.

Tour:



The department organized a trip to Goa for three days and two nights from February 21st to February 23rd, 2025. Nine students were accompanied by three faculty members. The main purpose of the trip was to attend a Symposium on "Insights into Research Pathways in Mathematics" at BITS Pilani, K K Birla Goa Campus.

The first day of the conference (21-02-2025) was with an inaugural talk by Prof. C. S. Aravinda, who provided insight into how Curvature – Concept and its overtones in nature work using daily life examples. Prof. Vaibhav M delivered a wonderful session on Fractional differential equations and associated optimal control problems on metric graphs. In particular, he spoke about the analysis and discretization of time-fractional parabolic equations defined on metric graphs. This session was followed by Prof. Anupama Sharma - Modeling Epidemics: Understanding the Impact of Human Behavioral Changes. Then Prof. Kiran Bhutani spoke about Secure and Perfect Secure Domination in Graphs.

Following Day - 2: (22-02-2025) started with an insight into the Special Values of L-functions by Prof. Gunja Sachdeva. Prof. Anil Kumar's session

was informative and he provided us with a detailed explanation of "An Introduction to Optimal Control Problems". Prof. Danumjaya Palla spoke about Understanding Physics Informed Neural Networks (PINNs).

Students also visited Birla Radha Krishna Temple near BITS Pilani, Japanese Garden Beach, Bom Jesus Basilica, Baga Beach and Calangute Beach.

Workshop



The II M.Sc. Mathematics students participated in a one day workshop on Basic and Advanced Concepts in Mathematics organized by the School of Science, Maharani Cluster University on 7th October 2024 at Maharani Cluster University, Bangalore. The students learnt about various concepts under Quantum Field Theory, Category Theory, Topology, Computational Number Theory and Differential Geometry. This interactive workshop was not only informative but also ignited the spirit of research among students.

Participation in intercollegiate fests



The students of I and II M.Sc. Mathematics participated in the intercollegiate fest PG Mathematics fest, Aarohan'25 at (Christ Deemed

to be University) on 24th February 2025. The students engaged with other students from various institutions and participated in events that fostered knowledge-sharing and collaboration. Three of them secured the 3rd place in a group event, Bid-O-Matics. The fest provided a platform for them to learn about recent advancements and trends in Mathematics. Overall, the experience was enriching.

Conference



The students of II M.Sc. Mathematics attended an International Conference on Emerging Trends and Technologies in Mathematics and Computing organized by Math Metron Association, Department of Mathematics(PG and Research) of St. Joseph's College of Arts and Science for Women, Hosur in collaboration with Jyoti Nivas College Autonomous and Sacred Heart College Autonomous, Tiruppattur with ISBN Number: 978-93-342-3111-3 held on 12.03.2025 and 13.03.2025. The international conference started with insight into the mathematical modelling of communicable ailments by the keynote speaker, Dr A. George Maria Selvam. After a short tea break, the session continued with a plenary speaker, Dr Smita S. Nagouda who beautifully conveyed the modelling and analysis of contamination of groundwater flow. The session was continued by Rev .Sr. Dr. T Arul Selvamary gave us an informative session on the flow of fluid in composite layers. A few of our students also orally presented their papers and one of our students secured third place for the Best Paper Award.

The Department of Mathematics was established in 1966. It is one of the oldest science departments in the Institution. The Department offers undergraduate and postgraduate programmes. The Department instituted the M.Sc. Mathematics programme to promote higher studies and research in Mathematics.

The Department endeavours to be a centre of excellence nurturing joyful curiosity in learning, enthusiastic creativity in research, and passion for building a respectful, free, transparent, and dynamic pedagogic community. The Department enthusiastically initiates students to the power of abstraction. Students are led to enjoy and create patterns and explore relationships that underlie mathematical structures. The learning process is conducted in a manner that interests students and opens their minds to explorations in the subject.

To be eligible for an M.Sc. in Mathematics, you generally need a Bachelor's degree in a science field with Mathematics as a core subject and a minimum of 50% marks in Mathematics at degree level. Additionally, you need to have secured at least 40% marks in the aggregate of all subjects at the undergraduate level.

Relaxations

There may be relaxations for SC/ST and Category-I candidates, potentially lowering the required percentage to 45%.

Participation in intercollegiate fests

The students of I and II M.Sc. Mathematics participated in the intercollegiate fest PG Mathematics fest, Aarohan'25 at (Christ Deemed to be University) on 24th February 2025. Three of them, Mercy Sanjana, Sherry Christine and Ume Salma A Hiriya secured the 3rd place in a group event, Bid-O-Matics.



International Conference



The students of II M.Sc. Mathematics attended an International Conference on Emerging Trends and Technologies in Mathematics and Computing organized by Math Metron Association, Department of Mathematics(PG and Research) of St. Joseph's College of Arts and Science for Women, Hosur in collaboration with Jyoti Nivas College Autonomous and Sacred Heart College Autonomous, Tiruppattur with ISBN Number: 978-93-342-3111-3 held on 12.03.2025 and 13.03.2025. A few of our students also orally presented their papers and one of them, Sushmitha S secured third place for the Best Paper Award.

Jyoti Summit 2025



The students of I and II M.Sc. Mathematics presented papers at the XIII Jyoti Summit 2025, International Conference on Environmental Sustainability and Biodiversity, Innovative Approaches and the role of AI on 18th March, 2025 at Jyoti Nivas College Autonomous. Two of them, Deepika Reddy B and Teju S won the best paper award.

1. World Suicide Prevention Awareness Day, September 10, 2024

The Department of PG Psychology observed World Suicide Prevention Day on September 10th, 2024, with mental health stalls organized, offering psychological assessments and suicide prevention resources to over 60 participants per stall. M.Sc. Psychology, Integrated M.Sc., and M.Sc. Wellness Counselling students administered tools like Beck's Depression Inventory, Suicide Behaviors Questionnaire, and the Brown Stanley Suicide Prevention Plan, identifying at-risk individuals and providing necessary guidance. A psychodrama titled "Changing the Narrative on Suicide" was performed at multiple locations to raise awareness, alongside public interviews shared on social media. The event fostered mental health awareness, encouraged dialogue, and connected individuals with professional support.



2. Christmas Stalls (Mistletoe Masala) December 15, 2024

On December 15, 2024, the Mistletoe Masala food festival was successfully held at Jyoti Nivas College Autonomous, showcasing a festive spirit while raising funds for local charities. The Department of Psychology played an active role in the festival by setting up two vibrant food stalls by the first-year and second-year MSc Wellness Counselling students, showcasing their culinary creativity and entrepreneurial spirit. These stalls offered a delightful array of dishes that catered to diverse tastes, including the popular Egglicious Delight, which featured innovative egg-based recipes. This initiative contributed to the lively atmosphere of Mistletoe Masala and highlighted the students' dedication to community engagement and charitable efforts during the holiday season. By combining delicious food with creative products, they played an essential role in making the festival a memorable experience for everyone while supporting local charities.

3. Nimhans Mental Health Santhe 3.0, 15th October 2024

On 15th October 2024, PG Psychology students set up the Mental Health Santhe 3.0 stall at NIMHANS Convention Center, Bangalore, with the aim of promoting positive mental health in the workplace and stress management among employees. The stall, set up by 9 AM, featured vibrant posters, charts, smiley-face cutouts, and interactive activities such as mental health crosswords, word searches on defense mechanisms, and unscramble puzzles on coping strategies, engaging visitors from diverse backgrounds. A key highlight was the introduction of the Stanley Brown Safety Plan for suicide prevention, educating participants on recognizing early warning signs and taking proactive steps. Additionally, visitors could assess their stress levels through Cohen's Perceived Stress Scale and were psycho-educated on relaxation and grounding techniques when high-stress levels were detected. YouTube videos on breathing exercises and mindfulness techniques provided a visually engaging way to learn stress management strategies. Thoughtfully designed bookmarks with affirmations, worded stickers reflecting positive qualities, and a Pick-a-Note,

Leave-a-Note activity fostered encouragement and connection among attendees. The initiative received positive feedback from students, professionals, and organizations, some of whom expressed interest in collaborations. Despite the rainy weather, the stall attracted a significant audience, reinforcing the importance of mental health awareness. The event's success was made possible by the guidance of faculty members Anneshiya Ma'am and Neema Ma'am, along with the leadership of students like Khushi and Deeksha, who played a pivotal role in designing and organizing the stall, providing an enriching learning experience in event management and mental health advocacy.



4. Awareness Program on De-Addiction by MindCare, November 7, 2024

On November 7, 2024, the PG Department of Psychology organized an Awareness Program on De-Addiction to educate students and faculty about substance abuse and recovery. Experts from Mind Care Rehabilitation Centre, Kengeri, led the session under the theme "Stay Strong, Stay Smart: Empowering Students on the Pathways to De-Addiction." Clinical psychologist Ms. Rubiya presented on addiction's signs, impacts, and treatment options, supplemented by videos and a Q&A session. Three guest speakers shared powerful personal recovery stories, emphasizing perseverance and support from Alcoholics Anonymous. Informational flyers, visiting cards, and brochures provided additional resources. The event concluded with a vote of thanks and a token of appreciation for the speakers, raising awareness and encouraging students to seek help.



5. Three-day excursion to Kerala from December 4th to 8th, 2024

The PG Department of Psychology, Post Graduate Center of Jyoti Nivas College Autonomous, organized a three-day excursion to Kerala from December 4th to 8th, 2024, covering Munnar, Alleppey, and Cochin. A total of 23 students and three faculty members participated, making it an enriching blend of learning, exploration, and recreation. The journey began with an overnight travel experience, leading to the picturesque hills of Munnar, where students explored lush tea plantations, Echo Point, Elephant Park, and the Kannan Devan Tea Factory. The next destination, Alleppey, provided a serene backwater experience with boat rides and local cultural exposure. The final day in Cochin included visits to historical sites like Fort Kochi, St. Francis Church, and the Dutch Palace, along with shopping at Jewish Town and Lulu Mall. The trip concluded with a return journey to Bangalore, leaving students with unforgettable memories, deeper cultural appreciation, and a sense of camaraderie.



6. Breaking the Silence: Conversations on Child Sexual Abuse & POCSO Act, February 19, 2025

The Psychology Department organized an awareness session, Breaking the Silence: Conversations on Child Sexual Abuse & POCSO Act, on February 19, 2025, led by Dr. Kalpana Purushothaman, a queer-affirmative therapist and child rights activist. The session aimed to educate students on the psychological, legal, and social dimensions of child sexual abuse (CSA) and the Protection of Children from Sexual Offences (POCSO) Act. Dr. Kalpana emphasized the fear and insecurity felt by CSA survivors, the cultural taboos that prevent open discussions, and the urgent need to break the silence so children can report abuse without fear. She explained how CSA thrives on secrecy, power imbalances, and grooming tactics, often making children feel guilty or powerless. Addressing intervention, she stressed that immediate action is crucial for ongoing abuse, while past survivors require psychological care. She also shed light on child-to-child abuse, an often-overlooked issue. She provided an overview of the POCSO and Juvenile Justice (JJ) Acts, explaining legal provisions such as mandatory CSA reporting and child-friendly legal processes. Dr. Kalpana discussed the severe psychological and physical consequences of CSA, including trauma, PTSD, and chronic illnesses, underscoring the need for trauma-informed care. She also criticized societal attitudes toward consent, highlighting the lack of legal recognition for marital rape in India. The session concluded with discussions on the barriers to CSA reporting, including stigma and fear, urging students to support survivors, promote awareness, and advocate for systemic change to ensure child safety.



7. The 10th World Congress of Mental Health Pre-Conference Event at Nimhans, held on March 5, 2025

The 10th World Congress of Mental Health Pre-Conference Event, held on March 5, 2025, at NIMHANS, provided Jyoti Nivas College postgraduate psychology students with a unique platform to



explore women's mental health through creative engagement. Centered on the theme "Empowering Minds, Embracing Gender – Creative Dialogue on Women's Mental Health," the event featured interactive sessions such as a poster competition, slam poetry, and a theatre performance, each offering diverse perspectives on gender and mental health. Three of the students (names) won the prize for Poster Making. Mr Paul Raj, Coordinator, PG Department of Psychology, contributed as a panel judge, adding academic depth to the discussions. The event fostered critical thinking, creativity, and active participation, allowing students to engage meaningfully with contemporary mental health issues.



8. Informal Event, on 26th March 2025

The Postgraduate Psychology Department of Jyoti Nivas College, recently conducted an informal event on 26th March 2025 at the PG Auditorium, which included the HOD, faculty members, and students from all batches. The event aimed to strengthen the bond between teachers and students and was a collaborative effort to promote inclusivity within the department. The entire program was gracefully hosted by Medhini and Steffi. The program began with a beautiful prayer song by Amy, followed by a



vibrant Bollywood dance performed by the students of both the first and second years. Thereafter, the audience was treated to a hilarious and engaging skit dedicated to our dear teachers, featuring doppelgängers of our faculty members. The performance was a hit and left the audience in fits of laughter. Next, we had a high-energy South Indian-style dance performance that truly got everyone's

adrenaline pumping. This was followed by the much-anticipated fashion walk. The ladies in black absolutely stole the show they were, without a doubt, the stars of the evening. A special surprise awaited our teachers' first-year student Riddhika, along with her friends, dedicated a medley of heartwarming songs to the faculty. It was a truly touching moment that left everyone emotional. The event concluded with a vote of thanks delivered by Tina. Special thanks to Ms. Aishwarya for coordinating and for coming up with the wonderful idea for this event. The audience remained engaged and entertained throughout, and the feedback was overwhelmingly positive. Refreshments were provided for all. Many expressed that they thoroughly enjoyed the experience and are eagerly looking forward to more such events in the future.

MA English

During the academic year 2024-25, a number of activities were conducted by the Department of English (PG).

A Nature Writing workshop was conducted by Dr. Fathima M for MA English students on 22 Jun 2024 at Lal Bagh, Bangalore. Students took inspiration from nature and produced creative work. It enhancing their imaginative power as well as their writing skills. A workshop on subtitling in collaboration with Deluxe Entertainment was conducted on 9-10 Aug 2024. There was 44 participants in total, both from UG and PG from JNC as well as students from other colleges. Deluxe is a premier localisation company used by most OTT platforms. This is the second workshop in two years that the department has organised with them. Day one covered the aspects of subtitling and translation. Day two focused on the practice of subtitling and was held in the lab where students were given videos to subtitle using the subtitle edit software.

Three field trips were made as a part of learning through observation and experience. The students visited the following places as a part their course work. The first one was a visit to iconic Blossom bookstore, a haven for bibliophiles on 5 October 2024. Next was a visit to Rangashankara for the performance of Euripedes' Medea on 25 October 2024 to study Performance – drama, dramatization

and performative spaces as part of their European Literature course. The last one was a visit to NGMA on 28 Feb 2025 as part of Cultural Studies in Practice – to understand politics of Art in India.



The department also offered a course on Writing Skills for I sem MA students, from 24 Aug to 24 Sept 2025 focused on aspects of Academic writing. This course ensures the smooth transition of students from UG to PG English programme.

The annual student journal of the MA students, edited by a team of 2nd year MA students, was released in September 2024. This journal, which has been an annual publication since 2006, contains articles and features by MA students and supports their fledgling steps into research.



Selerina Oinam (1st MA) cleared the NET exam in Feb 2025. Fifteen MA English students of 2024 batch successfully completed their internships in schools and companies. Six students from 2nd MA presented papers in Jyoti Summit, March 2025, on topics pertaining to the broad topic of ecofeminism in literature.

The department was recognized as a centre for doctoral research by BCU in 2021 and two faculty members – Dr Preetha Vasan and Dr Roopa Philip were recognised as guides. In Jan 2025, 4 research scholars were allotted to the centre, two for each guide.

A number of LitsApp activities were organised to engage students in literary activities. On an average, one activity has been conducted every month. The 'Mixed Bag' event was conducted in May 2024, 'Culinary Narratives' in June 2024, 'Unclosed Couplets...Vers Libre' in July 2024. The film 'Laapata Ladies' was screened in July 2024, followed by a discussion on it led by Dr. Roopa Philip. 'Lumos Maxima', 'Curtain Raiser', 'Diwaloeen', and 'Love for Literature' in July, August, September, November 2024 and February 2025 respectively.

'Project Femcare' was organised in March 2025 keeping International Women's Day in mind. It was, overall, a fruitful and productive year filled with enriching activities.

MBA & M.Com (FA)

Summer Internship Programme (SIP) and Viva Voce examination

According to the curriculum framework of MBA and M.Com in Jyoti Nivas College, the Summer Internship Program for the students is conducted every year. During Summer Internship Programme students were given an opportunity to select a company of their choice to do an internship for a period of 45 days under their respective guides allotted. The project guidelines were provided and the students

had to finish their study in the stipulated time under their guide's mentorship. This gave students an opportunity to work closely with professionals, build professional networks, and also to have a research experience.

The viva voce examination gave the students an opportunity to present their research projects thus enabling a learning platform for students as they were given feedback about their performance.

E – Journal

Sageeza is an E-Journal that contains articles contributed by the students of MBA. And Seon is an E journal contributed by M.com. The purpose of this E-Journal is to encourage research among students and to acquaint the students with the day-to-day changes in business management, marketing, Human resources and finance. This helps the students to assimilate various topics and instill in them the ability to discover the undiscovered. The department released 10 issues during the academic year 2024-25





Club activities

Several club activities were organized throughout the academic year to foster creativity, entrepreneurship, leadership, and teamwork among students. These activities were designed to provide students with practical experience, enhance their skill sets, and offer valuable insights into various professional domains. Five significant club activities—"Novus", "Visionary Vanguard", "Vidyavistara", "Finigma" and "Sampark"—were successfully conducted, each with a unique focus and engaging format. These events brought together students from different courses, allowing them to collaborate, innovate, and hone critical skills that will aid in their future careers.



National level intercollegiate commerce and management Fest

On the 11th of July, 2024, "Spark-Lumiere" proudly hosted the national intercollegiate fest titled "Atharva", which translates to the "Knowledge of God." This prestigious event was a collaborative effort between two departments at Jyoti Nivas College—the Department of MBA, which spearheaded the "Spark" segment, and the Department of M.Com, which led the "Lumiere" segment. The fest was an incredible platform for students to take charge of organizing and managing various aspects of the event, providing them with practical, hands-on experience that extended beyond their academic curriculum.

The event attracted participation from over 200 students across 20+ colleges. This diverse gathering of talent and enthusiasm set the stage for a vibrant series of activities and events. "Atharva" successfully met its objectives of fostering creativity, enhancing skill sets, and offering valuable professional experiences, making it an essential highlight in the academic year.



Exhibition on cultural diversity- exposphere

Exposphere 2024, organized by the Department of Commerce and Management at Jyoti Nivas College Autonomous PG Centre, took place on December 17, 2024. This vibrant and dynamic event celebrated the diverse cultures and distinctive features of countries worldwide. The event brought together students, faculty, and esteemed guests to explore and showcase global cultures, fostering international awareness and appreciation. The primary objective of Exposphere 2024 was to celebrate cultural diversity, providing students with a platform to explore the rich traditions, histories, and contemporary aspects of various countries. The theme of the event emphasized global connectivity, cross-cultural learning, and international collaboration. It allowed participants to engage with cultures from across the world, enhancing their global outlook and understanding of diverse societal



norms. Eleven teams of enthusiastic students participated in the event, each taking on the role of cultural ambassadors for a different country. These teams curated creative exhibits, performances, and presentations.

Workshops, Seminars and Guest lectures

Workshop on Yoga of Self-Defence: Arming Your Inner & Outer Self: A lecture-cum-hands-on session titled "*The Yoga of Self-Defence: Arming Your Inner & Outer Self*" was conducted by Mr. Vinay Menon R, a seasoned martial arts professional and entrepreneur, on July 16th, 2024. Mr. Vinay, renowned for his expertise and innovative approach, delivered an engaging and insightful session that combined the principles of martial arts with the calming practices of yoga. The session left students feeling energized and enriched, providing them with valuable takeaways.



Guest lecture on Career Success :On September 12th, 2024, Mr. Ranju Thomas, an experienced HR professional from Biocon Biologics, delivered an insightful and engaging guest lecture on "*Career Success*" to the 2nd-year MBA students. He highlighted three key pillars essential for long-term success: Personal Wealth Management, Networking, and Personal Well-being.

Seminar on International Taxation: On December 5th, 2024, the Department of M.Com organized a seminar on *International Taxation*, led by the esteemed expert Rabindranath Kaushik. The event, provided an invaluable platform for participants to delve into the complexities of global tax landscapes. The seminar offered a comprehensive overview of international tax laws, treaties, and regulations, highlighting their impact on cross-border transactions and businesses. Mr. Kaushik's insightful discussions shed light on the evolving international tax environment, including recent developments and future trends.

Workshop on Yoga Session: The department hosted a one-hour yoga session on 30th November 2024,

aimed at promoting both physical and mental well-being among students. Esteemed guests Ms. Jyothi A.C, Ms. Khushi M.D, and Mr. Dinesh H.C graced the event, which was attended by around 25 students. The session was comprehensive, covering warm-up exercises, a variety of asanas (postures), pranayama (breathing techniques), and meditation practices. These practices were designed to enhance flexibility, improve focus, reduce stress, and promote overall wellness. The event allowed students to immerse themselves in yoga, fostering a balanced connection between body and mind.

Workshop on Resume Building : On 28th February 2025, the department conducted a highly engaging resume-building workshop led by experienced career coach Rakesh Radhakrishnan. The workshop provided practical, actionable insights into crafting impactful resumes, ensuring students are well-prepared for the competitive job market. Students actively participated in interactive exercises such as resume critiques and mock job applications

Seminar on Intellectual Property Rights (IPR) : A one-day seminar on Intellectual Property Rights (IPR) was organized on 7th March 2025 in collaboration with Krishna & Saurastri Associates LLP Law Office. The seminar, led by Dr. Hemanth B and Manoj Kumar D, provided an in-depth exploration of various forms of IPR, including patents, trademarks, copyrights, designs, and trade secrets. It highlighted the relevance of IPR in both creative and technological fields, ensuring students were better prepared for potential future ventures involving innovation and intellectual property protection.

Guest lecture on "The intelligent Enterprise : Navigating the AI Frontier with Strategic vision": Dr. Anand Mahalingam, Vice President, Data Science Go digit General Insurance Ltd as on 21st March 2025, provided key highlights on the rise of Artificial Intelligence (AI) as a transformative force across industries and emphasised on adopting an intelligent approach becomes not just a competitive advantage but a necessity for survival.

Expert Lectures by Professors from the University of Exeter United Kingdom: On 15 April 2025, expert talk on "The law on armed conflict: What is it and who does it matter? " by Dr. Aurel Sari provided insights on the relevance of international humanitarian law in modern conflicts and "Introduction to Behavioural Economics: Why don't we always choose a salad?"

by Dr, Arpita Ghosh , provided students an overall introduction to behavioural economics, highlighting how psychology shapes our choices.

Trip to RD Natures resort



On 6th August 2024, a group of 11 students and 2 faculty members embarked on a visit to RD Nature's Retreat, located on Bannerghata Road. The objective of the trip was to explore the recreational activities and natural beauty the resort has to offer. The journey to the resort was brief but enjoyable. The scenic drive on Bannerghata Road enhanced the anticipation of the day ahead, with picturesque landscapes offering a preview of the resort's natural beauty. The smooth journey contributed to a positive start to the trip. Upon arrival at the resort, the group was welcomed by the serene environment and well-maintained facilities. The natural surroundings were immediately striking, with lush greenery and a calming atmosphere. The resort offered a variety of activities, ensuring there was something for everyone in the group to enjoy.

Industrial Visit to TVS



On 23rd November 2024, the second-year M.Com students went on an industrial visit to Titan Industries, Hosur. They explored their manufacturing units, visited their outlets, and admired their collections of watches and spectacles. Some students even bought watches for their loved ones, and it was pleasant to see their happiness. A highlight of the visit was

the insightful session conducted by the Admin, Mr. Francis Xavier. The session was highly informative and provided us with a deeper understanding of industrial operations.

Board of studies

Department of MBA and M.Com conducted the board of studies meeting to revamp the syllabi of all the 4 semesters. The board comprised of four external and 8 internal members. The internal board comprised of the faculty from the department headed by Dr Percy Bose, Head of the Team. The external board was a well-balanced combination of faculty from domestic, international universities and corporate executives. The session turned out to be fruitful with valid suggestions, to revamp and upgrade the syllabi for bridging the gap between academia and the corporate. The discussion was an eye-opener for the internal faculty to read corporate and international academic trends.

Social outreach

The Department of MBA and M.Com at Jyoti Nivas Autonomous Post Graduate Centre provided the students an opportunity to engage in a 30-hour community service at any NGO or organization of their choice. Community service has thus helped students develop a sense of social responsibility and has also brought in a sense of compassion and empathy. Engaging in volunteering work help in giving back to the community and strengthens our ties with the community.



Computer Science



The Department of Computer Science(PG) was recognized by Bangalore City University as Research Center which serves as a base for developing advanced research and practical applications. The center operates under the mission to expand knowledge boundaries through its three research guides and four immersed research scholars. The department has been actively bridging the gap between academic learning and industry expectations. Numerous workshops and guest lectures have been organized throughout the year, featuring seasoned professionals from leading tech industries. These sessions provided students with invaluable exposure to the latest trends, technologies, and career insights, enriching their academic journey beyond traditional classroom boundaries.

National-level QIP on AI to GenAI: Components, Capabilities & Impact, dated 24-06-2024 was organized by the Department of Computer Science (PG) in collaboration with Don Bosco College, Yelagiri Hills, and Providence College, Coonoor. The session, led by Ms. Anuradha Adiga, Senior Principal Consultant at Infosys, provided around 240 participants including faculty and postgraduate students with in-depth insights into AI concepts, applications, capabilities, and limitations. Another National-level QIP on AI – Unleashed Potential was organized in collaboration with EdgeVerve (an Infosys company), organized a Quality Improvement Program focused on Artificial Intelligence (AI) and DevOps on 21/2/2025 with 126 participants. The program featured expert speakers Mr. Amit Sahu

and Mr. J. Paul Dinesh, both Senior Computer Scientists at EdgeVerve. The sessions provided a comprehensive understanding of AI fundamentals, machine learning, deep learning, and generative AI, along with hands-on insights into large language models (LLMs), retrieval-augmented generation (RAG), and AI in DevOps.

The Department organized an inspiring and informative talk titled "So You Think You Can Land Your Dream Job." The session was conducted by Ms. Steffi Sharon David Jebakumar, Custom Software Engineering Specialist at Accenture, who shared valuable insights on career growth and job preparedness. The guest lecture on SPSS (Statistical Package for the Social Sciences) conducted by Prof. Vincent Paul enhanced participants' understanding and proficiency in using SPSS for data analysis and interpretation. The GitHub Essentials Workshop was conducted by Mr. Brajesh Anokha, IT Analyst/ Developer Lead at Sherwin-Williams. The session introduced participants to the core concepts of Git and GitHub, covering version control, repository management, branching strategies, and collaboration techniques.

ENTHIOS 2024, a spectacular technical fest, was organized by the Department of Computer Science (PG) & Centre for Research at Jyoti Nivas College Autonomous, Bengaluru. The event brought together bright young minds from UG and PG Computer Science backgrounds, fostering innovation, creativity, and a competitive spirit. With the theme "Lumos Maxima," symbolizing the pursuit of knowledge and the power of innovation, the fest featured a range of exciting events, including coding challenges, UI/UX design competitions, tech talent showcases, treasure hunts, and gaming battles. Participants demonstrated their technical expertise, problem-solving skills, and creativity in a highly engaging and competitive environment.

DHII is an in-house research journal by the department that serves as an official platform to document and showcase scholarly work produced by students and faculty. It enhances the research culture within the department and offers students exposure to academic publishing standards. We also have an e-journal "Tech On Tap" which had 6

issues for this academic year. It offers a quick and accessible platform to publish student work and fosters departmental engagement and academic identity.

The IT Club of the Department organized multiple events to enhance technical knowledge, creativity, and peer interaction. These events provided a platform for students to showcase talents, engage in discussions, and build connections. Tech-IT-Out (22nd July 2024) - An interactive event combining technology and fun through an online tech quiz and a Balloon Blast Task Challenge, promoting quick thinking and engagement. Seniors Juniors Meet (27th November 2024) - A networking event with games and mentorship sessions, helping juniors connect with seniors and gain academic and career insights. Innovative Project Presentation (14th December 2024) - Students presented research-based projects, receiving faculty feedback to refine their ideas and problem-solving approaches. Fresh Wave – Nurturing First-Year Talents (24th January 2025) A cultural and artistic showcase featuring dance, music, rap, and art, allowing first-year students to explore and display their creative talents.

To further strengthen industry-academic collaboration, the department encourages students to undertake mini-projects aligned with real-world challenges. Innovative Application Development through Corporate Partnerships often mentored by industry experts enables students to apply theoretical concepts to practical problems, enhancing their problem-solving skills and innovation mindset. This academic year, students had the unique opportunity to collaborate with external companies, working on innovative solutions that address practical challenges.

The Mandatory MOOC Course for Semester II aimed to encourage students to explore emerging technologies beyond the academic curriculum, enhancing their technical competencies and industry readiness. Recommended MOOC platforms included SWAYAM/NPTEL, Coursera, and AWS Academy. Between June 2024 and February 2025, 11 students successfully completed courses in Programming in Python and Cloud Computing offered by SWAYAM/NPTEL.

As part of their academic curriculum, IV semester students undertake a full-time Internship Project for duration of at least four months in an industry or R&D

organization. This internship provides students with valuable exposure to the real-world IT environment, enabling them to apply their theoretical knowledge to practical scenarios. III semester students engage in a research-driven project that focuses on recent advancements in the field of computer science. This initiative involves conducting an extensive literature survey, critically analyzing existing research, and implementing innovative solutions based on their findings. The project culminates in the creation of a research article, with students encouraged to present or publish their work in esteemed conferences or reputable journals.

STUDENT ACHIEVEMENT



Collaborative Industry Project- Five students from III Semester actively participated in a collaborative project with industry partners, YT Matrimony and Clahan Technologies, gaining hands-on experience in real-world problem-solving. This initiative allowed them to apply their technical skills in a professional setting, enhancing both their expertise and industry readiness.

Student Research Publications and Presentations - Ashmika Shandilya published a paper on "Brain tumor detection using CNN based on a Standard Deep Learning Model", International Journal of Advanced Research in Computer and Communication Engineering, August 2024. Divyashree J. published a paper on "Photorealistic Face Rotation from Single-View Images Using Unsupervised Learning," presented at the National Student Seminar 2025, St. Francis De Sales College Autonomous, Bengaluru, February 2025. Reshmi E. published a paper on "A Two-Stage GAN for High-Resolution Photo-Realistic Image Synthesis from Text," presented at the National Student Seminar 2025, St. Francis De Sales College Autonomous, Bengaluru, February



2025. 10 students, along with their faculty mentors, presented research papers at the recently organized Jyoti Summit 2025: Environmental Sustainability & Biodiversity – Innovative Approaches and the Role of AI in March 2025.

FACULTY ACHIEVEMENT

Dr Irene Getzi, Dr Shilpa Abhang, Dr Rajesh Dharmaraj were recognized as research guides for PhD programme in computer science - Bengaluru City University. Dr. J. Rajesh Dharmaraj was a reviewer at the IEEE International Conference on Current Trends in Advanced Computing 2024 (ICCTAC - 2024), organized by Kristu Jayanti College (Autonomous), Bengaluru, India in association with the IEEE Bangalore section on 8th and 9th May 2024. Dr Irene Getzi was the reviewer at International Conference on Sustainable Innovations in Statistics and Data Science, (SISD 2025) organized by Christ University in association with University of Kerala on 27-28 March 2025.

Dr Irene Getzi is Member of the Board of Studies (BoS) for Computer Science programmes at St. Joseph University and member of the Board of Examiners (BoE) for Computer Science programmes at Mount Carmel College. Dr Shilpa Abhang is the

BOE member of DE Sales SFS College, Electronic City.

Dr Irene Getzi published a paper title “An Efficient Scheme for Secure Similarity-Based Medical Image Retrieval using Searchable Symmetric Encryption, International Journal of Computer Applications (0975-8887), Volume 186, Number 22, pp.19-24, May 2024. She had also published a paper on “Brain tumor detection using CNN based on a Standard Deep Learning Model”, International Journal of Advanced Research in Computer and Communication Engineering, August 2024. Dr Shilpa Abhang published a paper titled “AI-Enhanced Routing Protocols for Efficient Data Transmission in Wireless Networks” was published in the ICTACT Journal on Communication Technology (UGC CARE), Volume 15, Issue 03, September 2024. Dr Vinodhini H published a paper “Multicollinearity Least Square Recursive Optimized Deep Belief Network based Financial News Sentiment Classification for Stock Price Prediction” ICECA November 2024. Ms. Maria John published and presented a paper on “Spectral – Vegetative Indices fusion for Crop Yield Analysis,” ICCNT November 2024, pp. 1-7, Electronic ISSN: 2473-7674.

About the Department

The Department of Biological Sciences, established in the academic year 2022–2023, offers a two-year M.Sc. Programme in Biological Sciences. The department is an initiative combining the disciplines of Botany, Biotechnology, Biochemistry, Zoology, and Genetics. The programme emphasizes research-driven problem-solving, innovation, and entrepreneurship. It fosters a multidisciplinary approach to life sciences, promotes ethical professionalism, and encourages sustainable solutions to environmental and societal challenges.

Activities

1. Internship on Molecular Docking Computer-aided drug design (CADD) internship (August 6 -20th , 2024) at Indian Academy Central Life Sciences Research Laboratory, Bangalore



A 15-day internship in Computer-Aided Drug Design (CADD) involved protein structure prediction, validation, and analysis of potential anti-cancer inhibitors, including standard drugs and bioactive compounds from medicinal plants. ADMET properties were assessed using Swiss ADME for drug-likeness, and bioinformatics tools were employed for sequence alignment and identifying breast and colon cancer-related proteins. This internship provided practical experience in CADD, bioinformatics, and drug development. Additionally, a genetic engineering internship at Plasmid Training focused on plasmid design, CRISPR-Cas9 gene editing, and gene expression analysis. A minor project involved cloning the GFP gene into a pET28a(+) vector, with successful fluorescence expression, while a major project on microsatellite markers used

PCR amplification and capillary electrophoresis for DNA polymorphism analysis, enhancing skills in molecular biology and genetic analysis.

2. Hands on training and Workshop - Animal Cell Culture Techniques in collaboration with Protein Design Pvt. Ltd., an esteemed organization incubated by the Indian Institute of Science (IISc), Bengaluru

In November 2024, a one-week workshop on Animal Cell Culture Techniques was organized by Jyoti Nivas College Autonomous PG Centre in collaboration with Protein Design Pvt. Ltd. The workshop provided M.Sc. Biological Sciences students with hands-on training in essential cell culture techniques. Key topics included subculturing HCT116 cells, trypsinization for detaching cells, haemocytometer cell counting, and conducting the MTT assay to assess cell viability. Participants also learned cryopreservation techniques for long-term cell storage. The workshop emphasized practical skills, ensuring students gained confidence in applying these techniques in research, and included discussions on advanced topics like genetic modification through transfection.



3. Guest lecture on Probability, Correlation, and Regression -Resource person Dr. Latha V.

On October 14, 2024, Dr. Latha V., Associate Professor and Head of the Department of Statistics, Jyoti Nivas College, delivered a lecture on Probability, Correlation, and Regression, supported by Dr. Priyadarshini Pillai and Dr. Soumya. The session, held from 10:00 AM to 12:00 PM, introduced students to basic statistical concepts like probability rules, types of correlation, and simple linear regression. Dr. Latha also explained how these tools are useful in fields such as economics, biology, and social sciences. The session ended with a vote of thanks and appreciation for her clear and engaging talk.



4. Workshop on Proton Nuclear Magnetic Resonance and Infrared Spectroscopy- Resource person - Mr. Mikhail Rajaram

The Department of Biological Sciences organized a hands-on workshop on Proton NMR (^1H NMR) and IR Spectroscopy on November 14, 2024, to provide students with practical experience in molecular analysis. Held in the Botany lab, the session was conducted by Mr. Mikhail Rajaram, Assistant Professor, Department of Chemistry, Jyoti Nivas College Autonomous, who introduced the principles and applications of these techniques. Students participated in demonstrations, sample preparation, spectrum analysis, and an interactive Q&A session, enhancing their skills for future research in biological sciences.



5. National Workshop on Intellectual Property Rights and Design thinking in collaborations with Rajiv Gandhi National Institute of Intellectual Property Rights Nagpur (January 21st, 2025)

The Department of M.Sc Biological Sciences at Jyoti Nivas College Autonomous, Bengaluru, in collaboration with the Institution's Innovation Council, organized a National Workshop on "Intellectual Property Rights (IPR) & Patents and Design Filing" under the Government of India's NIPAM initiative. Coordinated by Dr. Priyadarshini Pillai and Dr. Reema Orison Lobo, the workshop featured Mr. Shrikumar Raju from RGNIPM, who addressed 597 participants on the importance, types, and filing processes of IPR, its role in innovation, and related career opportunities.



6. Industrial Visit to Indian Institute of Science, Bangalore (April 15th, 2025)

On April 15, 2025, M.Sc. Biological Sciences (IV Semester) students from Jyoti Nivas College visited the Department of Biological Sciences at IISc, Bangalore, accompanied by faculty members Dr. Priyadarshini Pillai, Dr. Mohana B, and Dr. Sushil Kumar Middha. The students explored key research centers including Biochemistry, Neuroscience, and the Department of Developmental Biology and Genetics, where they learned about mitochondrial DNA biomarkers and advanced laboratory techniques. The visit provided valuable exposure to real-world research environments and inspired students to pursue scientific careers.



Major Events & Celebrations

Orientation Day

On July 1, 2024, Jyoti Nivas College Autonomous warmly welcomed the incoming undergraduate batch of 2024–25 with an inspiring orientation programme held in the Jyoti Auditorium. The event was designed to acquaint students and their parents with the college's values, systems, and the wide array of opportunities available for personal and academic growth.



The programme was presided over by the Principal, Dr. Sr. Mary Louisa Sebastian, and attended by Dr. Ramakrishna Reddy K, Joint Director of the Department of Collegiate Education, as the chief guest. The event began with the ceremonial lighting of the lamp, accompanied by a soulful performance by the college choir, setting a thoughtful and uplifting tone for the day. Readings from sacred texts *Bhagavad Gita*, *Holy Quran*, and *Holy Bible* were shared by Mrs. Paramita Sen, Ms. Naureen Aziz, and Mrs. Sheryn John, respectively. Ms. Ruby Peter led the gathering in an opening prayer and Mrs. Radhika Kamath welcomed the gathering with warmth and enthusiasm. In the Principal's address, Dr. Sr. Mary Louisa Sebastian emphasized the college's role in facilitating the "beautiful transformation and growth"

of students during their academic journey. A video was presented to highlight the college's facilities and infrastructure. The chief guest, Dr. Ramakrishna Reddy, encouraged students to take initiative in self-learning, utilize the college's resources effectively, and embrace the various phases of academic and personal development.

Performances by the college's dance teams, Advaiya and Nartana, added vibrancy to the event, blending cultural expression with a spirit of learning. Dr. Latha V, Controller of Examinations, provided key details about the SEP 2024 Credit-Based Semester Scheme, while Ms. Suparna Sengupta briefed students on the Code of Conduct. The college's Indian music team, Team Tarang, delivered a captivating musical performance, and Mr. Mikhail Rajaram introduced students to the various clubs and associations on campus, inviting them to explore and get involved in co-curricular activities. The programme concluded with a vote of thanks by Ms. Sathya Pramode, rounding off a meaningful and well-orchestrated introduction to life at Jyoti Nivas College. These initial moments marked the beginning of an enriching academic chapter, ensuring students felt supported, inspired, and ready to scale new heights.



Independence Day

Jyoti Nivas College Autonomous commemorated India's 78th Independence Day on August 14th 2024, with a vibrant celebration emphasizing the nation's unity in diversity. The event was graced by Air Vice Marshal KN Santosh VSM, Commandant SDI Air Force; Flight Lieutenant Rahul, Staff Officer; Ms. Brinda Adige, Founder Director of Global Concerns India; and Mrs. Rita Santosh, President of the Armed

Forces Wives Welfare Association (AFWWA), who were welcomed by the Principal, Dr. Sr. Mary Louisa.

The ceremony commenced with the symbolic lighting of the lamp, followed by interfaith prayers from the *Bhagavad Gita*, the *Holy Bible*, and the *Holy Quran*, fostering an atmosphere of peace and solidarity. Following that a performance honoring India's

founders paid tribute to their sacrifices, after which Dr. Sr. Mary Louisa delivered an inspiring address on the significance of Independence Day and India's unique path of non-violence. A special felicitation recognized the dedicated service of the Sisters of St. Joseph of Tarbes. The college choir presented a melody celebrating India's diverse cultures, showcasing states like Amritsar, Jaipur, Goa, and Kerala, while the MBA department, of Jyoti Nivas PG presented "Azadi ki Senani," a dance tribute to freedom fighters.



Air Vice Marshal KN Santosh VSM spoke on "Viskit Bharat," "Vision 2047," and "Make in India," urging the youth to contribute to national growth and highlighting the achievements of Indian women. After which, the cultural program continued with performances by Team Tarang and the NCC's "Mera Naya Bharat," reflecting the dynamic spirit of a new India.

Ms. Brinda Adige delivered a thought-provoking speech on nationalism, patriotism, and feminism, emphasizing women's vital role in nation-building and acknowledging the contributions of marginalized laborers. The celebrations continued with vibrant

dance performances by Team Narthana and Advaiya, a dramatic piece "Unshackled" by Team Dramatica, and a majestic display of dance and music, "Rhythms of Freedom," by Team X'Tremes. Traditional Indian dance forms such as Yakshagana, Raslila, Bihu, Mohiniyattam, Bhangra, and Dandiya enriched the cultural segment. Team Elipses concluded the performances with a fashion walk showcasing a blend of traditional and contemporary Indian attire.



The celebration concluded with a vote of thanks and a heartfelt rendition of the National Anthem, symbolizing the unity and patriotism of Jyoti Nivas College. The event served as a fitting tribute to India's independence and its enduring spirit of unity in diversity, honoring the legacy of freedom fighters and the on-going journey towards national progress.

Scintillation



As the academic year unfolded, Jyoti Nivas College Autonomous erupted with creative energy and vibrant spirit, culminating in Scintillation 2024 Madchella,

a two-day intercollegiate fest held on September 20th and 21st, 2024. This annual extravaganza showcased a magnificent fusion of talent, passion, and competitive spirit, truly embodying the essence of youthful exuberance.

The festivities began with an inspiring inauguration ceremony on September 20th. The day commenced with the traditional lighting of candles by Chief Guests Miss Raadya, Mr. Ninaad Harithsa, and Miss Lekh Uthaiyah, alongside Principal Dr. Sr. Mary Louisa and other esteemed dignitaries, accompanied by the melodious strains of the college choir.

An atmosphere of peace and unity was fostered through interfaith readings from the Bhagavad Gita, the Bible, and the Quran. Student Union President Safura Kulsum extended a warm welcome, followed by insightful and encouraging speeches from the Chief Guests and Principal Dr. Sr. Mary Louisa, who emphasized the importance of pursuing passions and academic excellence. The stage then came alive with an exhilarating dance performance by Team Advaiya and Narthana. This dynamic start set the tone for the unveiling of the Scintillation trophy by the Chief Guests and Principal, officially declaring the fest open. The ceremony concluded with a heartfelt vote of thanks from Student Council Treasurer Syeda Suha and the resounding chorus of the college anthem, infusing everyone with excitement for the days ahead.



The first day of Scintillation 2024 was a whirlwind of diverse events, each showcasing the multifaceted talents of the students. The Main Stage buzzed with the energy of Mad Ads and the captivating movements of Indian Group Dance. The Jyoti Auditorium resonated with soulful Indian Solo Dance, compelling Short Plays, and graceful Duet Dance. Meanwhile, the B.Voc Studio transformed for impactful Street Play and raw emotion of Mono Acting. The Degree Quadrangle was alive with the impromptu performances of JAM and the lyrical prowess of a Rap Battle, also serving as the venue for the dynamic Personality event. The intellectual battle of Council Wars unfolded in the St. Joseph Auditorium, while LH 4 hosted the competitive Hogathon. Adding a modern touch, Reel Making allowed students to express their creativity digitally. As evening descended, the Fashion Walk transformed the Main Stage into a dazzling runway, followed by the enchanting Lantern Night on the football field. The sky was illuminated with a myriad of colorful lanterns, creating a mesmerizing spectacle, leaving everyone in high spirits.



Day two kept the excitement soaring with an equally thrilling lineup of events. The Main Stage roared with the high-energy Western Group Dance and the much-anticipated Battle of the Bands. The Jyoti Auditorium echoed with the harmonies of Western Group Singing, Indian Group Singing, and the intense Air Crash event. The Basketball Ground became the arena for witty Stand-Up Comedy, rhythmic Beat Boxing, and dynamic Street Dance. The Degree Quadrangle featured the melodious Indian Solo Singing and Western Solo Singing. Intellectual prowess was tested in the Quiz, and creative minds converged for Creative Writing.

