

NSS Annual Report 2024-25

The NSS (National Service Scheme) unit of JNC has actively contributed to various social, cultural, and health awareness initiatives throughout the academic year 2024-25. These programs emphasized community service, leadership development, and national integration. Below is a chronological summary of key events conducted by the NSS unit.

Visit to Gandhi Bhavan (13th July 2024)

On the 12th birth anniversary of Goruru Ramaswamy, the NSS unit visited Gandhi Bhavan, where insightful talks were delivered on his contributions to Kannada literature. The event highlighted his literary legacy and its significance. Students engaged in discussions about his works, and a reading session of his selected writings was conducted. The event concluded with a pledge to promote regional literature.



On the occasion of the 112th birth anniversary of renowned Kannada writer and Gandhian thinker, **Goruru Ramaswamy Iyengar**, the NSS unit organized an enriching visit to **Gandhi Bhavan** on 13th July 2024. The event served as a tribute to his immense contributions to Kannada literature and social reform. The event concluded with a pledge to uphold and promote Kannada literature



and Gandhian values, inspiring volunteers to stay rooted in their cultural heritage while striving for meaningful change.

Independence Day Assembly (13th August 2024)

The NSS unit conducted a **special morning assembly** dedicated to the themes of **patriotism, social service, and national unity**. The assembly aimed to foster a deeper understanding of the values that form the foundation of our nation and to inspire students to actively contribute to the country's development. The program began with the narration of a **thought-provoking short story** related to India's struggle for independence, highlighting the courage and sacrifices made by freedom fighters. This was followed by the soulful rendition of a **patriotic song** by the student volunteers, which evoked a strong sense of national pride and solidarity among all present.



As a symbolic gesture of appreciation and motivation, **bookmarks bearing inspirational quotes** on freedom, sacrifice, and selfless service were distributed to faculty members. These messages served as a reminder of the responsibilities we hold as citizens of a free nation. The assembly concluded with a **reflection session**, encouraging students to contemplate the true meaning of freedom and their role in upholding democratic values. It was a powerful and heartfelt gathering that

reinforced the spirit of nation-building and inspired all to lead lives rooted in service, integrity, and unity.

Independence Day Celebration (15th August 2024)

The NSS unit of Jyoti Nivas College played a significant role in the successful organization and execution of the **Independence Day celebrations** held on campus. Volunteers were actively involved in coordinating various aspects of the program, demonstrating their commitment to service and civic engagement.

The day commenced with the **flag-hoisting ceremony**, conducted with solemnity and reverence, symbolizing the pride and unity of our nation. NSS volunteers ensured smooth arrangements for the event, from welcoming guests to managing logistics with discipline and dedication.



This was followed by **cultural performances** that celebrated India's rich heritage and the spirit of freedom. Volunteers also participated in skits, songs, and dances that portrayed the country's journey to independence and the values it upholds today.



Through their involvement, the volunteers not only contributed to the celebration but also reflected on the true meaning of **freedom, responsibility, and national service**. The event served as a reminder of the sacrifices made by countless individuals for the nation's liberty and inspired students to uphold the ideals of democracy and contribute actively to nation-building.

Eye and Dental Camp (2nd September 2024)

In collaboration with **Kotak Life Insurance** and the **Rotaract Club of Jyoti Nivas College**, the NSS unit organized a comprehensive **Eye and Dental Health Camp** on campus. The initiative was undertaken as part of the unit's commitment to promoting preventive healthcare and community well-being. The camp offered **free medical check-ups** for students, teaching and non-teaching staff, as well as members of the surrounding community. Qualified **ophthalmologists and dental specialists** conducted thorough screenings, provided on-the-spot consultations, and addressed common health concerns related to eye and oral hygiene. The team also distributed **free eye drops and dental care kits**, ensuring participants left with both knowledge and resources to maintain their health.



The event witnessed active participation and created an environment of awareness around the importance of **early detection and routine health check-ups**. Educational materials and demonstrations were also shared to help attendees better understand personal hygiene practices and the long-term benefits of preventive care.



Through this meaningful collaboration, the NSS unit not only facilitated access to basic healthcare services but also reinforced the importance of health as a key pillar of personal and social responsibility. The camp was a reminder that good health is a collective priority and that timely action can lead to healthier communities.

Teacher's Day Celebration (5th September 2024))

During Jyoti Nivas College's **Teacher's Day celebration**, the **NSS unit** actively participated in honouring and appreciating the invaluable contributions of the teaching fraternity. The event was marked by a spirit of gratitude, celebration, and heartfelt expression.



As a tribute to their mentors, the NSS volunteers presented a **vibrant and energetic dance performance**, symbolizing the joy and respect students hold for their teachers. The performance was met with enthusiastic applause and added a lively spirit to the celebration. The celebration served as a meaningful reminder of the **profound respect** and **admiration** students hold for their educators and reaffirmed the NSS unit's commitment to fostering a culture of appreciation and service within the academic community.

Seminar on Women's Health & Hygiene (13th September 2024))

The NSS unit of Jyoti Nivas College, in collaboration with Apollo Cradle, organized a **comprehensive seminar focused on women's health and hygiene**, aiming to empower students with essential knowledge about self-care and well-being. The session was led by **Dr. Namrata Nagendra**, a renowned **Obstetrician and Gynaecologist**, whose insights brought clarity and awareness to important aspects of women's health.



The seminar addressed a range of crucial topics, including **personal hygiene, menstrual health, reproductive well-being**, and the **importance of early detection** of potential health issues. Dr. Namrata emphasized the role of regular check-ups, awareness of bodily changes, and adopting healthy hygiene practices as foundational to long-term wellness.

Students were actively engaged throughout the session, asking thoughtful questions and sharing experiences, which fostered an open and informative atmosphere. The interactive nature of the seminar ensured that participants not

only received information but also developed a better understanding of how to implement health practices in their daily lives.



At the end of the session, all attendees were provided **informational brochures** outlining key takeaways from the seminar. These kits served as practical tools to encourage continued self-care beyond the classroom.

The initiative was a meaningful step towards building awareness about **preventive healthcare for women**, and it