The two-day national-level intercollegiate fest culminated with the Valedictory Ceremony on the Main Stage. A substantial gathering convened in anticipation as Principal Dr. Sr. Mary Louisa addressed the assembly, commending all participants for the fest's resounding success and extending sincere gratitude to the council members and faculty for their tireless efforts. The eagerly awaited announcement of the overall winners saw Jain University, Jayanagar, proudly claim the championship trophy and cash prize, eliciting widespread celebration and fostering a spirit of healthy competition for future endeavors. The valedictory concluded on a positive note, setting the stage for the highly anticipated DJ Night. The college ground pulsed with the energy of over a hundred students eager to immerse themselves in the musical experience. The DJ set commenced with DJ Adithya energizing the crowd. The atmosphere intensified as Dr. Prakhar took the stage, delivering a dynamic performance, and the much-anticipated DJ Pro Bros captivated the audience with their electrifying set. The DJ event proved to be a resounding success, providing an unforgettable experience characterized by high-energy music, an enthusiastic crowd, and a vibrant atmosphere that resonated long after the night concluded.

Teachers' Day

Teachers' Day was celebrated at Jyoti Nivas College Autonomous on September 5th, 2024, with great enthusiasm by the Student Union, who organized a special event to honor our dedicated educators. This year's celebration featured the theme 'Dress Like A Celebrity', adding a fun and glamorous twist to the traditional occasion.



The day began with a warm welcome as faculty members arrived at the Admin Block, where they were presented with tokens of gratitude and had the opportunity to take Polaroid pictures behind a beautifully decorated frame organized by the Student Council. Students and teachers alike embraced the celebrity theme, arriving in creative and stylish outfits inspired by their favorite stars, creating a joyful atmosphere filled with laughter and excitement.

The celebrations continued in the Jyoti Auditorium with vibrant performances by various clubs and associations, alongside the Student Council, showcasing the college's rich culture and deep appreciation for its teachers. The cultural entertainment brought together the entire college community in a spirit of celebration and gratitude.



The event concluded on a sincere and touching note, acknowledging the profound impact that teachers have in shaping the lives and futures of their students. It was a memorable celebration that highlighted the strong bond between students and faculty, honoring our wonderful educators with heartfelt appreciation.

Kannada Rajyotsava

The grand cultural festival, Naada Habba - 2024, celebrated Kannada Rajyotsava on December 4, 2024, at Jyoti Nivas College. The event commenced with an invocation to the richness of Kannada.



The event was graced by Dr. Geeta Ramanujam, a renowned educationist and cultural scholar, along with Sri Kambada Rangayya, a noted Kannada folk singer, who was a special invitee. Both guests highlighted the antiquity and depth of the Kannada language and culture, emphasizing the crucial need to preserve local traditions in an increasingly

globalized world. The Principal, Dr. Sr. Mary Louisa S., accompanied the esteemed guests.

Students showcased the vibrant spirit of Kannada through various cultural performances, including melodious songs, captivating dances, and engaging dramas. The enthusiastic participation of the college management and faculty members from the Kannada Department all contributed to its resounding success.



Christmas Day

AICUF and Pastoral Committee Unit of JNC Host Annual Christmas Celebration: **BON NOEL**

Christmas is the season of joy, holiday greetings exchanged, gift-giving, and families getting united. The Christmas celebrations took place on the college campus on 20th December 2025.



As part of the Christmas celebrations, a special program was conducted in the college auditorium. Our Principal Rev. Dr. Sr. Mary Louisa Sebastian graced the occasion and welcomed the gathering. The celebration included a rhythmic performance from the college choir and a surprise appearance by Santa Claus. The staff and students were completely spellbound with the Christmas gratification. Throughout the celebration, the students performed dances, songs, and other art performances.

The celebration also included our special guests and performers from various schools and homes



for individuals with special abilities. A fellowship lunch for specially-abled and underprivileged groups was arranged by the college during the Epiphany celebrations for Jyoti Seva Institute for the Blind, Gerizim Centre, Little Sisters of the Poor, and St. Joseph's School of Summanahalli. Finally, cake was distributed to all and the Christmas function was celebrated with great happiness and concluded grandly.



Science Day

“The important thing is not to stop questioning. Curiosity has its own reason for existing.” – Albert Einstein

On February 27, 2025, Jyoti Nivas College Autonomous, Bengaluru, celebrated National Science Day, honoring Dr. C.V. Raman's Nobel Prize-winning discovery of the Raman Effect. Hosted by the Science Departments at Jyoti Auditorium, the event embraced the theme *“Empowering Indian Youth for Global Leadership in Science and Innovation for Viksit Bharat”*, uniting educators, students, and

academicians in a vibrant celebration of scientific curiosity and innovation.

The event commenced with Dr. Reema Lobo, Assistant Professor, Department of Genetics, as emcee, warmly welcoming dignitaries including Principal Dr. Sr. Mary Louisa S., Manager Sr. Nalini Cruz, Administrator Sr. Sajitha Jose, IQAC Coordinator Dr. Carol Stanley Semler, and coordinators Ms. Naureen Aziz, Mrs. Grace Samuel, and Mr. Shanmugam. Deans Dr. Preeti Mangala, Dr. Navis Vigilia, Dr. Mary Arpana, and Programme Coordinators Mrs. Anitha



Murthy, Mrs. Sheryn John, Dr. Divya Joseph pereira and Dr. Vinay Raghvendra were present, alongside Chief Guest Dr. K.N. Ganeshaiah, Emeritus Professor, University of Agricultural Sciences, Bengaluru, and Guest of Honour Dr. U.T. Vijay, Executive Secretary, Karnataka State Council for Science and Technology, IISc Bengaluru.



The inauguration featured the ceremonial lighting of the lamp, symbolizing knowledge, followed by a soulful college choir performance. Mrs. Sheryn John, HoD, Mathematics, delivered the welcome address, setting an inspiring tone. A vibrant Indian dance performance celebrated women's empowerment, complementing Dr. Sr. Mary Louisa's speech on the vital role of women in science, urging students to break barriers and excel in research and leadership.

Dr. Ganeshaiah's captivating address encouraged students to "hug science" with passion, sharing insights on medicinal innovations inspired by animal behavior, like Dr. Veena's award-winning cattle pregnancy test using wheat and barley. He cited Jane Goodall's work to emphasize perseverance, resonating deeply with the audience. The release of *ASJNR (Academic Studies National Journal of Jyoti Research Academy)* highlighted the college's research commitment.

A dynamic Science Exhibition showcased student innovations like bioplastics, smart agriculture, and Raspberry Pi-based object detection. A Quiz Competition, led by quizmaster Mr. Dhana Shekar, and a Paper Presentation session, judged by Archit Mohapatra and Dr. Arathi Sudarshan, added intellectual rigor. The event concluded with a prize ceremony, awarding top winners cash prizes up to Rs. 3,000 and certificates, followed by Dr. Pratima Bhat's vote of thanks and the National Anthem, symbolizing unity, and progress. National Science Day 2025 inspired young minds to drive India's scientific future with curiosity and innovation.



Women's Day

International Women's Day 2025 Report

Jyoti Nivas College Autonomous celebrated International Women's Day 2025 with great fervour and purpose. This year's global theme, "Accelerate Action," focused on the urgent need to advance gender equality by creating spaces of equal rights, opportunities, and power for all.

Corporate partnership with Procter & Gamble enabled the distribution of health and hygiene kits, promoting awareness about personal well-being among students and staff. The grand culmination of the occasion took place on March 7th, with a special celebration featuring Dr. Nagalakshmi



Chaudhary, Chairperson of the Karnataka State Women's Commission. In her powerful address, she spoke passionately about the role of education in empowering women and emphasized the need for continued advocacy for their rights and dignity.

A heartwarming segment of the celebration was the felicitation of five women drivers from Namma Yatri, honouring their courage and contribution to breaking gender stereotypes in the transport sector.

The 2025 Women's Day celebrations at Jyoti Nivas College served not just as a commemoration but as a call to action—towards a just, inclusive, and empowered future for women everywhere.



Students' Day

Jyoti Nivas College celebrated Students' Day and Patron's day on 19th March 2025 with a vibrant showcase of talent and academic excellence, bringing together students, faculty and staff in a memorable celebration of achievements and camaraderie. The event commenced with an outline of the day's exciting agenda by Student Council representatives Safura, the President, and Hita, the Secretary.



The celebrations began with a graceful classical dance performance by the teachers, setting an elegant tone for the day. The first segment of the prize distribution ceremony recognised postgraduate students, with Principal Dr. Sr. Mary Louisa presenting the prestigious subject proficiency awards and certificates. This was followed by prizes for first-year students, presented by Sr. Sajitha Jose, the Administrator, and Ms. Carol Stanley from IQAC, and second-year students, honoured by Ms. Neeta Georpin and Ms. Grace Samuel.

A highlight of the program was a video presentation by the Student Council showcasing the success and memories of Scintillation 2024, followed by engaging performances by the council members. The day witnessed a delightful series of performances by faculty from various departments, creating an atmosphere of joy and celebration. The Psychology

Department teachers impressed with a lively act, while the Computer Science faculty presented an elegant fashion show and dance performance. The English Department delivered a standout performance with their creative adaptation of literature characters infused with Bollywood-style flair.



The celebration reached its peak when the Sisters of Tarbes joined the stage, dancing alongside the faculty, bringing great joy among the students. The Commerce Department faculty delighted the audience with a medley of iconic Bollywood songs, and the day culminated in a grand finale with teachers from all departments uniting for a vibrant group performance that left everyone cheering. Overall, it was a memorable celebration of talent, academic achievements and the strong bond between students and teachers that extends beyond the classroom.

College Day



Jyoti Nivas College Autonomous commemorated its 58th Annual College Day on Friday, 28th March 2025, celebrating the institution's commitment to academic and extracurricular excellence and the collective efforts towards its growth and legacy. Ms. Suparna Sengupta, from the Department of English, eloquently hosted the event, setting a tone of learning and growth. The chief guest, Dr. Mamatha B. R. (IAS), State Information Commissioner, Government of Karnataka, graced the occasion. In her inspiring address, Dr. Mamatha encouraged students to embrace unconventional paths and cultivate resilience, quoting Robert Frost's "The Road Not Taken," and stressed that success encompasses not just academic achievements but also the ability to serve humanity with a strong spirit and empathetic mind. Dr. Nirmala C. Yaligar, Former Director at Doordarshan and Aakashvani and President KSJU, also addressed the gathering as a chief guest, emphasising the importance of research, education,

and ethical practices in shaping future leaders.

The Principal, Dr. Sr. Mary Louisa Sebastian, presented the Annual College Report, highlighting significant milestones, including a substantial grant of ₹87 lakhs from the Department of Science and Technology, Government of India, for enhancing teaching and research, and the college's recognition as the best private autonomous college in Karnataka. She also acknowledged the release of her book, "HIV Aids affected a guide for Rehabilitation." The day was enriched by an array of cultural performances, including an invocation by the choir, a captivating theme dance "Self-Expression - A Journey," vibrant traditional Karnataka dances like Jana Samskruthi, a melodious medley "A Golden Awakening" by the Western Choir, an electrifying performance by the



rock band Stereocrash, and a grand collaborative play by various cultural teams. The event also saw the release of several academic publications, including the National Journal of Jyoti Research Academy (ASNJJRA), various student journals, and departmental newsletters, showcasing the intellectual contributions of students and faculty. Towards the end of the celebration, deserving

students, esteemed retired faculty members Mrs. Geetha Kishore and Dr. Prakithi H.N., and student council members were felicitated for their remarkable achievements and contributions. A heartfelt vote of thanks was delivered, expressing gratitude to all who made the event a success, followed by the rendition of the College Anthem, marking a memorable conclusion to the day's festivities.

Graduation Day

On 29th March 2025, Jyoti Nivas College Autonomous celebrated Graduation Day, honouring the accomplishments and aspirations of the graduating class with grace and solemnity. The ceremony was anchored by Ms. Sheril Sophia D'Couto (Department of Computer Science) and Ms. Madhu Menon R. (Department of Psychology).

The event commenced with an invocation by the college choir, performing Make My Heart Your Home, followed by the symbolic lamp-lighting ceremony led by the Student Council, Principal Dr. Sr. Mary Louisa Sebastian, and dignitaries including Rt. Rev. Arokiaraj Satis Kumar, Auxiliary Bishop of Bengaluru. A reading from the Bhagavad Gita, Quran, and Holy Bible reflected the inclusive spirit of the college, and a heartfelt prayer by Dr. Navis Vigilia, Dean of Physical Sciences, sought blessings for the graduates' future.



Principal, Dr. Sr. Mary Louisa Sebastian delivered an inspiring address, urging students to carry forward the strength, values, and spirit of JNC. Reflecting on the theme *Luminaria Futuri*, she shared the story of Brian Acton, co-founder of WhatsApp, as an example of resilience and purposeful growth. She reminded the graduates of their potential to lead

with compassion and conviction.



The celebration continued with a vibrant thematic dance performance by the Indian Dance Team, followed by a musical performance from Team Tarang. The valedictorians—Ume Salma A. Hiriyaal, Bhavana Vishwanath, Venantius Cyra, and Aryaa Parvathi—were introduced creatively, embodying the dynamic spirit of their generation. The outgoing choir's medley and a postgraduate dance symbolising rain brought emotion and nostalgia to the occasion. A touching video presentation highlighted key memories of the students' time at JNC. The Chief Guest, Rt. Rev. Arokiaraj Satis Kumar, in his address,



spoke on the importance of emotional intelligence, meaningful relationships, and lifelong learning in shaping a fulfilling future.

The ceremony concluded with a benediction by the Chief Guest and the Candle-lighting Ceremony, symbolising the passing of knowledge and

responsibility. A vote of thanks by Ms. Madhu Menon brought the event to a close. Graduation Day 2025 was not just a farewell but a celebration of journeys completed and the luminous paths ahead, as the students of Jyoti Nivas College step forward as the lights of the future.

Faculty Development Programme



Theme: Research, Innovation & Industry Connect: Empowering Excellence in Higher Education

Dates: 21st – 27th April 2025

Organised by: Internal Quality Assurance Cell

The seven-day National Level Faculty Development Programme aimed to equip faculty with insights on enhancing research, innovation, and collaboration with industry for excellence in higher education.

Day 1: The programme was inaugurated by Chief Guest Rev. Dr. Praveen Martis SJ, Vice Chancellor, St Aloysius (Deemed to be University), Mangaluru. His keynote address emphasized the transformation in education through research and interdisciplinary collaboration. The Principal, Dr Sr Mary Louisa S, highlighted the need for institutions to nurture innovation and ethical leadership.

Day 2: Prof. Prakasha G.S. from Christ University conducted a session on research writing and publication, focusing on ethical, original research and structured academic writing aimed at publication in reputed journals.

Day 3: Mr. Rajesh Pandit introduced storytelling as a tool for teaching and problem-solving. Using real-life examples, he demonstrated how personal narratives

create emotional connections in educational contexts.

Day 4: Ms. Anuradha Adiga from Infosys discussed the role of AI in education, research, and publication. She explained AI tools, distinctions between discriminative and generative AI, and Infosys's Springboard learning platform.

Day 5: Dr. N. Jayashankar spoke on academic excellence through innovative pedagogy and integrity in teaching. He emphasized the central role of teachers and institutional accountability in improving learning outcomes.

Day 6: A panel discussion featuring Ms. Priyanti Sylvia, Dr. Sreejith, Mr. Naveen, and Mr. Victor moderated by Dr Rajesh Dharmaraj explored professional routines across social service, corporate R&D, aviation, and IT. The discussion highlighted skill gaps in graduates, especially in communication and teamwork, and the need for stronger placement support.

Day 7: The FDP concluded with a valedictory address by Dr. Preeti Mangala, Deputy Coordinator, IQAC, who recapped the week's sessions and expressed gratitude to all participants and organisers.



Provincial's Visit



Sr. Catherin Charles, the newly elected Provincial of the Bangalore Province of St Josephs of Tarbes visited Jyoti Nivas College Autonomous on 17th December 2024 as part of her canonical visit. The visit was a significant event for the institution, fostering a spirit of unity and reflection within the college community. Sr. Catherin took time to engage with both the teaching and non-teaching faculty, encouraging open dialogue and mutual exchange.

The day was marked by interactive sessions that allowed faculty members to share their experiences, insights, and concerns in a supportive environment. Sr. Catherin listened attentively, offering words of wisdom, guidance, and appreciation for the work being done at the college. Her presence inspired a renewed commitment among staff to the mission and values upheld by the institution.

These sessions not only strengthened the bond between the college administration and faculty but also reaffirmed the collective vision of academic excellence, holistic development, and service-oriented education. Sr. Catherin's compassionate leadership and keen interest in the well-being of the college community left a lasting impression on all who participated.

Her visit was a moment of spiritual and institutional reaffirmation, reminding everyone of the larger purpose behind their everyday roles and responsibilities.



Sports Report

2024-25



The Sports Department actively organized various events throughout the 2024–2025 academic year, fostering fitness, teamwork, and a competitive spirit among students and staff. National Sports Day was celebrated on 29th August in memory of hockey legend Dhyan Chand, with several sports activities encouraging wide student participation.

Major tournaments included the Inter-Class Chess Tournament on 24th and 25th September, with 54 participants, and the Inter-Class Throwball Tournament held from 10th to 16th December, which saw participation from 55 classes. The 2nd B.Com-B team claimed victory, while the 3rd B.Com-B team were runners-up, displaying remarkable teamwork and coordination.

During Fit India Week (17th–20th December), traditional and fitness-based games, including Lagori, were organized, along with a special yoga session promoting holistic health. The Inter-Department Basketball Tournament saw the Science Department win, with Commerce as runners-up. The year wrapped up with a Staff Cricket Match on 15th February, strengthening team spirit among teaching and non-teaching staff.

One of the most significant events of the year, *Sphygmus 2025*, was held on the 20th and 21st of February as an Inter-Collegiate Annual Sports Fest,

returning after a five-year hiatus. The event drew participation from over 100 teams across multiple sports including Chess, Basketball, Throwball, Volleyball, Kabaddi, Kho-Kho, and Football, making it a vibrant and diverse competition.

The fest was inaugurated by Mr. Sanjay Raj, an international basketball player, Ekalavya awardee, and former captain of the Indian senior basketball team, who inspired participants with his motivational address. Colleges such as Christ University (both Central and Kengeri campuses), CMS Jain, Jain University, MCC, PESE-EC Campus, SJCC, and SJU competed intensely in both men's and women's categories.

Our college showcased outstanding performance and sportsmanship throughout the event. The women's Throwball team claimed the championship title, and one of our chess players secured 1st place in the women's category, reflecting the dedication and talent of our athletes during this high-energy and competitive fest.

With over 100 teams in action, *Sphygmus 2025* stood out as a vibrant showcase of talent, perseverance, and sportsmanship. The fest concluded on a high note with St. Joseph's University (SJU) clinching the overall men's championship and Mount Carmel College (MCC) winning the women's championship. The event was a grand success, creating lasting memories and raising the bar for future editions.

Beyond hosting events, our student-athletes actively represented the college in various inter-collegiate, state, and national-level tournaments such as Sport Stakes, CRIS-SPO, Khel, Spiel, Jeet, Devadan Cup, Udaan, and BCU. Their performances were marked by consistent excellence and numerous victories across a range of disciplines.

Our women athletes especially shone throughout the year, earning accolades and top honors in sports



like Boxing, Swimming, Athletics, and Shooting at both state and national levels, further highlighting the strength and versatility of our sports program.

The Throwball team had an outstanding year, bringing accolades to the institution with consistent performances across multiple tournaments. They secured runners-up positions in four major events—Harsha Cup, T John's Fest, Alliance Sports Fest, and MCC—and emerged as champions in the prestigious *Sphygmus 2025* tournament, demonstrating resilience and teamwork throughout the season.

Individual athletes also brought pride to the college with their exceptional achievements. Shania Grace

Siromani from JNC represented BCU in Swimming and won bronze medals in the 50m butterfly, 50m freestyle, 100m freestyle, and 200m medley, along with gold medals in the 50m and 100m breaststroke events. Subhashree Swain from JNC made a remarkable mark in Shooting by winning a gold medal, earning selection to represent BCU and subsequently the All India Inter-University team. Her second-time selection for BCU and felicitation by the university is a testament to her dedication and skill.

In Football, Ruksar Banu was selected to represent BCU, further emphasizing the college's strong presence in competitive sports across diverse disciplines.



STUDENT COUNCIL REPORT

2024 - 25



Yoga Day



International Yoga Day was celebrated with great enthusiasm on 21st June 2024. Over 100 students participated in the event, which was presided over by our Principal, Dr. Sr. Louisa Sebastian, along with members of the administration. Ms. Namita Sudarshan, Co-founder of AIKIA Yogasala, Bengaluru, addressed the gathering, highlighting the importance of yoga in promoting physical and mental well-being. She also guided the students through a few simple yet effective yoga exercises.

Foundation Day



JNC joyfully celebrated its 58th Foundation Day on 3rd July 2024 with a series of engaging activities that honored the college's vibrant spirit and cherished traditions. Alumnae lecturers shared heartfelt talks, reminiscing about their memorable journeys at JNC. As a symbolic gesture of peace and celebration, the sisters released two doves and 58 balloons, marking a beautiful tribute to the college's enduring legacy.

Student Council Elections

The Student Council Elections unfolded over two exciting weeks, beginning with the reading of the Constitution on 10th July, which inspired students to contest for various leadership positions. Interested candidates submitted their nomination forms, and after a careful scrutiny process, 28 students were shortlisted for the *Know Your Candidate (KYC)* event held on 18th July. The Class and Sports Representatives Elections were conducted on 22nd July, where each class combination voted to elect one Class Representative (CR) and one Sports Representative (SR). From the pool of 28 candidates, five students emerged victorious, officially taking their positions as the new office bearers.

President - Safura Kulsum

Vice President - Priyanka Sundesha

Cultural Secretary - Hita P

Sports Secretary - Vatusia Balasubramanian

Treasurer - Syeda Suha

Westside Campaign

A vibrant two-day Westside campaign was held on 24th and 25th July 2024 at the Amphitheatre. A curated collection of fashionable clothing was displayed, allowing students to browse, explore, and try out the latest trends. Adding to the excitement was a spinner game, where participants won attractive goodies. Both days featured interactive workshops, with Rida Tharana visiting JNC to engage and energize the student crowd. On the second day, a lively dance workshop was conducted, attracting over 100 enthusiastic participants who thoroughly enjoyed the energetic session.

Investiture Ceremony



The Investiture Ceremony was held on 24th July, officially welcoming the newly elected Student Council. Each leader took their oath, pledging to uphold the principles and values of the institution. They were adorned with symbols of their positions, including flowers, sashes, and badges.

A significant part of the ceremony was dedicated to honouring the Class Representatives, Sports Representatives and Extended Council Members.

The Principal, Dr. Sr. Mary Louisa, delivered an immensely inspiring speech, addressing the Student Union and appreciating their efforts, dedication, and passion. Her wise and encouraging words gave hope and strength to all the newly elected leaders.

The Chief Guest, Ms. Deepa Dorairajan, Vice President and Asia Head of Cash Equity CTB and Regional Head CTB ISGPO at Morgan Stanley, addressed the gathering, sharing valuable insights and motivating the students to lead with purpose and excellence.

Leadership Camp



Held on 3rd August, the event was inaugurated by the lighting of the lamp, a ceremony led by chief Resource person Father Jacob Anil D'Sa, along with our principal, Dr. Sr. Mary Louisa. This camp served as a pivotal platform for the newly elected Class and Sports Representatives, Extended Council Members Student Council Office Bearers and the council members of the various clubs and associations to hone their leadership skills and foster a sense of commitment.

The workshop was thoughtfully designed to include a blend of indoor and outdoor sessions, offering a well-rounded and immersive learning experience. This dynamic approach to leadership development not only equipped participants with essential skills but also fostered strong, lasting connections among peers.

Teacher's Day



The Teachers' Day Celebration on 5th September was a heartfelt tribute to our dedicated educators. The day began with a warm welcome as faculty members arrived at the Admin Block, where they were presented with a token of gratitude and had the opportunity to take an adorable Polaroid picture behind a beautifully decorated frame organized by the Student Council.

The celebrations continued with vibrant performances by various clubs and associations, alongside the Student Council, showcasing the college's rich culture and deep appreciation for its teachers.

The event concluded on a sincere and touching note, acknowledging the profound impact that teachers have in shaping the lives and futures of their students.

Freshie Queen



On 9th August 2024, Jyoti Nivas College Autonomous warmly welcomed the freshers of the academic year with their much-anticipated event Freshie Queen. The event, held in the Jyoti Auditorium, was attended not only by first-year students but also by enthusiastic second-and third-year students who came to show their support and cheer on the newcomers. The theme for the year was “Prom Party,” with contestants creatively dressing up as iconic villains under the sub-theme “Famous Villains.” The event was judged by Ms. Sahar Khatija and Mr. Mayunkan, who added excitement and energy to the rounds, testing the contestants’ spontaneity and charisma. A special highlight of the evening was the surprise appearance by the cast of the Kannada film Powder, who engaged the audience with performances, promoted their movie, and had the honor of crowning the Freshie Queen, Bhumika R., who played the villain Alakshmi, and Freshie Princess, Chandrababha Sinha, who played the character Manjulika.

DD Hills Trek

On 10 August 2024, a group of 120 students and 6 faculty members embarked on an adventurous trek to Devarayanadurga Hills (DD Hills).

The trek began with enthusiasm as students navigated through lush greenery, rocky paths, and breathtaking viewpoints. Along the way, faculty members ensured safety and encouraged team spirit. After reaching the summit, participants explored the Yoga Narasimha Temple and enjoyed panoramic views of the surrounding landscape.

Post-lunch, the group started their descent, taking time to appreciate the serene atmosphere and capture memories. The trek was a refreshing experience that promoted endurance, teamwork, and appreciation for nature.

Scintillation



One of the most awaited events, our national-level fest Scintillation, took place on 20th and 21st September, featuring 28 exciting events under the theme Madchella. With six Contingent colleges — SJU, SJCC, Jain University, Jain Jayanagar, Christ Central, New Horizon, and around 700 Participants, the fest witnessed a massive and fierce competition, where Jain Jayanagar College emerged as the overall winner. The nights were equally magical, with a Lantern Night bringing together families and friends on Day 1 and an electrifying DJ Night featuring the main artist, Progressive Brothers, and 4 other supporting artists, on Day 2, leaving the crowd in high spirits. Overall, the fest turned out to be a grand success with a footfall of over +10,000 over the course of two days.

Rhapsody

The Intra-class fest, Rhapsody, was spread across three days—24th, 25th February, and 17th March—featuring 29 events. This encouraged students to showcase their talents and compete within their respective classes, where many emerged victorious. There were literary events such as Quiz and Creative



Writing, art events like Hairstyle, Mehendi and Nail Paint, alongside cultural events like Singing and Dancing, and more. This diversity brought out the talents in the JNCites and kept the student crowd engaged and enthusiastic.

Students' Day



On 19th March, the faculty of JNC came together to display their sense of appreciation, love, and honouring the contributions of students, and spreading awareness on education. Various departments came together putting up exciting performances for the students, with surprise cameos by the Principal and the management. The event was carried on with comedic MCing, keeping the crowd engaged and on their feet. Awards were also given out to students with Subject Proficiency.

The academic year was marked by vibrant activities and meaningful observances. On 12th August 2024, we observed Anti-Ragging Day with an intercom assembly, displaying posters across the campus to raise awareness, and collectively taking the anti-ragging pledge, reaffirming our commitment to a safe and welcoming environment. Onam celebrations on 13th September 2024, organized in collaboration with the Cultural Committee, brought the spirit of festivity alive through traditional performances and vibrant decorations. Adding to the joyous spirit, the class representatives and sports representatives organized Secret Santa event in December, beautifully decorating the classrooms and fostering a sense of togetherness and cheer among students. In addition, a daily intercom assembly was conducted by the students under the guidance of teachers, culminating with the singing of the National Anthem, Nada Geeta, and the College Anthem on a rotational basis. Each event reflected the college's vibrant culture of celebration, awareness, and respect.

Through these diverse activities and observances, the Student Council played a vital role in fostering a spirited, inclusive, and socially conscious environment within the college. Whether through celebrations that honored our cultural heritage, campaigns promoting student welfare, or events that built camaraderie and community spirit, each initiative reflected the Council's dedication to leadership, creativity, and service. The consistent efforts, supported by the guidance of the faculty, enriched campus life and helped nurture a sense of responsibility, unity, and pride among students. Together, these moments have strengthened the fabric of our college community, setting a strong foundation for future endeavors.

Jyoti Prize Winners



**Sufana Anakacherry
Arts**



**Venantius Cyra
Sciences**



**Safura Kulsum
Commerce & Management**



AWARDS & ACHIEVEMENTS

SUBJECT PROFICIENCY WINNERS

Sl. No.	Name	Course	Subject Awarded
BA- III YEAR			
1	Deshana Pragya Jain	PYEC	Economics
2	Akshata Muralidhar	PYEL	English Literature
3	M. Aishwarya	HSSY	History
4	Nina Tresa Alex	JLEC	Journalism
5	Neha Kamalapur	PYJL	Psychology
6	Deeksha Mallikarjun Bhandekar	PASY	Public Administration
7			Sociology
8	Nisha S	TTJL	Travel & Tourism

Sl. No.	Name	Course	Subject Awarded
BA- II YEAR			
1	Sufana Anakacherry	PYEL	English Literature Advertising (OE)
2	Ishannita Mukherjee	PYEC	Economics Additional English
4	Sowmya Jayaram	PYEC	Economics
5	Madeeha Fiyaz	PYJL	Journalism
6	Ramya Anand	HSSY	History
7	Tina Malhotra	PYEL	Psychology
8	Onenjungla Longkumer	PASY	Public Administration
9	Vempati Naga Surya Lalitha Sowmya	PYSY	Sociology Quantitative Mathematics (OE)
10	Kumud Kumari		Hindi Quantitative Mathematics (OE)
11	Kiran A Patel	PYTT	Travel and Tourism
12	Vibhasha Sanjay Kumar	PYJL	Nursery and Gardening (OE)

Sl. No.	Name	Course	Subject Awarded
BA- I YEAR			
1	Hemalatha G.A.	ECSY	Economics
2	Sumaiyya Bing Nawaz	PYEL	English Literature Psychology Applied Botany (OE)
3	Srujana Varsha	HSSY	History
4	Sangeetha N. Bhat	BAVC	Sociology of Everyday Life (OE)
5	Gladdys Jeba Gracelyn S.	JLEL	Lifestyle Diseases, Prevention and DietTherapy (OE) Journalism

6	Shreya Bharadwaj	PAEC	Public Administration Basic Mathematics (OE)
7	Rishika Kharka	PYSY	Sociology Lifestyle Diseases, Prevention and Diet Therapy (OE)
8	Sindhu M.	PYSY	Sociology
9	Maanya Sood	PYSY	Sociology
10	Jigmat Skeddon	ECSY	Tourism Industry- Concepts & Ethics (OE)
11	Zetankumari Thounaojam	TTJL	Travel & Tourism Basic Genetics (OE)
12	Taranum Begum	HSSY	Hindi
13	Adrija Banerjee	PYJL	Additional English Astronomy (OE) Nutrition for Physical and Mental Health (OE)
14	Shahina Husensab Hadimani	PAEC	Kannada Astronomy (OE)
15	Ananya M. B.	PAEC	Basic Genetics (OE)
16	Tejaswini E.	PAEC	Basic Genetics (OE) Basic Mathematics (OE)
17	N. Bhoomika	PYTT	Basic Mathematics (OE)
18	Stuti Arun	PYJL	Basic Mathematics (OE)
19	Areej Durrani	PYJL	Basic Mathematics (OE) Corporate Mathematics (OE)
20	Sington Yambem	PYEL	Corporate Mathematics (OE)
21	Aastha Gore	PYJL	Corporate Mathematics (OE)
22	Gayatri G. S.	PYJL	Emerging Technologies (OE)
23	Prakruthi H.M.	PYEC	Mushroom Culture Technology (OE)

Sl. No.	Name	Course	Subject Awarded
BA ENGLISH LITERATURE - I YEAR			
1	Priyanka Saha	BAEL	Introduction to Literature
2	Sneha Mukherjee	BAEL	Introduction to Literature Linguistics & Phonetics British Literature Indian Writing in English Indian Writing in Translation

Sl. No.	Name	Course	Subject Awarded
BVOC- VISUAL COMMUNICATION AND PERFORMING ARTS- III YEAR			
1	Soujanya Srinivasan	VP	Cinematography and Lighting Film theory Fundamentals of Film Editing
2	Gouri Shaji	VP	Narrative and Non narrative writing
3	Sandhya V	VP	Product Photography Television Production Advertising
4	Manoranjani S	VP	World Cinema

Sl. No.	Name	Course	Subject Awarded
BVOC- VISUAL COMMUNICATION AND PERFORMING ARTS- II YEAR			
1	Smruthi Raghavendra	VP	Visual Communication
			Theatre II
			Dance II
			Media Law and Ethics
2	Bohara	VP	Communication Theories

Sl. No.	Name	Course	Subject Awarded
BVOC- VISUAL COMMUNICATION AND PERFORMING ARTS- I YEAR			
1	Anuhya Talwar	VP	Graphic Design
			History of Visual Arts
2	Jyana S. Nagori	VP	Branding
			Introduction to Visual Communication
			Fundamentals of Photography
			Print Design & Production
3	Omisa D. S.	VP	Theatre
			Contemporary Dance & Movements Practice

Sl. No.	Name	Course	Subject Awarded
B.Sc. - III YEAR			
1	Hasanathul Haziba M.	BTBO	Botany
2	Vibha V.	BTCH	Chemistry
3	Divya Susheela K.	CSMA	Mathematics
4	Marina B. Joseph	PHMA	Physics
5	M.S. Shubhangi	BCGT	Biochemistry
6	Sreelakshmi Surendran	PHET	Electronics
7	Mustakheem Sayem Fathi a	PYCS	Computer Science

Sl. No.	Name	Course	Subject Awarded
B.Sc. - II YEAR			
1	Cressida Neo-Latin Menezes	BTCH	Chemistry
			Biotechnology
			Hindi
			Introduction to Hospitality Management (OE)
2	Kusum Solanki H	BTGT	Genetics
			Hindi
3	Oindree Bal	BTZL	Zoology
			Biotechnology
4	Hetvi Shah	BTGT	Genetics
5	Sanchari Mitra	BCGT	Biochemistry
6	S. Karthika	BOZL	Botany

7	Pallavi K. M.	PHMA	Physics
			Maths
			Kannada
8	D. Katherine Ria	PYCS	Computer Science
9	Apoorva N.	PHET	Electronics
10	Kavya H.E.	PYCS	Psychology
11	Amhara H.D.	ETCS	Kannada
12	Stanzin Angmo	BOZL	Sociology of Tourism (OE)
13	Nakshatra V.	BTCH	Women in Indian History (OE)

Sl. No.	Name	Course	Subject Awarded
B.Sc. - I YEAR			
1	Shiney Elangbam	BOZL	Botany
			Zoology
2	Kanishka R.S.	BTCH	Chemistry
3	Ananya Rao	CSMA	Hindi
			Computer Science
4	D. Hemashree	ETCS	Computer Science
5	Irfana Banu A.	ETCS	Electronics
6	Hemalatha R.	ETCS	Electronics
			Tourism Industry Concepts and Ethics (OE)
7	Suruchi Varma	BTZL	History (OE)
8	Fatima Zohar R.	PHMA	Maths
9	Nisha Kumar	PHCS	Physics
10	S. Monisha	CSMA	Social Development in India (OE)
11	Sneha Priya A	CSMA	Sociology of Everyday life (OE)
12	Mayes Da Costa	BTGT	Tourism Products and Resources of India (OE)
			Biotechnology
			Genetics
13	Divya Shridhar Malagi	BCBT	Biochemistry

Sl. No.	Name	Course	Subject Awarded
BCA - III YEAR			
1	Rithu Shree D	BCA	Data Analytics using R
			Quantitative Techniques
			Web Programming

2	Anandita Sharma	BCA	Data Analytics using R
			Operation Research
3	Aishwarya S.	BCA	Data Analytics using R
			Software Testing
4	Nandhini R	BCA	Data Mining
			Design and Analysis of Algorithms
5	Hema Shree	BCA	Machine Learning
6	Disha S.K.	BCA	Machine Learning
7	Amanda Blessy W		Mobile Application Development
8	Susan J	BCA	Multimedia Technology

Sl. No.	Name	Course	Subject Awarded
BCA - II YEAR			
1	Neeha Kouser	BCA	Artificial Intelligence
2	Rida Sabah	BCA	Computer Networks
3	Anliya Jaison	BCA	Internet Technologies
4	Dimple Rathore	BCA	Internet Technologies
			Advertising (OE)
5	Shaista	BCA	Python Programming
			Operating System
6	Lakshmi B	BCA	Operating System
7	Vilinajulia Sequeira	BCA	Software Engineering

Sl. No.	Name	Course	Subject Awarded
BCA - I YEAR			
1	Simran Rebecca Arlikatti	BCA-DC	Computer Architecture
2	Mohamed Meera Aura A	BCA-DC	Data Structures
			Discrete Structures
			Fundamentals of Data science
			Problem Solving Techniques
			Generic English
			Introduction to Psychology (OE)
3	Sasha Mathews	BCA-DC	French
			Data Management Systems
			Problem Solving Techniques
			Introduction to Psychology (OE)
4	Jenny Priya N	BCA-DC	Visual Analysis(OE)
			Object Oriented Programming Using Java
5	Aditi Raj V	BCA-DC	Visual Analysis(OE)

Sl. No.	Name	Course	Subject Awarded
B.Sc. Integrated M.Sc. in Psychology - III YEAR			
1	Vrinda Kamath	Int BSc.- MSc. In Psychology	Positive Psychology
			Occupational Health and Mental Wellbeing in Workplace
			Research Methodology
2	Kritika Rajeshwari S.	Int BSc.- MSc. In Psychology	Community Psychology
			Health Psychology
			Statistics for Behavioral Science

Sl. No.	Name	Course	Subject Awarded
B.Sc. Integrated M.Sc. in Psychology - II YEAR			
1	Madhurima Chattopadhyay	Int BSc.- MSc. In Psychology	Cognitive Psychology
2	Abhirami Anilkumar	Int BSc.- MSc. In Psychology	Physiological Psychology
3	Vaishali Sandeep Kamat	Int BSc.- MSc. In Psychology	Social Psychology
4	Sanjeevini Karthikeyan	Int BSc.- MSc. In Psychology	Sociology of Tourism and Management (OE)

Sl. No.	Name	Course	Subject Awarded
B.Sc. Integrated M.Sc. in Psychology - I YEAR			
1	Anna Maria Agnes Fernandes	Int BSc.- MSc. In Psychology	Basic Psychological Processes
			Lifespan Development
			Positive Psychology
2	Vedanta Sreenidhi	Int BSc.- MSc. In Psychology	History of World Civilization (OE)
			India's Cultural Heritage (OE)
			Foundation of Cognitive Psychology
3	Jiya Elsa James	Int BSc.- MSc. In Psychology	Sociology of Everyday Life (OE)

Sl. No.	Name	Course	Subject Awarded
B.Sc. Psychology - I YEAR			
1	Shirley Evangeline T.	BSPY	Basic Psychological Processes I
2	Hannah Anne George	BSPY	Lifespan Development
			Positive Psychology
4	Kashish Jain	BSPY	Lifespan Development
			Processes in Developmental Psychology
			Graphic Design (OE)
5	Syed Munteha	BSPY	Foundations of Psychology II

Sl. No.	Name	Course	Subject
B. Com. - III YEAR			
1	Pooja S	B.Com	Advanced Accounting
			Income Tax Law and Practice - I
2	Pavithra S	B.Com	Auditing and Assurance
			Human Resource Development
3	Muskan Zehra	B.Com	Customer Relationship Management
4	Aditi Chaurasia	B.Com	Entrepreneurship Development and Business Opportunities
5	Aditi Chaurasia	B.Com	Investment Management
6	Bhoomika N	INTEGRATED BCOM-MCOM	Financial Management
7	Joyce Christina R	B.Com	Financial Markets and Intermediaries
8	Sai Shruthi S	B.Com	GST Law and Practice
			Indian Accounting Standards and IFRS
9	Rumana Begum	B.Com-Logistics & Supply Chain Management	Global Environment for Supply Chain Management
			Information Technology for Supply Chain Management
10	Nikitha U	B.Com	Human Resource Development
			Income Tax Law and Practice - II
11	A Syeda Aymann Hania	B.Com	Strategic Human Resource Management
12	Deepika M	B.Com	Income Tax Law and Practice - I
13	Chanda	B.Com	Investment Management
14	Sneha M	B.Com	Management Accounting
15	Syeda Misba Fathima	B.Com-Logistics & Supply Chain Management	Project Management
16	Latha Shree R	B.Com-Logistics & Supply Chain Management	Project Management
17	Sahana Keerthi A	B.Com	Retail Management

18	Shreya S Shet	B.Com-Logistics & Supply Chain Management	Sourcing for Logistics and Supply Chain Management
19	Hemashree M	B.Com-Logistics & Supply Chain Management	Sourcing for Logistics and Supply Chain Management
20	Deekshitha. M	B.Com-Logistics & Supply Chain Management	Supply Chain Management in Service Industry
21	Pooja	B.Com-Travel Management	Travel & Tourism

Sl. No.	Name	Course	Subject Awarded
BBA- III YEAR			
1	Aaliya Shabnam	BBA	Income Tax
		BBA	Security Analysis & Portfolio Management
2	Abhiri Ghatge	BBA	Advanced Corporate Financial Management
		BBA	Compensation and Performance Management
		BBA	Information Technology for Managers
		BBA	International Business
		BBA	Professional Communication
		BBA	GST Law and Practice
		BBA	Human Resource Development
		BBA	Security Analysis & Portfolio Management
3	Anaya Vinodkumar	BBA	Retail Management
4	Huda Amran	BBA	Advanced Corporate Financial Management
		BBA	GST Law and Practice
5	Khushi	BBA	Retail Management
		BBA	Business Ethics & Corporate Governance
		BBA	Business Law
		BBA	Customer Relationship Management
		BBA	Security Analysis & Portfolio Management

Sl. No.	Name	Course	Subject
BVOC. BANKING AND FINANCE- III Year			
1	Bhoomika S	Banking and Finance	Investment Banking
2	Dikshitha N	Banking and Finance	Risk Management in Banks
			Marketing of Banking Products and Services
3	Gayathri	Banking and Finance	Derivatives and Commodities Market
4	Jeny Ann Cherian	Banking and Finance	Entrepreneur ship and Startup Management

Sl. No.	Candidate Name	Combination	Subject
B. Com. - II YEAR			
1	Mamatha N	B.Com	Advanced Corporate Accounting
2	Teju M	B.Com	Business Regulatory Framework
3	Anusree M	B.Com	Business Regulatory Framework
			Introduction to Hospitality Management (OE)

4	Thejeshvini T	B.Com	Business Regulatory Framework
			Nursery and Gardening (OE)
5	Dheekshana K S	B.Com	Business Statistics
6	Anusha R	B.Com	Corporate Accounting
7	Tenzin Younten	B.Com	Cost Accounting
8	Suhasini R	B.Com	Costing Methods & Techniques
9	R Zothantluangi	B.Com	Financial Education & Investment Awareness
10	Supritha P	B.Com-LSM	Operations Management
11	Arul Arasi A	B.Com-TM	Travel & Tourism
12	Diya Pradhan	B.Com	Nutrition for Physical and Mental Health (OE)
13	Tenzin Sedon	B.Com	Women in Indian History (OE)
14	Akshata Katti	B.Com	Kannada

SI No.	Name	Course	Subject Awarded
BBA- II YEAR			
1	Boyapati Swapnika	BBA	Organizational Behavior
		BBA	Generic English
2	Gayathri P	BBA	Statistics for Business Decisions
		BBA	Introduction to Graphic Design (OE)
		BBA	Management Accounting
3	Keerthana G Reddy	BBA	Sociology of Food Culture (OE)
4	Keerthana R Reddy	BBA	Statistics for Business Decisions
5	Nandini Poddar	BBA	Hindi
6	Pragnya Srihari	BBA	Organizational Behavior
		BBA	French
7	S Aryaa Parvathi	BBA	Financial Management
8	Safura Kulsum	BBA	Business Analytics

SI No	Name	Course	Subject
BVOC. BANKING AND FINANCE- II Year			
1.	Kushi V Patel	Banking and Finance	Law and practice of Banking
			Financial Markets and Services

SI. No.	Candidate Name	Combination	Subject
B. Com. - I YEAR			
1	Sufia Naaz	Integrated B.Com-M.Com	Principles of Marketing
			Financial Accounting
2	S Sharon Princy	B.Com	Law And Practice of Banking

3	Bhavana Shree Ds	B.Com-Logistics & Supply Chain Management	Logistics and Supply Chain Management
4	Amrutha G	B.Com-Logistics & Supply Chain Management	Logistics and Supply Chain Management
5	Manisha M	B.Com-Logistics & Supply Chain Management	Advanced Financial Accounting
			Business Mathematics
			Hindi
8	Asha Rani M	B.Com	Corporate Administration
9	Vaishali V	B.Com	Management Principles and Applications
10	Ankitha Kottai	B.Com-Travel Management	Travel & Tourism
11	Anoushka Sujith	B.Com-Logistics & Supply Chain Management	Warehouse Management
12	Muskan	B.Com	Business Economics (OE)

Sl. No.	Name	Course	Subject Awarded
BBA - I YEAR			
1	Diya Sood	BBA	Management Principles & Practice
		BBA	Marketing Management
		BBA	Managerial Economics (OE)
2	Kushika M	BBA	Financial Accounting and Reporting
3	Madhumitha S	BBA	Fundamentals of Accounting
		BBA	Financial Accounting and Reporting
4	Nafeesah Fathima	BBA	Management Principles & Practice
5	Rinky Sharma	BBA	Business Environment
6	Syeda Nida	BBA	Human Resource Management

Sl. No.	Candidate Number	Combination	Subject
BVOC. BANKING AND FINANCE- I Year			
1	Sabnam Hussain	Banking and Finance	Indian Financial System
2	Vinitha D Souza	Banking and Finance	Finance Planning
3			Kannada

GENERAL PROFICIENCY

ACADEMIC YEAR 2023-2024

SL. NO.	NAME	Course
I Year		
1	Ananya MB	PAEC - Public Administration and Economics
2	Jayana S Nagori	Visual Communication and Performing Arts
3	Sangeetha N Bhat	BAVC
4	Sneha Mukherjee	BAEL - BA English Literature(SM)
5	Saniya Tabassum	CSMA
6	Mohammed Meera Azra	BCA-DS
7	Jenny Priya	BCA
8	Ann Maria Agnes Fernandes	Integrated BSc-MSc
9	Kashish Jain	BSc Single Major PSY
10	Saniya Sajan	B.Com
11	Diya Sood	BBA
12	Sabnam Hussain	BVOC - Banking and Finance

SL. NO.	NAME	COURSE
II Year		
1	Sowmya Jayaram	PYEC
2	Smruthi Raghavendra	Visual Communication and Performing Arts
3	Cressida Neola Menezes	BTCH
4	Amritha A Warriar	Integrated BSc-MSc
5	Dimple Rathore	BCA
6	Thejeshvini T	B.Com
7	S Aryaa Parvathi	BBA
8	Esha C Suvarna	BVOC - Banking and Finance

SL NO	NAME	COURSE
I Year		
1	Deshana Pragya Jain	PYEC - Psychology and Economics
2	Sowjanya Srinivasan	Visual Communication and Performing Arts
3	Sreelakshmi Surendran	PHET (Science)
4	Riya Rejoy	IBS
5	Anandita Sharma	BCA
6	Sai Shruthi S	B.Com
7	AbhiriGhatge	BBA
8	Dikshitha N Jain	B.Voc - Banking and Finance

RANK HOLDERS

ARTS

Rank	Name	Course
1	Deeksha Mallikarjun Bhandekar	PASY
2	Dheshika S.	ECSY
3	Vasumathi P.	PASY

SCIENCE

Rank	Name	Course
1	Sreelakshmi Surendran	PHET
2	Padhyotha Baby Thekkan	BTZL
3	Akkimi Sravani	ETCS

BCA

Rank	Name	Course
1	Anandita Sharma	BCA

B COM

Rank	Name	Course
1	Sai Shruthi S.	B. Com
2	Nikhitha U.	B. Com
3	Joyce Christina R.	B. Com

BBA

Rank	Name	Course
1	Abhiri Ghatge	BBA

B VOC- Visual Communication & Performing Arts

Rank	Name	Course
1	Sowjanya Srinivasan	B.Voc VP

B VOC- Banking & Finance

Rank	Name	Course
1	Jeny Ann Cherian	B.Voc BF

PG GENERAL PROFICIENCY WINNERS

MA

Semester	Name	Year
II Sem MA	Sneha Jose	2023-2024
IV Sem MA	Kriti M Kaushik	2023-2024

MCA

Semester	Name	Year
I Sem	Divyashree J	2023-2024
II Sem MCA	Divyashree J	2023-2024
IV Sem MCA	Esther Jelinal J	2023-2024

M.Sc. (COMPUTER SCIENCE)

Semester	Name	Year
I Sem	Nirma B	2023-2024
II Sem	Nirma B	2023-2024

MBA

Semester	Name	Year
I Sem MBA	Aishwarya G	2023-2024
II Sem MBA	M Deeksha	2023-2024
III Sem MBA	Chashritha Shetty	2023-2024
IV Sem MBA	Chashritha Shetty	2023-2024

M.Com (FA)

Semester	Name	Year
II Sem M.Com (FA)	Sumaiya	2023-2024
IV Sem M.Com (FA)	Kalsang Chodoen	2023-2024

M.Com (Regular)

Semester	Name	Year
II Sem	Hafeeza Bi	2023-2024

M.Sc. (Organic Chemistry)

Semester	Name	Year
II Sem	Dharshni G	2023-2024
IV Sem	Shreyoshi Das	2023-2024

Integrated B.Sc. - M.Sc. in Psychology (Specialization in Clinical Psychology)

Semester	Name	Year
VIII Sem	Mariya Roy	2023-2024
X Sem	Sanchia Petrina Rao	2023-2024

M.Sc. PSYCHOLOGY

Semester	Name	Year
II Sem	Parvathi Murali	2023-2024

M.Sc. WELLNESS COUNSELLING

Semester	Name	Year
II Sem	S Wiselyn Amy	2023-2024

M.Sc. BIOLOGICAL SCIENCE

Semester	Name	Year
II Sem	Sneha S	2023-2024

M.Sc. MATHEMATICS

Semester	Name	Year
II Sem	Ume Salma A Hiriya	2023-2024

RANK HOLDERS

I Rank MA – KRITI M KAUSHIK (2022-2024)

I Rank MCA – ESTHER JELINAL J (2022-2024)

I Rank MBA - CHASHRITHA SHETTY (2022-2024)

I Rank M.Com (FA) – MIRIAM PRINCY S (2022-2024)

I Rank M.Sc. (Organic Chemistry) - SHREYOSHI DAS (2022-2024)

I Rank Integrated BSc-MSc in Psychology (Specialization in Clinical Psychology)
- SANCHIA PETRINA RAO (2022-2024)

SPECIAL AWARDS

1. Sultan Chand Memorial Scholarship, for securing Highest marks in I and II semester B.Com.
SANIYA SAJAN (23BC083H) Rs. 5000/-
2. Sultan Chand Memorial Scholarship for securing Highest marks in III and IV semester B.Com.
THEJESHVINI T (22BC071K) Rs. 5000/-
3. Highest aggregate of marks in English Literature in 5 semesters, instituted by Mrs. Jessie Almeida, Alumnus of Jyoti Nivas College
SUFANA ANAKKACHERY (22PYEL048A) Rs. 1000/-
4. Best outgoing History student with highest aggregate of marks in History in all the 6 semesters, instituted by Mrs. Parimala Pani in memory of her daughter
Dr. Rajini Pani Nair, Former Professor in History at JNC.
BINDHU SHREE D (21HSEC004) Rs. 1400/-
5. Best outgoing B.Com. student with highest aggregate of marks in all semesters instituted by Late. Prof. Nagabhusana former Head of the Department of Commerce & Management.
SAI SHRUTHI S (21BC233) Rs. 700/-
6. Award for securing highest marks in all the subjects including languages in all 6 semesters in the Arts Stream instituted by Late Prof. Rajamani, former Head of the Department of Tamil.
DEEKSHA MALLIKARJUN BHANDEKAR (21PASY002) Rs. 3500/-
7. Award for securing highest marks in all the subjects including languages in all 6 semesters in the Science Stream instituted by Late Prof. Rajamani, former Head of the Department of Tamil.
ANANDITA SHARMA (21BCA012) Rs. 3500/-
8. Best outgoing B.Com (Gen) student with highest aggregate of marks in all subjects including Language instituted by Late Prof Rajamani, former Head of the Department of Tamil.
SAI SHRUTHI S (21BC233) Rs. 3600/-
9. Award for securing highest marks in Kannada in all the four semesters instituted by Late Prof. Rajamani, former Head of the Department of Tamil.
PALLAVI N S (22BF026K) Rs. 3600/-
10. Award for securing highest marks in BCA in all the five semesters instituted by Late Prof. Rajamani, former Head of the Department of Tamil.
DIMPLE RATHORE G (22BCA009H) Rs.3600/-
11. Dr. M.T. Sundaramma and Dr. V. Vishveshwariah Memorial Award for the best outgoing science student with highest aggregate of marks in all 6 semesters for B.Sc. instituted by Dr. Prathibha, former Head of the Department of Botany
ANANDITA SHARMA (21BCA012) Rs. 5000/-
12. Best outgoing Mathematics student with highest aggregate of marks in Mathematics in all 6 semesters instituted by Prof. Vasanthi Moses, former Head of the Department of Mathematics.
DIVYA SUSHEELA K (21CSMA016) Rs.1000/-
13. Highest aggregate of marks in Mathematics in 5 semesters, instituted by Prof. Jayanthi Purandar, former Head of the Department of Mathematics.
PALLAVI K M (22PHMA004K) Rs. 1400/-
14. Highest aggregate of marks in Physics in all 5 semesters instituted by Prof. Sreedevi K.R, former Head of the Department of Physics, in memory of her parents Mrs. Kamala and Mr. Ramapisharodi
PALLAVI K M (22PHMA004K) Rs. 2000/-
15. Manrita Award for the best outgoing Social Sciences student instituted by Prof. Vijayalakshmi Vishwanath, former Head of the Department of Sociology.
RAMYA ANAND (22HSSY009K) Rs. 1000/-
16. Highest marks at entry level to the B.Com. stream and who is financially weak/ backward but good in studies, instituted by Dr. Gopalakrishna in memory of his daughter Late Ms. Nandini Gopala Krishnan, Former student of JNC
AMRUTHA B (24BC004K) Rs. 5000/-

17. Award for the most creative student instituted by Dr. Vanaja Malathy in memory of her mother Smt. Kanakavalli
RAMYA G (22PASY007K) Rs. 700/-
18. Highest aggregate of marks in Psychology in 5 semesters instituted by Prof. Usha Joyappa, former Head of the Department of Psychology.
SOWMYA JAYARAM (22PYEC013A) Rs. 1000/-
19. Award for the highest marks in Psychology in all 6 semesters instituted by Mrs Lalitha Rajagopal in memory of Late. Dr. K. Vijayaraghavan, awardee of the Best Chemical Engineer in India.
MEGHANA S (21PYSY048) Rs. 3500/-
20. Best outgoing AICUF student instituted by Mrs. Usha Joseph, former Head of the Department of Chemistry.
GERALDINE LAWRENCE (22BCA010H) Rs.1000/-
21. Award for securing highest Marks in Hindi in all the four semesters instituted by Dr. Ella Sen, former Head of the Department of Hindi, in memory of her parents Late Mr. Sibeswar Dass and Mrs.Geeta Dass.
KUMUD KUMARI (22PASY004H) Rs. 1750/-
22. Dr.Sr.Elizabeth CS Memorial Award instituted by her family goes to the student from Psychology for showing consistency in social concern with a pioneering mindset in all 5 semesters
VEMPATI NAGA SURYA LALITHA SOWMYA (22PYSY024A) Rs.5000
23. Award for securing highest Marks in History for 5th and 6th semesters instituted by Dr. Nalini Sekaran, Head of the Department of History in memory of her parents Late Dr. T. K. Varma and Mrs. Saraswathi Varma.
M AISHWARYA (21HSSY006) Rs.3000/-
24. Award for securing the highest aggregate marks in Zoology in all the 6 semesters instituted by Dr.Sitavi Yathiender, former Head of the Department of Zoology & Genetics in memory of her Late Parents Arcot M.Ramamoorthy and Padma Ramamoorthy.
PRADHYOTHA BABU THEKKAN (21BTZL023)
25. Award for securing the highest aggregate marks in Genetics in all the 6 semesters instituted by Dr.Sitavi Yathiender, former Head of the Department of Zoology & Genetics in memory of her Late-in-laws Arcot V.Sridharan and Vydehi Sridharan.
S SNEGA PRIYA (21BTGT010)
26. Highest aggregate of marks in English Literature in 5 semesters, instituted by Ms. Maya Harave, Head of the Department of English in memory of her father Late. Sri. H. N. Venkataram.
SUFANA ANAKKACHERY (22PYEL048A)

FIELD TRIPS

TRAVEL, LEARN, PERCEIVE

Department of BOTANY

Field trip - Indian Institute of Horticultural Research (IIHR)

On January 22, 2025, a group of teaching and non-teaching staff, along with Botany students



from various years, visited the ICAR-Indian Institute of Horticultural Research (IIHR) in Bangalore for an educational trip. The visit aimed to provide practical exposure to horticultural research, farming

techniques, and modern agricultural advancements. Students learned about plant nurseries, horticultural research methodologies, sustainable farming practices, crop improvement programs, and pest management strategies. Highlights of the visit included a lecture by Dr. ATIC Raju, a tour of the biotechnology lab, a mushroom lab showcasing various species, and a visit to a field with different plant species like grapes, pomelo, and mango. The trip broadened students' understanding of agricultural research and inspired innovative approaches to addressing global food security challenges. The visit concluded with a group photo, and the team departed for college at 3:30 pm.

Department of BIOTECHNOLOGY



The Department of Biotechnology organized an industrial visit to Biozeen. Biozeen is a leading biopharmaceutical services company with ISO 9001:2015 certification. The visit aimed to provide students with industry exposure and experience. Ms. Shreedevi Ranga Sr. Executive trainer delivered an introductory session on microorganism growth conditions. She also covered fermenter types, CIP, and SIP systems. Students visited the Bio-Pilot Laboratory and observed various fermenters. They saw downstream processing equipment for biopharmaceutical production. The CIP system

demonstrated automated cleaning with minimal water usage. The SIP system showed sterilization procedures for mobile vessels. Students gained insights into biopharmaceutical operations and manufacturing.



Institute for Stem Cell Biology and Regenerative Medicine

The Department of Biotechnology, Jyoti Nivas College, organized a one-day industrial visit to the Institute for Stem Cell Biology and Regenerative Medicine (inStem) on August 12, 2024. The visit

aimed to provide students with hands-on experience and exposure to cutting-edge research in stem cell biology and regenerative medicine. During the visit, students interacted with inStem researchers and scientists, gaining valuable insights into various areas of stem cell research. They also toured the state-of-the-art facilities and laboratories at inStem. The visit was a huge success, with students developing a better understanding of the latest developments and advancements in the field.



Department of **COMMERCE AND MANAGEMENT**

Industrial visit to FILTREC and Cocotier Essentials

On February 27, 2025, 64 final-year B.Com students from Section A, accompanied by two teachers, went for an industrial visit to FILTREC and Cocotier Essentials. During the visit, the company coordinators provided insights into the company's history and business operations. The students learned about FILTREC's specialization in filtration solutions for hydraulic and BOP industries, observed the filtration processes that remove contaminants,



and examined the machinery used. After a question-and-answer session with the factory coordinator, the group then proceeded to the next industry,



Cocotier Essentials in Tumkur. Here, students were introduced to the company's focus on producing cold-pressed virgin coconut oil and natural essential oils. The coordinators explained the production process, demonstrated impurity removal techniques, and showcased the machinery involved. The industrial visit provided students with valuable exposure to real-world manufacturing operations in different industries.



Industrial Visit to Klene Packs Ltd.

On February 8, 2025, a group of 67 final-year B.Com students from Section C, accompanied by



two teachers, visited Klene Packs Ltd., located in Maddur. As one of the largest manufacturers

and exporters of PP/HDPE woven fabrics and sacks, the company provided students with a comprehensive tour of their operations. During the visit, students observed the complete manufacturing process of sacks, from raw material preparation to finished product packaging. This educational experience offered students valuable insights into real-world manufacturing operations, supply chain management, and production efficiency in a thriving export-oriented business. The practical exposure complemented theoretical knowledge gained in the classroom, enhancing students' understanding of industrial processes and business operations in a manufacturing environment.

Industrial Visit to Nandini Dairy Factory and KSIC Silk Factory, Mysore



On 1st February 2025, a one-day industrial visit to Nandini Dairy Factory and KSIC Silk Factory in Mysore was organised by the Department of Commerce and Management, Jyoti Nivas College Autonomous. A total of 56 students from B.Voc (Banking & Finance) and Integrated B.Com - M.Com participated in this visit, accompanied by 2 faculty members. At the Nandini Dairy Factory students were shown different sections of the

factory such as milk reception & storage, Pasteurization process, milk powder production including packaging units, storage areas, and product testing laboratories.

At the KSIC Silk Factory, students were taken through multiple stages of production, observing the transformation of raw silk into finished fabric. This visit to both the factories was a great opportunity for students to see real-world

industrial processes, learn about quality control, and understand the working of large industries.



Industrial Visit to VRL Logistics Pvt. Ltd. and Vijayavani Printing press



The Department of Commerce and Management at Jyoti Nivas College Autonomous organized an insightful one-day field visit to VRL Logistics Pvt. Ltd. and Vijayavani Printing Press on January 25, 2025. A total of 54 students from 3rd B.Com LSCM accompanied by 2 teachers were part of it. The visit aimed to provide students with a practical understanding of logistics, and the supply chain management processes through direct observation of VRL's operations.

The girls were also shown the printing process of Vijayavani – a leading Kannada language newspaper which is also published by the VRL Group. Security Clearance Procedures, Material Weighing and Inventory Management system, Newspaper Printing process were described in detail for a deeper understanding of logistics and supply chain management, operational resilience, and the role of innovation in maintaining efficiency in the company.



Department of HISTORY



Exploring Bangalore's Heritage - HAL Museum, Ulsoor Gurdwara, and St. Mary's Church

As part of the 'Bangalore in Time and Space' syllabus, the 2nd-year BA students of department of history embarked on a field trip on September 12,

2024, visiting three significant locations: the HAL Aerospace Museum, the Ulsoor Gurdwara, and St. Mary's Church.

The visit to the HAL Aerospace Museum offered a glimpse into India's aviation history, showcasing the evolution of aircraft and aeronautical technology. Students explored various exhibits, gaining insights into the scientific advancements and engineering feats that have shaped the nation's aerospace sector.

The subsequent visit to the Ulsoor Gurdwara provided a contrasting yet equally enriching experience. Students learned about the Sikh faith and its significance in Bangalore's multicultural fabric. Observing the Gurdwara's architecture and





participating in the langar (community kitchen) provided a deeper understanding of Sikh traditions and the principles of seva (selfless service) and equality.

The final stop, St. Mary's Church, showcased the city's colonial past and its Christian heritage. Students explored the church's architecture, reflecting on its historical significance and its role in the local community. This visit highlighted the diverse religious influences that have shaped Bangalore's identity.

The field trip proved to be an invaluable learning experience, allowing students to connect classroom learning with real-world examples. By visiting these diverse sites, students gained a richer understanding of Bangalore's history, cultural diversity, and the interplay of time and space in shaping the city's identity. The trip fostered a greater appreciation for the city's multifaceted heritage and its place in the broader historical narrative.

Department of **MATHEMATICS**



On 25 February 2025, The Second year BSc and III year BSc students went on a memorable field trip to RV College of Engineering and Pyramid Valley International. At RVCE, they explored state-of-the-art Physics and Chemistry laboratories and observed demonstrations in material analysis, spectroscopy, and fluid dynamics. A highlight was the session on Cloud Computing, where students learned how

cloud technology is transforming data management. The experience deepened their understanding of scientific applications in real life.

The visit to Pyramid Valley International offered a contrasting spiritual retreat. Students learned about pyramid energy and participated in guided meditation sessions, promoting mindfulness and inner peace. Surrounded by nature, the serene setting emphasized the importance of mental clarity and emotional well-being.

This unique combination of technology and tranquility helped students reflect on the balance between intellectual pursuits and inner growth. The trip proved to be a truly holistic learning experience, leaving a lasting impression on their academic and personal journeys.

Department of **PUBLIC ADMINISTRATION**

Field visit to Sagar Hospital

Department of Public administration organized a field visit to Sagar hospital on 14th February 2025, at 02.00 pm of 39 students of first and third year students. The hospital staff incharge briefed about the infrastructural facilities and explained each and every departmental details. There was also a lecture session on the administration of the hospital.



Students gained significant insight into the working of the hospital. Visit was concluded around 4.30 pm, with a vote of thanks from the college and a small refreshment from the hospital. Through this trip student got a better understanding of health care infrastructure and technology of the hi-tech hospital as it relates to their subject.

Department of **SOCIOLOGY**

FIELD VISIT TO IRRULA VILLAGE, RAMNAGAR, KARNATAKA



On August 24, 2024, the Department of Sociology organized a one-day field visit to Irrula Village for 3rd year Sociology students. The primary purpose of this visit was to fulfill a requirement of the Sociology curriculum, providing students with practical experience that complements their academic studies.

During the visit, students were divided into teams of 8-10 members and conducted surveys to gather information on various aspects of tribal life. Their focus included social structures such as family



dynamics, occupational roles, the status of women, and cultural and political practices.

This field visit was designed to offer students a comprehensive view of the Irruliga tribes, bridging the gap between theoretical knowledge and real-world application. By engaging directly with the community, students gained valuable insights into the complexities of tribal societies, enhancing their understanding of sociological concepts and enriching their educational experience.

Department of **TRAVEL AND TOURISM**

Goa Trip



The Department of Tourism of Jyoti Nivas College Autonomous arranged a trip to Goa on November 29, 2024. The tour included 91 college students, 7 staff members, and 3 Sisters. The trip fee covered transportation, lodging, food, sightseeing, and entertainment.

Sisters and faculty members who participated in the trip included Sr Nalini Cruz, Sr Sajitha, Sr Arul Selva Mary, Dr. Anila Thomas, Head of the Department of Tourism, Mrs. Anupama Bhat from the Department of Commerce and Management, Mr. Jeevan from the Department of Physics, Mr. Hemanth from the Department of Electronics, Dr. Reema Lobo from the Department of Zoology, Dr. Namrata Mohan from the Department of English, and Ms. Mary Joseph from the Department of Commerce and Management.

Day one began with an overnight travel by AC bus from Jyoti Nivas College Autonomous Bangalore to Goa. The next day, they arrived to the resort Palmarinha De Goa. After a buffet lunch at the resort, they headed to Calangute Beach for a sunset view and street shopping. After an hour at the beach, they return to the resort and concluded day 2 with a

buffet meal. The meals served were both vegetarian and non-vegetarian.

Day three began with a delicious breakfast at the resort and then everyone proceeded for sightseeing in North Goa and to Sinquerim Beach for sightseeing. After spending an hour at the beach, everyone moved to Ritz Classic - Patto for lunch. Both vegetarian and



non-vegetarian options were available, with the latter consisting of seafood such as fish, shellfish, prawns, and crab. Later that evening Baga Beach was explored and everyone enjoyed the water activities and sports. At night, there was a DJ party at King Uncle Restaurant, and the day ended with dinner at the restaurant.

On the fourth and last day in Goa, after breakfast at the resort everyone was free to relax and enjoy the resort's swimming pool until noon. After lunch, they checked out of the resort and went shopping. Then, in the evening, they went on the Mondovi Cruise and enjoyed themselves. That was the final tourist destination. Dinner was provided at a restaurant at night, and the tour ended here. The journey completed with the group's return to Bangalore on December 5, 2024.

FIELD TRIPS/INDUSTRIAL VISITS



On 27th November 2024, the Department of Zoology organized an educational excursion to the University of Agricultural Sciences (GKVK), Bengaluru. The trip focused on exploring the Sericulture, Apiculture, and Plant Biotechnology units at the University.

At the Sericulture unit, students observed mulberry cultivation, the life cycle of silkworms, and the process of silk reeling. They also had the opportunity to view different varieties of silk moths and their life cycles, as well as taste fresh mulberries for the first time. At the Apiculture unit, they explored beekeeping practices and observed the honey extraction

process. In the Plant Biotechnology unit, students gained insights into genetic engineering techniques, examined advanced laboratory equipment such as PCR machines and incubators, and learned about the development of improved crop varieties with enhanced traits like pest resistance.

This immersive experience provided a valuable opportunity for students to bridge the gap between theoretical knowledge and real-world applications, fostering a deeper understanding and appreciation for these critical fields



Conference, Seminars, Webinars & Workshops

Sl. No.	Department	Title	National/ International/JNC	Date	Speaker	University/ organization
1.	Biotechnology	qRT-PCR for Gene expression studies.	workshop	August 29 th , 2024	Dr. Deepti Saini	Protein Design Pvt Ltd
		Trajectory of Innovation: Exploring the future of Neuroscience and Cancer genomics".	International Webinar	10 th August 2024	Ms.Aditi Swamy	Yale University, USA
		Avenues in Bioinformatics	National webinar	January 31, 2025	Dr. Shayam Mohan,	Union Christian College, Aluva. Kerala
	Botany	Microbes Unveiled: Microbes, the Hidden Champions of Health and Ecosystem	National Seminar	(September 4 th , 2024)	Dr. Deshmukh Arvind MadhavRao. Dr. R. Ushasri	President, Microbiologist Society of India Associate Professor, Department of Microbiology, Justice Basheer Ahmed Sayeed College for Women.
2.	Centre for Media Studies					
3.	Bio-chemistry	Candle Making	Workshop	18 September 2024	Ms. Harshitha	Founder, Beauroma Cosmetics
4.	Chemistry	Seminar (Hybrid Mode): "Overview of Research in Chemical Synthesis and Catalysis"	International	26 th July 2024	Ms. Linda Lallawmsangi	Ph.D. Research Scholar, University of Texas, Arlington, USA.
		Seminar (Hybrid Mode): "An Ongoing Investigation of Concealed Treasure: Gas Hydrates"	National	7th August 2024	Dr. Nagabhushana G P	Assistant Professor, Department of Science and Humanities, Reva University, Bengaluru
		Painting Workshop on Vinyl Board: "Glorious Vitrum"	Institutional Level	11 th September 2024	Ms. Sanitha K S	Research Associate at Bregma Science LLP Formulation and Development of Cosmetic and Personal Care Products.
		SENORA, an exhibition titled "Empowering Women Through Art and Innovation! – The Science of Transformation"	Institutional Level	5 th March 2025	Teacher-in-charge: Dr. Karthika A and Dr. Sudha S with Chemistry students	

	Computer Science	Cyber Security & Ethical Hacking	Seminar in Collaboration with Tech ByHeart	30.07. 2024.	Mr. Haris Sumair, Mr. Sreenath Gopinath, Mr. Resal V	IAS, Director of E-Governance from the Government of Karnataka. Tech ByHeart
		Interactive Machine Learning with Orange Interactive Machine Learning with Orange.	JNC Workshop	06.09.2024	Dr. Srinivas Narasegouda	Assistant Professor, Department of Computer Science, JNC.
		AWS	Workshop	13.February 2025 to 15.February .2025.	Mr. Dilip,	CEO & Founder, Cloud Institution, Bangalore.
5.	Economics	Igniting the Entrepreneurial Spirit	JNC Seminar	11 th February 2025	Mrs. Pallavi Sheker	Architect and Founder of InterSkapeZ and GIBCO platform
					Mr. Y. V. Gundu Rao	former RBI official
					Mr. Sadashiva S,	Head Training Coordinator at AWAKE
		GST Awareness Workshop	National	27 th January 2025	Mrs. Rachna	IRS Joint Director, Directorate General of Taxpayer Services, Bangalore Zone
					Mr. Ebenezer	Assistant Director; Directorate General of Taxpayer Services, Bangalore Zone
					Mr. Girish Rao	Deputy Assistant Director, Directorate General of Taxpayer Services, Bangalore Zone
		Skill Sets for Developing an Entrepreneurial Mindset	JNC Workshop	9 th December 2024	Ms. Sharon Williams	founder of Tabitha Treats
6.	English					
7.	History	Intersections of Heritage Preservation and Sustainability	National level Conference	22 January 2025	Dr. Selvakumar V	Head, Department of Maritime History and Marine Archaeology
					Ms. Yashaswini	Founder of Esthetique Architects
					Ms. Immaculate Antony	
					Ms. Jane D'Souza	Head Department of History, St. Joseph's University

8.	History	Indigenous Knowledge Systems: Ayurveda for Women's Health	Webinar	4 December 2024		
9.	Psychology	Psychology and Special Education	Workshop	July 29, 2024	Ms. Priya Sandeep	Rehabilitation Psychologist and Neurocognitive Developmental Therapist
		Gender & Stereotypes, Respectful Communications	JNC Workshop	July 30, 2024	Ms. Anusmita Kalita, Ms. Archita Thakuria,	JNC
		Mind and Machines: Cyberpsychology	Seminar	August 2, 2024	Ms. Vinnora Shaker	Asia Pacific University, Malaysia
		"How to Approach People on the Subject of Suicide"	Seminar	September 9-10, 2024	Mr. Paras Sharma	Founder of alternative story
		Art Therapy	Workshop	February 10, 2025	Mr. Vishal Benhur	Counselling Psychologist, Counsellor at Christ Academy Institute for Advanced Studies (CAIAS), Bangalore
		National Conference 2025	Conference	March 3, 2025	Dr. Prakasha G S, Ms. Neha Cadabam Ms. Nishtha Budhiraj Dr. Mohan Sunil Kumar,	Associate Professor, Christ University Medical Director and Principal Psychologist Psychologist and Executive Director, Wundersight Chief Psychiatrist, Augmenta Health
10.	Zoology	Molecular Techniques	Workshop	29th November and 7th December 2024	Dr Mahesh	CEO Azyme Biosciences Pvt. Ltd
	Zoology & Genetics	Biobridge 2025	National Level Conference	February 5, 2025.	Dr. Ravishankar Dr. Susheel Kumar Middha Mr. Naveen Pashprthy Dr. Dinesh Bosale	Director and Vice Chancellor of ICAR Central Institute of Fishery Education, Mumbai Educator and Researcher from Maharani Lakshmi Ammanni College, Bangalore, Managing Director of Nandu Groups expert in animal nutrition
11.	Genetics	Training in Molecular Techniques	Workshop	12-13/July /2024 & 16-17/ July /2024	Dr Mahesh	CEO Azyme Biosciences Pvt. Ltd

12.	Mathematics	Mathematics Model Making Workshop - The math in polygons and origami	JNC Workshop	7, August, 2024	Dr. Sr. Arul Selva Mary	Department of Mathematics, Jyoti Nivas College Autonomous
		"From Math to finance, my degree paved my path in Banking"	JNC Alumni Connect Talk	30 August 2024	Ms. Sharon Joseph	Consultant and CEO Guardian bank
		Data Analytics and Visualization	JNC Workshop	14, December, 2024	Mr. Kowshik ML, Ms. Sneha Joseph and Ms. Sophia Sebastian from Genpact India	Industry Genpact India
		'Empowering Science and Technology through Computational Tools'	National Keynote Address Manthanein 2025 Inauguration	24 th January, 2025	Dr. G. Jayalatha,	Associate Professor, HOD, Mathematics RV Engineering College
		"Emerging trends and Technologies in Mathematics and Computing" (ICETMC 2025) TOPIC: Mathematical Modelling of Communicable ailments. TOPIC: Modeling and analysis of contamination of ground water flow. TOPIC: Flow of Fluid in Composite layers.	International Conference	12 & 13 March 2025	Dr. A. George Maria Selvam Head & Associate Professor, Department of Mathematics, Sacred Heart College (Autonomous), Tiruppattur. Dr. Smita S Nagouda Associate Professor Centre for Mathematical Needs, Department of Mathematics, Rev. Sr. Dr. T Arul Selvamary Assistant Professor, Bengaluru, Karnataka.	organized by St. Joseph's college of Arts & Science for Women, Hosur in collaboration with Jyoti Nivas College Autonomous & Sacred Heart College Autonomous, Tamil Nadu.
13.	Physics	Walk through science	National Seminar	10 September 2024	S Hiriyanna	Scientist, UR Rao Satellite centre, ISRO
14.	Commerce & Management	Budgetary Summit	JNC Seminar	August 1, 2024	Mr. Glenn Roger	Co-Founder & Director Finmark Trainers India Pvt Ltd
		Industrial Connect	JNC Seminar	August 10, 2024	Mr. Joel Roshan D'sa	Campus Recruitment Lead, Sabre Corporation
		Gender Budgeting	State Level	February 17, 2025	Dr. Parul Tandon	Chair Corporate Relations, Dayanand Sagar Business School
				February 18, 2025	Dr. Navitha Thimmaiah	Professor and Chairperson
				February 19, 2025	Mr. B L Vasudeva	Sr. Audit Officer, Welfare Officer, Deputy Accountant General (I/C)
		Unlocking Resilience for Personal Growth	JNC Seminar	February 19, 2025	Ms Carol Fortunata	Academician
		Ethical Consumerism	JNC Seminar	February 19, 2025	Dr. Alice Mani,	Associate Professor, Christ University

Odisha Sarees

Introduction

Odisha sarees also known as Odissi sarees is a symbol of elegance, craftsmanship, and tradition for centuries. The origins of Odisha connected with the textile traditions of ancient India. It had a rich textile heritage with each community of weavers bringing their own Variety the distinct and vibrant Odisha sarees. They were made silk, cotton, and khadi

Types of sarees & its nature in Odisha

1. Odissi Ikat saree uses Ikat weaving which has been called poetry on the loom. They use resist-dyed yarn to create blurred, geometric, and floral patterns, with bold motifs in silk or cotton, valued for their artistic and cultural significance.
2. Sambalpuri sarees originated in the 12th century in the Sambalpur and Bargarh districts of Odisha, India. These are handwoven sarees featuring symbolic Ikat patterns, intricate borders and traditional motifs like flowers, leaves, and lattice designs, often inspired by nature, spirituality, and temple art.
3. Khandua sarees are crafted in silk with reverse Ikat weaving, featuring concentric squares, temple motifs, and geometric patterns. These sarees, adorned with nature-inspired motifs, hold spiritual significance, particularly during temple rituals celebrated every year in the temple town of Puri, Odisha during Jagannath Rath Yatra which usually falls in June or July. The Khandua saree originated in the weaving hubs of Nuapatna and Maniabandha in the state of Odisha.
4. Bomkai Sarees/Sonepur sarees origin traces back to the 8th century in the village of Bomkai in the Ganjam district of Odisha. These sarees stand out for their elaborate pallus featuring colorful patterns and motifs such as peacocks and elephants, crafted using the double ikat weaving technique.
5. Kotpad sarees are handwoven by tribal weavers in the Koraput district using natural dyes. It is light, comfortable and eco-friendly, with simple patterns and earthy tones, making it ideal for everyday wear, particularly in hot and humid climates.

Characteristics

The sarees are handwoven by skilled artisans, with each region in Odisha contributing its own unique style, giving the saree a regional identity. It has bright colors, patterns, motifs & borders. It is also light and comfortable.

Religion

The religion of Odisha, deeply rooted in Hinduism and its associated rituals, has a profound cultural connection with sarees, particularly through temple traditions and the worship of deities. During Odia festivals like Rath Yatra or Durga Puja, women wear traditional sarees as a mark of reverence and festivity, blending religious significance with traditional attire. These sarees have patterns that reflect spiritual beliefs and are integral to the state's cultural identity. Sarees are frequently offered to deities as a token of gratitude or to fulfil vows in creating a spiritual connection.

Conclusion

Odisha's sarees continue to be a symbol of beauty and craftsmanship. It embodies the rich cultural heritage of the region. Odisha's history finds its roots in ancient civilization, the richness of its art and architecture, the continuity of its cultural traditions and the wisdom of its rulers especially during the Mauryan dynasty, Gupta dynasty, Gajapati dynasty, Eastern Ganga dynasty, Kalinga dynasty, the Mughals and Marathas. Through these sarees, Odisha continues to tell its stories of ancient dynasties, sacred rituals, and the eternal connection between tradition and modernity.

Snapshots from The Life of Three Teenage Girls

AVNI

March 15, 2025

I entered the school in which I had studied for 10 long years. A bright sunny day, buses parked on both sides of the grey pavement leading to the basketball court, the memories of running around in the playground and playing hide and seek, flashed in my mind's eye.

I entered the inner courtyard and went straight to the office. Mr. Longman, the Principal, asked me to go to room 9. The nameplate was engraved with my name, 'Avni Sharma, School Psychologist'.

While I was looking for names of students in the school, I found the marks of our 10th board examination. There was my name in the 10th position with 75.62 % which I would say as 76% whenever someone asked.

Our Batch consisted of 60 students but there were only 58 students in the list. Suddenly everything flashed in front of my eye like a nightmare.

'Girl died from drug overdose. She was out late at night with a guy friend. Her body found in the river by a fisherman.' – News Report

A shiver ran down my body as I remembered the news. I couldn't sleep the night I heard the news. "Tanu", I said, letting out a sigh.

"Girl suicides from 4th floor of a building." DIED ON SPOT.

I received another suicide news just three days after Tanu's death. "Both of them were my classmates. We grew up together. How could such a thing happen to someone I have known for years?" I thought to myself.

When we went for our farewell, all the teachers and students were talking about the two girls.

Some teachers said both of them had a bad character and the word should not be out that they were from our school.

I was so agitated by their words that I wanted to shout out loud, "Madam, they are dead. Now please stop judging them."

AVNI

January 3, 2014

"Your marks have deteriorated since the last exam. We are very disappointed with you, Avni" said the head teacher. I was filled with the feeling of worthlessness. Studies are the only thing I am good at and I have nothing else to be proud of. Maybe that is why I excel in it.

I left the head teacher's office and went back to the classroom. It was lunch break so I sat in the corner near the window. I kept staring at the limitless sky and could see flocks of birds flying together. I also wanted to be like those birds. Free from bounds of knowing 'what I was expected to do' so that I could do what I really want.

My bubble of thoughts was busted by the noise or rather cheers I would say. My heart skipped a beat. He was arm wrestling, smiling through his bright eyes. His body just was beginning to blossom into youth. He was trying hard with all the strength in his arms.

He won, I smiled, so little that no one could notice.

TANU

January 4, 2014

Where am I? Which place is it?

It is a very dark room; someone is beating on the door. The sound is becoming more and more vigorous and my whole body feels paralysed. I am gasping for air. I am losing all my senses. I died.

I opened my eyes and I was in the bed all sweaty. My heart was pounding. There was a ridiculous headache.

I looked at the clock and it was already 8am. I went to the kitchen and she wasn't there. She had not even prepared anything. Oh mom.

I got ready for school and I was worried where she could have been and if she was okay.

On the way to school I saw her all sweaty and dressed up.

"Where have you been?"

"O sweetheart, I went to your aunt Sima's house."

When did you go out? Even the door wasn't locked."

"I don't remember the time dear but it was still dark I think."

"What the heck?"

I suddenly realised I was already late for my classes. So, I hurried.

"Bye mom. We will talk later. Please don't do it next time without informing me" I said in a helpless tone.

I looked back once and she was smiling.

NAINA

8 Jan, 2014

The morning assembly was over and one by one all students were heading towards their classrooms. There were separate staircases for boys and girls

so that safe distance could be maintained between opposite sexes. Gays, lesbians or bisexuals didn't exist in the dictionary of school authority. So, they didn't bother about them. Everyone in school knew or at least suspected the students who fell in these categories. Some did so to derogate them and others just acknowledged the fact. As I was going upstairs to attend my classes, I was stopped by a moral police teacher whose duty was to assess the decency of girls. She examined my nails, hair, face and uniform. She asked me to pull my skirt, so that it would cover my knees completely. I stared her in the eye for a moment and pulled my skirt down accentuating my waist which irritated her again. She glared at me and I pulled out a bit of my shirt to hide my waistline and look more decent. Finally, she allowed me to go to my classroom. By then I was ten minutes late for class and the teacher had begun dictating the answer he had left incomplete yesterday after the bell rang. I controlled my frustration in my gut to avoid further trouble for myself. I entered the classroom and jotted down like a robot whatever he was saying.

Priyanka Saha

II BAEL

Suicide: An Act of Weak or a Bold One? (Written to Invoke Positiveness)

In the hollow voids of my thoughts, a reel of failure relentlessly plays. Deep within the decency of my blood, an un-nurtured clot lies dormant. They once proclaimed me an epitome of wisdom, of knowledge, a product of elite, royal lineage. They said the younger version of me was made of love, fondness, and emerged from a place of purity.

Yet, I stand convicted, altered, repulsed-oh, how thoroughly I have failed! Amid the chaos of my extinguished passions, I strive to ignite a flicker of hope. In the sanctity of my sorrow, I endeavor to elevate my diminished prospects of tomorrow. They tell me to love myself, to seek out the man, who would siphon away all my agonizing sorrows. But he is no priest, nor does he serve a plate of empathy at my crumbling table. I weep openly, yet my tears

refuse to flow. I scream at passing trains, yet no one truly hears. I converse with the "Always ask for help!" quote on the wall, yet no one offers a shawl of warmth. I purchase the latest self-help books, only for them to gather dust and rust in neglect.

My mantel is crowded with frames where I smile like a normal, content child. I wonder if a child emerges from the womb with a faint desire for self-destruction, for as I grew older, that desire only intensified. Not a day passes without me holding a scorched blade against my wrist, my mind whispering to throw myself into the path of a moving truck, my heart quietly urging me to plunge a butter knife into my chest. I want to end this life-I am undeserving of the air I breathe. I kill myself a little more every day.

I do not belong here; I must escape from this haunted nest.

But then, I gaze at the feet of those who are my heaven. I look into the eyes of those who hold my pride. I find a home in the heart of the one I love. I

realize I must try; I must linger a little longer. I must envision myself through their eyes, reach out, and set fire to the unholy letters of my suicidal cries.

Nusrath Khanum'
III YEAR B.Sc. ETCS

The Future of AI in Education

AI on its way to transform education for the future Artificial Intelligence (AI), it appears, knows no boundaries in its influence over various sectors and education stands out as one of those sectors that have been caught up in AI's web. Moving on through to twenty-first century things are not what they seem to be; artificial intelligence cannot simply be considered improbable anymore within the realm of education at this era, but rather an absolute necessity. There are different aspects such as administering administrative duties to personalized learning experiences that make AI a powerful instrument for transforming the educational system today. One major consequence of using artificial intelligence in schools, colleges or universities is that personalized learning experiences can be developed. Traditional systems based on conventional forms of teaching would have meant that many students would remain behind, whereas using AI has changed all this by assessing a student's strengths, weaknesses as well as preferred methods and frequency rates for learning. With its real-time guidance features, an AI tutor system can offer assistance to students thus providing them clarifications on several issues or even giving directions during difficult problems helping them resolve one's assignment request instantly. Such programs work around the clock ensuring that there is no time when students are left unattended outside normal school hours. AI helps students grasp certain topics or subjects more deeply and delivers engaging contents which are informative. An innovative tool such as this simplifies grading tasks, attendance tracking and class scheduling. For instance, AI grading systems can evaluate multiple choices fast but carefully.

While the promise of AI in education is compelling, only through responsible and informed adoption can AI truly fulfil its potential and ensure equitable access to quality education. The Potential benefits aside, the domain of ethics is also seriously concerned, and there are huge challenges with respect to the integration of AI into education. These are problems regarding data privacy, algorithmic bias and the digital divide that must be worked out to deal equitably with all students and protect their rights. Transparent policy and regulatory mechanisms at the governance level are needed to chart directions on the use of AI in education so that technologies are responsibly and ethically implemented. Furthermore, it is the responsibility of policymakers and education professionals to ensure that AI really enhances the human aspects of teaching and learning.

The future of Artificial Intelligence in the education sector opens with a plethora of exciting opportunities in the form of enrichments to various learning experiences, improvements to teaching practices and administrative streamlining. While the technology for AI improves continuously, such challenges should be approached with utmost care, focusing on ethical practices. By putting the power of AI at the service of a more inclusive, private and equitable education sector, it will unleash this technology to create an accessible future, more vivid for all learners.

Ankita S Banerjee
III BA JLEL

The Impact of Film on Society: Shaping Perspectives and Influencing Culture

Cinema or Film serves as a mirror to the society, reflecting its joys, struggles and complexities. Films are more than just an entertaining weekend pastime. They are vital to the society. Through films, we witness stories that resonate with our own experiences, making us feel connected and understood. It portrays diverse cultures, lifestyles and issues, promoting audience empathy and understanding. Films address diverse fields such as dealing with social and political issues, shedding light on topics like poverty, employment, corruption, marriage and dowry, discrimination and inequality. The films which have tried to present these issues have contributed to raise awareness and inspire change by depicting historical injustices. Cinema is something which is not only restricted to one's country but has the power to tie audiences globally. International films introduce audience to different cultures, languages, food, dressing styles, etc., thus fostering a sense of global unity. Films like this offer glimpses into world beyond our own and let us aspire. Films serve as a powerful platform to change audience minds and leave a lasting impact on them. Whether It's dealing with Social Rights Movements or LGBTQ+ rights, or raising Environment and Health awareness, the medium of Film carries with it a diverse boundary. Iconic characters like Amitabh Bachchan, Indiana Jones, Wonder Woman and Harry Potter have become cultural symbols, inspiring audiences with their bravery, resilience and moral values.

Cinema is a powerful tool for advocacy, with filmmakers often using their craft to address pressing issues and inspire positive change. Cinema has not only remained as a source of entertainment and presenting some message or issues in society, but have also emerged as an important part of education giving rise to the field of Film Studies as the most popular art forms. It's hard to imagine what our lives would be like without motion pictures – those flickering images projected on a screen that have become iconic representations of our inner and outer realities, conveying ideas and feelings from one person or culture to another through space and time. To continue this genre, Film has become a significant subject and industry over the past few

years. Film Industry has created jobs for thousands of people involved in acting, direction, production, screening, distributing and other related activities. Film has changed history repeatedly, but it has never been as influential as it's today.

Advancements in technology have revolutionized the film industry, making it easier for diverse voices and stories to be heard. Streaming OTT platforms like Netflix, Amazon Prime and Disney Plus Hotstar have democratized access to filmmaking and widened the reach of impactful narratives. Movies have always been an effective way to reflect the world around us. Through comedies and dramas, through stories of love, hope, triumph and tragedy, films show who we're as people through the lives of the characters on screen – not just the ones we identify with, but all of them, portrayed by actors who draw us into their world. The best films encourage us to think about ourselves and how we can improve our lives and society; they show us how to better understand one another through compassion and empathy while encouraging critical thinking about how we got here and the direction we're headed. This art form has always been an effective way to change the world around you because they're mirrors that give viewers from all walks of life insights into their own lives – or at least fictionalized versions of them.

Therefore, film as both a reflection and influence of society, continues to inspire us, challenge and change the perspectives of audience. It has the unique ability to ignite conversations, shape culture and evoke emotions that inspire to real-world actions. As we move forward, the impact of cinema on society will undoubtedly remain a dynamic force, inspiring generations to come. By embracing, the power of storytelling, filmmakers have the potential to drive positive change and contribute to a more empathetic, inclusive and culturally rich society. As viewers, we should recognize the profound impact of cinema on our lives and use it a source of motivation or inspiration for positive change.

Ankita S Banerjee
III BA JLEL

Wet Violet Wildflowers

Dark-bellied clouds carrying drizzle have painted the early evening look like dusk. She witnessed clear crystal water drops leaving the swaying emerald leaves. The faint cold fragrance of wildflowers wrapped the atmosphere in a cuddle. The purple blossoms on the bushes danced in the breeze. The ferns meditating on the wall smiled in joy as the rain caressed them. The half-eaten mango took a shower and waited for the squirrel. The puddle of water on the ground blinked every time a bead of rain kissed. The mustard-yellow leaves fallen in the wind lay scattered.

She sat there across him with their legs stretched, and toes eager to brush against each other. As an unexpected chilling gust of wind surrounded them, he found it as an excuse to caress her foot with his toe, slowly reaching the narrow anklet on her right foot. She flexed her toes as a reflex to the tickling sensation. She smiled and turned away. He continued to look at her, and their eyes met. She gestured, asking what it was with her head. He suddenly moved closer to her. As she bit her lower lip in surprise, he gave her premature ventricular contractions due to the proximity of his breath entangled in hers. He adjusted the locks of curls behind her ear. She anticipated that he would propose to her again, because the last time he did, she was battling with her demons. She wasn't sure if her life was a better place for him back then. But today, she deeply wished...

A piece of her heart was all left in her after what had happened to her because of people who lacked hearts. It was when she closed herself completely from the world that he found her. He found her when she was hopeless, directionless, and lost. With her soul weighing on the unknown depth of sadness, she stood there on the edge of life. She pushed away people around her because she didn't want to see them hurt every single time she lost herself. She did not wish to share the pain, because it cut deep; so deep that you go breathless in agony. She was tired of pretending to be strong.

He found her at worst. He hugged her as she was about to crumble. He was Love. He was the traces of a smile that she found looking at her. He was the words that reassured her, "It is going to be okay. I'm here for you". He was pages of her diary who listened to her, absorbing her tears and the

spreading ink. He was Kindness, Patience, and Meaningful Silence. He fell in love with the nudity of her soul as she undressed the veils slowly. He fell for her deeply as she shared her worst fears, insecurities, unspoken dreams, passions, strengths, and weaknesses with him. And the enigmatic charm of it was how he slowly walked closer to her soul at his own pace; unhurriedly, yet beautifully. He was an ethereal moon that poured light into every corner of her life's night. He filled her missing pieces of heart with his and reflected his entire vibrant soul in her. He opened the locked windows of her insecurities and flaws (which she believed), letting in colours and light to her life. He stood by her side as she rebuilt her broken pieces. He blended being a part of her. How could she not fall for someone who loves her more than she could imagine?

"You haven't given me a reply yet", he said, awakening her from the wandering thoughts. He looked into her eyes with hope. She stared at him cluelessly.

"Don't tell me you were zoned out... Okay, let me ask again. Please don't embarrass me, this is my third time", he sulked sheepishly.

Bringing forth a bunch of violet wildflowers, he adjusted his throat.

"In you, my life becomes whole. With you, my days become bright. I would love to lay in your hands this night and for eternity. Daisy, will you marry me?", he knelt in front of her.

"You are my eternity", she said, kissing him.

"Madam, it's time to close the gate. I let you be here for this long because you are a regular visitor. But I have to go home now", said the cemetery gatekeeper as he walked toward Daisy.

Daisy was asleep, her head resting on his tombstone; they were finally together, and not even God dared to separate them this time. The drizzle escalated its pace, but the scent of the wildflowers continued to linger.

Sufana Anakkachery
III BA PYEL

Yahata, Kyushu

These are words from a distant past. They are transmitted to you in an attempt to get the truth about my city, and my people out there in the void. My wish is only for one to find them, and remember the pain of the common folks that builds an empire.

My name is Yuki, and I am 12 years old. I lived with my father in Yahata, Kyushu in the year 1905. He works in Yahata Steel Works, established in 1901 and heavily supported by the Meiji government as part of the empire's expansionist and military-driven policies, making my town crucial for industrialisation and national defense. I am certain that the official propaganda is such that, had you heard of this place or this industry, you would know with big, fancy words like, "Yahata, and its steel mills, is a strategic industrial hub, closely linked to state policies that ensured resources and investments in order to gain self-sufficiency and excellence in steel production - the industry largely supported ship building, railways, and military expansion".

My memories prior to the industrialisation of this little town are bleak and bleary; I do know that my father worked in construction before, as something called an engineer. But back then, his work was light and he was home more often, taking care of my sick mother and raising us, than gone for work. The plant has changed so many things - my town's governance, the landscape, the rivers and creeks. But most of all, it has changed my family.

My knowledge of the whys and hows of these shifts is very limited. All I understood, at the time, was that appa was always gone now - meeting us only on weekends, if at all; always looking haggard and dishevelled with exhaustion; and turning into a shell of himself. I never knew the reason why a man as cheery as him, who found simple joys in a simple life suddenly lost the light in his eyes and the spring in his step. I remember him taking me to the lake to fish once, wanting to spend time with his eldest alone. He was solemn and seemed angry and helpless that way, in a quiet sort of anguish. When asked the reason, he only said - another war is coming and our nation must prepare. Now what must a child of 12 understand of war and strategies? I could only offer him momentary comfort in the familiar, before he went off again to the plant.

My two younger brothers and I lived with our mother outside the industry complex, while father lived with other factory workers in the company dormitories. He often spoke of the long hours and meagre wages, of watching his friends and fellow workers often hurt themselves - for lack of training or education on how to use their safety protection and its necessity in a place of metal and fire. He brought home a friend once who always wore gloves. It was only much later that I learnt that it was because he only had two fingers on his right hand, having lost the others in a series of "accidents and mishaps" while they worked.

We children were always warned to stay indoors after school - who knew what military exercises and drills were always being conducted. We were warned not to go swimming in the creeks anymore - for fear of pollution and disease. In fact, for many of the families in town, people we knew and loved, we had to watch their slow wasting away due to respiratory disease, cancer, and several types of heavy metal poisoning. Mothers and wives lost their children in miscarriages and, those that didn't, lost them to contamination and disease surrounding the hazardous waste from the mills.

I do not know if these words will ever reach another soul, or if the world beyond my time will care for the voices of the forgotten. But I write them still, hoping that someone, somewhere, will remember us - not as numbers in production records or faceless laborers in the empire's march toward power, but as people who lived, struggled, and suffered beneath the weight of progress.

Perhaps Yahata will thrive, its mills roaring even louder, its steel feeding the ambitions of men far removed from the lives they disrupt. Or perhaps time will bury this place, as it buries all things, under the ruins of its own making. I will never know.

But if you are reading this, I ask you to remember. Remember my father and his tired hands. Remember the children who were warned not to swim. Remember the mothers who mourned their unborn. Remember that behind every empire's rise, there are those who were left behind in its shadow.

Satvikki Singh
BA-PYSY II

What did Dolly do on Sunday?

There was once a little girl who had a little dollhouse. In the dollhouse, there were all sorts of dolls- short and tall, tiny and huge, old and young. Our story is about a doll by the name of Dolly. Dolly was talented and clever. She loved to read. She loved to play hide-and-seek. She loved to write in her diary about all the days of the week.

On Monday, Dolly's friends called her to the park. It was her birthday! And they wanted to play hide-and-seek. Dolly tried, she really did, it was just harder to play with her heart in her hand. Her heart stuttered and skipped, faltered and quickened all at the same time. Her heart was not used to being in her hand. It shuddered in terror. Her heart stole her breath and hid it away. "Please," begged Dolly, "I want to play!" But her heart wouldn't give her breath back to her. Dolly had to admit defeat. She couldn't play anymore. Monday was the day that Dolly lost her favourite game.

On Tuesday, Dolly's friends wanted to take her on a picnic. Oh! How Dolly wanted to go, she really did, but her stomach huffed, and it puffed, and it refused to eat. "Please!" begged Dolly, "Candy is my favourite." But her stomach would not listen. Dolly told her friends to go without her. Tuesday was the day that Dolly lost her favourite food.

On Wednesday, Dolly wanted to dance. Dolly loved to dance. Dolly put on a song, but her legs refused to move. Her spine twisted and twisted, round and round, until Dolly shrieked in pain. "Please," cried Dolly, "Please let me dance." But her spine would not untwist. Her legs would not move. Dolly had to stop. Wednesday was the day that Dolly lost dance.

Thursday arrived, and on Thursday, Dolly wanted to listen to music. She turned on the radio. But something was wrong! Dolly was missing one of her ears. She had lost it! Dolly searched and searched, under the bed and on the counter, in the cabinet and in the sink, even in the teacups! But it was nowhere to be found. Dolly gave up. Thursday was the day that Dolly lost music.

On Friday, it was a beautiful day out. The sun was sparkling, and the air was fresh and sweet. Dolly decided to go outside. Dolly needed some cheering up after the week she'd had. But as soon as she put one foot out, her skin burned! "Please," said Dolly, "not you too!" "It hurts!" moaned her skin in

response. Dolly had no choice. She shut the door. Dolly had lost even the sun.

On Saturday, Dolly thought of that terrible day. Everything had been wrong ever since that day, since the day she Fell Apart. When they had first put her back together, Dolly had been sure they'd done it wrong. "Hearts don't go in hands! And ears aren't supposed to fall off. And stomachs are supposed to like candy!!" But they had told her that she'd been quite lucky they had even been able to put her back together. "Not everyone can be put together," they had told her. But Dolly wasn't sure she was really 'put together' at all.

On Sunday, Dolly stared out of the window. The grass looked green and thick, and the sky was a bright blue. Oh, how Dolly missed the outside! Dolly heard a knock on the door. It was her friends. "Play without me," she told them. "I can't do anything." But her friends didn't want to play outside, they wanted to come in! Dolly's friends had brought paints in different colours and puzzles to do and board games to play and books to read. "I'll make us all some hot chocolate," said one of Dolly's friends, "Would your stomach like that?" To Dolly's surprise, her stomach agreed! "I think I can have hot chocolate!" Dolly's friends gave her some cream, and when she put it on, her skin sighed in relief. "I feel much better now!" said her skin. Dolly's friends took her heart from her hand and rocked it back and forth, until her heart felt happy and relaxed. It didn't skip or shudder for the whole time they rocked it. Dolly felt happy too. She painted the green grass and the blue sky. She drank her hot chocolate. She tried playing the guitar her friends gave her and found out her remaining ear liked listening to it! "Maybe I can't dance anymore, or play hide-and-seek," Dolly thought, "But painting is good too. And now I have more time to read." Dolly had decided. She wrote in her diary what she would do the next Monday and Tuesday and Wednesday and Thursday. She would paint one day, read on another, draw the next, and then learn songs on her new guitar. And every day she would do puzzles and play board games and drink hot chocolate with her friends. She had new things to look forward to every day of the week.

Sunday was the day that Dolly found hope.

THE END

Jyotsna

A Journey to Herself

In the quiet of night, she battles her mind,
Lost in a world that's often unkind.
Pressure from family, whispers from friends,
Striving for balance that never quite ends.
Is it worth living just to please others' eyes,
Or to wear a mask and endure the lies?

Bearing a heavy load,
Walking a narrow road,
Her efforts dismissed, she faces disappointment's call,
Oh, an elder daughter she must be, after all.

With each passing day, she starts to see,
A strength within her, a light breaking free.
No longer bound by doubt or strife,
She embraces her power, she owns her life.
A teenager no more, a woman she'll be,
Strong and fearless, finally free.

Sara Hafsa
II B.Com

Countless Thoughts

Am I? Am I not?
Doubting everything I've got,
Rising above the line of lies,
True reflection in her eyes.

I thought of letting go of you, but
Held me back with a tinge of blue.
Feelings, come to me no more;
Love, joy, me, the only cure

Show me what you see,
Caged or someone who's free?
Sigh, not what I want,
Knowing me, they will haunt.

The wandering mind chooses some
Loyal type, like a gum.
Shining self, glassy mask,
Being liked, the only task.

Finding me in the limelight,
Sense of self, limited fright.
Reading with my glasses on,
Feeling, where have you gone?

Power that lies within me,
Creases erased with glee.
Love me or love me not,
Found things I never sought.

Amritha A Warriar

III Integrated B.Sc. M.Sc. (Clinical Psychology)

*Cry me a
River*

Cry me a river
pool at the edges of those eyes
let sorrow flow from the edges
staining your crimson world.

Cry me a river
fill up your heart as such
and let it pour an endless trail
upon your florid face.

Cry me a river
so the universe bubbles up
in yellows and golds and stars,
to swirl in a cauldron.

Cry me a river
forget I ever held that very ocean
upon my heart too.

Fateen Imran
I BA, CEOEP

Happens

So be it. A phase where you are lost.
A phase where you are empty.
A phase where you are colorless-
a phase where you no longer feel alive.
A phase where no one knows you.

You embrace the power of loneliness,
hitting the rock of insecurity,
drowning in hard reality,
sobbing over love, asking for grace.
You emphasize the tragedy,
accept the thorns,
and catch the bleeds while searching for hope.

I grew up letting people stamp me,
crawling on, surviving,
getting through the worst days.
Leaving the plate with little,
saying to myself,
“It’s going to settle.”

But I pleaded with God for wishes.
I turned toward the future,
saying, “Let it happen.”
Let me see it-
the little stars in my heart
showing a faint light,
sparkling even in betrayal, jealousy, and love.

Cut it down, let it cut you-
but not for too long.
You are safe.

Safe and sound,
because it’s you-
you, turning and standing
in front of all evils
and the wills of darkness.

I started seeking peace and joy.
A day not long from now,
encountering beauty-
standing still,
looking at the sky, breathless and beautiful,
with water in my hands.

Questioning my existence,
involving tantrums and distress,
I hereby beg you
for the love and peace I deserve.

In the end,
it’s always You and I.

Steffi Macrin D
III BA PYEL

Midnight Conversation with the Moon

In my room I lie awake
Midnight's hush a gentle ache.
No moon in sight the sky concealed
Yet in my mind it's beauty revealed.

Imagining the celestial ballet
Star twinkle in their cosmic play.
The moon a hidden elusive boon
Whispers in my quite room.

I ponder the phase it wears tonight
A silver crescent a tranquil light.
Though unseen it's presence swoon
Midnight conversations with the moon.

Faryal
I B.Com 'C'

NATURE

The stars go waltzing out in gold and blue
Strokes of Vincent screams through asylum
The sunflowers once bloom and die
An unquenched thirst of man and nature
What heals the soul of man?
Vincent looks for answers.
Through his window, starrng at stars,
Waltzing in gold and blue.

Priyanka Saha
II BAEL

MUSIC

Music is everywhere
Music is in the soothing sound of the breeze
It is in the flowing waters of the stream
It is in the pouring rain and even in the
Rain droplets dripping on the balcony's grill.

It is in the chirping and humming of birds,
It is in the whistling of the trees.
You fill the nature with your magic and grant us serenity;
The Almighty created the world and
You gave it vibrancy.

Your sounds give calmness, delight and bliss.
You come from a singer's heart with the emotions within,
And from the instruments that make us spellbound.
We sway to your rhythm and leap with joy to the beats.

Music speaks when words can't,
An expressive of human emotions.
A companion at all times,
Would have been unimaginable Without You.

Petrina Paul'

I B.Com 'A'

Like a River

There is no question of mine and yours if we are
one,
and so we are.

I spin along with the earth through time,
Like a keychain round the finger.

The world is too big to make sense of,
So I love the interstices.

On stairs, in corridors.

If there is no God then here,
I create one with my word; you,
Standing before me smiling.

All fights have been fought before,
Then what's the point in fighting?
Even Krishna had to leave Radha,
Then who am I to fear parting?

There are flowers to grow,
And I love like a stream, wandering.

Liz Benny

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THE BALL of ORANGE

Meow meow is all he says
As he fills places with his presence
With little paws leaving marks on the ground
He jumps and plays
Reminding with every move the orange cat he is
He climbs on to my lap when he feels like
With each time making me more in awe of him
He brings a smile to my face
Even though I am miles away from the beach

Shreya Rane

II BAEL

COULD WE...?

We all wear masks -
Some in layers of makeup,
Others in the smile they wear.
We all wear masks -
We smile at the people walking with us,
Even as our ankles are shackled and bleeding.
When someone's words play like a flute's melody,
And turning us into a swaying, hypnotised snake.
We forge armours of our speech,
A fine chainmail woven with shapeshifting truths.
And our swords - the actions we do -
A stray comment, an annoyed roll of our eyes,
Become a diary entry in someone else's mind.
With our mask and our smile,
Our speech and our actions,
We hide the scars of the past under full-sleeved shirts and baggy jeans.
We survive the present, distracted and worried,
Always looking over our shoulder - ready to flee or to fight.
We prepare for the future - forming an ointment of
genuine words and comforting care from the people around us.
But sometimes I think...
If we could all say what's on our mind,
Like a dam of naked truths bursting forth and flooding the world,
Could we leave our masks at home or - even better -
Throw them a world away?
Could we dream without having to fear sabotage?
Could we run and swim, dance and sing,
At full speed, simply basking in the moment?
Could we look around and take in the amount of love
We are receiving and forgetting the ones we never truly felt?
Could we just live, breathe, stay,
And live our lives like the humble epic it is meant to be?

Satvikki Singh, BA- PYSY II

The Heart's Hidden Ache

You were the root of my trees
Even when I broke each tender petal
I scorned you till my vitality faded.
But you made me blossom when deserted.
I was deaf to all your love's rhythm
But you remained the pure essence of love until the last breath
I was a mirror that questioned yourself- worth
Yet you were the sunshine that made me thankful.

Shiny Aldin

SNOWFLAKE MEMORY

Sometimes it suddenly feels like the world ended
Like the breath and the voice have been snatched from your chest
It's what I imagine screaming silently would feel like -
Like crying with no tears, running with no movements,
Like reaching out into emptiness,
And feeling cold under the summer sun.
And there is nothing to be done about it
Except sit very still
And hope the ceiling doesn't collapse,
And the fire doesn't touch you,
And the water fills you,
And flows around your body and into your mouth until
Until there is no place to be besides submerged.
Surprisingly a lot of things can make you feel like that -
A sorrowful smile, a happy tear, the sting of betrayal,
A song, a tape recorder, a promise broken,
The rain and lightning and thunder.
And even
The sight, feel, sound
Of a car driving away.
It can make your world rip to shreds,
Whatever home you knew, suddenly gone,
With memories that feel like snowflakes,
Tiny, delicate, and fleeting,
There one second, and gone the next.
And then, eventually nothing would be left
Except the ache of love, fire of pain,
And the faint trace of ancient tears
Feeling like they are running down your face
All over again.

Satvikki Singh
BA- PYSY II

THE FADING HANDS

I reach for you through this thickened air,
But all I find is a shadow, bare.
We used to speak without a sound,
Now I'm lost, and you're not around.
I still feel your laughter in the wind,
A warmth that time can't rescind.
But your eyes – they're turned away from mine,
A distance growing we can't define.
How do I hold what slips like sand?
How do I reach your fading hand?
The world feels colder the colors fade,
I'm losing you, I'm unmade.

Daniya Azmath
I B.Com 'C'

CHASING STARS

Sometimes things are so plainly unfair
That they hit you, leave you
Somehow empty, hollow inside.

And then, the endless waiting
For "Time will heal" to mean something.
It's the hope that one day "okay" will feel real
That smiling won't feel like swallowing a frown
That turns you into an empty can.

It's also the peculiarity
Of waiting for things and feelings
To someday fill you again.

And amidst it all, you remember -
A smile, a pair of eyes,
The feel of soft hair,
and a strange welcome warmth,
And hot breath and rough sand,
The wind in my dress,
The world in my left hand,
With the sun setting, and the night -
For once bringing only more light.

And remember,
Earth-shattering words,
Spoken confidently with a smirk.
And don't think -
Of grey clouds,
Of blue blazers.

Satvikki Singh
BA - PYSY II

THE "ONLY" CHILD

She grew up in the quiet,
A life wrapped in stillness,
not because no one was there,
but because she choose it.
The noise of the world felt too sharp,
too heavy, just too much.
So, she stayed in her cocoon,
safe untouched.

Her parents loved her
More than words could show,
but love isn't always enough,
when no one really knows-
Knows how it feels to carry so much inside
to long for connection yet want to hide.

She wasn't made for open spaces,
For the world's chaotic, rushing faces.
Her heart was tender, her words restrained,
Her emotions a storm she couldn't explain.

Oh, how she dreamed of someone who'd see,
the raw, unspoken parts of her being.
Someone to share her messy soul,
To feel her gaps and make her whole.

But for now, she stays in her quiet place,
alone, yet safe, in her chosen space.
The only child, a girl, a story untold,
searching for warmth in a world so cold.

Daniya Azmath
I B.Com 'C'

THE MIDDLE CHILD

I am the middle, the forgotten name,
Caught in a cycle of love and blame.
Not the first to blaze a trail so wide,
Nor the last to be held with pride.
They speak of me in fleeting tones,
A puzzle left to solve alone.
I cry, I laugh, I ache, I yearn,
But who is there when it's my turn?
Bruises land where words won't heal,
They tell me it's nothing, "You'll learn to deal."
But how does one grow in a garden so cold,
When the soil rejects the roots it should hold?

I am not a ghost, I breathe, I feel,
I am not the bridge, I am something real.
See me, hear me, hold my hand,
Understand me—don't reprimand.
For in this heart, there's fire untamed,
A spark that refuses to be shamed.
I am the middle, but I am whole,
A human with an aching soul.

Daniya Azmath
I B.Com 'C'

THE CANVAS

Trace lines etched on the hands,
winged by the
whispers of your hairs
Moles, scattered
constellations on the
skin, mapping the past
written in flesh
Unguis, like crescent
moons on the fingertips,
feeble guardians of every
touch.

Lashes witnessed every
fragment of time,
catching fleeting wishes
with every blink
Veins, mapping the
Body's geography—a
living atlas, etched in
blood flowing towards
the shallow valleys
beneath the clavicle, a
pool of memories, neither
sinking nor blooming.

The contours of the
auricula, where secrets
rest in the quiet folds.

And all of these veiled
with the shadows of
scars left by you

Ayesha Siddiqua

The Three of us; My Two Big Brothers and Me

Brothers like you are a precious find,
The bond between us, one of a kind.

Small and full of curiosity, elder brother struggled to carry me,
Eldest brother lifted me with gentle might,
A childhood memory, pure and bright.

Defending me seriously, offending me sarcastically,
Like Crash and Eddie from the Ice Age, guarding Ellie's way,
You two brothers keep me safe along the way.

When you'd walk away to school each day.
Too small to join, I'd cry and stay.
Hours of playing board games together, never bored,
And in each other's company, we were never ignored.

Parents were out, in the dark night,
Elder brother, you scared me so bad and gave me a fright.
One car ride, with me sleeping so tight
On my eldest brother's shoulder, a cozy and safe sight.

From math to maps, they lent a hand.
In 10th grade, a challenge so hard, they taught me to
draw India's map and made me regard.

Through thick and thin, all our challenges we win.
As a trio, we create the perfect sibling portfolio.

In closing, I just want to say,
Thanks for being my buddies and my confidants.
And thanks for making me question my sanity each day.
Our bond will last a lifetime, come what may.

Keziah Reddy N
I BA ESPA

THE REAPER

Watching the light fade from their eyes.
The Reaper despises even the thought of
Granting more time to those past their due.
Every day that passes, he is
Going by the motto "You cannot evade death."
He will not be

Letting people escape from him and their imminent death.
Oh, and how he delights in
Stealing lives and bringing souls to Hell.
The horrors he endures when
The souls he reaps go to Heaven.

He truly only wants what's best for
Himself, not the others.
He would rather throw into the fiery pits
All the souls he has ever taken.
They deserve his sympathy—
That is a lie.
He is horrifying, the worst.
He is Death; He is the Reaper.

Fateen Imran
I BA CEOEP

The Wind is what Captures the Soul of a Traveller

Even in the brink of my ruins,
All I yearn for is to breathe the air of the open field,
The gardens, the valley and the buzzing markets down the alley,
THE AIR OF FREEDOM.

The bright sun giving hope for the day, to work even harder for my goal.
The clear stars giving me directions and welcoming me after a long day.
The grass that awaits my touch to be felt loved.

The trees that never fail to cast their shadow when I lose my own.
Yes, I am in love with-

The peace that is in the freely moving air between the mountains capturing my soul.
On the other side, I still envy the urban city girl I am.

The streetlights that keep me company, after a tiring day.

The foggy night sky which doesn't allow me to get swayed by the extraordinary
beauty of the starry portrait.

The crusty roads, embracing my each and every step even in their pitiful state.

The roof made up of dreams and ambitions finally turning into a home to lay all your worries down.

Yes, I am still in love with-

The air that carries a lot of smoke and pollution but also news and stories of different worlds
travelling between each cuts and corners conveying solace to many disturbed metal heads.

Archana K R

Watching Him Wait

Seeing your dad sit helpless, On a chair, lost in thought, A moment stretched in silence, A battle once bravely fought.	But small things slip through my fingers, Like grains of sand in the breeze, I stand, a witness to his struggle. Crushed beneath my worries, my unease.
Realizing how weak he's becoming, Day by day a fragile thread, The strength I once admired, Now a shadow, quietly fled.	Yet in this quiet observation, A lesson wrapped in love, That strength is not just in the body, But in the spirit from above.
Helplessness grips my heart, As I yearn to ease his pain, To drive him to hospital, To shield him from the rain.	So here I sit, heart wide open, In the weight of this moment's embrace, Finding beauty in the broken, In the love that time cannot erase.

Daniya Azmath
I B.Com 'C'

WOMEN

An epitome of grace,
A beautiful soul,
With the priceless heart of a mother
She is one of god's magnificent creation
Without her, the world is void.

Then why has she become
An epitome of disgrace?
Constrained to only physical attraction,
Her Emotions undervalued.
Inferior to men, living in a patriarchal society,
With misogynists and male chauvinists.
A victim of men's objectification, judged solely for
her appearance,
Blamed for attracting men by her attire.

She is judged for everything she does,
Forced to live up to society's standards.
Bound to stereotypes, lacking freedom and
equality.
Never allowed to dream and fulfill her passions.
Even though women have proved they can achieve
in all fields just like men,
She is still looked upon as worthless.

From generations we women face this cruelty,
Why do we face these pains
Are we meant for this?
Don't we deserve to be respected and valued
Why only women...
Why?

Petrina Paul
I B.Com 'A'

ನಾನೇಕೆ ಬರೆಯುತ್ತೇನೆ?

ನಾನೇಕೆ ಬರೆಯುತ್ತೇನೆ?
ನಾನೇಕೆ ಬರೆಯುತ್ತೇನೆ?
ನಾನೇಕೆ ಬರೆಯುತ್ತೇನೆ?
ನಾನೇಕೆ ಬರೆಯುತ್ತೇನೆ?

ಒಬ್ಬಂಟಿಯಾಗಿದ್ದಾಗ ಭಾವನೆಗಳು ಕಡಲಿನಂತೆ
ಕಡಲ ಬಡಿತದ ಶಬ್ದದಂತೆ
ಬವಣಿ ಬರುತ್ತಿದ್ದವು ಬಳಿಗೆ
ಆ ವಿಶಾಲ ಬಾನಿನಂತೆ

ಜೀವನವೆಂಬ ಬರಗಾಡಿನಲ್ಲಿದ್ದಾಗ
ಬೆಸೆದು, ಬೆವೆದು, ಬರಿಗಾಲಿನಲ್ಲಿದ್ದಾಗ
ಬಾರದ ಭಾವನೆಗಳನ್ನು, ಭವನದಿಂದ
ಭೂಮಿಯ ಭೂಚರಗಳಿಂದ

ನನ್ನಲ್ಲೇನು ಬರೆಯುವ ಛಲವಿರಲಿಲ್ಲ
ಆದರೂ ಭಾವನೆಗಳಿಗೇನು ಕೊರತೆಯಿರಲಿಲ್ಲ
ಕವಿಯಾಗಬೇಕೆಂಬ ಆಸೆಯಿರಲಿಲ್ಲ
ಆದರೆ ಈಗೊಮ್ಮೆ ಪ್ರಯತ್ನಿಸಬಹುದಲ್ಲಾ!

ಬರಿಸಿಕೊಂಡು, ಬಂದಿತೋ? ಬರುವದೋ?
ಬಾರದೇ ಇರುವದೋ?
ಎಂಬ ಬಿರುಕಿನ ಬದುಕನ್ನು
ಬರೆಯುವ ಪುಟ್ಟ ಕನಸನ್ನು

ನನ್ನ ಬರವಣಿಗೆಗೆ ಕಾರಣ
ನನ್ನೆಲ್ಲಾ ಭಾವನೆಗಳ ಬಣ
ಶುರುವಾಯ್ತು ಬರಹಗಳ ಪಯಣ
ಇರದಿರಲ್ಲಿ ನನ್ನ ಭಾವನೆಗಳಿಗೆ ಮರಣ!

ಭಾವನೆಗಳಿಗೆ ಬಣ್ಣವನ್ನು,
ನಡೆಸುತ್ತಿರುವ ನನ್ನನ್ನು
ಬಾಳಿಗೆ ಹೊಂಬೆಳಕನ್ನು
ನೀಡಿದ್ದು ನನ್ನೇ ಭವ್ಯದ ಪೆನ್ನು!

ಪ್ರಾರ್ಥನಾ ಪ್ರಿಯ .ಪಿ
I B.Sc. PJCS

ಮಳೆ ಸುರಿದು ಬಾ ಹರಿದು ಬಾ

ಮಳೆ ಶುರುವಾಯಿತೆಂದರೆ ಸಾಕು, ಎಲ್ಲೋ ಅವಿತಿಟ್ಟ ಕೊಡೆಗಳು ರೈನ್ ಕೋಟ್‌ಗಳು ಹೊರಬರುತ್ತವೆ. ಬೆಚ್ಚನೆಯ ಬಟ್ಟೆಗಳು ಖಾರವಾದ ಕುರುಕುಲು ತಿಂಡಿಗಳಿಗೆ ನಾಲಿಗೆ ಹಪಹಪಿಸುತ್ತದೆ. ಬೇಸಿಗೆಯಲ್ಲಿ ಮಾಡಿಟ್ಟಿದ್ದ ಹಪ್ಪಳ, ಸಂಡಿಗೆ, ಬಾಳಕಗಳು, ಬೋಂಡ ಬಜ್ಜಿ, ಕರಿದ ತಿಂಡಿಗಳನ್ನು ಬಾಯಾಡಿಸುತ್ತಾ ಸುರಿವ ಮಳೆಯನ್ನು ದಿಟ್ಟಿಸುತ್ತಾ ಆಗಾಗ ಫೀಳಿಡುವ ಸಿಡಿಲು ಗುಡುಗುಗಳಿಗೆ ಬೆಚ್ಚುತ್ತಾ ಹಿತವಾಗಿ ಮಳೆ ಹಾಡನ್ನು ಗುನುಗುತ್ತಿದ್ದರೆ ಸ್ವರ್ಗಕ್ಕೆ ಮೂರೆ ಗೇಣು.

ಲಕ್ಷ್ಮಿ ನಾರಾಯಣ ಭಟ್ಟರ
“ಸುರಿದು ಬಾ ಹರಿದು ಬಾ ಜಲರೂಪಿ ಬಲವೆ
ಮಿಂಚು ಹೊಳೆಯ ಗುಡುಗು
ನುಡಿಸಿ ಗಿರಿಮುಡಿಗೇ ಅಭಿಷೇಕ ಹರಸಿ”

ನೆಲಕೆ ಉಸಿರಾಗಿ ಇಳಿದು ಬಾ, ಇಳೆಯ ಬಾಳನ್ನು ಎಂದು ಹಾಡಿಕೊಂಡು ಅವನ ನೆನಪು ಹೊದ್ದು ಮಲಗಿದರೆ, ಭರ್ತಿ ನಿದ್ರೆ ಮಳೆಯೂ ಜೋಗುಳವಾಗುವ ಈ ಪರಿ ನಂತರ ಕನಸಿಗೂ ಸೇತುವಾಗುತ್ತದೆ. ಕನವರಿಕೆಯಾಗುತ್ತದೆ. ಮುಂಜಾನೆಯ ಮಳೆಬಿಲ್ಲಾಗುತ್ತದೆ.

ಕಲ್ಪನ.ಎಸ್
II BCA - DSc

ಜೀವನ

ಇಂದು ನನ್ನ ಹೃದಯ ಮಾತನಾಡುತ್ತದೆ,
ನನ್ನ ಆತ್ಮ ಬರೆಯುತ್ತದೆ,
ಎನೋ ವಿಚಿತ್ರ ಭಾವನೆ ನನ್ನಲ್ಲಿ,
ಈ ಜನನ, ಜೀವನ, ಸಂಬಂಧಗಳು,
ಆಲೋಚನೆಗಳು ಹುಟ್ಟುತ್ತವೆ ಮತ್ತು ಸಮಯದೊಂದಿಗೆ
ಕಡಿಮೆಯಾಗುತ್ತವೆ..

ನೀವು ಏನು ಮಾಡಲು ಉದ್ದೇಶಿಸಿರುವಿರಿ?
ಜೀವನದ ಸತ್ಯಗಳು ಇತ್ತೀಚೆಗೆ ಅರ್ಥವಾಗುತ್ತಿವೆ,
ಆಗ ಸ್ವಲ್ಪ ಹೊತ್ತು ಮೌನವಾಗಿ ಪಶ್ಚಾತ್ತಾಪ ಪಡುವುದು ತಡವಾಗುತ್ತದೆ
ನೀವು ಏನಾಗಿದ್ದೀರಿ ಮತ್ತು ಏಕೆ ಎಂದು ಭಾವಿಸುತ್ತೀರಾ?
ಎಲ್ಲಾ “ಜೀವನ” ಎಂದರೆ ಏನು ಎಂದು ನಿಮಗೆ ತಿಳಿಯುತ್ತದೆ.

ಶ್ರೀಲೇಖ ಎ
III B.Com 'C'

ನಾನೇಕೆ ಬರೆಯುತ್ತೇನೆ?

ಕಲ್ಪನೆಗಳ ಸಾಲಿನಲಿ,
ಭಾವನೆಗಳ ಲೀಲೆಗಳಲಿ,
ಚಿಂತನೆಗಳ ಸಾಗರದಲಿ,
ಅಕ್ಷರಗಳು ಉದುರಲು....!
ನಾನೇಕೆ ಬರೆಯುತ್ತೇನೆ...?

ವಿಷಯಗಳು ನೂರಾರು,
ವಿಚಾರಗಳು ಸಾವಿರಾರು,
ನೆನಪುಗಳು ಹಲವು,
ಕನಸುಗಳು ಕೆಲವು....!

ನಾನೇಕೆ ಬರೆಯುತ್ತೇನೆ....?

ಕಲ್ಪನೆಯಲಿ ತೇಲಿಹುದು,
ಭಾವನೆಯಲಿ ಬಂದಿಹುದು,
ಚಿಂತನೆಯಲಿ ಅಡಗಿಹುದು,

ಅಕ್ಷರದ ಪದಗಳನ್ನು ಜೋಡಿಸಿ ಕವನದ ರೂಪದಲಿ....!
ವಸ್ತು ವಿಷಯಗಳನ್ನು ಆಯ್ದು,
ವಿಚಾರಗಳ ಜೊತೆಗೂಡಿಸಿ,
ನೆನಪಿನಂಗಳದಿ ಉಳಿದಿಹ ಪದಗಳನು,
ಕನಸುಗಳ ನನಸಾಗಿಸಲು....!

ಕಲ್ಪನೆಗಳ ಸಾಲಿನಲಿ,
ಭಾವನೆಗಳ ಲೀಲೆಗಳಲಿ,
ಚಿಂತನೆಗಳ ಸಾಗರದಲಿ,
ಅಕ್ಷರಗಳು ಉದುರಲು....!

ನಾನೇಕೆ ಬರೆಯುತ್ತೇನೆ...?

ಧನ್ಯವಾದಗಳು

ವೈಷ್ಣವಿ ಪಿ.ಡಿ
I B.Voc Banking & Finance

ನಾನೊಬ್ಬ ಯುವತಿಯಾಗಿ ನನ್ನ ಕರ್ತವ್ಯ ನಾ ಯುವತಿ, ಸಮಾಜದ ಸಾರಥಿ!

ಅತ್ತ ನೋಡ, ಇತ್ತ ನೋಡ
ಸುತ್ತಲಿಹುದು ಕರ್ತವ್ಯದ ಕಟ್ಟಡ
ಉಂಟು ನನಗೆ ಯುವತಿಯೆಂಬ ಗರ್ವ
ನಿರ್ವಹಿಸುವೆನು, ಅದು ನನ್ನ ಧರ್ಮ
ವೈವಿಧ್ಯ ಜನರಿರುವ ಸಮಾಜದಲ್ಲಿರುವೆವು ನಾವು
ತೊಳೆಯಬೇಕು ಕಲ್ಪಿತ ನಾಯಕತ್ವದ ಕಾವು

ಇರುವುದು ನನಗೆ, ಇದನಾಯ್ತೆ ಮಾಡುವ ಹಕ್ಕು
ಮತ ಚಲಾಯಿಸಿದಂತೆ, ಬೆರಳೆಂಚಿಗೆ ಬರುವುದು ಇಂಕು

ನನ್ನೊಂದು ಬೆರಳಿಂದಾಗದು ಯಾವ ಬದಲಾವಣೆ
ಎಲ್ಲರ ಸಹಮತವಿಲ್ಲದಲ್ಲಿ, ನಮ್ಮ ಕತ್ತಿಗೆ ಈಳಿಗೆ ಮಣೆ
ಹೋರಾಡಲು ಸಿದ್ಧ, ಅನ್ಯಾಯದ ವಿರುದ್ಧ
ಅಡೆ-ತಡೆ ಲೆಕ್ಕಿಸದೆ ನಿಲ್ಲುವೆನು, ಮಾತಿಗೆ ಬದ್ಧ

ಸಮಾಜವಲ್ಲದೆ, ಕೊಳಕು ಆಗಿಹುದು ನಿಸರ್ಗ
ಸ್ವಚ್ಛ ಮಾಡಬೇಕು, ಇದೇ ನಮ್ಮ ಸ್ವರ್ಗ
ಮುಂದಿಡುವೆ ನನ್ನ ಹಸ್ತ
ನೆಮ್ಮದೆ ಮರುತರುವ ಸಮಾಜದತ್ತ.

ಸಹನ ಪಿ.
III B.Sc.

ಪ್ರೀತಿ

ನಾ ಕಂಡ ಪ್ರೀತಿಯ ಹೆಸರು ಒಂದೆ.
ಅದನ್ನು ಅನುಭವಿಸಿದ ರೀತಿ ನೂರಾ ಒಂದೇ!
ಅಮ್ಮನ ಮಮತೆಯನು ಕಂಡೆ,
ಎರಡಕ್ಕೂ ಒಂದೇ ಹೆಸರನ್ನು ನೀಡಲೆ!

ಅಕ್ಕ ಅಕ್ಕರೆಯು, ಅಣ್ಣನ ರಕ್ತಣೆಯು,
ತಂಗಿಯ ತಬ್ಬಲಿಯು, ತಮ್ಮನ ತರಲೆಯು,
ಅಜ್ಜಿಯ ಕೆತೆಗಳು, ಅಜ್ಜನ ಸಕ್ಕರೆಯ ಮಾತುಗಳು
ಇವೆಲ್ಲಾದಕ್ಕೂ ಒಂದೇ ಹೆಸರು ನೀಡಲೆ!
ಅದು ಪ್ರೀತಿಯೇ!

ನದಿಯಲ್ಲಿ ಹರಿಯುವ ತಿಳಿ ನೀರಿನಂತೆ,
ಸಿಗುವುದೇ ನಂಬಿಕೆಯ ಪ್ರೀತಿ?
ಹಾಲಿಗೆ ಸೇರಿಸುವ ಸಕ್ಕರೆಯಂತೆ?
ಸಿಗುವುದೇ ಸಿಹಿಯಾದ ಪ್ರೀತಿ?

ಕೆಂಪು ರೋಜ ಹೂವಿನಂತೆ
ಸಿಗುವುದೇ ಹಿತ ಪ್ರೀತಿ?
ಬಣ್ಣದ ಚಿಟ್ಟೆಯಂತೆ
ಸಿಗುವುದೇ ಮೃದುವಾದ ಪ್ರೀತಿ?

ಇಂತ ಪ್ರೀತಿಗಾಗಿ
ಕಾಯುವುದರಲ್ಲಿ ಇದೆ ಹಿತ!
ಇಂತ ಪ್ರೀತಿಯಲ್ಲಿ
ಮರೆಯಾಗುವುದರಲ್ಲಿ ಇದೆ ಹಿತ!
ನಾ ಕಂಡ ಪ್ರೀತಿಯ ಹೆಸರು ಒಂದೆ.
ಅದನ್ನು ಅನುಭವಿಸಿದ ರೀತಿ ನೂರಾ ಒಂದೇ!

ನಿಶಾ ಕುಮಾರ್
II PHCs

ಕನಸು

ಮೂಡಲ ನೇಸರನಿಗೆ
ಪಡುವಣ ಸೇರೋ ಕನಸು,
ಅಣೆಕಟ್ಟಿದ ನದಿಗೆ
ಹರಿದರಿದು ಹೋಗೋ ಕನಸು.

ಹೆಜ್ಜೆ ಗುರುತುಗಳಿಗೆ
ತಮ್ಮೂರ ಸೇರೋ ಕನಸು,
ಮಳೆಗರಿದ ಮೋಡಕ್ಕೆ
ಮತ್ತೊಮ್ಮೆ ಹನಿಯಾಗೋ ಕನಸು.

ಮುಗಿಲೇರಿದ ಸೂರ್ಯನಿಗೆ
ದಿನವೂ ಮುಳುಗೋ ಕನಸು,
ಭೋರ್ಗರೆಯುವ ಅಲೆಗಳಿಗೆ
ಎದ್ದೆದ್ದು ಬೀಳೋ ಕನಸು.

ಒಣಗಿದ ಎಲೆಗಳಿಗೆ
ಕೊನೆ ಬಾರಿ ಚಿಗುರೋ ಕನಸು,
ನೆಲ ಕಾಣದ ನಾವಿಕನಿಗೆ
ದಡ ಸೇರುವುದೊಂದೇ ಕನಸು!

ಕನಸು ಹೊತ್ತ ಕನಸಿಗೆ,
ಮಿತಿಯ ಕಡಿವಾಣವೇಕೆ?
ಕನಸಿಗೆ ಬೇಲಿ ಹಾಕಿದರೆ,
ಅದು ನನಸಾಗುವದೇಗೆ?

ಪ್ರಾರ್ಥನಾ ಪ್ರಿಯ ಪಿ
I B.Sc. PJCS

ಕರ್ತವ್ಯ

ಜನನ ಮರಣಗಳ ನಡುವೆ
ಬೆವರು ಬೆಸುಗೆಗಳ ನಡುವೆ
ಬದುಕಿನ ಅರ್ಥವ ಹುಡುಕುವುದು...
ನನ್ನ ಕರ್ತವ್ಯ

ಕೋಪ ಕಲಹಗಳ ಬಿಟ್ಟು
ದ್ವೇಷ ಮತ್ಸರಗಳ ಸುಟ್ಟು
ನಾನು ನಾನಾಗಿ ನಿಲ್ಲುವುದು...
ನನ್ನ ಕರ್ತವ್ಯ

ಕುರುಡು ಮನಸುಗಳಿಗೆ ಕಣ್ಣಾಗಿ
ಕತ್ತಲು ಕನಸುಗಳಿಗೆ ಬೆಳಕಾಗಿ
ಪರರ ಧಗೆಗೆ ನೆರಳಾಗುವುದು...
ನನ್ನ ಕರ್ತವ್ಯ

ಬರೆವ ಅಕ್ಷರಗಳಿಗೆ ಪ್ರೇಮಿಯಾಗಿ
ಗೆದ್ದ ಗೆಲುವುಗಳಿಗೆ ಋಣಿಯಾಗಿ
ನನ್ನ ಕನ್ನಡಕ್ಕಾಗಿ ನಿಲ್ಲುವುದು...
ನನ್ನ ಕರ್ತವ್ಯ

ನಾನೇ ಒಂದು ಅದ್ಭುತವೆಂದರಿತು
ಸಕಲ ಜೀವಗಳೊಂದಿಗೆ ಬೆರೆತು
ಜಗದೋದ್ಧಾರಕ್ಕಾಗಿ ಬಾಳುವುದೇ
ನನ್ನ ಕರ್ತವ್ಯ

ಪ್ರಾರ್ಥನಾ ಪ್ರಿಯ ಪಿ
I B.Sc. PJCS

ಮೊದಲ ಪ್ರೇಮ

ನನ್ನ ಮೊದಲ ಪ್ರೀತಿಗೆ,

ನಿಂಗೆ ಹೇಳೋದಕ್ಕೆ ತುಂಬಾ ವಿಷಯಗಳೇನೂ ಇಲ್ಲ. ಆದ್ರೆ ನಿಂಗೆ ಇದೇ ಜಾಸ್ತಿ ಅನ್ನೋದು ಅದಕ್ಕೆಲ್ಲಾ ಪತ್ರ ಬರೆಯೋ ಅವಶ್ಯಕತೆ ಇಲ್ಲ. ಅಂತನೂ ನಿಂಗೆ ಅನ್ನೋದು ಆದ್ರೆ ನಿನ್ ಮುಂದೆ ನಿಂತು ಮಾತಾಡೋದಕ್ಕೆ ನಂಗೆ ಧೈರ್ಯ ಇಲ್ಲ. ದಿನ ಪೂರ್ತಿ ನಿನ್ ಗುಂಗಳಲ್ಲೇ ಇರ್ತೀನಿ ನೀನ್ ನನ್ನ ಮುಂದೆ ಬಂದ್ರೆ ಮಾತ್ರ ಒಂದ್ ನಿಮ್ಮ ಹೃದಯ ಬಡಿಯೋದನ್ನ ನಿಲ್ಲುತ್ತೆ ಕೈಯೆಲ್ಲಾ ನಡುಗುತ್ತೆ, ಮಾತೆಲ್ಲಾ ಮರೆತು ಹೋಗುತ್ತೆ. ಮಾತುಗಳು ಮೌನವಾದಾಗ ನನ್ನಂಥ ಪ್ರೇಮಿಗಳಿಗೆ ಪತ್ರ ಬರೆಯೋದೋದೇ ದಿಕ್ಕು. ನನ್ನ ಭಾವನೆಗಳನ್ನೆಲ್ಲಾ ಪತ್ರದಲ್ಲಿ ಹೇಳಲು ಸಾಧ್ಯವಿಲ್ಲದಿದ್ದರೂ ಹೇಳಲೇಬೇಕಾದ ಪರಿಸ್ಥಿತಿ. ಅದಕ್ಕೆ ಈ ಪತ್ರ.

ನಾನು ನಿನ್ನ ಮೊದಲು ನೋಡಿದ್ದು ನೀನು ಮರೆತಿರಬಹುದು ಆದರೆ ನಾನು ಆ ದಿನವ ಎಂದೂ ಮರೆಯಲಾರೆ. ನೀನು ರಜೆಗಾಗಿ ಊರಿಗೆ ಬಂದದ್ದು, ನಿಮ್ಮ ಚಿಕ್ಕಮ್ಮನ ಮನೆಗೆ ಬಂದದ್ದು ಹೀಗೆ ಎಲ್ಲವೂ ನನ್ನ ಕಣ್ಣು ಮುಂದೆ ಇದೆ. ಆಗ ನಾನಿನ್ನೂ 10ನೇ ತರಗತಿಯಲ್ಲಿದ್ದೆ. ನಾನು ಶಾಲೆಗೆ ಹೋಗುವಾಗ ಬರುವಾಗ ನಿನ್ನನ್ನೇ ನೋಡಿದ್ದೆ. ನೀನು ಮೊದಲ ಬಾರಿ ನನ್ನ ಮಾತಾಡಿಸಿದಾಗ ನನ್ನ ಹೃದಯ ಬಡಿತ ಒಂದೇ ಸಾರಿ ನಿಂತ ಹಾಗಾಯ್ತು. ಹೊಟ್ಟೆಯೊಳಗೆ ಚಿಟ್ಟಿನ ಬಿಟ್ಟಿರಬಹುದು. ಆದ್ರೆ ಪ್ರೀತಿನೋ ಇಲ್ಲೋ ಅಂತ ತುಂಬಾ ಗಲಿಬಿಲಿಯಾಯ್ತು. ಹರೆಯರ ವಯಸ್ಸಲ್ಲಾ ಆದ್ರೆ ಹಾಗೆ ಅನಿಸಿರಬಹುದು ನೀನು ನನ್ನಿಂದ ಹತ್ತನೇ ಕ್ಲಾಸ್‌ನ ಪುಸ್ತಕಗಳನ್ನು ಕೇಳಿದಾಗ ನಂಗೆ ಎಲ್ಲಿಲ್ಲದ ಮಿಷಿ ಸ್ಕೂಲ್‌ನಲ್ಲಿ ನಾನೇ ಟಾಪರ್ ಅನಿಸ್ತು. ನಿಂಗೆ ಪುಸ್ತಕಗಳನ್ನ ಕೊಟ್ಟಾಗ ಅದರೊಳಗೆ ನಮ್ಮಮ್ಮನ ಫೋನ್ ನಂಬರ್ ಬರೆದಿದ್ದೆ. ನನ್ನತ್ತ ಫೋನ್ ಇರಿಸಿಲ್ಲಲ್ಲಾ ಹಾಗಾಗಿ ಆ ದಿನ ಪೂರ್ತಿ ನಮ್ಮಮ್ಮನ ಫೋನ್ ನನ್ನ ಬಳಿಯಲ್ಲೇ ಇತ್ತು ಆದ್ರೆ ನಿನ್ನಿಂದ ಒಂದು ಕರೆ ಸಹ ಬರಲಿಲ್ಲ. ನೀನು ಅದನ್ನ ಗಮನಿಸಿರಲಿಲ್ಲ. ಅನುತ ಆದ್ರೆ ಆ ದಿನ ನಂಗೆ ಒಂದ್ ರೀತಿ ನಾಚಿಕೆಯಾಯ್ತು. ಕೆಲವು ದಿನಗಳು ಕಳೆದ ಮೇಲೆ ನನ್ನ 10ನೇ ತರಗತಿಯ ರಿಸಲ್ಟ್ ಬಂತು, ಪಾಸಾಗಿದ್ದೆ. ಬರೀ ಪಾಸಾಗೋದು ನಿನ್ನಂಥ ಹುಡುಗ್ಗೆ ಚಿಕ್ಕ ವಿಷಯ ಆಗಿರ್ಬೋದು ಆದ್ರೆ ನಾನು ಅದನ್ನೇ ನೆಪಮಾಡ್ಕೊಂಡು ಬೇಕಿರಿಯಿಂದ ನಿನ್ ಫೆವರೆಟ್ ಕೇಕ್ ತಗೊಂಡೆ.

ಅದನ್ನ ಕೊಡುವುದರ ಮೂಲಕ ಆದ್ರೂ ನಿನ್ನ ನೋಡ್ಬೋದು ಅಂತ ನಿನ್ನ ಚಿಕ್ಕಮ್ಮನ ಮನೆಗೆ ಬಂದೆ. ಕೇಕ್‌ನ ಜೊತೆ ನಿನಗಾಗಿ ಒಂದು ಕವನ ಸಹ ಬರೆದಿದ್ದೆ. ಆದ್ರೆ ಮನೆ ಬೀಗ ಹಾಕಿತ್ತು. ಆ ಕವನ ಮತ್ತು ಕೇಕ್ ನನ್ನಲ್ಲೇ ಉಳಿತು. ಎರಡು ದಿನಗಳ ನಂತರ ನಿನ್ನ ಚಿಕ್ಕಮ್ಮನ ಮನೆ ಬಾಗಿಲು ತೆರೆದಿರೋದ್ದು

ನೋಡ್ಬೆ. ಮತ್ತೇ ಹೋದೆ ಆದ್ರೆ ನೀನಾಗ್ಲೆ ಬೆಂಗಳೂರಿಗೆ ಹೋಗಿದ್ದೆ ಅಂತ ನಿಮ್ಮ ಅಕ್ಕ ಹೇಳಿದ್ದು. ಯಾಕೆ ಅಂತ ಅವತ್ತು ಅವು ಕೇಳ್ದಾಗ ಪ್ರೀತಿ ಅಂತ ಹೇಳೋ ಧೈರ್ಯ ನಂಗಿರಲಿಲ್ಲ. ಅದ್ಕೆ “ಬುಕ್ಸ್ ಇನ್‌ಸ್ಟಾಂಟ್ ಹೋಗಕ್ ಬಂದೆ” ಅಂತ ಸುಳ್ಳು ಹೇಳ್ತೆ.

ಅದೆಲ್ಲಾ ನಡೆದು ಈಗ 8 ವರುಷಗಳು ಕಳೆದೋಯ್ತು. ನಿಂಗೆ ನನ್ನ ನೆನಪಿಲ್ಲದಿದ್ದರೂ ನನ್ನ ಪ್ರೀತಿ ಇನ್ನೂ ಹಾಗೆ ಇದೆ. ದಿನವೂ ನಿನ್ನ ಪ್ರೀತಿಯಲ್ಲೇ ಜೀವಿಸ್ತಾ ಇದ್ದೀನಿ, ನಿನ್ನ ನೆನಪಲ್ಲೇ ಬಾಕ್ಸಾ ಇದ್ದೀನಿ. ಒಬ್ಬ ಹಳ್ಳಿ ಹುಡುಗನ ಪ್ರೀತಿಯನ್ನು ನೀನು ಒಪ್ಪೋತಿಯಾ ಅಂತ ಗೊತ್ತಿಲ್ಲ ಆದ್ರೆ ಹೇಳೋ ಧೈರ್ಯ ಮಾಡ್ಲಿಲ್ಲ. ಆದ್ರೆ ಎರಡು ದಿನದ ಮುಂಚೆ ನೀನು ಊರಿಗೆ ಬಂದಿರೋ ವಿಷಯ ನಂಗೆ ಗೊತ್ತಾಯ್ತು. ನನ್ನೆಲ್ಲಾ ಧೈರ್ಯ ಕೂಡಿಸಿ ಈ ಪತ್ರನ ಬರೆದಿದ್ದೀನಿ. ನಿನ್ನ ನಾನು ಪ್ರೀತಿ ಮಾಡ್ತಿದ್ದೀನಿ ಅಂತ ಜನರಿಗೆ ಹೇಳೋಕೆ ನಂಗೆ ಈಗ ಭಯ ಇಲ್ಲ. ನಿಜ ಹೇಳ್ತೇಕಂದ್ರೆ ಎಂಟು ವರ್ಷಗಳಲ್ಲಿ ನಿನಗೆ ಕೊಟ್ಟಿರೋ ಸ್ಥಾನದ ಬೇರೆ ಯಾರ್ಗೂ ಕೊಟ್ಟಿಲ್ಲ. ನೀನು ನನ್ನ ಹೃದಯದ ದೇವತೆಯಂತೆ ಆ ಸ್ಥಳನ ಪವಿತ್ರವಾಗಿ ಇಟ್ಟಿದ್ದೀವಿ.

ನೀನು ಈ ಪತ್ರನ ಓದಿ ನಿನ್ನ ಪ್ರತಿಕ್ರಿಯೆ ಏನಿರಬಹುದೆಂಬ ಭಯ ಒಂದು ಕಡೆಯಾದರೆ ಈ ಪತ್ರನ ನೀನು ಓದೋದೇ ಇಲ್ಲೇನೋ ಅಂತ ಭಯ ಒಂದು ಕಡೆ. ಆದ್ರೆ ನಂಗೆ ಇನ್ನೂ ವರ್ಷಗಳನ್ನ ವ್ಯರ್ಥ ಮಾಡೋದು ನಂಗೆ ಇಷ್ಟ ಇಲ್ಲ. ಆ ದಿನ ನನ್ನ ಭಾವನೆಗಳನ್ನ ನಿಂಗೆ ಹೇಳೋರ್ ಆಗ್ಲೆ ಎಂಟು ವರ್ಷಗಳು ಅನುಭವಿಸಿದ ನೋವು ಮತ್ತೊಂದ್ ಸಾರಿ ಅನುಭವಿಸೋದಕ್ಕೆ ನನಗೆ ಶಕ್ತಿ ಇಲ್ಲ. ಹೇಳೋದು ಇನ್ನು ತುಂಬಾ ಇದೆ ಆದ್ರೆ ಈ ಪತ್ರದಲ್ಲಿ ಇಷ್ಟು ಸಾಕು ಮನಸಿಟ್ಟು ಓದಿದ್ರೆ ಪ್ರತಿ ಅಕ್ಷರದಲ್ಲೂ ನಾನು ತುಂಬಿರೋ ಪ್ರೀತಿ ನಿಂಗೆ ಕಾಣುತ್ತೆ. ಎಂಟು ವರ್ಷಗಳ ಹಿಂದೆ ನಿಂಗೋಸ್ಕರ ಬರೆದ ಕವನದಿಂದ ನನ್ನ ಪತ್ರವನ್ನು ಮುಗಿಸಲು ಇಷ್ಟಪಡುತ್ತೇನೆ.

ಮುಳುಗುವ ಸೂರ್ಯನ ಬೆಳಕಿನಡಿ
ಕಾಣುವದು ನಿನದೇ ನೆರಳು,
ಮುಂಜಾನೆ ಮಂಜಲ್ಲೂ ಕಾಡುವದು
ನಿನ್ನ ಆ ನೆನಪುಗಳು

ಸರಿಯುವ ಬೆಳ್ಳಿ ಮೋಡದೊಳಗೆ
ಕಂಡಿದೆ ನಿನ್ನ ಮುಗುಳುನಗೆ
ಸೇರಬಯಸಿದೆ ನನ್ನೀ ಮನ
ನಿನ್ನ ಪ್ರೀತಿ ದಡಕ್ಕೆ.

ವರುಷಗಳು ನಾ ಕಂಡ ಕನಸಿಗೆ, ಫಲ ಸಿಗೋ ಕಾಲ ಬಂತು ಅನ್ನುತ್ತೆ. ನಿನ್ನ ಕೊನೇ ಬಾರಿ ಹೇಳೇ ಬಿಡ್ತೀನಿ.. ನಾನು ನಿನ್ನ ತುಂಬಾ ಪ್ರೀತಿ ಮಾಡ್ತಾ ಇದ್ದೀನಿ, ನಿನ್ನ ಬಿಟ್ಟು ನಾನು ಇರೋಕ್ ಆಗಲ್ಲ, ನಿನ್ನ ಉತ್ತರಕ್ಕಾಗಿ ನಾನು ಕಾಯ್ತಾ ಇರ್ತೀನಿ...

ಇಂತಿ,
ನಿನ್ನ ಪ್ರೀತಿಸುವ ಮುಗ್ಧ ಮನಸ್ಸು.

ಪ್ರಾರ್ಥನಾ ಪ್ರಿಯ ಪಿ

ಅಂತರ ಕಾಲೇಜು ಸ್ಪರ್ಧೆಯಲ್ಲಿ
ಪ್ರಥಮ ಬಹುಮಾನ ಪಡೆದ ಪ್ರೇಮಪತ್ರ

ನನ್ನ ಗೆಳೆಯ

(ತಾಯಿಯನ್ನು ಕಳೆದುಕೊಂಡ ಹುಡುಗಿಗೆ ಜೊತೆ ನಿಂತ ಸ್ನೇಹಿತನ ಮೇಲೆ ಆಕೆ ಕೃತಜ್ಞತೆ ಹೇಳುವ ಈ ಕವನ)

ಧರ ಧರನೆ ಸುರಿಯುತ್ತಿತ್ತು ಗುಡುಗು ಸಹಿತ ಮಳೆ,
ಕಣ್ಣು ಮುಂದೆ ಹರಿಯುತ್ತಿತ್ತು ನೋವಿನ ಹೊಳೆ!
ಮಲಗಿದ್ದಳು ನನ್ನಮ್ಮ ಚಿರನಿದ್ರೆಯಿಂದ ಏಳದೆ,
ತಬ್ಬಲಿಯ ಭಾವವ ನೀ ಕೈ ಹಿಡಿದು ನೀಗಿಸಿದೆ.!

ಇರುಳಾವರಿಸಿದ್ದ ನನ್ನ ಬಾಳಲಿ
ಎಳೇ ನೇಸರನ ಕಿರಣದಂತೆ ನೀ ಬಂದೆ
ಮಲಗಿಸಿದೆ ನನ್ನನ್ನು ನಿನ್ನ ಮಡಿಲಿನಲ್ಲಿ
ವರಿಸಿದೆ ಕಂಬನಿಯನು ನೆಲೆಗೆ ಬೀಳದಂತೆ.

ನೆರೆಹೊರೆಯರ ನೆರವಿಲ್ಲದೆ ನಿಂತಿದ್ದೆ ನಾ ಕೈಕಟ್ಟಿ
ಕೈ ಹಿಡಿದು ನಡೆಸಿದೆ ನೀ ಅವರಿವರ ಮಾತು ಸುಟ್ಟಿ
ನಿನ್ನ ಮೈ ಸುಟ್ಟರೂ ನೀ ಲೆಕ್ಕಿಸದೆ,
ನನ್ನ ಬದುಕಿಗೆ ಬೆಳಗುವ ಜ್ಯೋತಿಯಾದೆ.

ಬೇಡುವೆನಾ ದೇವನಲಿ ನಿನ್ನ ಸುಖವನ್ನು
ಪೂರ್ಣ ಚಂದಿರನಂತೆ ನಗುತಲಿರು ನೀನೆಂದೂ
ನೆನೆದು ಸ್ಮರಿಸುವ ನಿನ್ನ ನಾ ನಿತ್ಯ ಮನದಲಿ
ಮರು ಜೀವನ ಪಡೆದೆ ನಾ ನಿನ್ನಾಶ್ರಯದಲಿ

ಊರಿಗೆ ಕೋಲಾಗಿ, ನನಗೆ ಊರುಗೋಲಾದ ನೀ
ಧನ್ಯವಾದ ನಿನಗೆ, ನನ್ನ ಅನುದೀಪ ನೀ

ಸಹನ ಪಿ.

III B.Sc.

ಅಂತರ ಕಾಲೇಜು ಸ್ಪರ್ಧೆಯಲ್ಲಿ ಬಹುಮಾನ ಪಡೆದ ಕವನ

ಆ ಕರಾಳ ರಾತ್ರಿ

ಆ ಕರಾಳ ರಾತ್ರಿ, ಚಿತ್ರವು ಒಂದು ಅತ್ಯುತ್ತಮವಾದ ಚಿತ್ರವಾಗಿದೆ. ಈ ಚಿತ್ರವನ್ನು ದಯಾಳ್ ಪದ್ಮನಾಭನ್‌ರವರು ನಿರ್ದೇಶಿಸಿದ್ದು, ಮೋಹನ್ ಅಬ್ಬು ಅವರ ಕನ್ನಡ ನಾಟಕವನ್ನು ಆಧರಿಸಿದೆ. ಚಿತ್ರದ ಹೆಸರನ್ನು ಕೇಳಿದಾಗ ಈ ಚಿತ್ರವು ಭೂತ ಪ್ರೇತ ಅಥವಾ ಭಯಾನಕ ಅಥವಾ ವಾಮಾಚಾರಕ್ಕೆ ಸಂಬಂಧಪಟ್ಟಿರುವ ಚಿತ್ರ ಎಂದು ಊಹಿಸಲಾಗುತ್ತದೆ ಆದರೆ ಈ ಚಿತ್ರವು ನಮ್ಮ ಊಹೆಯನ್ನು, ಕಲ್ಪನೆಯನ್ನು ಸುಳ್ಳಾಗಿಸುತ್ತದೆ. ಚಿತ್ರದ ಪೋಸ್ಟರ್ ಅನ್ನು ನೋಡಿದಾಗ ಚಿತ್ರದ ನಾಯಕ ನಟನನ್ನು ಖಳನಾಯಕನಾಗಿ ತೋರಿಸಲಾಗಿದೆ. ಆದರೆ ಚಿತ್ರದಲ್ಲಿ ಅವರ ಪಾತ್ರ ವಿಭಿನ್ನವಾಗಿದೆ ನಿರ್ದೇಶಕರು ಪೋಸ್ಟರ್‌ನಿಂದಲೇ ಪ್ರೇಕ್ಷಕರನ್ನು ಬುದ್ಧಿವಂತಿಕೆಯಿಂದಲೇ ಮರಳು ಮಾಡಿದ್ದಾರೆ. ಆಸೆಯು ದುಃಖಕ್ಕೆ ಮೂಲ ಎಂಬ ಮಾತಿನಂತೆ ರಾತ್ರೋರಾತ್ರಿ, ಕುಬೇರನಾಗುವ ಕನಸು ಕಂಡು ಕೊಲೆ ಮಾಡುವ ಕುಟುಂಬದ ಕಥೆಯಾಗಿದೆ ಚಿಕ್ಕ ಚೊಕ್ಕ ಕಥೆಯೆಂದು ಹೇಳಬಹುದು ಈ ಪುಟ್ಟ ಕಥೆಯನ್ನು ಪರಿಣಾಮಕಾರಿಯಾಗಿ ತೋರಿಸುವ ಮೂಲಕ ಹೊಸ ಬಗೆಯ ಪ್ರಯತ್ನವನ್ನು ಮಾಡಿ ಯಶಸ್ವಿಯಾಗಿದ್ದಾರೆ ನಿರ್ದೇಶಕರು.

ಈ ಚಿತ್ರದಲ್ಲಿ 1980ರ ಕಥೆಯ ತೋರಿಸುವ ನೆಲೆಯಲ್ಲಿ ಅದೇ ಬಗೆಯ ಚಿತ್ರ ಸಂದರ್ಭಕ್ಕೆ ಅಂದಿನ ಕಾಲದ ಬದುಕಿನ ಪಾತ್ರ, ಚಿತ್ರಣಕ್ಕೆ ಒತ್ತುಕೊಟ್ಟರು. ಚಿತ್ರತಂಡ ವೇಷಭೂಷಣವನ್ನು ರೇಷೋರೀತಿಯಲ್ಲಿ ತೋರಿಸಿದ್ದು, ಉತ್ತಮವಾಗಿದೆ ಎನಿಸುತ್ತದೆ.

ಈ ಚಿತ್ರದಲ್ಲಿ ನಾಲ್ಕು ಮುಖ್ಯ ಪಾತ್ರಗಳಿವೆ ಮಲ್ಲಿಕಾ ಪಾತ್ರವನ್ನು ಅನುಪಮ ಗೌಡರು ನಿರ್ವಹಿಸಿದ್ದಾರೆ. ಮಲ್ಲಿಕಾ ತಂದೆಯಾಗಿ ರಂಗಾಯಣ ರಘು ಮತ್ತು ತಾಯಿಯಾಗಿ ವೀಣಾ ಸುಂದರವರು ನಿರ್ವಹಿಸಿದ್ದಾರೆ. ವಿಶಿಷ್ಟ ಪಾತ್ರದಲ್ಲಿ

ಜಯರಾಮ್ ಕಾರ್ತಿಕರವರು ನಟಿಸಿದ್ದಾರೆ.

ಈ ಸಿನಿಮಾದಲ್ಲಿ ಕಥೆಯು ತುಂಬಾ ಕುತೂಹಲಕಾರಿಯಾಗಿದ್ದು ಹರಿತವಾದ ಸಂಭಾಷಣೆಯನ್ನು ನವೀನ್ ಕೃಷ್ಣನ್ ಅವರು ಬರೆದಿದ್ದು ಒಂದೇ ಮನೆಯಲ್ಲಿ ನಡೆಯುವ ಸನ್ನಿವೇಶಗಳಿಗೆ ಇರುಳು ಬೆಳಕಿನ ಆಟವಾಡಿರುವ ಕ್ಯಾಮೆರಾ ಕೈ ಚಳಕ, ಚುರುಕಾದ ಸಂಕಲನ ಈ ಎಲ್ಲವೂ ಚಿತ್ರಕ್ಕೆ ಸಹಾಯ ಮಾಡಿದ್ದು ಈ ಚಿತ್ರವು ಅದ್ಭುತವಾಗಿ ಮೂಡಿಬರಲು ಕಾರಣವಾಗಿದೆ.

ಅರಿಷಡ್ವರ್ಗಗಳು ಅಥವಾ ಮನಸ್ಸಿನ ಆರು ಶತ್ರುಗಳಾದ ಕಾಮ, ಕ್ರೋಧ, ಮದ, ಮೋಹ, ಮತ್ಸರ ಮತ್ತು ಲೋಭ. ಇವುಗಳಲ್ಲಿ ಯಾವುದಾದರೂ ಒಂದು ವ್ಯಕ್ತಿಯನ್ನು ಸಂಪೂರ್ಣವಾಗಿ ಆವರಿಸಿದಾಗ ಮನುಷ್ಯ ಮತ್ತು ಮೃಗದ ನಡುವಿನ ರೇಖೆಯು ಮಸುಕಾಗುತ್ತದೆ. ಸ್ವಾಮೀಜಿ ಒಬ್ಬರು ಮಲ್ಲಿಕಾ ಅವರ ಕುಟುಂಬಕ್ಕೆ ಅದೃಷ್ಟವು ಒಲಿಯುತ್ತದೆ ಎಂದು ಹೇಳಿದಾಗ ಮಲ್ಲಿಕಾ ಅವರ ಕುಟುಂಬವೂ ಈ ಮಾತನ್ನು ಗಂಭೀರವಾಗಿ ಪರಿಗಣಿಸಿ ಒಬ್ಬ ಅಮಾಯಕ ವ್ಯಕ್ತಿಯನ್ನು ಹೇಗೆ ಕೊಲೆ ಮಾಡುತ್ತಾರೆ ಎಂಬುವುದು ಈ ಕಥೆಯ ಆಶಯವಾಗಿದೆ. ಯಾವುದೇ ಕಾರಣಕ್ಕೂ ಯಾವುದೇ ವಿಷಯಗಳನ್ನು ಮುಚ್ಚಿಟ್ಟುಕೊಳ್ಳಬಾರದು, ಇಲ್ಲವಾದರೆ ಅನಾಹುತಗಳಿಗೆ ಆಮಂತ್ರಣವನ್ನು ನಾವೇ ನೀಡಿದಂತೆ ಎಂದು ಈ ಸಿನಿಮಾದಲ್ಲಿ ತೋರಿಸಿದ್ದಾರೆ.

ಯಶೋಧ

III B.Sc.

Movie Review

ಕಾಲದೊಂದಿಗೆ ಬದಲಾಗುತ್ತಿರುವ ಆಚಾರ ಮತ್ತು ಸಂಸ್ಕೃತಿ

ನಮ್ಮ ಆಧುನಿಕ ಸಮಾಜವು ಕಾಲದೊಂದಿಗೆ ಬದಲಾಗುತ್ತಾ ಆಧುನಿಕತೆಯನ್ನು ಅನುಸರಿಸುತ್ತಾ ನಮ್ಮ ಹಿರಿಯರಿಂದಲೂ ನಡೆಸಿಕೊಂಡು ಬಂದಂತಹ ಪಾರಂಪರಿಕ ಪದ್ಧತಿಗಳನ್ನು ಆಚಾರ-ವಿಚಾರಗಳನ್ನು ಹಾಗೂ ನಮ್ಮ ಸಂಸ್ಕೃತಿಯನ್ನು ಎತ್ತಿಹಿಡಿಯುವಲ್ಲಿ ಸೋಲುತ್ತಿದ್ದಾರೆ. ಆಚಾರ ಹಾಗೂ ಸಂಸ್ಕೃತಿಗೆ ಯಾವುದೇ ರೀತಿಯ ಸ್ಥಾನಮಾನವನ್ನು ನೀಡುವಲ್ಲಿ ಆಸಕ್ತಿಯನ್ನು ತೋರದಿರುವ ಕಾರಣದಿಂದಾಗಿ ನಮ್ಮ ನಾಡಿನ ಅದೆಷ್ಟೋ ಆಚಾರ, ವಿಚಾರಧಾರೆಗಳು ಹಾಗೆಯೇ ಸಂಸ್ಕೃತಿ ಮರೆಯಾಗುತ್ತಿದೆ ಎನ್ನಬಹುದು.

ಜೀವನವೆಂಬ ಚಕ್ರದಲ್ಲಿ ಕಾಲವೆಂಬುದು ಬದಲಾಗುತ್ತಲೇ ಇರುತ್ತದೆ. ಕಾಲವೆಂಬುದು ಬದಲಾವಣೆಗೆ ಒಳಪಡುತ್ತಿರುತ್ತದೆ. ಅದಕ್ಕೆ ಅನುಗುಣವಾಗಿ ಮನುಷ್ಯರು ಸಹ ಬದಲಾವಣೆಯನ್ನು ಹೊಂದುವುದು ಸಹಜ ಆದರೆ ಮನುಷ್ಯ ಕೇವಲ ಬದಲಾವಣೆಯನ್ನು ಬಯಸುವುದಲ್ಲದೆ ಹಿಂದಿನಿಂದಲೂ ಬಂದಂತಹ ವಿಚಾರಧಾರೆಗಳನ್ನು ನಿರ್ಲಕ್ಷ್ಯದಿಂದ ಅವುಗಳಿಗೆ ಮಹತ್ವವನ್ನು ನೀಡದೇ ಮನುಷ್ಯ ತನ್ನ ಅನುಕೂಲಕ್ಕೆ ಅನುಗುಣವಾಗಿ ಆಚಾರ ಮತ್ತು ಸಂಸ್ಕೃತಿಯನ್ನೇ ಬದಲಾಯಿಸುತ್ತಿದ್ದಾನೆ. ಆ ಆಚಾರ ಮತ್ತು ಸಂಸ್ಕೃತಿಯ ಹಿಂದಿನ ಒಳ ಅರ್ಥವನ್ನು ತಿಳಿದುಕೊಳ್ಳುವ ಗೋಚರಗೊ ಸಹ ಮನುಷ್ಯ ಪ್ರಯತ್ನ ಮಾಡುವುದಿಲ್ಲ. ಹಿರಿಯರು ಆಚಾರಗಳನ್ನು ತುಂಬಾ ಅಚ್ಚುಕಟ್ಟಾಗಿ ನಿಭಾಯಿಸಿಕೊಂಡು ಹೋಗುತ್ತಿದ್ದರು. ಪ್ರತಿಯೊಂದು ಆಚಾರದಲ್ಲಿಯೂ ಅದರದ್ದೇ ಆದ ವಿಶಿಷ್ಟತೆ-ವಿಚಾರಾಧಾರೆಯನ್ನು ಹೊಂದಿರುತ್ತಿತ್ತು. ಆಚಾರಗಳ ರೀತಿ, ನಿಯಮಗಳೇ ಬೇರೆ ಎಲ್ಲದಕ್ಕಿಂತ ವಿಭಿನ್ನವಾಗಿರುತ್ತಿತ್ತು. ಆದರೆ ಹಿಂದಿನ ದಿನಗಳಲ್ಲಿ ಅದೇ ಅರ್ಥ ಪೂರ್ಣವಾದ ಆಚಾರಗಳಿಗೂ ಸಹ 'ಮೂಢನಂಬಿಕೆ' ಎಂಬ ಪದದಿಂದ ಅದನ್ನು ಕರೆದು ಆಚಾರಗಳಾಗಿರುವ ಮಹತ್ವವನ್ನು ಮತ್ತಷ್ಟು ಕ್ಷೀಣಿಸುವಂತೆ ಮನುಷ್ಯನು ಮುಂದಾಗುತ್ತಿದ್ದಾನೆ.

ತುಂಬಿದ ಕೊಡ ತುಳುಕುವುದಿಲ್ಲ ಎಂಬ ಗಾದೆ ಮಾತಿನಂತೆ ಮನುಷ್ಯನು ಒಂದು ವಿಷಯದಲ್ಲಿ ಸಂಪೂರ್ಣ ಮಾಹಿತಿಯನ್ನು ತಿಳಿದುಕೊಂಡಿರದೇ ಇದ್ದರೂ ಅದರ ಬಗ್ಗೆ ತಿಳಿಯದೆಯೇ ಅರ್ಥ ಮಾಹಿತಿಯಲ್ಲಿಯೇ ತನಗೆ ತಾನೇ ಮೇಧಾವಿ ಎಂದು ಭಾವಿಸುತ್ತಾ ಆಚಾರ ಹಾಗೂ ಸಂಸ್ಕೃತಿಯಲ್ಲಿಯೂ ತುಂಬಾ ಬದಲಾವಣೆಯನ್ನು ತಂದಿದ್ದಾನೆ.

'ಆಚಾರ - ಅರಿವು' ಎಂಬುದು ತನ್ನದೇ ಆದಂತಹ ಪ್ರಾಮುಖ್ಯತೆಯನ್ನು ಹೊಂದಿದೆ. ನಾವು ವಚನಕಾರರ ಸಾಹಿತ್ಯದಲ್ಲಿ ಆಚಾರ. ಅರಿವು ಎಂಬ ವಿಷಯವನ್ನು ಮನಗಾಣಬಹುದು. ಅದರಲ್ಲಿ ಆಚಾರದ ಅಸ್ತಿತ್ವವನ್ನು ನಾವು ನೋಡಬಹುದಾಗಿದೆ. ಇತ್ತೀಚಿನ ದಿನಗಳಲ್ಲಿ ನಾವು ಯಾವ ಆಚಾರವನ್ನು ನೋಡುವುದು ಸಹ ಕಷ್ಟಕರವಾದ ಸಂಗತಿ ಎನ್ನಬಹುದು. ಮನುಷ್ಯ ಮುಂದುವರೆದ ಆಧುನಿಕತೆ ಹಾಗೂ ತಂತ್ರಜ್ಞಾನದ ಪ್ರಭಾವದಿಂದಾಗಿ ನಮ್ಮ ಸಂಸ್ಕೃತಿಯನ್ನು ಮರೆತು ಬದುಕುತ್ತಿದ್ದಾನೆ. ಕೇವಲ ಬದಲಾವಣೆಯನ್ನು ಮಾತ್ರವಲ್ಲದೇ ತನ್ನ ಮಾನವೀಯ ಗುಣಗಳನ್ನು ಸಹ ಮರೆಯುತ್ತಿರುವುದು ತುಂಬಾ ಶೋಚನೀಯ ಸಂಗತಿ ಎನ್ನಬಹುದು. ಹಿಂದಿನ ದಿನಗಳಲ್ಲಿ ಪ್ರತಿಯೊಬ್ಬರ ಮನೆಯಲ್ಲಿಯೂ ಮನೆಗೆ ಯಾರೇ ಬರಲಿ ಬರಗೈಯಲ್ಲಿ ಕಳುಹಿಸುತ್ತಿರಲಿಲ್ಲ ಕನಿಷ್ಠ ನೀರಾದರೂ ಕೊಡುವುದು ದೇಶದ ಸಂಸ್ಕೃತಿಯಾಗಿತ್ತು. ಆದರೆ ಇಂದು ಈ ಹಿಂದಿನ ಕೌಟುಂಬಿಕ ಸಂಸ್ಕೃತಿ ಉಳಿಯದೆ ಪಶ್ಚಿಮದ ಸಂಸ್ಕೃತಿ. ಅನುಸರಿಸುವ ಮನೋಭಾವನೆ

ಅನೇಕರಿಗೆ ಇದೆ. ನಮ್ಮ ಸಂಸ್ಕೃತಿಯನ್ನು ಮರೆತು ಹೊಸ ಪಾಶ್ಚಿಮಾತ್ಯರ ಜೀವನ ಶೈಲಿಯಂತೆ ಬದುಕಲು ಇಷ್ಟಪಡುವ ಅನೇಕರು ಇಂದು ಮದುವೆ ಸಮಾರಂಭಗಳಲ್ಲಿ ಪುರೋಹಿತರಿಗೆ ಮಾನ್ಯತೆ ನೀಡದೆ ಛಾಯಾಗ್ರಾಹಕ ಹೇಳಿದಂತೆ ಕುಣಿಯುವ ಪ್ರವೃತ್ತಿ ಬಂದಿದೆ. ಮುಂದೆ ಸಮಾರಂಭಗಳಲ್ಲಿ ದೀಪ ಬೆಳಗುವ ಬದಲು ದೀಪ ಆರಿಸುವ ಸಂಸ್ಕೃತಿಯನ್ನು ಹುಟ್ಟು ಹಾಕಿದರೂ ಅಚ್ಚರಿಯಿಲ್ಲ.

ಭಾರತವು ವೈವಿಧ್ಯಮಯ ಸಂಸ್ಕೃತಿಗಳು, ಸಂಪ್ರದಾಯಗಳು, ಭಾಷೆಗಳು ಮತ್ತು ಧರ್ಮಗಳ ಸಾಮರಸ್ಯದ ಭೂಮಿ. ಈ ಪ್ರಾಚೀನ ಭೂಮಿಯ ಅತ್ಯಂತ ಸುಂದರವಾದ ಲಕ್ಷಣವೆಂದರೆ ಅದು ಬದಲಾಗುತ್ತಿರುವ ಕಾಲದೊಂದಿಗೆ ವೇಗವಾಗಿ ಬದಲಾಗುತ್ತಿರುವ ಮುಖವನ್ನು ಹೊಂದಿದ್ದರೂ ಸಹ ಅದರ ಬೇರುಗಳಿಗೆ ನಿಜವಾಗಿದೆ. ಪ್ರತಿಯೊಂದು ಭಾರತೀಯ ರಾಜ್ಯವು ವಿಶಿಷ್ಟ ಸಂಸ್ಕೃತಿಯನ್ನು ಹೊಂದಿದೆ.

ಜಾಗತೀಕರಣ ಯಾವ ದಿನದಿಂದ ಪ್ರಾರಂಭವಾಯಿತೋ ಅಂದಿನಿಂದ ನಿರಂತರವಾಗಿ ನಮ್ಮ ಸಂಸ್ಕೃತಿ, ಆಚಾರ-ವಿಚಾರಗಳು ಬದಲಾಗುತ್ತಾ ಇರುವವು. ನಮ್ಮ ಕುಟುಂಬ ವ್ಯವಸ್ಥೆಯ ಶೈಲಿಯಲ್ಲಿ ನಿಧಾನವಾಗಿ ಪರಿವರ್ತನೆ ಆಗುತ್ತಿರುವುದು. ಇದರ ಪರಿಣಾಮವಾಗಿ ಹಬ್ಬಗಳ ಆಚರಣೆ ಸಹ ತನ್ನ ಮೂಲ ಅರ್ಥವನ್ನು ಕಳೆದುಕೊಳ್ಳುತ್ತಿರುವುದನ್ನು ಕಾಣಬಹುದಾಗಿದೆ. ಇದೇ ರೀತಿಯಾಗಿ ದೇಶ ಅಭಿವೃದ್ಧಿಯಾದರೆ ಇನ್ನೂ ಮುಂದಿನ ಕೆಲವು ವರ್ಷಗಳಲ್ಲಿ ಎಲ್ಲಾ ಸಂಪ್ರದಾಯ ಆಚರಣೆಗಳನ್ನು ಬಿಟ್ಟು ನಮ್ಮನ್ನು ನಾವು ಸಂಪೂರ್ಣ ಮರೆತು ಹೋಗುವ ಸಾಧ್ಯತೆ ಹೆಚ್ಚಾಗಿರುವುದು. ಬದಲಾವಣೆಯ ಗಾಳಿಯಲ್ಲಿ ನಮ್ಮ ಕುಟುಂಬ ವ್ಯವಸ್ಥೆ ಅಸ್ಥಿರವಾಗಲು ಕಾರಣಗಳು ತುಂಬಾ ಇದೆ ಉದಾಹರಣೆಗೆ ಕೆಲವೊಂದು ಅಂಶಗಳನ್ನು ಗುರುತಿಸಬಹುದು. ಆಧುನಿಕ ಯುಗದಲ್ಲಿ ಮದುವೆಯ ಅರ್ಥೈಸುವಿಕೆ ಬದಲಾಗಿರುವುದು ವಿದೇಶದಲ್ಲಿನ ಆಚಾರ-ವಿಚಾರದಂತೆ ಇಲ್ಲಿನ ಯುವಕ-ಯುವತಿಯರು ಜೀವನವನ್ನು ನಡೆಸಲು ಇಷ್ಟಪಡುವರು. ನೂರಾರು ಸಂಸ್ಕೃತಿಯ ಮದುವೆಗಳು ನಮ್ಮ ದೇಶದಲ್ಲಿ ನಡೆಯುತ್ತಿತ್ತು. ಆದರೇ ಇಂದು ದೊಡ್ಡ ನಗರಗಳಲ್ಲಿ ಎಲ್ಲಾ ಬಗೆಯ ಮದುವೆಗಳನ್ನು ಹೊರತು ಪಡಿಸಿ 'ಲಿವಿಂಗ್ ರಿಲೇಷನ್' ಎಂಬ ಕರಾರು ಸಂಬಂಧಗಳು ಹೆಚ್ಚಾಗುತ್ತಿರುವುದು. ಹಾಗೇ ಸ್ವತಂತ್ರವಾಗಿ ಬದುಕಲು ಇಷ್ಟಪಡುವ ಯುವ ಸಮೂಹ ಮದುವೆ ಎಂಬ ಸುಳಿಗೆ ಸಿಕ್ಕಲು ಬಯಸುವುದಿಲ್ಲ. ಪರಿಣಾಮವಾಗಿ ನಮ್ಮ ಸಂಸ್ಕೃತಿಯ ಬಹುಮುಖ್ಯ ಅಂಶವಾದ ಮದುವೆ ಎಂಬುದು ನಿಧಾನವಾಗಿ ಅರ್ಥ ಕಳೆದುಕೊಳ್ಳುತ್ತಿರುವುದು ತುಂಬಾ ಬೇಸರದ ಸಂಗತಿಯಾಗಿದೆ.

ಬದಲಾವಣೆ ಜಗದ ನಿಯಮ ಆದ್ದರಿಂದ ಬದಲಾವಣೆಗೆ ಒಳಗಾದರೂ ಸಹ ನಮ್ಮ ಸಂಸ್ಕೃತಿ, ಆಚಾರ-ವಿಚಾರಗಳನ್ನು ಮೂಲೆ ಗುಂಪು ಮಾಡದೆ ಅದನ್ನು ಸಹ ಬದಲಾವಣೆಗೆ ಒಳಗಾಗಿಸಿಕೊಂಡರೂ ಅದರ ಮೂಲ ಅರ್ಥವನ್ನು ಕಳೆದುಕೊಳ್ಳದಂತೆ ಕಾಪಾಡಿಕೊಂಡು ಹೋಗುವುದು ನಮ್ಮೆಲ್ಲರ ಕರ್ತವ್ಯವಾಗಿರುತ್ತದೆ. ನಮ್ಮನ್ನು ನಾವು ಬದಲಾವಣೆಗೆ ಒಳಪಡಿಸಿಕೊಳ್ಳಬೇಕೇ ವಿನಃ ನಮ್ಮ ಮಾನವೀಯ ಗುಣ, ಆಚಾರ, ಸಂಸ್ಕೃತಿ, ಸಂಪ್ರದಾಯಗಳನ್ನೆಲ್ಲ ಎಂಬುದು ನನ್ನ ಅಭಿಪ್ರಾಯವಾಗಿದೆ.

ಪಲ್ಲವಿ

III B.Voc Banking & Finance

ಗ್ರಾಮೀಣ ಬದುಕು

ಗ್ರಾಮೀಣ ಬದುಕು ನಮ್ಮ ದೇಶದ ಪ್ರಮುಖ ಭಾಗವಾಗಿದೆ. ಇದು ನಾಡಿನ ನೆಲ, ಮಣ್ಣು ಮತ್ತು ಸಂಸ್ಕೃತಿಯ ಜೀವಂತ ಭಾಗವಾಗಿದೆ. ಗ್ರಾಮೀಣ ಜೀವನವು ಬಗೆಬಗೆಯ ಪರಿಕರಗಳಿಂದ ಭರಿತವಾಗಿದೆ ಮತ್ತು ಇಲ್ಲಿ ನೈಸರ್ಗಿಕ ಸೌಂದರ್ಯ, ಸರಳತೆಯೊಂದಿಗೆ ಬಾಳುವುದು ಶ್ರೇಷ್ಠತೆ ನೀಡುತ್ತದೆ. ಗ್ರಾಮೀಣ ಪ್ರದೇಶಗಳಲ್ಲಿ ಜನರು ಸಾಮಾನ್ಯವಾಗಿ ಕೃಷಿ ಮತ್ತು ಪಶುಪಾಲನೆಯೊಂದಿಗೆ ಸಂಬಂಧಿತ ಕೆಲಸಗಳಲ್ಲಿ ನಿರತರಾಗಿದ್ದಾರೆ. ಕೃಷಿ ಮುಖ್ಯವಾಗಿ ತಮ್ಮ ಜೀವನದ ಆಧಾರವಾಗಿದೆ. ಹೀಗೆ, ಅವರು ಕಸಿವಾರಿ, ಹಕ್ಕುಮಟ್ಟಿನ ತಾತ್ವಿಕತೆ, ಮತ್ತು ಬಾಡಿಗೆಗೆ ಇರುವ ತತ್ವಗಳನ್ನು ಅನುಸರಿಸುತ್ತಾರೆ. ಕೃಷಿಯಲ್ಲಿ ತಂತ್ರಜ್ಞಾನಗಳು ಹರಿದಂತೆ, ಪಂಡಿತರು ಮತ್ತು ಕೃಷಿಕರು ಉತ್ತಮ ಕೃಷಿ ವಿಧಾನಗಳನ್ನು ಅನುಸರಿಸುತ್ತಾರೆ.

ಗ್ರಾಮೀಣ ಜೀವನದ ಕೆಲವು ಸಮಸ್ಯೆಗಳೂ ಇವೆ. ಮೂಲ ಸೌಲಭ್ಯಗಳ ಕೊರತೆಯ ಕಾರಣದಿಂದ, ವಿದ್ಯುತ್, ತಾಜಾ ನೀರು, ಆರೋಗ್ಯ ಸೇವೆ ಮತ್ತು ಶಿಕ್ಷಣ ಅತೀವ ಅಗತ್ಯವಿದೆ. ಇವುಗಳನ್ನು ಸಮರ್ಥವಾಗಿ ಒದಗಿಸಲು ಸರ್ಕಾರ ಮತ್ತು ಸಾರ್ವಜನಿಕ ಸಂಘಟನೆಗಳ ಕಾರ್ಯಕ್ಷಮತೆ ಅಗತ್ಯವಿದೆ. ಗ್ರಾಮೀಣ ಜೀವನದ ಸಮೃದ್ಧಿ ಮತ್ತು ಸುಧಾರಣೆಗೆ, ಶಿಕ್ಷಣ ಮತ್ತು ಆರೋಗ್ಯ ಕ್ಷೇತ್ರದಲ್ಲಿ ಉತ್ತಮ ಸೌಲಭ್ಯಗಳನ್ನು ಒದಗಿಸಲು ಮತ್ತು ಕೃಷಿಯಲ್ಲಿ ತಂತ್ರಜ್ಞಾನಗಳ ಅನುಷ್ಠಾನವನ್ನು ಸುಧಾರಿಸಲು ಕ್ರಮಗಳನ್ನು ತೆಗೆದುಕೊಳ್ಳುವುದು ಅಗತ್ಯವಾಗಿದೆ. ಈ ಮೂಲಕ, ಗ್ರಾಮೀಣ ಪ್ರದೇಶದ ಅಭಿವೃದ್ಧಿಗೆ ಮತ್ತು ಜನ ಸುಖಿ ಜೀವನಕ್ಕೆ ಪೂರಕವಾಗಿದೆ. ಗ್ರಾಮೀಣ ಜೀವನವು ತನ್ನ ವೈಶಿಷ್ಟ್ಯತೆ ಮತ್ತು ನೈಸರ್ಗಿಕ ಸೌಂದರ್ಯದೊಂದಿಗೆ, ಅಭಿವೃದ್ಧಿಯ ಹೆಜ್ಜೆಗಳನ್ನು ಹೆಜ್ಜೆ ಹಾಕಬೇಕಾಗಿದೆ.

ಗ್ರಾಮೀಣ ಬದುಕು ಅರ್ಥಪೂರ್ಣವಾಗಿ ಸಾಗಿಸಲು, ಸರ್ಕಾರ ಮತ್ತು ಸಮುದಾಯದ ಸಹಕಾರ ಅಗತ್ಯವಾಗಿದೆ. ಗ್ರಾಮೀಣ ಬದುಕು, ನಾಡಿನ ಮೂಲತತ್ವವನ್ನು ಪ್ರತಿಬಿಂಬಿಸುತ್ತದೆ. ಇಲ್ಲಿ ಜೀವಿಸುವ ಜನರು ತಮ್ಮ ಪೌರಾಣಿಕ ಸಾಂಸ್ಕೃತಿಕ ಪೈಕಿ, ಸಾಮಾಜಿಕ ಬಾಂಧವ್ಯಗಳನ್ನು, ಮತ್ತು ಶ್ರೇಷ್ಠ ನೆಲದ ಬದ್ಧತೆಯನ್ನು ಹಂಚಿಕೊಳ್ಳುತ್ತಾರೆ. ಈ ಕಛೇರಿ ದೇಶದ ಆರ್ಥಿಕ, ಸಾಂಸ್ಕೃತಿಕ ಮತ್ತು ಸಾಮಾಜಿಕ ಜೀವನವನ್ನು ಚಲಾಯಿಸುತ್ತವೆ. ಗ್ರಾಮೀಣ ಪ್ರದೇಶಗಳಲ್ಲಿ ಜನರು ಸರಳ ಮತ್ತು ನೈಸರ್ಗಿಕ ಜೀವನವನ್ನು ಅನುಸರಿಸುತ್ತಾರೆ. ತಾಜಾ ಗೋಧಿ, ತರಕಾರಿ ಮತ್ತು ಹಣ್ಣುಗಳನ್ನು ಬೆಳೆಯುವ ಮೂಲಕ ಅವರು ತಮ್ಮ ಆಹಾರವನ್ನು ಸ್ವಾವಲಂಬಿಯಾಗಿ ಪಡೆಯುತ್ತಾರೆ.

ಊರಿನಲ್ಲಿನ ಸಂಬಂಧಗಳು ಹಾರ್ಮೋನಿಯಸ್ ಆಗಿದ್ದು, ಒಬ್ಬೊಬ್ಬರಿಗೆ ಸಹಾಯ ಮಾಡಲು ಸದಾ ಸಿದ್ಧರಾಗಿರುತ್ತಾರೆ. ಈ ಸಹಾಯವು ಸಮುದಾಯದ ಜೀವ ರಕ್ಷಕವನ್ನು ಉಂಟು ಮಾಡುತ್ತದೆ. ಗ್ರಾಮೀಣ ಪ್ರದೇಶಗಳು ನಾನಾ ಉತ್ಪನ್ನಗಳು, ಪರಂಪರೆ ಮತ್ತು ಪರಿಕರಗಳಿಂದ ಶ್ರೀಮಂತವಾಗಿವೆ. ಇವು ನಾಡಿನ ಪರಂಪರೆಯನ್ನು ಉಳಿಯುವಂತೆ ಮಾಡುತ್ತದೆ. ವಿದ್ಯುತ್, ನೀರು, ರಸ್ತೆ ಮತ್ತು ಆರೋಗ್ಯ ಸೇವೆಗಳ ಕೊರತೆಯು ಗ್ರಾಮೀಣ ಭಾಗಗಳಲ್ಲಿ ಉಲ್ಲೇಖಾರ್ಹವಾಗಿದೆ. ಇವು ಉತ್ತಮ ಶಿಕ್ಷಣ ಮತ್ತು ಸ್ವಚ್ಛತೆಯ ಕೊರತೆಯ ಜೊತೆಗೆ ಗ್ರಾಮೀಣ ಜೀವನದ ಸಮಸ್ಯೆಗಳನ್ನು ಉಂಟು ಮಾಡುತ್ತವೆ ಕೃಷಿಯಲ್ಲಿನ ಬದಲಾವಣೆ, ಇಳಿಯುತ್ತಿರುವ ಬೆಲೆಗಳು ಮತ್ತು ಖಾತರಿಯಿಲ್ಲದ ಆದಾಯವು ಗ್ರಾಮೀಣ ಪ್ರದೇಶದ ಜನರ ಆರ್ಥಿಕ ಸ್ಥಿತಿಯನ್ನು ಹೊಡೆದಹಗೊರಿಸಿದೆ. ಉತ್ತಮ ಶಿಕ್ಷಣ ಮತ್ತು ಆರೋಗ್ಯ ಸೇವೆಗಳ ಕೊರತೆಯು ಗ್ರಾಮೀಣ ಜನ ಶ್ರೇಷ್ಠತೆಯನ್ನು ಕಡಿಮೆ ಮಾಡುತ್ತಿದೆ. ಗ್ರಾಮೀಣ ಜೀವನವನ್ನು ಸುಧಾರಿಸಲು, ಸರ್ಕಾರ ಮತ್ತು ನಾಗರಿಕ ಸಮಾಜವು ಸಮಾನ ರೀತಿಯ ಕೆಲಸಗಳನ್ನು ಕೈಗೊಳ್ಳಬೇಕು. ಉತ್ತಮ ಶಿಕ್ಷಣ, ಆರೋಗ್ಯ ಸೇವೆಗಳು, ನವೀನ ಕೃಷಿ ತಂತ್ರಜ್ಞಾನ, ಮತ್ತು ಮೂಲಸೌಕರ್ಯಗಳ

ಅಭಿವೃದ್ಧಿ ಮುಖ್ಯವಾಗಿದೆ. ಗ್ರಾಮೀಣ ಪ್ರದೇಶಗಳಿಗೆ ಸಾಂಸ್ಕೃತಿಕ ಮತ್ತು ಆರ್ಥಿಕ ಬೆಂಬಲ ನೀಡುವ ಮೂಲಕ, ಇವರ ಜೀವನವನ್ನು ಸುಧಾರಿಸಲು ಸಹಾಯವಾಗುತ್ತದೆ. ಗ್ರಾಮೀಣ ಬದುಕು ದೇಶದ ಹೃದಯವಿದೆ. ಇದರ ಶ್ರೇಷ್ಠತೆಯನ್ನು ಉಳಿಸಿ, ಸಾಮಾಜಿಕ ಮತ್ತು ಆರ್ಥಿಕ ಚೇತರಿಕೆಗೆ ಪ್ರಯತ್ನಗಳನ್ನು ಮುಂದುವರಿಸಲು ಅಗತ್ಯವಿದೆ. ಗ್ರಾಮೀಣ ಜೀವನವು ಪರಂಪರೆಯಿಂದ ಬರುವ ವೈಶಿಷ್ಟ್ಯಗಳನ್ನು ಬದಲಾಗಿಸಿಕೊಂಡು ಬಂದಿದೆ. ಹಳೆಯ ಕಾಲದಲ್ಲಿ ಗ್ರಾಮೀಣ ಜೀವನವು ಸ್ವಾಭಾವಿಕ ಮತ್ತು ನೈಸರ್ಗಿಕ ಕಾರಣಗಳಿಂದ ಲಾಭಕರವಾದ ಒಂದು ಪರಿಸರದಲ್ಲಿ ನಡೆಯುತ್ತಿತ್ತು. ವೈಶಿಷ್ಟ್ಯವಿಲ್ಲದ ಮೂಲಭೂತ ಸೌಲಭ್ಯಗಳ ಕೊರತೆಯಿಂದ, ಈ ಜೀವನ ಶ್ರೇಷ್ಠತೆಯನ್ನು ಉಳಿಸುಗೆ ಒತ್ತಿಸುತ್ತದೆ. ಗ್ರಾಮೀಣ ಪ್ರದೇಶಗಳಲ್ಲಿ ಉದ್ಯೋಗ ಅವಕಾಶಗಳನ್ನು ವಿಸ್ತಾರಗೊಳಿಸುವ ಮೂಲಕ, ಆರ್ಥಿಕ ಬೆಳವಣಿಗೆ ಸಾಧ್ಯವಾಗಿದೆ. ಹೆಸರಾಂತ ಕೃಷಿ ಉತ್ಪಾದನೆ, ಗ್ರಾಮೀಣ ಕೈಗಾರಿಕೆಗಳು ಮತ್ತು ಪ್ರವಾಸೋದ್ಯಮದ ಮೂಲಕ ಗ್ರಾಮೀಣ ಪ್ರದೇಶಗಳ ಆರ್ಥಿಕ ಪರಿಸ್ಥಿತಿ ಸುಧಾರಿಸುತ್ತದೆ. ಉತ್ತಮ ಶಿಕ್ಷಣ ಮತ್ತು ತಂತ್ರಜ್ಞಾನ ತರಬೇತಿ ಮೂಲಕ ಗ್ರಾಮೀಣ ಯುವ ಜನರನ್ನು ಕಾರ್ಯೋತ್ಪಾದಕವಾಗಿ ಪರಿವರ್ತಿಸಲು ಸಾಧ್ಯವಾಗುತ್ತದೆ. ಇತ್ತೀಚಿನ ಕಾಲದಲ್ಲಿ ಇ-ಶಿಕ್ಷಣ ಮತ್ತು ಡಿಜಿಟಲ್ ಸಾಧನಗಳು ಈ ಉದ್ದೇಶವನ್ನು ಸಾಧಿಸಲು ನೆರವಾಗುತ್ತವೆ.

ಆರೋಗ್ಯ ಸೇವೆಗಳ ಸುಧಾರಣೆ, ಪ್ರಾಥಮಿಕ ಆರೋಗ್ಯ ಕೇಂದ್ರಗಳನ್ನು ಒದಗಿಸುವುದು ಮತ್ತು ಉತ್ತಮ ಚಿಕಿತ್ಸಾ ಸಾಮಾನುಗಳು, ಆರೋಗ್ಯದ ಗುಣಮಟ್ಟವನ್ನು ಹೆಚ್ಚಿಸುತ್ತದೆ. ಗ್ರಾಮೀಣ ಭಾಗಗಳಲ್ಲಿ ಸಂಪರ್ಕ ಹಾಗೂ ಸಂವಹನ ಸುಧಾರಣೆ ಉತ್ತಮ ರಸ್ತೆ ಮತ್ತು ಸಾರಿಗೆ ವ್ಯವಸ್ಥೆಗಳ ಮೂಲಕ ಸಾಧ್ಯವಾಗುತ್ತದೆ. ಈ ಮೂಲಕ ಒಡೋಲು, ಸರಕು ವಹನ ಮತ್ತು ವೈದ್ಯಕೀಯ ಸೇವೆಗಳಿಗೆ ಸುಲಭವಾಗಿ ಪ್ರವೇಶ ದೊರೆಯುತ್ತದೆ. ಕೃಷಿ ತಂತ್ರಜ್ಞಾನ ಮತ್ತು ನಿರ್ವಹಣಾ ವಿಧಾನಗಳನ್ನು ಬಳಸಿಕೊಂಡು ಕೃಷಿಯ ಉತ್ಪಾದಕತೆ ಹೆಚ್ಚಿಸಲು ಮತ್ತು ಪಶುಪಾಲನೆ, ಆಕ್ಕಿ, ಹಸು, ಕುರಿ ಇತ್ಯಾದಿಗಳನ್ನು ಉತ್ತಮವಾಗಿ ನಿರ್ವಹಿಸಲು, ಗ್ರಾಮೀಣ ಬದುಕಿನ ಮುಖ್ಯ ಅಂಗಗಳಾದ ಕೃಷಿ ಮತ್ತು ಪಶುಪಾಲನೆಯನ್ನು ಬೆಂಬಲಿಸಲು ಮುಂದಾಗಬೇಕು. ಗ್ರಾಮೀಣ ಜೀವನವು ಅನೇಕ ಸವಾಲುಗಳನ್ನು ಎದುರಿಸುತ್ತಿದ್ದರೂ, ಇದು ತನ್ನದೇ ಆದ ಶ್ರೇಷ್ಠತೆ ಮತ್ತು ಸಾಂಸ್ಕೃತಿಕ ವೈಶಿಷ್ಟ್ಯವನ್ನು ಹೊಂದಿದೆ. ಶ್ರೇಷ್ಠ ಪ್ಲಾನ್ ಮತ್ತು ಶ್ರೇಷ್ಠ ಕಾರ್ಯತಂತ್ರಗಳನ್ನು ಅನುಸರಿಸುವ ಮೂಲಕ, ಗ್ರಾಮೀಣ ಬದುಕು ನಾಡಿನ ಸಮಗ್ರ ಅಭಿವೃದ್ಧಿಗೆ ಭಾಗವಹಿಸಲು ಸಾಧ್ಯವಾಗುತ್ತದೆ. ಸುಸ್ಥಿರ ಸಮುದಾಯ ಮತ್ತು ಶ್ರೇಷ್ಠ (ಪರಿಸರವನ್ನು ನಿರ್ಮಿಸಲು), ಸರ್ಕಾರ, ಸಾರ್ವಜನಿಕ ಮತ್ತು ತಜ್ಞರ ಸಹಕಾರವು ಬಹುಮುಖ್ಯವಾಗಿದೆ. ಆದ್ದರಿಂದ, ಗ್ರಾಮೀಣ ಬದುಕು, ನಾಡಿನ ಶ್ರೇಷ್ಠತೆಯ ಸ್ವರೂಪವನ್ನು ಉಳಿಸುವ ಮೂಲಕ ಒಂದು ಶ್ರೇಷ್ಠ ಸಮೃದ್ಧಿ ಮತ್ತು ಸಮಾನ ಸಮಾಜವನ್ನು ನಿರ್ಮಿಸಲು ಶ್ರದ್ಧಾಪೂರ್ವಕವಾಗಿ ಶ್ರಮಿಸುವ ಅಗತ್ಯವಿದೆ.

ಭಾರತದ ಗ್ರಾಮೀಣ ಪ್ರದೇಶಗಳು ನೈಸರ್ಗಿಕ ಸಂಪತ್ತು, ಸಾಂಸ್ಕೃತಿಕ ಪರಂಪರೆ ಮತ್ತು ಶ್ರದ್ಧಾ - ಪೂರ್ಣ ಜೀವನ ಶೈಲಿಯೊಂದಿಗೆ ಪರಿಪೂರ್ಣವಾಗಿವೆ. ಗ್ರಾಮೀಣ ಜೀವನವು ನೈಜವಾದ ಶ್ರದ್ಧಾ ಮತ್ತು ಸಹಕಾರದ ಆಧಾರವಾಗಿ ನಿರ್ಮಿತವಾಗಿದ್ದು, ಇದು ಹಳ್ಳಿಯ ಜೀವಜಲವಾಗಿದೆ. ಗ್ರಾಮೀಣ ಬದುಕು ಸರಳ ಮತ್ತು ಶ್ರದ್ಧಾಪೂರ್ಣವಾಗಿದೆ. ಅಲ್ಲಿ ಮನೆಯು ಸಾಮಾನ್ಯವಾಗಿ ಕೊಳ್ಳುಗೆ ಅಥವಾ ಮಣ್ಣಿನಿಂದ ತಯಾರಿಸಲ್ಪಟ್ಟಿದ್ದು, ಸುತ್ತಲೂ ಹಸಿವಲ್ಲದ ಪ್ರಕೃತಿ ಮತ್ತು ಶುದ್ಧವಾಯು ಹಿಮ್ಮೆಟ್ಟಿದಂತಿದೆ. ಹಳ್ಳಿ ಜೀವನದಲ್ಲಿ ಕೃಷಿ ಪ್ರಧಾನವಾಗಿ ಪ್ರಮುಖ ಪಾತ್ರ ವಹಿಸುತ್ತದೆ. ಪ್ರತಿ ಕುಟುಂಬವೂ ತಮ್ಮ ಕೃಷಿಯನ್ನು ನಿರ್ವಹಿಸುತ್ತದೆ. ಹಾಗಾಗಿ ಅವರ ಜೀವನ ಶ್ರದ್ಧೆಯೊಂದಿಗೆ ಸಾಗುತ್ತದೆ. ಗ್ರಾಮೀಣ ಪರಿಸರವು ಶುದ್ಧ ಮತ್ತು ಹಸಿವಾಗಿದೆ. ನದಿಗಳು, ಕುಯಿಲುಗಳು,

ಕಬ್ಬಿಣ ಹಣ್ಣುಗಳು ಮತ್ತು ಅನೇ ಬಾಳುಗಳು ಹಳ್ಳಿಯ ಚರಿತ್ರೆಯ ಭಾಗವಾಗಿವೆ. ಪರಿಸರವನ್ನು ರಕ್ಷಿಸಲು ಮತ್ತು ಹಸಿವನ್ನು ಉಳಿಸಲು, ಗ್ರಾಮೀಣ ಜನರು ತಮ್ಮದೇ ಆದ ಸುಸ್ಥಿರ ಕೃಷಿ ವಿಧಾನಗಳನ್ನು ಬಳಸುತ್ತಾರೆ. ಗ್ರಾಮೀಣ ಜನರು ಪರಸ್ಪರ ಸಹಾಯ ಮತ್ತು ಸಹಕಾರದ ಮೂಲಕ ಜೀವನವನ್ನು ಸಾಗಿಸುತ್ತಾರೆ. ಪರಿವಾರ ಮತ್ತು ಗ್ರಾಮ ಸಮುದಾಯದ ಸಹಾಯದೊಂದಿಗೆ, ಅವರು ತಮ್ಮ ಧಾರ್ಮಿಕ, ಸಾಂಸ್ಕೃತಿಕ ಮತ್ತು ಸಾಮಾಜಿಕ ಕೃತ್ಯಗಳನ್ನು ಪೂರೈಸುತ್ತಾರೆ. ಹಳ್ಳಿ ಜೀವನವು ನಿಜವಾದ ಶ್ರದ್ಧೆ, ಮಾನವೀಯತೆಯ ಪರಿಕಲ್ಪನೆಯೊಂದಿಗೆ

ತೋರಿಸುತ್ತದೆ. ಅಂತಿಮವಾಗಿ, ಗ್ರಾಮೀಣ ಬದುಕು ನೈಸರ್ಗಿಕ ಸಂಪತ್ತು, ಶ್ರದ್ಧಾ ಮತ್ತು ಸಹಕಾರದ ಮೂಲಕ ಪರಿಚಯವಾಗುತ್ತದೆ. ಇದು ಆಧ್ಯಾತ್ಮಿಕ ಹಾಗೂ ಸಮುದಾಯದ ಹಂತದಲ್ಲಿ ಸಂಪತ್ತಿನ ಮೂಲವನ್ನು ನೀಡುತ್ತದೆ. ಈ ರೀತಿಯ ಜೀವನ ಶೈಲಿ, ಮಾನವ ಸಂಬಂಧಗಳನ್ನು ಗಾಢವಾಗಿ ತೋರಿಸುತ್ತದೆ ಮತ್ತು ಹೃದಯವನ್ನು ಸಂತೋಷಿಸುತ್ತವೆ.

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ಅನುಮಾನ

ಬೆಂಗಳೂರಿನ ಒಂದು ಊರಿನಲ್ಲಿ ಅಖಿಲ್ ಹಾಗೂ ಅಂಜಲಿ ಎಂಬ ದಂಪತಿಗಳು ವಾಸವಿದ್ದರು. ಇವರು ಮದುವೆಯಾಗಿ ಒಂದು ವರ್ಷವಾಗಿತ್ತು. ಇವರಿಬ್ಬರೂ ಐದು ವರ್ಷದಿಂದ ಪ್ರೀತಿಸಿ ಮದುವೆಯಾಗಿದ್ದರು. ಇಬ್ಬರೂ ಕೆಲಸಕ್ಕೆ ಹೋಗುತ್ತಿದ್ದರು. ಅಂಜಲಿ ಮದುವೆಯಾದ ಆರು ತಿಂಗಳಿಗೆ ಕೆಲಸವನ್ನು ಬಿಟ್ಟು ಮನೆಯಲ್ಲೇ ಇದ್ದಳು. ಅಖಿಲ್ ಗೆ ಒಂದು ವಾರ ನೈಟ್ ಶಿಫ್ಟ್ ಆದರೆ ಒಂದು ವಾರ ಮಾರ್ನಿಂಗ್ ಶಿಫ್ಟ್ ಹೋಗಬೇಕಾಗಿತ್ತು. ಹೀಗೆ ಒಂದು ದಿನ ಅಖಿಲ್ ನೈಟ್ ಶಿಫ್ಟ್ ಮುಗಿಸಿಕೊಂಡು ಮನೆಗೆ ಬರುವ ಸಮಯದಲ್ಲಿ ಅವರ ಮನೆಯಿಂದ ಓರ್ವ ಹುಡುಗ ಹೊರ ಬರುತ್ತಿರುವುದನ್ನು ಗಮನಿಸಿದ.... ಮನೆಯ ಒಳಗೆ ಹೋದ ಅಖಿಲ್ 'ಆ ಹುಡುಗ ಯಾರು...!' ಎಂದು ಕೇಳಿದಾಗ... 'ಅವನು ವಿನೋದ್, ನನ್ನ ಚಿಕ್ಕಮ್ಮನ ಮಗ' ಎಂದು ಅಂಜಲಿ ಉತ್ತರಿಸುತ್ತಾಳೆ.

ಮರು ದಿನ ಅಂಜಲಿ ಸ್ನಾನಕ್ಕಿಂದು ಹೋಗಿದ್ದಾಗ ಮನೋಜ್ ಎಂದು ಸೇವ್ ಮಾಡಿಕೊಂಡಿದ್ದಾ ನಂಬರ್‌ನಿಂದ ಅವಳ ಪೋನಿಗೆ ಕರೆ ಬರುತ್ತದೆ. ಅದನ್ನು ಅಖಿಲ್ ಎತ್ತಿಕೊಂಡು 'ಹಲೋ' ಎನ್ನುವ ಮೊದಲೆ ಮನೋಜ್ 'ಹಾಯ್, ಅಂಜಲಿ ಹೇಗಿದ್ದೀಯ ಎಷ್ಟು ದಿನವಾಯ್ತು ನಿನ್ನನ್ನು ನೋಡಿ' ಎಂದು ಮಾತು ಮುಗಿಸುವ ಮೊದಲೆ ಅಖಿಲ್ 'ಸಾರಿ ಇದು ಅಂಜಲಿ ಅಲ್ಲ, ಅವಳ ಗಂಡ' ಎನ್ನುತ್ತಾನೆ ಆಗ ಮನೋಜ್ 'ಓ... ಹೌದ ಸಾರಿ ಸರ್ ನಾನು ಅಂಜಲಿ ಅಂತ ಅಂದುಕೊಂಡೆ, ಅವಳು ಬಂದ ಮೇಲೆ ಪೋನ್ ಮಾಡಲು ಹೇಳಿ' ಎಂದು ಕಾಲ್ ಕಟ್ ಮಾಡುತ್ತಾನೆ. ಸ್ವಲ್ಪ ದಿನಗಳ ನಂತರ ಅಖಿಲ್ ಗೆ ದೆಲ್ಲಿಯಲ್ಲಿ ಮೀಟಿಂಗ್ ಏರ್ಪಡಿಸಲಾಗಿರುತ್ತದೆ ಅದಕ್ಕಾಗಿ ಅವನು 'ಅಂಜಲಿ ನಾನು ಮೀಟಿಂಗಾಗಿ ದೆಲ್ಲಿಗೆ ಹೋಗಬೇಕು ಮುರಾಲ್ಯು ದಿನಗಳಾಗುತ್ತದೆ ಮತ್ತೆ ಬೆಂಗಳೂರಿಗೆ ಬರುವುದಕ್ಕೆ ಮನೆಯ ಕಡೆ ಹುಷಾರು' ಎಂದು ಹೇಳಿ ತೆರಳುತ್ತಾನೆ. ಎರಡು ದಿನಗಳ ನಂತರ ಅಖಿಲ್ ಗೆ ಒಂದು ಪೋನ್ ಕಾಲ್ ಬರುತ್ತದೆ. 'ಹಲೋ... ಸಾರ್ ಇದು ಅಖಿಲ್ ಅವರಾ' ಎಂದು ಕೇಳಿದಾಗ 'ಹೌದು ನಾನು ಅಖಿಲ್... ನೀವು ಯಾರು' 'ನಾವು ಪೋಲಿಸ್ ಸ್ಟೇಷನ್‌ನಿಂದ ಕರೆ ಮಾಡುತ್ತಿದ್ದೇನೆ. ನೀವು ಈ ಕೂಡಲೆ ಬೆಂಗಳೂರಿಗೆ ಹೊರಟು ಬನ್ನಿ ನಿಮ್ಮ ಹೆಂಡತಿ ಅಂಜಲಿಯನ್ನು ಯಾರೋ ಕೊಲೆ ಮಾಡಿದ್ದಾರೆ.' ಎಂದು ಹೇಳಿದಾಗ ಅಖಿಲ್ ಗೆ ಗಾಬರಿಯಾಗಿ ಕೂಡಲೆ ಬೆಂಗಳೂರಿಗೆ ಬರುತ್ತಾನೆ. ಅಂಜಲಿಯ ಸಾವಿನಿಂದ ಬಹಳ ದುಃಖಿತನಾಗಿರುತ್ತಾನೆ. ಪೋಲಿಸರು ಇನ್‌ವೆಸ್ಟಿಗೇಷನ್ ಮಾಡುವಾಗ ಅಖಿಲ್ ಅವರ ಮನೆಯ ಸಿಸಿ ಟೀವಿಯನ್ನು ಪರಿಶೀಲಿಸಿದಾಗ ಅದರಲ್ಲಿ ಅಂಜಲಿಯ ಚಿಕ್ಕಮ್ಮನ ಮಗ ವಿನೋದ್ ಒಳಗೆ ಹೋಗಿ 15 ನಿಮಿಷದ ನಂತರ ಗಾಬರಿಯಿಂದ ಹೊರ ಬರುವುದು ಕಂಡು ಬಂದಿತು. ಅವನು ಹೊರ ಬಂದ ಎರಡು ಗಂಟೆಯ ಬಳಿಕ ಎದುರುಗಡೆ ಮನೆಯ ಓರ್ವ ಹೆಂಗಸು ಅಂಜಲಿಯನ್ನು ಕರೆಯುತ್ತಾ ಅವಳ ಮನೆಗೆ ಹೋಗುತ್ತಾರೆ ಕೂಡಲೆ ಆ ಹೆಂಗಸು ಕಿರುಚುತ್ತಾ ಹೊರ ಬಂದು ಎಲ್ಲರನ್ನು ಕರೆದು ಅಂಜಲಿ ಸತ್ತು ಬಿದ್ದಿರುವುದನ್ನು ತೋರಿಸುತ್ತಾಳೆ. ಇದನ್ನು ನೋಡಿದ ಪೋಲಿಸರು ವಿನೋದ್

ನನ್ನು ಕರೆದು ಪರಿಶೀಲಿಸುತ್ತಾರೆ ಆಗ ಅವನು 'ಸರ್, ನಾನು ಅವಳನ್ನು ನೋಡಲು ಮನೆಗೆ ಹೋಗಿದ್ದು ನಿಜ ಆದರೆ ನನ್ನ ತಾಯಿಗೆ ಹಾರ್ಟ್‌ಆಟಾಕ್ ಆಗಿರುವ ವಿಷಯ ತಿಳಿಯಿತು ಅದಕ್ಕಾಗಿ ನಾನು ಗಾಬರಿಯಿಂದ ಮನೆಯ ಹೊರ ಬಂದೆ' ಎಂದು ಹೇಳುತ್ತಾನೆ. ಮರು ದಿನ ಪೋಲಿಸರು ಪರಿಶೀಲನೆ ಮಾಡಲೆಂದು ಮತ್ತೆ ಅಖಿಲ್ ಮನೆಗೆ ಬರುತ್ತಾರೆ. ಅಷ್ಟರಲ್ಲಿ ಪೋಲಿಸರಿಗೆ ಒಂದು ಕರೆ ಬರುತ್ತದೆ ಆಗ ಪೋಲಿಸ್: ಯು ಆರ್ ಅಂಡರ್ ಆರೆಸ್ಟ್...!

ಅಖಿಲ್: ಸರ್!

ಪೋಲಿಸ್: ಹೌದು ಸರ್... ಹೆಂಡತಿನ ಕೊಲೆ ಮಾಡಿ ಆರಾಮಾಗಿ ರೆಸ್ಟ್ ಮಾಡುತ್ತಿದ್ದೀರಾ?

ಅಖಿಲ್: ಸರ್ ನಿಮ್ಮ ಯಾರೊ ತಪ್ಪು ಮಾಹಿತಿ ನೀಡಿರಬೇಕು ನನ್ ಹೆಂಡತೀನ ನಾನ್ಯಾಕ್ ಕೊಲೆ ಮಾಡ್ಲಿ ಸರ್?

ಪೋಲಿಸ್: ಅದುನ್ನೆಲ್ಲ ಸ್ಟೇಷನ್‌ನಲ್ಲಿ ಹೇಳ್ತೀನಿ ಬಾ...

ಎಂದು ಅಖಿಲ್‌ನನ್ನು ಅರೆಸ್ಟ್ ಮಾಡಿ ಸ್ಟೇಷನ್ನಿಗೆ ಕರೆದೊಯ್ಯುತ್ತಾರೆ. ಸ್ಟೇಷನ್ ಗೆ ಹೋದ ಮೇಲೆ...

ಪೋಲಿಸ್: ನಿಮ್ಮ ಮನೆ ಸಿಸಿಟೀವಿ ಫುಟೇಜ್ ಡಿಲೀಟ್ ಮಾಡಿ... ಮುಂದೆ ಮನೆ ಸಿಸಿಟೀವಿ ಫುಟೇಜ್ ಡಿಲೀಟ್ ಮಾಡೋದನ್ನ ಮರೆತು ಹೋದ.

ಅಖಿಲ್: (ಗಾಬರಿಯಿಂದ) ನೀವು ಏನ್ ಹೇಳ್ತಿದೋ ಅರ್ಥ ಆಗಿಲ್ಲ ಸರ್...!

ಪೋಲಿಸರು ಅವರ ಭಾಷೆಯಲ್ಲಿ ಕೇಳಿದಾಗ ಅಖಿಲ್ 'ಹೌದು ಸರ್ ಅಂಜಲಿನ ನಾನೇ ಕೊಲೆ ಮಾಡಿದ್ದು.' ಆ ದಿನ ಅಂಜಲಿಯ ಅಣ್ಣ ಮನೆಗೆ ಬಂದಾಗ ಅವಳು ಅವನು ನನ್ನ ಅಣ್ಣ ಎಂದು ಹೇಳಿದರು ಅನುಮಾನ ಪಟ್ಟೆ. ಮತ್ತೊಂದು ದಿನ ಅವಳಿಗೆ ಮನೋಜ್ ಎಂಬಾತ ಪೋನ್ ಮಾಡಿದಾಗ ನಾನು ರಿಸೀವ್ ಮಾಡಿ ಮಾತನಾಡಿದೆ ಆಗ ಅವರಿಬ್ಬರ ಮಧ್ಯೆ ಏನೋ ನಡೆಯುತ್ತಿರಬಹುದು ಎಂದೆನಿಸಿತು. ಆಗ ಉಪಾಯ ಮಾಡಿ ದೆಲ್ಲಿಯಲ್ಲಿ ಮೀಟಿಂಗ್ ಇದೆ ಎಂದು ಸುಳ್ಳು ಹೇಳಿ ಅವಳನ್ನು ಗಮನಿಸಲು ಅಲ್ಲೇ ಇದ್ದೆ. ಆಗ ಅವಳ ಅಣ್ಣ ಮನೆಗೆ ಬಂದಿದ್ದು ಗೊತ್ತಾಗಿ ಅವರಿಬ್ಬರ ಮಧ್ಯೆ ಏನೋ ನಡೆಯುತ್ತಿರುವುದು ಕನ್‌ಫರ್ಮಾಗಿ ತುಂಬಾ ಕೋಪ ಬಂದಿತು. ಅವನು ಹೋದ ಮೇಲೆ ಅದೇ ಕೋಪದಲ್ಲಿ ಮನೆಗೆ ಹೋಗಿ ಅವಳನ್ನು ಒಂದೂ ಮಾತು ಕೇಳದೆ ಪಕ್ಕದಲ್ಲೇ ಇದ್ದ ಫ್ಲವರ್ ವಾಸ್‌ನಿಂದ ಅವಳ ತಲೆಗೆ ಹೊಡೆದೆ, ಆದರೆ ಈಗ ತಪ್ಪೇನು ಇರಲಿಲ್ಲ ಎಂದು ಗೊತ್ತಾಯಿತು', ಎಂದು ಅಳುತ್ತಾ ನಿಜ ಒಪ್ಪಿಕೊಳ್ಳುತ್ತಾನೆ.

ಪ್ರತಿಷ್ಠಾ ಎಸ್
I B.Sc PCM

ಯುವ ಜನಾಂಗ

“ಏಳಿ ಎದ್ದೇಳಿ ಗುರಿ ಮುಟ್ಟುವ ತನಕ ನಿಲ್ಲದಿರಿ”, ಎಂದರು ಸ್ವಾಮಿ ವಿವೇಕರು, “ನಿದ್ದೆಯಲ್ಲಿ ಕಾಣುವುದು ಕನಸಲ್ಲ, ನಿದ್ದೆಗೆಡುವಂತೆ ಮಾಡುವುದಿದೆಯಲ್ಲ ಅದು ನಿಜವಾದ ಕನಸು ಎಂದರು ಡಾ|| ಅಬ್ದುಲ್ ಕಲಾಂರವರು. ಇಂತಹ ನುಡಿಮುತ್ತುಗಳನ್ನು ಯುವಕರಿಗೆ ಮುಟ್ಟುವಂತೆ ಹೇಳಿ, ಯುವಜನಾಂಗಕ್ಕೆ ಸ್ಫೂರ್ತಿ ತುಂಬಿದವರು ಬಹಳ ವ್ಯಕ್ತಿತ್ವಗಳನ್ನು ನಾವು ಕಾಣಬಹುದು. ಸ್ವಾಮಿ ವಿವೇಕರು ಯುವಕರ ಪ್ರಗತಿಗೆ ನಿಂತವರು. ಆದ್ದರಿಂದ ಅವರ ಜನ್ಮದಿನವನ್ನು (12, ಜನವರಿ) ರಾಷ್ಟ್ರೀಯ ಯುವ ದಿನವಾಗಿ ಆಚರಿಸಲಾಗುತ್ತಿದೆ. ಶಬ್ದಕೋಶದ ಅರ್ಥವಾಗಿ ಹೇಳುವುದಾದರೆ, ಯೌವನ, ಈ ಪದವು ಬಾಲ್ಯ ಮತ್ತು ಪ್ರೌಢಾವಸ್ಥೆಯ ನಡುವಿನ ಜೀವನದ ಅವಧಿಯನ್ನು ಸೂಚಿಸುತ್ತದೆ. ಸಾಮಾನ್ಯವಾಗಿ ಶಕ್ತಿ, ಉತ್ಸಾಹ ಮತ್ತು ಬೆಳವಣಿಗೆಗೆ ಸಂಬಂಧಿಸಿದೆ. ಇದು ಜೀವನದ ಹಂತವಾಗಿದ್ದು, ಒಬ್ಬ ವ್ಯಕ್ತಿಯು ಚಿಕ್ಕವನಾಗಿರುತ್ತಾನೆ, ಸಾಮಾನ್ಯವಾಗಿ ಅವರ ಹದಿಹರೆಯದ ವರ್ಷಗಳಲ್ಲಿ ಮತ್ತು ಪ್ರೌಢಾವಸ್ಥೆಯ ಆರಂಭಿಕ ಎಂದು ಪರಿಗಣಿಸಲಾಗುವುದು. ನಮ್ಮ ಪ್ರಸ್ತುತ ಭಾರತದಲ್ಲಿ ಶೇಕಡಾ 29% ಯುವಜನಾಂಗವಿದೆ.

ಯುವಕರು ದೇಶದ ಹಾಗೂ ಜಗತ್ತಿನ ಮುಖ್ಯಾಂಗವಾಗಿದ್ದಾರೆ. ಹಾಗಾದರೆ ಯುವಕರು ಹೇಗೆ ನಮ್ಮ ಎಲ್ಲ ವಯಸ್ಸಿನ ವರ್ಗದವರು ಮಧ್ಯ ಮುಖ್ಯ ಸ್ಥಾನವನ್ನು ಹೊಂದಿರುವರು ಹಾಗೂ ಹೇಗೆ ಯುವಕರು ಪ್ರತಿಯೊಂದು ದೇಶ ಏಕೆ ಅಷ್ಟು ಪ್ರಾಮುಖ್ಯತೆ ಕೊಡುವುದು? ಇದಕ್ಕೆ ಹಲವಾರು ಕಾರಣಗಳು. ಯುವಕರೆಂದರೆ ಉತ್ಸಾಹ, ಉಲ್ಲಾಸ, ಅತಿಹೆಚ್ಚು ಶಕ್ತಿ, ಹಾಗೂ ಕುತೂಹಲವನ್ನು ಹೊಂದಿರುವ ಒಂದು ಮನುಷ್ಯ ಜೀವನದ ಹಂತ. ಯುವ ವಯಸ್ಸು ಮಕ್ಕಳು ಮತ್ತು ವೃದ್ಧರು/ಮಧ್ಯ ಬರುವ ಕಾಲವಿದು. ಇಂತಹ ಮನುಷ್ಯ ಅವಧಿಯಲ್ಲಿ ಮಾನವ ಬಾಲ್ಯವಸ್ಥೆಯಿಂದ ಯುವವಸ್ಥೆ ಕಾಲಿಟ್ಟಿರುತ್ತಾರೆ, ಅಂದರೆ ಮಕ್ಕಳಿಗೆ ಅವರ ಮಾನಸಿಕ ಹಾಗೂ ದೈಹಿಕ ಬದಲಾವಣೆಗಳು ಈ ಒಂದು ಅವಧಿಯಲ್ಲಿ ನಾವು ಕಾಣಬಹುದು. ದ.ರಾ ಬೇಂದ್ರೆಯವರು ಹೇಳಿರುವ ಹಾಗೆ ಯುವತನ (ಎಂದರೆ ಹೊಸತನದ ಜೊತೆಗೆ ನಿನಗೆ ನವಚೈತನ್ಯ) ಇರುವುದು, ಇಂತಹ ಒಂದು ಯುವತನವನ್ನು ನಿನ್ನ ಜವಾಬ್ದಾರಿಯನ್ನು ನಿಭಾಯಿಸುತ್ತಾ ಹಾಗೂ ಹೆಚ್ಚು ಜ್ಞಾನವನ್ನು ಸಂಪಾದಿಸುವುದು ಇಲ್ಲಿ ದ.ರಾ. ಬೇಂದ್ರೆಯವರು ಮಾತ್ರವಷ್ಟೆ ಅಲ್ಲ. ಅಬ್ದುಲ್ ಕಲಾಂ, ರತನ್ ಟಾಟ, ಸ್ವಾಮಿ ವಿವೇಕರು, ನೇತಾಜಿ ಮುಂತಾದವರು ಯುವಕರಿಗೆ ಈ ಮಾತನ್ನು ಹೇಳಿದ್ದಾರೆ, ಏಕೆಂದರೆ ಯುವತನ, ಮನುಷ್ಯನ ಇಡೀ ಜೀವಾವಧಿಯಲ್ಲಿ ಹೆಚ್ಚು ಕಾರ್ಯನಿರತನಾಗಿ, ಹೆಚ್ಚು ಸವಾಲುಗಳನ್ನು ಎದುರಿಸುತ್ತ ಹಾಗೂ ಹೆಚ್ಚು ಜ್ಞಾನವನ್ನು ಸಂಪಾದಿಸುವ ಕಾಲ. ಇಷ್ಟೆಲ್ಲ ಲಕ್ಷಣಗಳನ್ನು ಹೊಂದಿರುವ ಯುವಕರು ಖಂಡಿತವಾಗಿಯೂ ಸಮಾಜ ಬಲ ಹಾಗೂ ಮುಖ್ಯಾಂಗ. ಯುವಜನಾಂಗ ಸಮಾಜದ ಮೇಲೆ ಹೇಗೆ ಅಘಾಡವಾದ ಪರಿಣಾಮ ಬೀಳಬಹುದು ಎಂದು ನಾನು ಉದಾಹರಣೆ ಕೊಡಲು ಬಯಸುವೆನು ಅದು ಎಂದರೆ ಮಲಾಲ ಯೂಸಫ್ ರ್ಝಾಯಿ ಕೇವಲ 17ನೇ ವಯಸ್ಸಿಗೆ ನೋಬೆಲ್ ಶಾಂತಿ ಪ್ರಶಸ್ತಿ ಪಡೆದವರಾದರೂ, ಹಾಗಿದ್ದರೆ ಒಬ್ಬ ಯುವತಿಯಿಂದ ಸಾಧ್ಯವಾದ ಇಂತಹ ಸಾಧನೆ, ಯುವಜನಾಂಗದ ಸಮುದಾಯವಾದರೆ, ಅದು ಸಮಾಜದ ಸುಧಾರಣೆಗಳಿಗೆ ಪೂರಕವಾಗುವವು. ಯುವಜನಾಂಗವು ಮಕ್ಕಳು ಮತ್ತು ವಯಸ್ಕರರು, ಇಬ್ಬರ ಜವಾಬ್ದಾರಿಯನ್ನು ನಿಭಾಯಿಸುವಂತವರಾಗಿದ್ದಾರೆ. ಯುವಜನಾಂಗವು ಎಲ್ಲ ಕ್ಷೇತ್ರಗಳಲ್ಲಿಯೂ ತನ್ನ ಛಾಪನ್ನು ಮೂಡಿಸಿದೆ. ವಿವಿಧ ಪ್ರತಿಭೆಗಳು ಹೊರಬಂದಿವೆ. ಮೊಟ್ಟ ಮೊದಲನೆಯದಾಗಿ ಸಾಮಾಜಿಕ ಸುಧಾರಕರಾಗಿ ಆ ಕಾಲದಲ್ಲಿ ತಮ್ಮನ್ನು ಗುರುತಿಸಿಕೊಂಡವರು, ರಾಜ್ ಮೋಹನ್ ರಾಯ, ಅಂಬೇಡ್ಕರ್, ದಯಾನಂದ ಸರಸ್ವತಿ ಮುಂತಾದವರು ಅವರ ಸಾಲಿನವರ ಈಗಿನ ಬಂದೇಶ್ವರ್ ಪಾತಕ್ ಮುಂತಾದವರು. ನಂತರ ದೇಶದ ಹಾಗೂ ಜಗತ್ತಿನಲ್ಲೆಡೆಯಲ್ಲೂ ಸ್ವಯಂಸೇವಕ ಸಂಘಗಳಿಂದ ಸಮಾಜಕ್ಕೆ

ಹಾಗೂ ನೊಂದವರ ಬದುಕಿನಲ್ಲಿ ನಂದಾದೀಪವಾಗಿದ್ದಾರೆ. ರಾಜಕೀಯವಾಗಿ ನೋಡುವುದಾದರೆ ಎಲ್ಲರಿಗೂ ಜಗತ್ತಿನ ಸುತ್ತಲೂ ಸದ್ಗುಮಾಡಿದ ಇತ್ತೀಚಿನ ವಿಷಯವೆಂದರೆ ಬಾಂಗ್ಲಾ ದೇಶದಲ್ಲಿ ನಡೆದ ಕ್ರಾಂತಿ, ತಮ್ಮ ದೇಶದ ಸಮಾನತೆಗೆ ಹೋರಾಡಿ ದೇಶಕ್ಕೆ ಸರಿಯಾದ ಆಡಳಿತವನ್ನು ತಂದದ್ದು ಯುವಜನಾಂಗದ ಶಕ್ತಿ ಹಾಗೂ ಬಲದ ಪ್ರವರ್ತನವಾಗಿದೆ. ಹಾಗೆಯೇ ನಮ್ಮ ದೇಶ ಸ್ವಾತಂತ್ರ್ಯ ಹಾಗೂ ಪ್ರಗತಿಗೆ ಕಾರಣವಾದರು ಹಲವರಲ್ಲಿ ಯುವಕರು ಬಹಳ ಮಂದಿ ಕಾಣಬಹುದು ಕಿತ್ತೂರು ರಾಣಿ ಚೆನ್ನಮ್ಮ, ನಾನ ಸಾಹೇಬ್, ಮಂಗಲ್ ಪಾಂಡೇಯಿಂದ ಭಗತ್ ಸಿಂಗ್, ಬಟುಕೇಶ್ವರ್ ದತ್ತ ಮುಂತಾದವರು ಸ್ವಾತಂತ್ರ್ಯಕ್ಕೆ ಹೋರಾಡಿದರು ಹಾಗೂ ನೇತಾಜಿಯವರು ಸೇನೆಯನ್ನು ಕಟ್ಟಿ, “ನನಗೆ ರಕ್ತ ನೀಡಿ ಮತ್ತು ನಾನು ನಿಮಗೆ ಸ್ವಾತಂತ್ರ್ಯವನ್ನು ನೀಡುತ್ತೇನೆಂದರು”. ನಂತರ ನಮ್ಮ ದೇಶದ ಆರ್ಥಿಕ ಪ್ರಗತಿಗೆ ಯುವಕರ ಕೊಡುಗೆ ಬಹಳ ಉಂಟು. ದುಡಿಯುವವರು ಯುವಕರಾಗಿದ್ದಾರೆ. ಜಪಾನ್ ದೇಶದಲ್ಲಿ 49, ಅಮೇರಿಕಾದಲ್ಲಿ 37 ವಯಸ್ಸಿನ ಯುವಕರು ದುಡಿಯುವವರಾದರೆ ಭಾರತದಲ್ಲಿ 28 ವಯಸ್ಕರನ್ನು ಯುವಕರು ಎಂದು ಪರಿಗಣಿಸಲಾಗಿದೆ. ಇದರ ಅಂಕಿ ಅಂಶವನ್ನು ನೋಡಿದಾಗ ಭಾರತದಲ್ಲಿ ಯುವಕರು ಸಂಖ್ಯೆ ಹೆಚ್ಚಿದ್ದು ನಮ್ಮಲ್ಲಿ ದುಡಿಯುವ ಜನರು ಬಹಳವೆಂದು ತಿಳಿಯುವುದು. ನಂತರವಾಗಿ ವಿಜ್ಞಾನ ಕ್ಷೇತ್ರದಲ್ಲಿ ಹಲವು ಯುವಕ/ಯುವತಿಯರು ಅವರ ಕೊಡುಗೆಯನ್ನು ನೀಡಿರುವರು. ಉದಾ: ಗೀತಾಂಜಲಿ ರಾವ್, ಹೃದಯೇಶ್ವರ್ ಸಿಂಗ್, ಗೋಪಾಲ್ ಜೀ ಮುಂತಾದವರು ಹಾಗೂ ಸಾಹಿತ್ಯ ಕ್ಷೇತ್ರಕ್ಕೆ ಕೊಡುಗೆ ನೀಡಿರುವವರು ಉದಾ: ಕಿರಣ್ ದೇಸಾಯಿ, ವಿಕ್ರಮ ಸೇತ್ ಮುಂದುವರೆದು ನೋಡುವುದಾದರೆ ಹಲವಾರು ಯುವಜನಾಂಗದ ಐ.ಎ.ಎಸ್. ಮತ್ತು ಐ.ಪಿ.ಎಸ್ ಮುಂತಾದ ಉನ್ನತ ಹುದ್ದೆಗಳನ್ನು ಪಡೆದುಕೊಂಡು ದೇಶಕ್ಕೆ ಸೇವೆಯನ್ನು ನೀಡುತ್ತಿದ್ದಾರೆ ಮುಂದೆ ಹೋದರೆ ಹಲವಾರು ಯುವ ಪ್ರತಿಭೆಗಳು ಕ್ರೀಡೆಯಲ್ಲಿ ಸಾಧನೆ ಮಾಡುತ್ತಿದ್ದಾರೆ. ಉದಾ: ಇತ್ತೀಚಿನ ನಡೆದ ಒಲಿಂಪಿಕ್‌ನಲ್ಲಿ ಸಾಧನೆ ತೋರಿದ ಮನು ಬಾಕರ್, ನೀರಜ್ ಚೊಪ್ರ, ಸರೋಬಿ ಜೊತ್ ಸಿಂಗ್ ಮುಂತಾದವರು. ಸಂಗೀತ, ನೃತ್ಯ ಹೀಗೆ ಮುಂತಾದ ಕ್ಷೇತ್ರಗಳಲ್ಲಿ ತಮ್ಮನ್ನು ಗುರುತಿಸಿಕೊಂಡಿರುವರು. ತಂತ್ರಜ್ಞಾನ ವಿಷಯದಲ್ಲಿ ಬಂದರೆ, ನಮ್ಮ ದೇಶದ ಮಕ್ಕಳಾಗಿ ಬೇರೆ ದೇಶದಲ್ಲಿ ಭಾರತ ಪ್ರತಿಭೆಗಳೆಂದು ಗುರುತಿಸಿಕೊಂಡಿರುವ ಸುಂದರ್ ಪಿಚ್ಚೈ, ಸುನಿತ ವಿಲಿಯಮ್ಸ್ ಮುಂತಾದವರು ಹಾಗೂ ನಮ್ಮ ದೇಶದಿಂದ ಹೋಗಿ ಅಮೇರಿಕಾ ರಾಷ್ಟ್ರದ ಉಪಾಧ್ಯಕ್ಷರಾದ ಕಮಲ ಹ್ಯಾರೀಸ್ ಹಾಗೂ ಬ್ರಿಟನ್‌ನ ಪ್ರಧಾನಿಯಾದ ರಿಷಿ ಸುನಕರವರು. ಇದೆಲ್ಲವು ಯುವಜನಾಂಗದ ಉತ್ಸಾಹ ಹಾಗೂ ಪ್ರಾಮುಖ್ಯತೆಯನ್ನು ಗುರುತಿಸುತ್ತದೆ.

ಇಲ್ಲಿಯವರೆಗೂ ನೋಡಿದ ಯುವಶಕ್ತಿಯು ನಿಜವಾಗಿಯೂ ನೂರರಷ್ಟು ರಕ್ತತೆಯಿಂದ ಇರುವರೆ? ಎಲ್ಲಾ ಯುವಕರು ದುಡಿಯುತ್ತಿದಾರೆ? ಯುವಕರಿಗೆ ಯಾವ ಸಮಸ್ಯೆಗಳು ಇಲ್ಲವೆ? ಅಥವಾ ಯಾವುದೇ ಸವಾಲುಗಳನ್ನು ಎದುರಿಸುತ್ತಿಲ್ಲವೆ? ಇದೆಲ್ಲವೂ ನನ್ನಲ್ಲಿ ಬಹಳ ಕಾಡುತ್ತಿರುವ ಯೋಚನೆಗಳು. ನಾವು ಒಮ್ಮೆ ಎಲ್ಲರ ದೃಷ್ಟಿಯಿಂದ ನೋಡಿದರೆ, ನಮ್ಮ ಯುವಜನಾಂಗ ಸಾಧಿಸಿದ್ದಾರೆ ಹಾಗೂ ಅವರ ಸಾಮರ್ಥ್ಯದಿಂದ ದುಡಿಯುತ್ತಿದ್ದಾರೆ. ಆದರೆ ಎಲ್ಲ ಪ್ರಗತಿಯಲ್ಲೂ ಒಂದಲ್ಲ ಒಂದು ಸವಾಲು ಇದ್ದಂತೆ ಯುವಜನಾಂಗಕ್ಕೆ ಹಲವಾರು ಸವಾಲುಗಳು, ನಾನು ಯುವಜನಾಂಗದಲ್ಲಿ ಒಬ್ಬಳಾಗಿರುವುದರಿಂದ, ನನ್ನ ಚಿಂತನೆಗಳನ್ನು ಹಾಗೂ ಅಭಿಪ್ರಾಯವನ್ನು ತಿಳಿಸಲು ಇಚ್ಛಿಸುವೆ. ಹೇಳುವುದಾದರೆ ನಮ್ಮ ದೇಶದಲ್ಲಿ ಯುವ ಜನಾಂಗಕ್ಕೆ ಬೆಂಬಿಡದೆ ಕಾಡುತ್ತಿರುವ ಭೂತವಾಗಿದೆ ನಿರುದ್ಯೋಗ, ನಿರುದ್ಯೋಗ ಏಕೆ ನಮ್ಮ ದೇಶವನ್ನು ಕಾಡುತ್ತಿದೆಯೆಂದು ನಾವು ಒಮ್ಮೆ ಯೋಚಿಸಿದಾಗ, ನಮ್ಮಲ್ಲಿರುವ ಹಲವಾರು ರೀತಿಯ ಅಸಮಾನತೆ ಹಾಗೂ

ಭೇದಭಾವಗಳು ಅಸಮಾನತೆ ಎನ್ನುವ ಪದವು ಹಲವಾರು ಅರ್ಥಗಳನ್ನು ಹೊಂದಿದೆ. ನಾನು ನೋಡಿರುವ ಅಸಮಾನತೆಯಲ್ಲಿ ಮೊದಲನೆಯದಾಗಿ ಬಡವ-ಬಲ್ಲಿದರ ಮಧ್ಯೆ ಇರುವ ಅಸಮಾನತೆ, ಬಡವರ ಮಕ್ಕಳಿಗೆ ಸಿಗದ ಹಲವಾರು ಸೌಲಭ್ಯಗಳು ಶ್ರೀಮಂತರ ಮಕ್ಕಳಿಗೆ ಸಿಗುತ್ತದೆ. ಹಾಗೆಂದು ನಾನು ಬಡವರಾಗಿ ಹುಟ್ಟುವುದು ತಪ್ಪೆಂದು ನನ್ನ ಅಭಿಪ್ರಾಯವಲ್ಲ, ಆದರೆ ನಮ್ಮ ದೇಶದಲ್ಲಿ ಸರ್ಕಾರವು ಬಡಮಕ್ಕಳಿಗೆ ಎಷ್ಟು ಸೌಲಭ್ಯಗಳನ್ನು ಮಾಡಿದರು ಅದು ಅಷ್ಟು ಬೇಗ ಹಾಗೂ ಅದು ಎಲ್ಲರಿಗೂ ತಲುಪದಿಲ್ಲ, ಅದರಲ್ಲಿ ಭ್ರಷ್ಟಾಚಾರವೇ ತುಂಬಿ ಹೋಗಿದೆ. ನಂತರ ಹೇಳುವುದಾದರೆ, ನಾವೆಲ್ಲರು ಇರುವ ಯುಗ ಬಹಳ ಸ್ಪರ್ಧಾತ್ಮಕ ಯುಗವಾಗಿದೆ. ಹಾಗಾಗಿ ಜ್ಞಾನವು ಅಳವಾಗಿರಬೇಕು ಹಾಗೂ ಕೌಶಲ್ಯವು ಉದ್ಯೋಗಕ್ಕೆ ಮುಖ್ಯವಾಗಿದೆ. ಮುಂದಿನ ಅಸಮಾನತೆಯೆಂದರೆ ಹಳ್ಳಿ-ನಗರ, ಹಳ್ಳಿಯಲ್ಲಿ ಇರುವ ಮಕ್ಕಳಿಗೆ ನಗರದ ಮಕ್ಕಳಿಗೆ ಜೊತೆ ಸ್ಪರ್ಧಿಸುವುದು ಬಹಳ ಕಷ್ಟವಾಗಿದೆ. ಹಾಗೆಂದು ಹಳ್ಳಿಯ ಮಕ್ಕಳು ಸಾಧಿಸಿಲ್ಲವೆಂದಲ್ಲ, ಆದರೆ ಅದರ ಪ್ರಮಾಣವೆಷ್ಟೆಂದು ನಂತರ ಹಳ್ಳಿಯ ಹಾಗೂ ಬಡವರ ಮಕ್ಕಳಿಗೆ ಮನೆಯ ಜವಾಬ್ದಾರಿಗಳು ಸಣ್ಣ ವಯಸ್ಸಿನಲ್ಲೆ ಬಂದುಬಿಡುತ್ತದೆ. ಅವರು ತಮ್ಮ ಆಸೆಗಳನ್ನು ತಮ್ಮ ಕನಸುಗಳನ್ನು ತ್ಯಾಗಮಾಡಬೇಕಾಗುವುದು, ಇದರ ಜೊತೆಗೆ ತಂದೆ-ತಾಯಿಯರ ಪ್ರೋತ್ಸಾಹ ಮಕ್ಕಳಿಗೆ ಒಂದು ಭರವಸೆಯಿದ್ದಂತೆ ಅದು ಎಷ್ಟೋ ಮಕ್ಕಳಿಗೆ ಇಲ್ಲದಂತಾಗಿದೆ ನಂತರ ಯುವಜನಾಂಗ ಎದುರಿಸುತ್ತಿರುವ ಸವಾಲೆಂದರೆ ಭ್ರಷ್ಟಾಚಾರ, ಭಯೋತ್ಪಾದನೆ, ಕೋಮುವಾದ ಮುಂತಾದವು. ಈ ಮೂರು ಅಂಶಗಳ ಇದೇ ಸಮಾಜದಲ್ಲಿ ಜಾಲವಾಗಿ ಹಬ್ಬಿದೆ. ಎಷ್ಟೋ ಯುವಜನಾಂಗ ಈ ಮೂರು ಪಾಶಗಳಿಗೆ ಬಲಿಯಾಗುತ್ತಾರೆ. ತಮ್ಮಲ್ಲಿ ಮೇಲು ಕೀಳು, ಎಂದು ಅವರ ಗುರುತಿಸಿಕೊಂಡು ಸಮಾಜವನ್ನು ಮುರಿಯುವಂತಾಗಿದೆ. ಎಷ್ಟೋ ಯುವಜನಾಂಗವು ಭಯೋತ್ಪಾದನೆಯಲ್ಲಿ ತೊಡಗಿರುವುದು ವಿಷಾದಕರ ಸಂಗತಿ. ಇದು ಸಮಾಜದ ಶಾಂತಿ-ಸಮೃದ್ಧಿಯನ್ನು ಹಾಳು ಮಾಡುತ್ತಿದೆ. ಯುವಜನಾಂಗದವರು ಮಾಡುತ್ತಿರುವ ಮತ್ತೊಂದು ತಪ್ಪೆಂದರೆ, ಅವರು ಅವರನ್ನು ಆಳುವವರನ್ನು ಅದರ ಪ್ರತಿನಿಧಿಯನ್ನು ಆಯ್ಕೆ ಮಾಡುವುದು, ಎಷ್ಟೋ ಜನ ಮತದಾನವನ್ನೇ ಮಾಡುವುದಿಲ್ಲ. ಹಾಗಿದ್ದ ಮೇಲೆ ಪ್ರತಿನಿಧಿಗಳು ಹೇಗೆ ಅವರ ಒಳಿತಿಗಾಗಿ ದುಡಿಯಲು ಸಾಧ್ಯ. ಇದಕ್ಕೆ ಜೊತೆಯಾಗಿ ನಮ್ಮ ಯುವಕರು ರಾಜಕೀಯ ಕ್ಷೇತ್ರಕ್ಕೆ ಬರಬೇಕಾದದ್ದು ತುಂಬಾ ಅಗತ್ಯವಾಗಿದೆ. ನಾವು ನೋಡುತ್ತಿರುವಾಗ ಎಷ್ಟು ಯುವಜನಾಂಗವು ಲೋಕಸಭಾ ವಿಧಾನ ಸಭೆಯಲ್ಲಿ ಇರುವರು. ಇದು ತುಂಬಾ ಯೋಚಿಸಬೇಕಾದ ಸಂಗತಿಯಾಗಿದೆ ಹಾಗೂ ಯೋಚಿಸಬೇಕಾದ ಮತ್ತೊಂದು ವಿಷಯವೆಂದರೆ ಹೆಣ್ಣುಮಕ್ಕಳು ಎಷ್ಟು ಮಂದಿ ಸಂಸ್ಥೆಗಳಲ್ಲಿ ಭಾಗವಹಿಸುತ್ತಿದ್ದಾರೆ. ಈಗಲು ನಮ್ಮ ದೇಶದಲ್ಲಿ ಓದಿಸಲೂ ಮನೆಯಲ್ಲಿ ಒಪ್ಪಿದರು ಅವರನ್ನು ಕೆಲಸಕ್ಕೆ ಕಳುಹಿಸಲು

ಒಪ್ಪುವುದಿಲ್ಲ. ಇದರ ಹಿಂದೆ ಇರುವ ಸವಾಲುಗಳೆಂದರೆ ಮಹಿಳೆಯರನ್ನು ಮನೆಗೆ ಸೀಮಿತರಾಗಿಸುತ್ತಿರುವುದು. ಇದು ಸರಿ ಹೋಗಬೇಕು.

ನಮ್ಮ ಭಾರತದಲ್ಲಿ 50% ಹೆಣ್ಣುಮಕ್ಕಳ ಜನಸಂಖ್ಯೆ ಹೊಂದಿದ್ದರೂ ಅವರ ಭಾಗವಹಿಸುವಿಕೆ ಸಂಸ್ಥೆಗಳಲ್ಲಿ ಕೇವಲ 37%ರಷ್ಟು. ಇದು ಬದಲಾದರೆ ಖಂಡಿತವಾಗಿ ಸಮಾಜದ ಪ್ರಗತಿ ಸಾಧ್ಯ. ಇನ್ನು ಮುಂದುವರೆದು ಚಿಂತಿಸುವುದಾದರೆ ನಮ್ಮ ಯುವಜನಾಂಗವನ್ನು, ಅದರಲ್ಲು 18ರಿಂದ 22ರ ನಡುವಿನ ಯುವ ಮಂದಿ ಎಂದರೆ ನಾವು ಅತಿಯಾದ ತಂತ್ರಜ್ಞಾನವನ್ನು ಬಳಸುತ್ತಿರುವುದು. ಮೊಬೈಲ್ ಫೋನ್ ಒಳಗೆ ಮುಳುಗಿ ಹೋಗುತ್ತಿರುವುದು ಹಾಗೂ ಅದರಿಂದ ದೈಹಿಕ ಮತ್ತು ಭೌದ್ಧಿಕ ಸವಾಲುಗಳನ್ನು ನೋಡುತ್ತಿದ್ದೇವೆ. ಹಾಗೆಂದ ತಂತ್ರಜ್ಞಾನದಿಂದ ಉಪಯೋಗವಿಲ್ಲವೆಂದಲ್ಲ, ಆದರೆ ಬಳಸುವಿಕೆ ಮಿತಿಯಲ್ಲಿರಬೇಕಷ್ಟೆ ಇದರಿಂದ ಮನೆಯಲ್ಲಿ ಯಾರ ಜೊತೆಯು ಮಾತನಾಡದೆ ಅಥವಾ ಕಾಲಕಳೆಯದೆ ಬರಿ ಫೋನ್ ಆಡಿಸ್ ಆಗಿರುವುದು ಅವರನ್ನು ಮಾನಸಿಕವಾಗಿ ಕುಗ್ಗಿಸಿ, ಕೊನೆಗೆ ಖಿನ್ನತೆ ಒಳಗಾಗುತ್ತಿರುವುದೇ ಯೋಚಿಸಬೇಕಾದ ಸಂಗತಿ. ಭಾರತದಲ್ಲಿ ಸುಮಾರು 1.71ಲಕ್ಷ ಅದರಲ್ಲಿ ಸುಮಾರು 80% ಮಂದಿ ಯುವಜನಾಂಗದವರಾಗಿದ್ದಾರೆ. ಇದರಿಂದ ಹೊರಬರಲು ಪ್ರತಿ ವರ್ಷವು ದೇಶದ ಆಯವ್ಯಯದಲ್ಲಿ, ಖಿನ್ನತೆ ದೂರಮಾಡಲು ಸರ್ಕಾರ ಅದರದ್ದೆ ಆದ ಕಾರ್ಯಕ್ರಮಗಳನ್ನು ಆಯೋಜಿಸುತ್ತಿದೆ.

ಇದೆಲ್ಲವು ಪಾರದರ್ಶಕತೆ ಮತ್ತು ದಕ್ಷತೆಯಿಂದ ನಡೆಯಬೇಕಾಗಿದೆ ಕೊನೆಯಲ್ಲಿ ಮತ್ತೊಂದು ಮುಖ್ಯವಾದ ಸಂಗತಿಯೆಂದರೆ ನಮ್ಮ ಯುವಜನಾಂಗದ ಭಾಗವಾಗಿರುವ ಹೆಣ್ಣು ಮಕ್ಕಳ ಸುರಕ್ಷಣೆ, ಹೆಣ್ಣುಮಕ್ಕಳ ಸುರಕ್ಷತೆ ಬಹಳ ಮುಖ್ಯವಾಗಿದ್ದು ಅದಕ್ಕೆ ಒತ್ತು ಕೊಟ್ಟು, ಹೆಣ್ಣು ಮಕ್ಕಳಿಗೆ ನಿಜವಾದ ಸ್ವಾತಂತ್ರ್ಯವನ್ನು ನೀಡಬೇಕಾಗಿದೆ.

“ಜೀವ ನಮ್ಮ ಮಾತನ್ನು ಕೇಳಿಲ್ಲ, ತಿಳಿಸದೆ ಮುಗಿದು ಹೋಗುವುದು. ಆದರೆ ಜೀವನ ನಾವು ನಡೆಸುವಂತೆ ನಡೆಯುತ್ತದೆ ಅದನ್ನು ರೂಪಿಸಿಕೊಳ್ಳುವುದು ನಮ್ಮ ಕೈಯಲ್ಲಿದೆ”

- ಸ್ವಾಮಿ ವಿವೇಕರು

ಹೇಮಲತ ಜಿ.ಎ
II B.A

माता पिता : जीवन की नींव

माता पिता हर बच्चे के जीवन की नींव होते हैं। वे हमें संवारते हैं, हमारा मार्गदर्शन करते हैं और हमें इस काबिल बनाते हैं कि हम अपने सपनों को साकार कर सकें। उनका प्यार निस्वार्थ होता है, उनकी कुर्बानियां अनमोल होती हैं और उनकी उपस्थिति हमारे जीवन में सबसे बड़ा वरदान होती हैं।

जन्म से ही माता अपने बच्चों के सुख और देखभाल में ही बिता देती हैं, जबकि पिता की ताकत और हौसले हमें ताकत प्रदान करते हैं। दोनों मिलकर एक ऐसा सुरक्षित महौल बनाते हैं, जहाँ हम अपने डर को पीछे छोड़कर अपने भविष्य के लिए तैयार हो सकें।

माता - पिता अपने सपनों और इच्छाओं को बच्चों के लिए त्याग देते हैं। वे दिन - रात मेहनत करते हैं ताकि हमें एक अच्छा भविष्य मिल सके। उनकी खुशी हमारी सफलता में होती है और वे हमेशा हमें आगे बढ़ने के लिए प्रेरित करते हैं।

लेकिन जैसे - जैसे बच्चे बड़े होते हैं, अक्सर माता - पिता को नजरअंदाज कर देते हैं। यह महत्वपूर्ण है कि हम उन्हें वह प्यार और सम्मान दें जिसके वे हकदार हैं। उनके साथ समय बिताना उनका आभार व्यक्त करना और उनके बुढ़ापे में उनकी देखभाल करना हमारे लिए सबसे बड़ी जिम्मेदारी होनी चाहिए।

माता - पिता वास्तव में अनमोल हैं। वे हमारे पहले दोस्त, हमारे प्रेरणास्त्रोत और हमारे सबसे बड़े समर्थक होते हैं। हमें उनका सम्मान करना चाहिए उनका आभार मानना चाहिए और ऐसा जीवन जीना चाहिए जो उनकी दी हुई शिक्षाओं को दर्शाए।

मोहमदि अफ्रिन
II B.Com 'B'

वक्त

कभी कभी गलती किसी की नहीं होती
बस वक्त की होती है
क्योंकि वक्त उन्हें साथ नहीं देखना चाहता
वक्त लोगों को हमारी जिन्दगी में ला तो देता है
पर कुछ वक्त बाद उन्हें हमसे छीन भी लेता है
अगर सही वक्त पर वो हमारी जिन्दगी में आए तो
एक हिस्सा बन जाते हैं
और गलत वक्त में आए तो उसी जिन्दगी का एक
बुरा किस्सा बन जाते हैं
वक्त के पास जो ताकत है किसी और के पास कहाँ
हँस्ते हुए चेहरे को रूला सकता है
और रोते हुए को हँसा
कुछ बातें जो हमें नहीं पता होती
वो वक्त के साथ पता लगती है

वक्त हमें वो सब सिखा देता है
जो ज़िन्दगी सिखाना भूल जाती है
जब तक गुज़र नहीं जाता पता नहीं चलता
अच्छा है या बुरा।
अगर पता भी चले तो कोई क्या करें
क्योंकि गुज़रा हुआ वक्त वापस भी तो नहीं आता,
बस उन पलों की यादें छोड़ जाता है
किसी के लिए कहाँ रुक पाता है
हमेशा चलते ही जाता है
सबसे आगे बढ़कर पहले आता है
जिन्दगी को बेहतरीन तरीके से सँवारता है
जो भी कर लो या फिर कह लो
वक्त ही तो है यार, अक्सर गुज़र ही जाता है
गुज़र ही जाता है.....

Syeda Hajira
I BSPY

भ्रष्टाचार मिटाओ

इसमें कोई संदेह नहीं है कि भ्रष्टाचार हमारे राष्ट्र के विकास में सबसे बड़ी बाधाओं में से एक है। पिछले ६० वर्षों से भ्रष्टाचार ने भारतीय समाज के मूल में बहुत गहराई से अपनी जड़ें बना ली है। पहले भ्रष्टाचार ज्यादातर सरकारी अधिकारियों का राज था लेकिन आज निजी क्षेत्र भी दौड़ में शामिल हो गए हैं।

भ्रष्टाचार राष्ट्र की प्रगति के लिए हानिकारक है। विकास परियोजनाओं के लिए सार्वजनिक धन को अपने जेब में डाला जाता है जिसके कारण सार्वजनिक सेवाओं में समस्या उत्पन्न होती है। आम लोगों के लिए आवश्यक सुविधाएँ भी नहीं मिल पाती।

भ्रष्टाचार गरीबी और ईमानदारी की कीमत पर अमीरों और शक्तिशाली लोगों को लाभ पहुंचाकर असमानता को भी बढ़ावा देता है।

भ्रष्टाचार की गहरी मानवीय कीमत होती है। यह तो संस्थानों में जनता के विश्वास को कमजोर करता है। यह ऐसी संस्कृति को भी जन्म देता है जहाँ सत्ता में रहने वाले लोग कानून से ऊपर होते हैं। भ्रष्टाचार के खिलाफ लड़ाई में नागरिकों की महत्वपूर्ण भूमिका है। रिश्वत न देकर अपने साथ और आसपास हुए भ्रष्ट गतिविधियों की रिपोर्ट करके व्यक्ति खुद अधिक न्याय संगत और समान समाज बनाने में योगदान दे सकता है। आज भारत दुनिया में सबसे तेजी से बढ़ती अर्थव्यवस्था के साथ एक महाशक्ति बन गया

है भारतीय कपनियाँ लाखों में है। लेकिन दुख की बात है कि इससे भ्रष्टाचार का एक और विनाशकारी रूप सामने आया है। पहले भ्रष्ट कर्मचारी हजारों और लाखों रूपयों का सौदा करते थे और आज के आधुनिक भ्रष्ट करोड़ों रूपये खा जाते हैं। यदि यह पैसा राष्ट्र के विकास के उपयोग किया जाता है तो इससे योग्य बच्चों को मुफ्त में शिक्षा प्राप्त हो सकती है। शिक्षा के क्षेत्र में ऐसे बहुत सारे काबिल बच्चें हैं लेकिन कुछ भ्रष्ट अधिकारियों के कारण उन्हें सही जगह नहीं मिलती है।

भ्रष्टाचार को जड़ से उखाड़ने के कुछ आशा जनक कदम सरकार की ओर से आए हैं। अपने स्टिंग ऑपरेशन और रिपोर्ट के माध्यम से कई खोजी पत्रकारों ने भ्रष्टाचार में लिए कुछ अधिकारियों को परेशान किया है। लेकिन अभी भी बहुत कुछ करने की ज़रूरत है। हमें से हर कोई भ्रष्टाचार को जड़ से खत्म करने में मदद कर सकता है किसी को भी रिश्वत देने से मना करने से, फिर चाहे हमारी ज़रूरत कितनी भी हो।

‘भ्रष्टाचार की बेड़ियाँ जब देश को बाँधती हैं,
विकास का पहिया, रूक जाता है, रिश्वत की धारा में,
लोगों के सपने टूट रहे हैं,
जब सत्ता की गलियों में, भ्रष्टाचार भर जाता है।’

सानिया तबस्सुम ए, II Year B.Sc. CSMA



मेहनत करने वाले की तो,
बात निराली होती है।
जो करते हैं आलस उनकी,
किस्मत खाली होती है।
चिड़िया धुन की पंखी जिसका,
समय भी स्वागत करता है।
जब उम्मीद हो उड़ने की
तो आसमान भी झुकता है।
बहुत हुआ आलस का जीवन, जाग उठो, उस ओर चलो।
जाग उठो, निद्रा त्यागो जल्दी जल्दी भोर चलो।
मंजिल का कर जिसने चुमा, बात उसी की होती है।
जो करोगे मेहनत तो,
नई उम्मीदें खुलती हैं।
जो करते हैं आलस उनकी,
किस्मत खाली होती हैं।

अनन्या. आर. राव
II B.Sc. CSMA

महिला की जीवन यात्रा

जीवन की राह पर, चलती है अकेली,
संघर्षों से सजी उसकी तक्रदीर सजीली।
सपनों से भरी आँखों में आँसु भी धिपी,
चाहतों के बीच, कभी वो खुद को ढूँढ़े।
हिम्मत से लड़ी, कभी थकी नहीं,
सपनों को सच करने की कभी खता नहीं।
कभी माँ के आँचल में छुप कर हंसती,
कभी खुद की ताकत से दुनिया को शैशन करती।
वो है जीवन की सच्ची परिभाषा
हर दर्द को मुस्कान में छुपाए
फिर भी न रूके रास्ता।
महिला को जीवन है संघर्ष की गाथा,
एक रोशनी की तरह वो कभी न सकती, न हारती।

पूजा के
II B.Sc. CSMA

पिता की ममता और संघर्ष

पिता की मूरत है हर बच्चे में बसी,
उसकी बातों में जीवन की सच्चाई है गहरी,
जो हर दुख में खड़ा, हर दर्द में मुस्काए,
वो है पिता, जो कभी ना पीछे हटाए।

हाथों में उसका समर्थन, दिल में प्यार की बेमिसाल ताकत,
जीवन की राहों में उसका मार्गदर्शन, कभी नहीं छूटता।

उसकी छांव में सुकून, उसकी मस्कान में हिम्मत,
पिता की तरह कोई नहीं, यही है जीवन की सबसे बड़ी धरोहर।

कभी नहीं सकता, कभी नहीं रुकता,
हर कदम में बस हमें देखता, सिखाता।
धैर्य, प्रेम, और त्याग से भरा एक अद्भुत संबंध,
पिता, तुम हो सच में आशीर्वाद का बेमिसाल हस्ताक्षर।

कुर्रा नाग प्रियंका, II B.Sc. CSMA

काम करो ऐसा कि एक
पहचान बन जाए,
हर कदम ऐसा चलो कि
निशान बन जाए,
यहाँ जिंदगी तो हर कोई,
काट लेता है,
जिंदगी जियो इस कदर कि
मिसाल बन जाए।

बड़ा नैकर बनने से अच्छा हैं
कि छोटे मालिक बन जाओ
दूसरों के पीछे चलने से
अच्छा है,

अपना रास्ता खुद बनाओ.....!!

ये जिंदगी हसीन है, इससे
प्यार करो,
अभी है रात तो सुबह का
इंतजार करो।
रब पर रखो भरोसा वक्त
पर एतबार करो

ईसान वही जो पथ का पक्का,
ईमान वही जो सच का पक्का
और सच की हिफाजत करना
तू तब जब तेरा इरादा हो पक्का.....

शिवानी, I BCA

“शून्य में समाना”

अब बस श्री हरि.....
मुझे मृत्यु चाहिए, एक अंत चाहिए
हाँ मुझे मोक्ष चाहिए
मुझे शांति चाहिए, एक गहरी नींद चाहिए
हाँ मुझे सुकून चाहिए।

न यह देह, न यह छाया
न कोई बंधन, न कोई माया
बस निर्वाण की शीतल बहार हो,
जहाँ न समय हो, न कोई विचार हो।

मैं बह जाना चाहता हूँ उस स्रोत में,
जहाँ न नाम हो, न स्वरूप, न शोर
श्री हरि, अब इस यात्रा का अंत दो

मुझे शून्य में समा दो,
मुझे अपने में मिल जाने दो।

बहना है मुझे, किसी शांत धार में,
मिट जाना चाहता हूँ, किसी शून्य पार में।
कोई पहचान न रहे, कोई स्वर न बचे,
बस मौन की चादर हो, अगर प्रकाश रहे।

इस भटकन को विराम मिले,
इस चित्त को विश्राम मिले,
इस सुख दुःख के मेल को आराम मिले
बस..... अंत में मुझको आपका साथ मिले।

मुक्ता सूर्यवंशी, II B.A PASY

एक अनमोल रिश्ता

वो हर पल मेरे साथ खड़ी रहती है,
मेरी हर हार को जीत में बदल देती है।
बिन कहे मेरे दिल की बात समझ लेती
हर गम को चुपचाप खुद सह लेती।

जब दुनिया से हारने को होती हूँ मैं,
उसकी मुस्कान मुझे जीत दिला देती है।
उसकी खामोशी में भी जो सुकून है,
वो मेरे हर डर को दूर कर देती है।

मैं कोशिश करती हूँ उसे खुश रखने की,
पूर अनजाने में कभी दुख दे देती हूँ।
वो दर्द छुपाकर बस मुस्कुराती रहती है,
पर उसकी खामोशी मुझे अंदर से तोड़ देती है।

जब उसके रोने की वजह में बन जाती हूँ,
तब मेरा दिल भी नम हो जाता है।
उसके आँसू मुझे काँटों की तरह चुभते हैं,
ये खयाल कि मैंने उसे रुलाया, ज़राम दे जाते हैं।

वो इतनी खास है, इतनी दुर्लभ,
जैसे रेगिस्तान में बारिश की पहली बूँद।
उसके बिना मेरी दुनिया अधूरी सी लगती है।
उसकी मौजूदगी मेरी जिंदगी की रोशनी बनती है।

और आखिर मैं जब पुछोगे कौन है वो?
वो है मेरी दोस्त, मेरी सबसे प्यारी दोस्त।
एक ऐसा रिश्ता जो हर खजाने से अनमोल है,
उसकी मुस्कान सी ही मेरी दुनिया गोल है।।

प्रियंका भाटी, I B.Com. 'B'

आसमान वाला दोस्त....

चाँद... चाँद का रंग कुछ अलग सा है
शायद चाँद भी सहमा - सहमा सा है।
खैर, 'चाँद' इस के नाम में ही कुछ अपना सा है,
चाहे दुख बाँटो या अपना सुख;
ये चाँद सब कुछ सुनता है, समझता है

हाँ बहुतों के लिए ये एक दोस्त है और
कुछ के लिए हमदर्द तो कुछ के लिए प्रकृति का एक हिस्सा।
कभी तन्हाई में यह चुप-चाप साथ निभाता है,
तो कभी किसी के आँखों के आँसू समेट लेता है।
कभी इसकी चाँदनी सुकून देती है,
तो कभी यह अधूरापन का अहसास कराता है।

रात के सन्नाटे में जब सब सो जाते हैं,
तब यह चुपके से दिल की बातें सुनाता है।
कोई इससे अपना गम कहता है,
तो कोई अपनी ख्वाहिशों से सौप देता है।

चाहे आसमान में दूर चमकता रहे
सबके जिन्दगी का राज़ जानता है।
इसका नाता दिलों से जुड़ा रहता है,
चाँद बस चाँद नहीं.....
कभी यादों का मसीहा है,
तो कभी ख्वाबों का हमसफ़र।

मुक्ता सूर्यवंशी
III BA PASY

महिला सशक्तिकरण

“नारी के तप - त्याग से कब तक तुम मुँह को फेरोगे?
नारी का अपमान, कब तक तुम मौन होकर देखोगे?
क्या कभी आवाज़ उठेगी एक समान अधिकारों की
क्या कभी लड़ाई भूमेगी, जीवन से जीवन के विचारों की.....”
- मयंक विश्नोई

प्रस्तावना

आज के आधुनिक समय में महिला सशक्तिकरण एक विशेष चर्चा

का विषय है। हमारे आदि - ग्रंथों में नारी के महत्व को मानते हुए यहाँ तक बताया गया है कि “यत्र नार्यस्तु पूज्यन्ते रमन्ते तत्र देवता।”, अर्थात् जहाँ नारी की पूजा होती है, वहाँ देवता निवास करने है।

लेकिन विडम्बना तो देखिए नारी में इतनी शक्ति होने के बावजूद भी उसके सशक्तिकरण की अत्यंत आवश्यकता महसूस हो रही है! महिलाओं के आर्थिक सशक्तिकरण का अर्थ उनके आर्थिक

फैसलों, आय, संपत्ति और दूसरी वस्तुओं की उपलब्धता से है, इन सुविधाओं को पाकर ही वह अपने सामाजिक स्वर को ऊँचा कर सकती है।

नारी सशक्तिकरण का असली अर्थ तब समझ में आयेगा जब भारत में उन्हें अच्छी शिक्षा दी जाएगी और इस काबिल बनाया जाएगा कि वो हर क्षेत्र में स्वतंत्र होकर फैसलें कर सकें।

भारत में महिला सशक्तिकरण की आवश्यकता : प्राचीन काल के उपेक्षा मध्य काल में भारतीय महिलाओं के सम्मान स्तर में काफी कमी आयी। जितना सम्मान उन्हें प्राचीन काल में दिया जाता था, मध्य काल में वह सम्मान घटने लगा था।

१) शिक्षा के मामले में भी भारत में महिलाएँ पुरुषों की अपेक्षा काफी पीछे हैं। भारत में पुरुषों की शिक्षा दर ८१-३ प्रतिशत है, जबकि महिलाओं की शिक्षा दर मात्र ६०.३ प्रतिशत ही है।

२) भारतीय समाज में महिलाओं को सम्मान देने के लिये माँ, बहन, पुत्री, पत्नी के रूप में महिला देवियों को पूजने की परंपरा है लेकिन आज केवल यह एक ढोंग मात्र रह गया है।

३) भारत में लगभग ५० प्रतिशत आबादी केवल महिलाओं की है मतलब, पूरे देश के विकास के लिए इस आधी आबादी की जरूरत है जो कि अभी भी सशक्त नहीं है और कई सामाजिक प्रतिबंधों से बंधी हुई है। ऐसी स्थिति में हम नहीं कह सकते कि भविष्य में बिना हमारी आधी आबादी को मजबूत किए हमारा देश विकसित हो पायेगा।

महिला सशक्तिकरण के लाभ

महिला सशक्तिकरण के कारण महिलाओं की जिंदगी में बहुत से बदलाव हुए।

१) महिलाओं ने हर कार्य में बढ़-चढ़ कर हिस्सा लेना शुरू किया है।

२) महिलाएँ अपनी जिंदगी से जुड़े फैसले खुद कर रही हैं।

३) महिलाएँ अपने हक के लिए लड़ने लगी हैं और धीरे धीरे आत्मनिर्भर बनती जा रही हैं।

महिला अधिकारों और समानता का अवसर पाने में महिला सशक्तिकरण ही अहम भूमिका निभा सकती है। क्योंकि स्त्री सशक्तिकरण महिलाओं को सिर्फ गुजरे भूते के लिए ही तैयार नहीं करती, बल्कि उन्हें अपने अंदर नारी चेतना को जगाने और सामाजिक अत्याचारों से मुक्ति पाने का माहौल भी तैयार करती है।

महिला सशक्तिकरण जूरी क्यों है?

लैंगिक भेदभाव राष्ट्र में सांस्कृतिक, सामाजिक, आर्थिक और शैक्षिक अंतर ले आता है जो देश को पीछे की ओर ढकेलता है भारत के संविधान में उल्लिखित समानता के अधिकार को सुनिश्चित करने के लिए महिलाओं को सशक्त बनाना सबसे प्रभावशाली उपाय है। ये जरूरी है कि महिलाएँ शारीरिक, मानसिक और सामाजिक रूप से मजबूत हों।

भारत में महिला सशक्तिकरण के मार्ग में आने वाली बाधाएं

१. कार्यक्षेत्र में शारीरिक शोषण
२. लैंगिक भेदभाव
३. भुगतान में असमानता
४. बाल विवाह
५. कन्या भ्रूणहत्या

भारत में महिला सशक्तिकरण के लिए सरकार की भूमिका

भारत सरकार द्वारा महिला सशक्तिरण के लिए कई सारी योजनाएं चलायी जाती हैं।

१. बेटा बचाओ बेटा पढ़ाओ योजना
२. महिला हेल्पलाइन योजना
३. उज्ज्वला योजना
४. महिला शक्ति केंद्र
५. पंचायती राज योजनाओं में महिलाओं के लिए आरक्षण

महिला सशक्तिकरण में योगदान देने वाले लेखक और नेता

सावित्रीबाई फुले : महिला शिक्षा और महिला सशक्तिकरण की महान प्रणेता

महाश्वेता देवी : बंगाली लेखिका जिनका साहित्य महिला सशक्तिकरण की दिशा अहम रही।

राजेंद्र प्रसाद : उन्होंने 'चंपारण में महात्मा गांधी किताब में लिखा था कि महिलाओं को पर्दे से बाहर लाना जरूरी है।

महिला सशक्तिकरण के लिए जरूरी बातें।

महिलाओं को शिक्षा, आर्थिक स्वावलंबन और सत्ता में भागीदारी मिलनी चाहिए।

महिलाओं को सामाजिक सुरक्षा मिलनी चाहिए।

महिलाओं को आत्मनिर्भर बनाने के लिए उन्हें प्रशिक्षण देना चाहिए।

महिलाओं को निर्णय लेने में शामिल होना चाहिए।

निएकर्ष

सरकार को महिलाओं के वास्तविक विकास के लिये पिछड़े ग्रामीण क्षेत्रों में जाना होगा और वहाँ की महिलाओं को सरकार की तरफ से मिलने वाली सुविधाओं और उनके अधिकारों से अवगत करना होगा। जिससे उनका भविष्य बेहतर हो सके। महिला सशक्तिकरण के सपने

को सच करने के लिए लड़कियों के महत्व और उनकी शिक्षा को प्रचारित करने की जरूरत है।

प्रियंका ठाकुर

I B.Sc. BCG

युवाओं की शक्ति

“मेहनत करने वालों की सफलता पक्की होती है, सुवाओं के हाथ में ही तो देश की तरक्की होती है”

युवशक्ति किसी भी देश और समाज की रीढ़ होती है। युवा ही देश और समाज को नए शिखर पर ले जाते हैं। यह देखा जा सकता है कि हमारे राष्ट्र के लिए कई परिवर्तन, विकास, समृद्धि और सम्मान लाने में युवा सक्रिय रूप से शामिल हुए हैं। इतना ही नहीं समाज को बेहतर बनाने और राष्ट्र के निर्माण में सर्वाधिक योगदान युवाओं का ही होता है।

“इतिहास गवाह है कि आज तक दुनिया में जितने भी क्रांतिकारी परिवर्तन हुए हैं। चाहे वे सामाजिक, राजनीतिक, आर्थिक, सांस्कृतिक और वैज्ञानिक हो उनके मुख्य आधार युवा ही हैं।

प्राचीनकाल में आदिगुरु शंकराचार्य से लेकर गौतम बुद्ध और महावीर स्वामी वे अपनी युवावस्था में ही धर्म और समाज सुधार का बीड़ा उठाया था।”

पुनर्जागरण काल में राजा राममोहन राय, स्वामी दयानंद सरस्वती के साथ विवेकानंद जैसे युवा विचारक ने धर्म और समाज सुधार आंदोलन का नेतृत्व किया। इतिहास ने युवाओं की शक्ति का प्रभाव देखा है। उदाहरण के तौर पर भारत की आज़ादी में अनेक युवाओं ने अपना योगदान दिया और कई युवाओं ने बलिदान तक दिया। इसके प्रणामस्वरूप हमारा देश ब्रिटीश सरकार को भगाने में कामयाब हुआ। युवाओं ने इस प्रकार अनेक ऐतिहासिक बदलाव किए हैं।

“युवा शक्ति, देश की तरक्की”

समाज में युवाओं की भूमिका

किसी भी देश के निर्माण और विकास के लिए समाज में युवाओं की भूमिका आवश्यक है वे भविष्य के नेता, निर्णय-निर्माता और नवप्रवर्तक हैं जो राष्ट्र की भविष्य की दिशा को आकार देंगे।

विश्व स्तर पर १५ से २४ वर्ष की आयु के बीच १.२ अरब युवा हैं - जो दुनिया की आबादी के छठे हिस्से से अधिक है। वे प्रगति के लिए एक प्रमुख शक्ति है और उनमें अपने समाज में सकारात्मक बदलाव लाने की क्षमता है।

हर देश में युवा लोग समाज निर्माण और आर्थिक विकास में तेज़ी से महत्त्वपूर्ण भूमिका निभा रहे हैं। राजनेता और व्यापारिक नेता सकारात्मक परिवर्तन के लिए प्रेरक शक्ति के रूप में युवाओं की क्षमता को पहचानने लगे हैं।

सामाजिक परिवर्तन में युवाओं का महत्व

समाज निर्माण और आर्थिक विकास में युवाओं की अहम भूमिका है। वे भविष्य के कार्यबल हैं और उनमें आर्थिक विकास को गति देने की शक्ति है। युवा भी सक्रिय उपभोक्ता हैं और उनमें क्रय निर्णय को प्रभावित करने की क्षमता है। व्यवसायों को बढ़ने और समृद्ध होने के लिए इस बाज़ार क्षेत्र में प्रवेश करने का आवश्यकता है।

आर्थिक विकास में युवाओं की भूमिका

आर्थिक विकास के लिए युवा जो सबसे महत्वपूर्ण काम कर सकते हैं उनमें से एक है शिक्षित बने रहना। इसका मतलब केवल स्कूल में अच्छे ग्रेड प्राप्त करना है अर्भशाए के बारे में भी सीखना है।

यह स्पष्ट है कि आर्थिक विकास में युवाओं की महत्वपूर्ण भूमिका है शिक्षित रहकर और नवोन्वेषी बनकर वे अपने और अपने देश के लिए एक उज्ज्वल भविष्य बनाने में मदद कर सकते हैं।

समुदायों के निर्माण और उन्हें कायम रखने में युवाओं की भूमिका

कहा गया है कि युवा किसी भी समाज का भविष्य होते हैं। और वास्तव में युवा सामूदायिका निर्माण और आर्थिक विकास में महत्वपूर्ण भूमिका निभाते हैं। वे सामाजिक परिवर्तन और प्रगति के वाहक हैं। कुछ अधिक सामान्य भूमिकाएँ:

सामुदायिक नेता : युवा अपने समुदायों में नेतृत्व की भूमिका निभा सकते हैं, निर्णय लेने और नीति को आकार देने में मदद कर सकते हैं।

मेंटर्स : मेंटर्स के रूप में सेवा कर के युवा दूसरों को उनकी क्षमता तक पहुंचने में मदद कर सकते हैं। यह अनौपचारिक रूप से, बस एक अच्छा रोल मॉडल बनकर या औपचारिक रूप से है सकता है।

स्वयंसेवक: स्वयंसेवक युवाओं के लिए अपने समुदायों को वापस देने और बदलाव लाने का एक शानदार तरीका है। ऐसे कई संगठन हैं जो अपने काम में मदद के लिए स्वयंसेवकों पर भरोसा करते हैं।

शिक्षक: युवा शिक्षक के रूप में काम कर सकते हैं। शिक्षण या कार्यशालाओं और सेमिनारों को प्रस्तुत करके अपने ज्ञान को दूसरों के साथ साझा कर सकते हैं। यह दूसरों की मदद करने के साथ - साथ और अधिक सीखने का भी एक शानदार तरीका है।

भारत में युवाओं के विकास हेतु सरकारी पहल:

आत्मनिर्भर भारत पैकेज

यह व्यवसाय के प्रोत्साहन प्रदान करने और महामारी के प्रतिकूल प्रभाव को कम करने के लिए है। इस पैकेज में देश को आत्मनिर्भर बनाने और रोजगार के अवसर पैदा करने के लिए विभिन्न दीर्घकालिक योजनाएँ और नीतियाँ शामिल हैं।

आत्मनिर्भर भारत रोजगार योजना

इसे २०२० में आत्मनिर्भर भारत पैकेज ३.० के हिस्से रूप में लाँच किया गया था ताकि नियोक्ताओं को सामाजिक सुरक्षा, लाभ और कोविड -१९ महामारी के दौरान रोजगार के नुकसान की बहाली

के साथ - साथ नए रोजगार सृजन के लिए प्रोत्साहित किया जा सके।

प्रधानमंत्री मुद्रा योजना

सरकार द्वारा इसे स्वरोजगार की सुविधा के लिए क्रियान्वित किया जा रहा है।

अन्य पहल

भारत सरकार पर्याप्त निवेश और सार्वजनिक व्यय वाली विभिन्न परियोजनाओं को प्रोत्साहित कर रही हैं जैसे - सूक्ष्म, लघु और महमम उध्यम मंत्रालय का प्रधान मंत्री रोजगार सृजन कार्यक्रम, सोज़गार सृजन के लिए आवास एवं शहरी कार्य मंत्रालय आदि की दीन दयाल अंतोहय योजना राष्ट्रीय शहरी आजीविका मिशन।

उपसंहार

भारत एक विशाल देश है जिसकी जनसंख्या बहुत तेजी से बढ़ रही है। विकसित देश बनने की दिशा में एक निश्चित कदम है। लेकिन अभी भी कई समस्याओं का समाधान होना बाकी है। चुनौतियाँ प्रस्तुत करता है, क्योंकि सांस्कृतिक और सामाजिक स्थिति बहुत अलग है और विश्वास संरचनाएँ बहुत अलग हैं।

युव शक्ति संचित करो, मन में रहे विचार,

राष्ट्र वही उन्नत हुआ, युवा जिसके आधार

संदर्भ

दिव्यहिमाचल. कॉम

जागरण. कॉम

युथपावर. और्ग

जनसत्ता. कॉम

शिखा शर्मा, | B.Sc. BCG

उनके सपने, हमारी सफलता

वो कहते हैं ना, सपने देखना तो हर किसी का हक होता है। लेकिन क्या कभी सोचा है कि जो सपने हम देखते हैं, क्या वो हमारे होते हैं या उनका असली मालिक कोई और? जब हम छोटे से, सपने देखना एक खेल लगता था। हर दिन नए इरादे, नए ख्वाब। लेकिन वक्त के साथ समझ आया कि हमारे सपने तो असल में हमारे “माँ - बाप के थे”।

जब हम छोटे थे हमारे लिए माँ बाप एक मजबूत छत की तरह थे, जो हमेशा हमारे ऊपर रहती थी और हम अपनी दुनिया में खुश रहते थे। कभी किसी चीज़ की कमी महसूस नहीं हुई थी। पर जैसे - जैसे

हम बड़े होते गए एक दिन ऐसा आया जब मैंने अपने माँ - बाप को थका हुआ देखा। उनका झुका हुआ कंधा तो सारी जिम्मेदारियों, जो उन्होंने हमारे लिए उठाई थी सब समझ में आने लगी।

मुझे याद है जब मैंने अपने पापा से पूछा था, - “आपका स्वभाव क्या है?” उन्होंने मुसकुराते हुए जवाब दिया, “तुम्हारी सफलता और तुम्हारी खुशी”। क्या ये वो सपने थे जो उन्होंने अपने लिए देखे थे? नहीं! उनके सपने तो हम ही थे। हमारी सफलता ही उनकी खुशी थी। उस वक्त मुझे यह बात समझ नहीं आयी थी। मैं सोचती थी कि मेरे माँ - बाप के अपने स्वाब होंगे अपने सपने

होंगे। पर जब उन्होंने ये कहा तो मुझे लगा कि उन्होंने अपने सपने हमारे लिए छोड़ दिए थे।

कभी उनकी बातें मुझे समझ नहीं आती थीं। जब वो मुझे किसी बात पर रोकते या टोकते तो मुझे लगता था, ये तो सिर्फ ज्यादा फिक्र करते हैं। पर अब अहसास हो रहा है कि अगर उन्होंने तब मुझे रोकाया टोका नहीं होता तो आज मैं जो हूँ, वो ना होती।

उनकी थकान का एक अजीब सा एहसास अब मुझे होता है। उनके झुके हुए कंधे वो उनकी मुसीबत जो उन्होंने अपने परिवार के लिए झेली अब मुझे दिखायी देने लगी है। वो कभी खुद के लिए नहीं

जीते उन्होंने अपनी सारी उम्मीदें अपनी बच्चों के लिए छोड़ दी थीं। उन्होंने तो अपने बच्चों की खुशी को आगे रखा। पर उन्हें कौन समझा। हमें उनको खुश देखना है। हम बच्चों की खुशी उनका सबसे बड़ा सहारा है।

“सपने हमारे एक ही थे। उनको हम खुश देखना था और हम उन्हें खुश देखना चाहते थे। उनको हमें कामयाब देखना था और हम उनके लिए कामयाब होना चाहते थे।

लुबना खतून, I B.Com. BL

माता – पिता

भले ही हर बात भूल जाये
माता – पिता को भूलना नहीं

अनगिनत है उपकार इनके
यह कभी भूलते नहीं

इन पवित्र व्यक्तियों के दिल
कठोर बनकर तोड़ना नहीं

अपने मुंह का निवाला निकाल
तुम्हें खिलाकर बड़ा किया

इन अमृत देनेवालों के सामने
ज़हर कभी उगलना नहीं

खूब प्यार किया तुमसे
तुम्हारी हर बात मानी

ऐसा प्यार करनेवालों का
प्यार कभी भूलना नहीं
दौलत से हर चीज़ मिलेगी
लेकिन माता – पिता मिलते नहीं

इनके पवित्र चरणों के प्रति
सम्मान कभी भूलना नहीं।

मरिया इवेंजलीन ई
I B.C.A



PARIS

MON AMOUR

EDITOR :

SHINEY ELANGBAM

SHIVANI SINHA

MOHAMED MEERA AZRA



Le Musée du Louvre

En tant que plus grand et plus célèbre musée du monde, le Louvre abrite une collection impressionnante d'œuvres d'art et d'artefacts allant des civilisations anciennes au XIXe siècle. Avec plus de 550 000 œuvres d'art, dont la Joconde, vous serez gâté par le choix. Entre dans le plus grand musée d'art du monde et découvrez un trésor de richesses artistiques et culturelles !

DÉCOUVREZ LES TRÉSORS DE LA FRANCE!

La Tour Eiffel

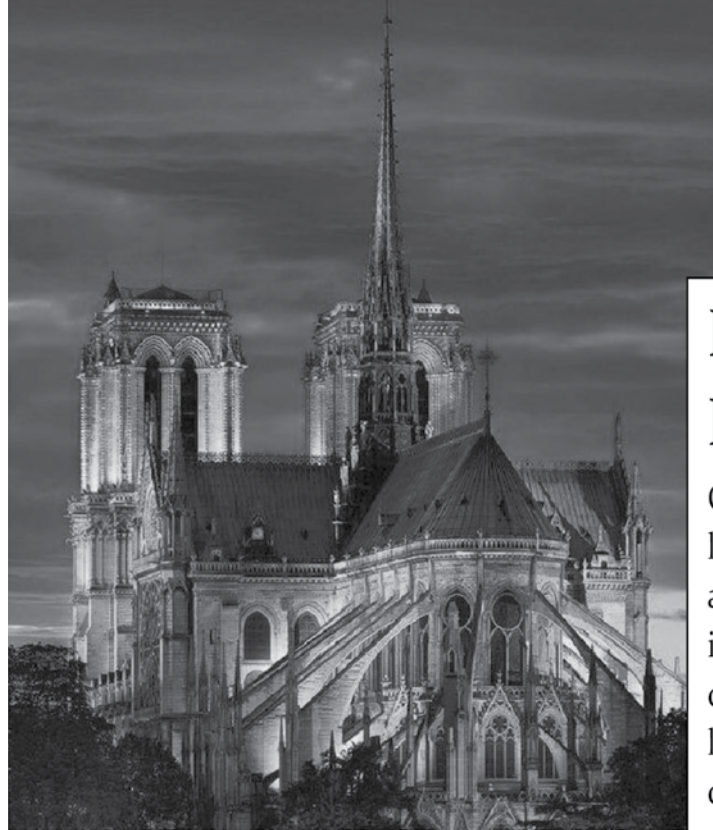
Construite pour l'Exposition universelle de 1889, la Tour Eiffel est un symbole iconique de Paris et l'un des monuments les plus reconnaissables au monde. Mesurant 324 mètres de haut, ce géant en fer offre une vue à couper le souffle sur la ville depuis ses plateformes d'observation.



Le Château de Versailles

Ce palais royal majestueux est un chef-d'œuvre de l'architecture et de la décoration françaises, avec des décorations somptueuses, des détails intriqués et des œuvres d'art à couper le souffle. Explorez les appartements d'État, la Galerie des Glaces et la Chapelle Royale, et découvrez l'essence du luxe et de l'extravagance français.





La Cathédrale Notre-Dame

Cette majestueuse église gothique a résisté à l'épreuve du temps depuis le XIIe siècle, son architecture impressionnante, ses sculptures intriquées et ses vitraux à couper le souffle continuant à inspirer l'émerveillement. Malgré l'incendie dévastateur de 2019, Notre -Dame demeure un symbole iconique de Paris et un témoignage de la résilience de la ville.

L'Arc de Triomphe

En l'honneur des soldats qui ont combattu et sont morts pour la France, l'Arc de Triomphe est un arc monumental qui rend hommage à l'histoire militaire riche de la France. Situé au cœur de Paris, ce monument emblématique offre une vue imprenable sur la ville depuis sa plateforme d'observation. Montez au sommet et découvrez un symbole de fierté nationale





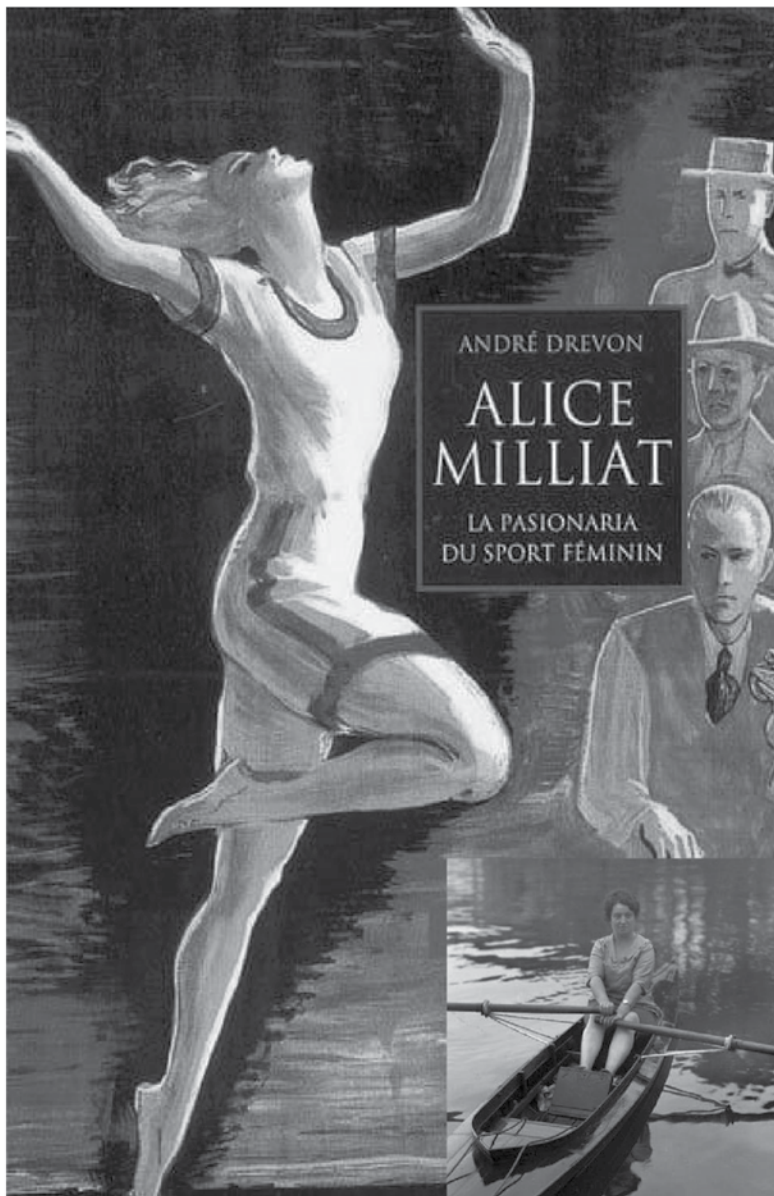
Haute Couture durabilité, inclusivité et volume.

La Semaine de la Haute Couture 2025 à Paris a mis en lumière le summum de la mode luxueuse, avec des maisons renommées comme Dior et Schiaparelli en tête des présentations. La collection de Dior, inspirée des « Aventures d'Alice au pays des merveilles », comprenait des crinolines portables, des manches bouffantes, des cols hauts et des corsets, mêlant éléments historiques et artisanat moderne. Schiaparelli a poursuivi ce thème surréaliste, avec des vêtements qui ont radicalement modifié les formes du corps, illustrant l'extravagance et le talent artistique de la haute couture

Chanel a célébré son 110e anniversaire avec un défilé unique au Grand Palais. Le podium a été conçu selon la forme du logo emblématique de la marque, le « C » entrelacé, symbolisant l'infini. La collection comprenait des interprétations modernes du tailleur en tweed classique, dégageant une énergie juvénile avec des tailleurs à jupe courte, des broderies en dentelle et des robes en mousseline légère. Parmi les invités notables figuraient Kylie Jenner et Taylor Swift.

Dior, sous la direction de Maria Grazia Chiuri, a présenté une collection inspirée des archives historiques de la maison et de créateurs comme Yves Saint Laurent. Organisé dans les jardins du musée Rodin, le défilé printemps 2025 présentait des classiques remis au goût du jour tels que la ligne Trapèze et la silhouette Cigale avec des tissus modernes. Parmi les points forts figuraient des capes fluides avec des plumes en organza, des manteaux argentés brodés et des jupes en tulle bordées de dentelle. L'événement a réuni des célébrités comme Jenna Ortega, Anya Taylor-Joy et Venus Williams.

Ces collections soulignent l'attrait durable et l'innovation de la haute couture française, mêlant références historiques et design contemporain pour captiver le public du monde entier.



Alice Milliat

La Pionnière du Sport Féminin et des Jeux Olympiques

Alice Milliat, née en 1884 à Nantes, est une pionnière du sport féminin en France et dans le monde. Militante infatigable, elle a bouleversé les normes de son époque pour promouvoir l'égalité des sexes dans le sport.

Milliat s'est illustrée comme organisatrice et leader visionnaire. Fondatrice de la Fédération Féminine Sportive de France (FFSF) en 1917, elle répondait à l'exclusion des femmes des structures sportives existantes. Durant la Première Guerre mondiale, elle organisa des compétitions pour maintenir la pratique sportive féminine, renforçant la solidarité entre femmes.

Son engagement dépasse les frontières françaises : en 1921, elle cofonde la Fédération Sportive Féminine Internationale (FSFI) et organise en 1922 à Paris les premiers Jeux Olympiques Féminins, un événement révolutionnaire rassemblant des athlètes de cinq pays. Face aux pressions du Comité International Olympique (CIO), qui lui interdit d'utiliser le terme "Olympiques", Milliat rebaptise l'événement Jeux Mondiaux Féminins. Ce succès – réédité en 1926, 1930 et 1934 – force le CIO à intégrer enfin des épreuves d'athlétisme féminin aux Jeux Olympiques de 1928, bien que de manière limitée.

Critiquée par Pierre de Coubertin, qui jugeait le sport féminin "antiesthétique", Milliat incarna une résistance audacieuse. En organisant ces compétitions alternatives, elle a non seulement offert une plateforme internationale aux femmes, mais aussi exposé l'hypocrisie d'un système sportif dominé par les hommes.

Décédée en 1957, Alice Milliat reste un symbole de l'émancipation par le sport. Son héritage, marqué par les Jeux Mondiaux Féminins et son combat contre l'exclusion olympique, rappelle que l'égalité se conquiert autant sur les pistes que dans les institutions.

Paulette Nardal

Paulette Nardal (1896–1985), intellectuelle martiniquaise, militante et écrivaine, occupe une place essentielle dans l'histoire culturelle et politique du XX^e siècle. Première femme noire de la Martinique à intégrer la prestigieuse Sorbonne, elle s'est illustrée par son engagement en faveur de la dignité des peuples noirs et de l'émancipation des femmes, faisant d'elle une pionnière de la Négritude.

Issue d'une famille martiniquaise éduquée et engagée, Paulette Nardal grandit dans un environnement imprégné de culture francophone et de conscience sociale. En 1920, elle s'installe à Paris pour étudier l'anglais à la Sorbonne, devenant l'une des premières femmes noires à intégrer cette institution prestigieuse. Son immersion dans les cercles intellectuels parisiens nourrit sa réflexion sur l'identité noire et la résistance culturelle. Avec ses sœurs, notamment Jeanne Nardal, elle fonde un salon littéraire à Clamart, qui devient un centre d'échanges pour des figures comme Léopold Sédar Senghor, Aimé Césaire et Léon-Gontran Damas. Ces rencontres jouent un rôle clé dans l'émergence du mouvement de la Négritude, qui célèbre l'héritage africain et dénonce l'oppression coloniale.

En 1931, Paulette Nardal cofonde La Revue du Monde Noir, une publication bilingue (français-anglais) qui diffuse des textes engagés sur les cultures africaines et caribéennes. À travers ses propres écrits, elle défend une fierté noire ancrée dans l'histoire et la spiritualité, anticipant les thèmes centraux de la Négritude. Mais son engagement ne s'arrête pas là. Elle ne se contente pas de militer pour la cause noire ; dès les années 1930, elle développe une pensée féministe novatrice. Dans ses écrits, elle souligne la double oppression des femmes noires, marginalisées à la fois par le racisme et le patriarcat. Elle plaide pour leur reconnaissance en tant qu'actrices essentielles des luttes sociales, insistant sur leur rôle dans l'éducation et la transmission culturelle. Son essai L'Éveil de la conscience de race (1932) explore cette intersectionnalité avant l'heure, faisant d'elle une précurseure du féminisme décolonial.



La Seconde Guerre mondiale révèle encore davantage son courage politique. Malgré de graves blessures subies lors d'un naufrage en 1939, elle survit mais reste partiellement paralysée. Malgré ce handicap, elle s'engage dans la Résistance française, participant à des réseaux de renseignement et diffusant des tracts anti-nazis. Après la guerre, elle intègre l'ONU comme traductrice et contribue aux débats sur la décolonisation et les droits humains. Son influence s'étend jusqu'aux États-Unis, où elle soutient les militants des droits civiques comme Martin Luther King.

Paulette Nardal fait aujourd'hui l'objet d'une redécouverte mondiale. Universités, expositions et ouvrages réhabilitent son rôle fondateur, soulignant la manière dont elle a insufflé une dimension féminine et inclusive au mouvement de la négritude, tout en liant combat racial et justice sociale. En Martinique, un lycée et une rue portent son nom en hommage à cette « mère spirituelle » d'une génération. Plus récemment, elle a été célébrée parmi les Héroïnes de l'histoire de France et mise à l'honneur lors des Jeux Olympiques de Paris, affirmant ainsi sa place dans le patrimoine culturel et politique.

Paulette Nardal incarne l'audace d'une pensée qui transcende les frontières. Par son salon littéraire, ses écrits et son activisme, elle a semé les graines d'une conscience collective noire et féministe, bien avant les mouvements des années 1960. Son parcours rappelle que les luttes pour l'égalité s'enrichissent lorsqu'elles unissent voix marginalisées et visions universelles. Décédée en 1985, son héritage demeure une boussole pour celles et ceux qui croient en la puissance de la culture et de la solidarité. En ces temps de réveils sociaux, son influence continue de guider les combats pour la justice et l'émancipation.

ART GALLERY

Monopriya Bhattacharya
III B.Sc. BTGT



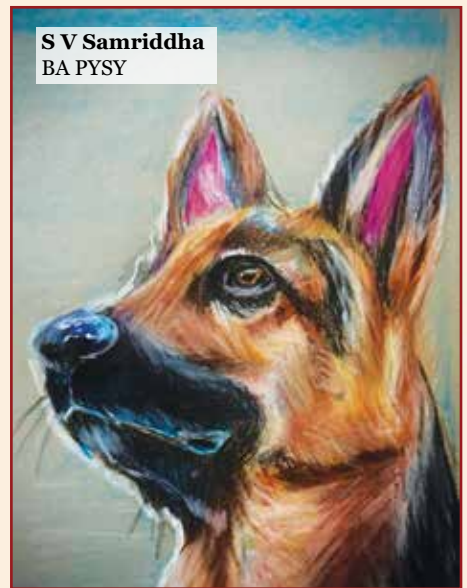
Fouzia
I B.Com 'C'



Janani S
I PCM



S V Samriddha
BA PYSY



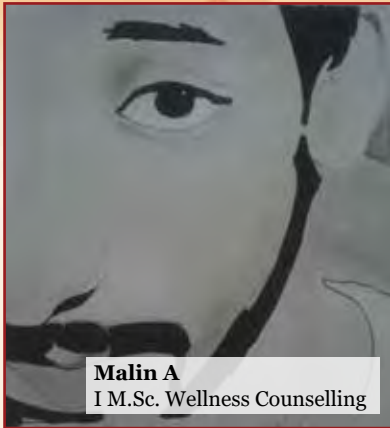
Afrin
II B.Com 'B'



Ankita Banerjee
BA JLEL



ART GALLERY



Malin A
I M.Sc. Wellness Counselling



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Malin A
I M.Sc. Wellness Counselling



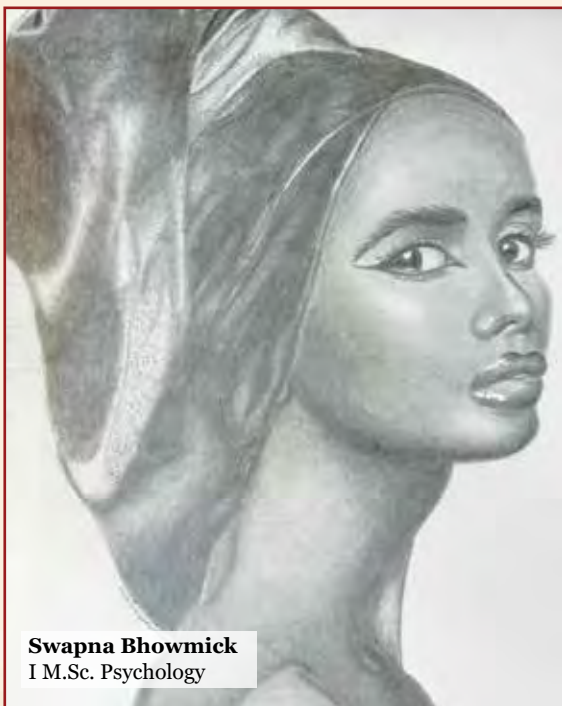
Charulatha
II MBA



Deeksha
I BCA



Manali
BA PYEL II

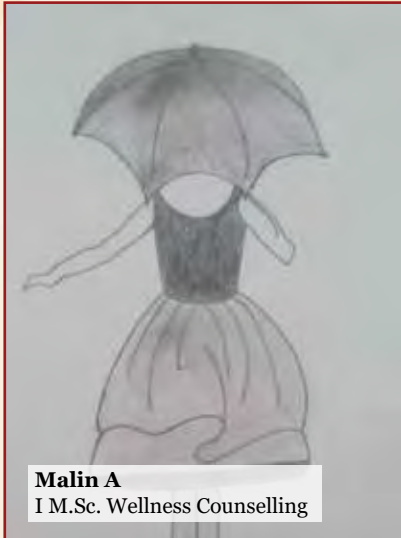


Swapna Bhowmick
I M.Sc. Psychology



Swapna Bhowmick
I M.Sc. Psychology

ART GALLERY



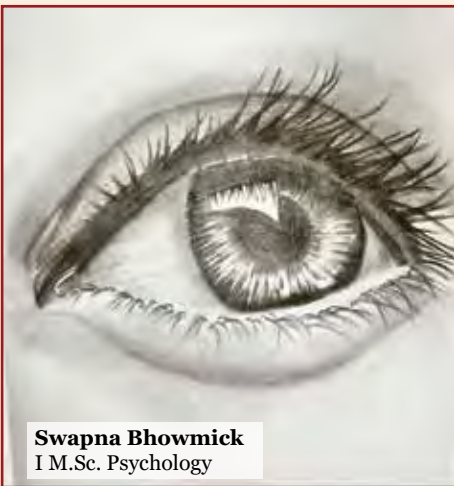
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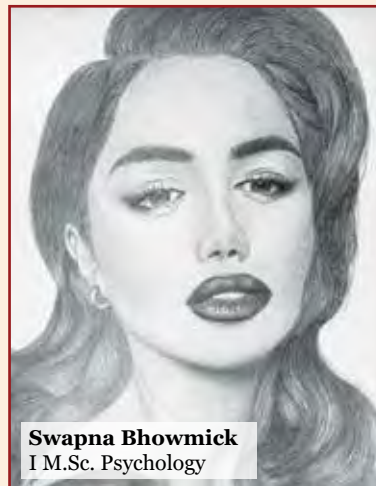
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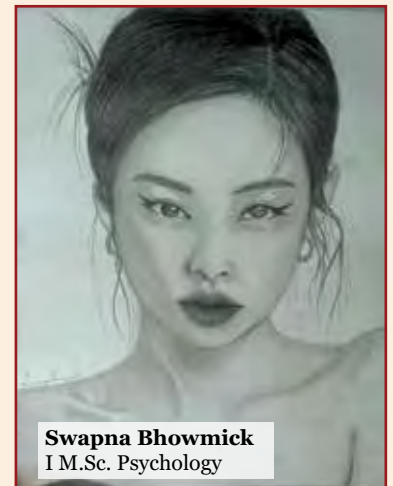
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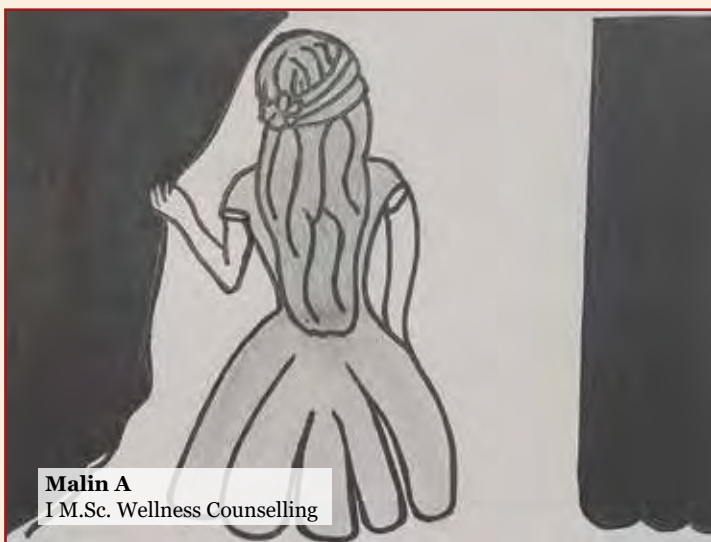
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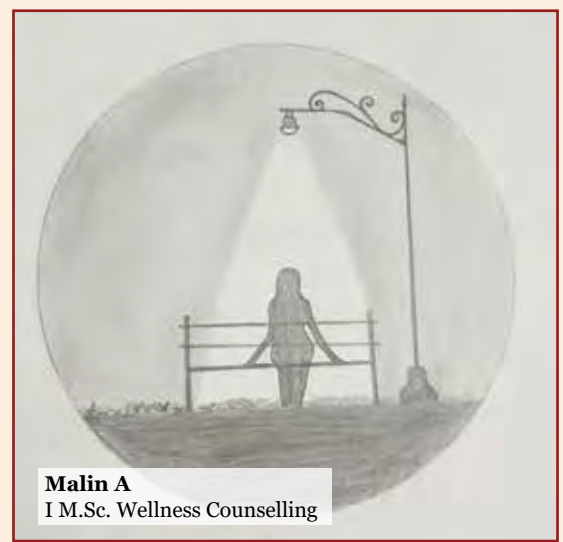
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Swapna Bhowmick
I M.Sc. Psychology

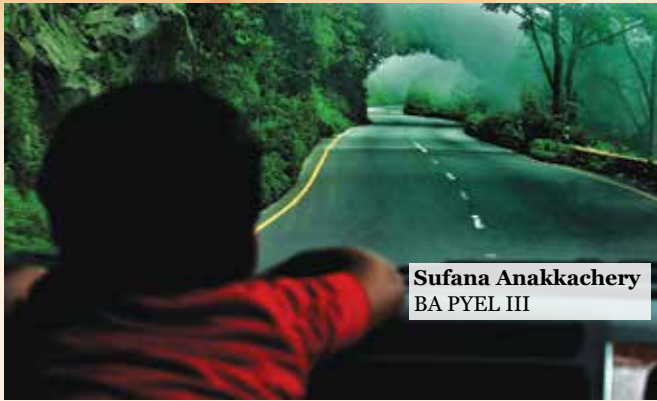


Malin A
I M.Sc. Wellness Counselling



Malin A
I M.Sc. Wellness Counselling

ART GALLERY



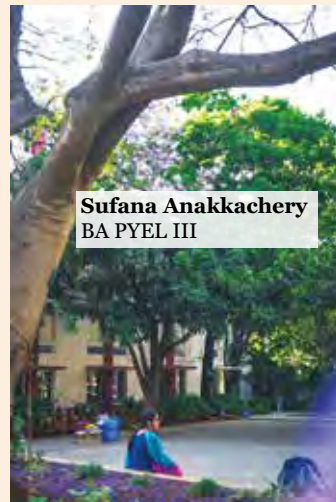
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BA PYEL III



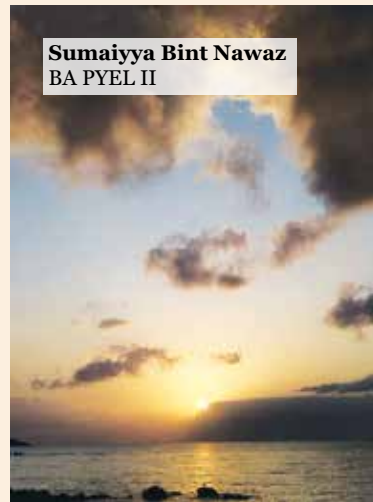
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BA PYEL III



Sufana Anakkachery
BA PYEL III



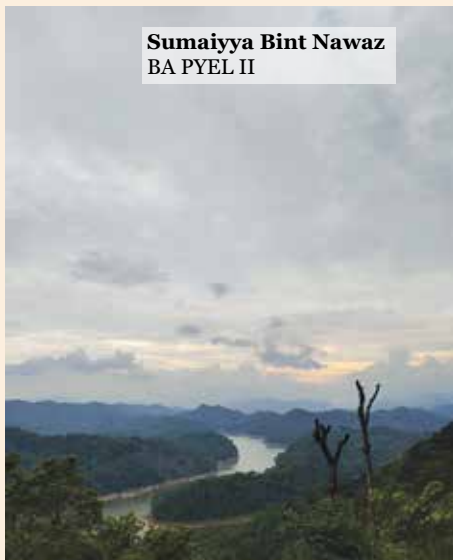
Sufana Anakkachery
BA PYEL III



Sumaiyya Bint Nawaz
BA PYEL II



Manali Dutta
BA PYEL II



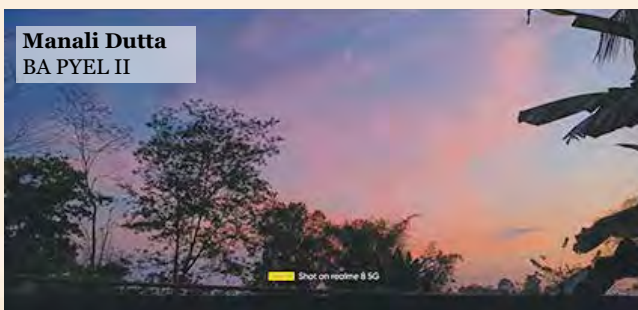
Sumaiyya Bint Nawaz
BA PYEL II



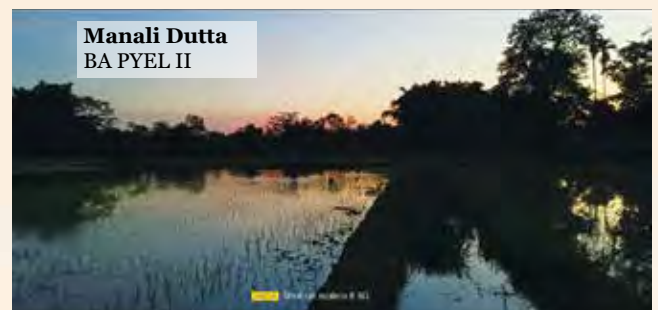
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BA PYEL II



Manali Dutta
BA PYEL II



Manali Dutta
BA PYEL II

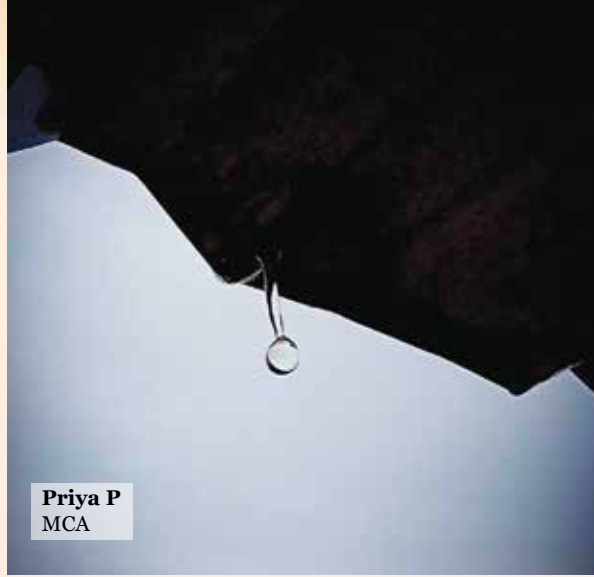


Manali Dutta
BA PYEL II

ART GALLERY



Priya P
MCA



Priya P
MCA



Priya P
MCA



Priya P
MCA



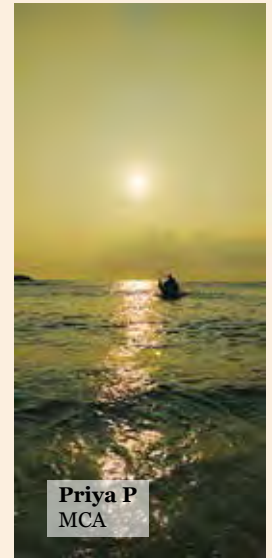
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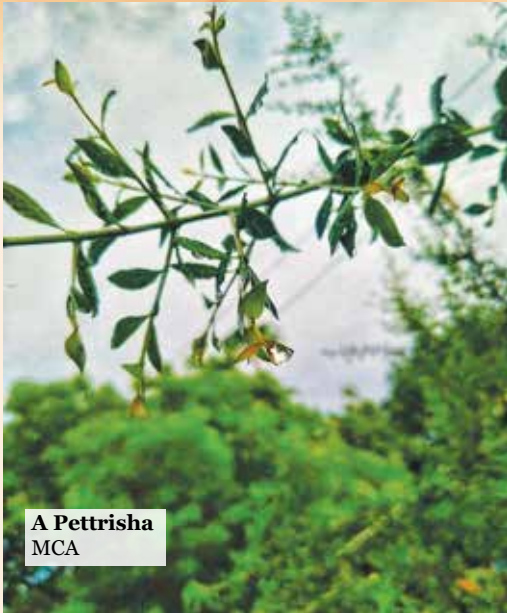


Priya P
MCA



Priya P
MCA

ART GALLERY



A Pettrisha
MCA



Priya P
MCA



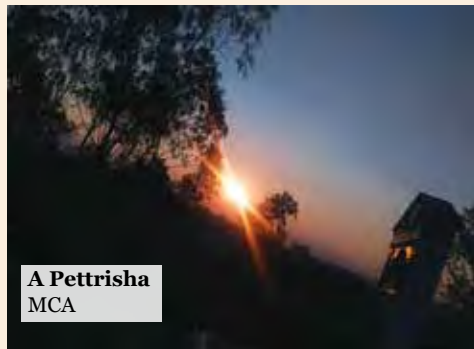
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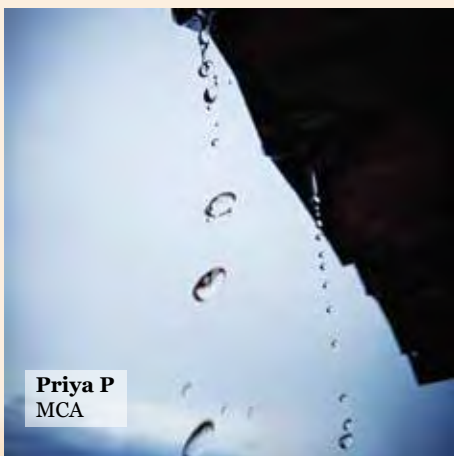
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A Pettrisha
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Priya P
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Priya P
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68 ಕಾಲೇಜುಗಳ ನ್ಯಾಕ್ ಮರುಮೌಲ್ಯಮಾಪನಕ್ಕೆ ಶಿಕ್ಷಣ ಆಯುಕ್ತ ಸೂಚನೆ

ಬೆಂಗಳೂರು: ಈವರೆಗೆ ನ್ಯಾಕ್ ಮೌಲ್ಯಮಾಪನಕ್ಕೆ ಒಳಗಾಗದ ಹಾಗೂ ಈಗಾಗಲೇ ಪಡೆದಿದ್ದ 'ನ್ಯಾಕ್' ಮಾನ್ಯತಾ ಅವಧಿ ಮುಕ್ತಾಯಗೊಂಡಿರುವ ರಾಜ್ಯದ ಎಲ್ಲ ಪ್ರಥಮ ದರ್ಜೆ ಕಾಲೇಜುಗಳು ನ್ಯಾಕ್ ಮೌಲ್ಯಮಾಪನಕ್ಕೆ ಅಥವಾ ಮರು ಮೌಲ್ಯಮಾಪನಕ್ಕೆ ಒಳಗಾಗುವಂತೆ ಕಾಲೇಜು ಮತ್ತು ತಾಂತ್ರಿಕ ಶಿಕ್ಷಣ ಆಯುಕ್ತ ಎನ್.ಮಂಜುಶ್ರೀ ಸೂಚಿಸಿದ್ದಾರೆ. ಪ್ರತಿ ಉನ್ನತ ಶಿಕ್ಷಣ ಸಂಸ್ಥೆ ನ್ಯಾಕ್ ಮೌಲ್ಯಮಾಪನಕ್ಕೆ ಒಳಗಾಗುವುದು ಕಡ್ಡಾಯ. ಹಾಗಾಗಿ ನ್ಯಾಕ್ ಮೌಲ್ಯಮಾಪನಕ್ಕೆ ಒಳಗಾಗದ, ಮರು ಮೌಲ್ಯಮಾಪನಕ್ಕೆ ಒಳಗಾಗಬೇಕಾದ ಸಂಸ್ಥೆಗಳು ತಮ್ಮ ಮಾಹಿತಿಯನ್ನು ದಾಖಲೆಗಳ ಸಹಿತ ಕೇಂದ್ರ ಕಚೇರಿಯ ರಾಜ್ಯ ಗುಣಮಟ್ಟ ಭರವಸೆ ಕೋಶ ವಿಭಾಗಕ್ಕೆ ಸಲ್ಲಿಸಬೇಕು. ರಾಜ್ಯದಲ್ಲಿ 46 ಪ್ರಥಮ ದರ್ಜೆ ಕಾಲೇಜುಗಳು ಒಮ್ಮೆಯೂ ನ್ಯಾಕ್ ಮಾನ್ಯತೆಗೆ ಒಳಗಾಗಿಲ್ಲ. 22 ಕಾಲೇಜುಗಳ ನ್ಯಾಕ್ ಮಾನ್ಯತೆ ಮುಕ್ತಾಯಗೊಂಡಿದ್ದು ಮರು ಮೌಲ್ಯಮಾಪನಕ್ಕೆ ಒಳಗಾಗಬೇಕಿದೆ. ಈ ಎಲ್ಲ ಕಾಲೇಜುಗಳು ಮುಂದಿನ ನ್ಯಾಕ್ ಆವೃತ್ತಿಯಲ್ಲಿ (2025-26) ಮೌಲ್ಯಮಾಪನಕ್ಕೆ ತೆರಳಲು ಸಕಲ ಸಿದ್ಧತೆ ಮಾಡಿಕೊಳ್ಳುವಂತೆ ಸೂಚನೆ ನೀಡಿದ್ದಾರೆ.

Science Day at JNC

The Hindu Bureau BENGALURU

Jyoti Nivas College Autonomous will host 'National Science Day 2025' on Thursday. It will be inaugurated by Chief Guest K.N. Ganeshiah, an agricultural scientist and Emeritus Professor at the UAS, Bengaluru. The event will feature interactive exhibits, experiments, competitions, quizzes, and paper presentations.

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Paper Bags Day rally held

The Jyoti Nivas College NCC, 1 Kar Girls Battalion, on the occasion of Paper Bags Day, hosted a rally on Friday across Koramangala on the benefits of using paper bags. NCC cadets marching through the streets with placards and slogans urged people to switch from plastic bags to paper bags. The cadets also spoke to the shopkeepers and vendors about the importance of adopting eco-friendly practices. The rally was held under the direction of Principal Dr. Sr. Mary Louisa, Administrator Sr. Sajida and the guidance of Associate NCC officer Capt. Dr. H.K. Roopa Rani.



INDIA: Student leaders act as stewards for nature



Hindustan



B'loru's Jain University on top in HT Centennial Debate

The Hindustan Times (HT) has announced the results of its centennial debate. Jain University, Bengaluru, has been ranked as the top university in the country. The university has been recognized for its excellence in education, research, and social service. The HT Centennial Debate is a prestigious award that honors the best universities in India. Jain University's success in this debate is a testament to its commitment to providing high-quality education and fostering a culture of innovation and leadership.



This drawing is about going through tough times and still finding the strenght to rise. The bird coming out of the flames shows how even when everthing feels like it's burning, we can still grow and fly. It's about not giving up, no matter how hard things get.

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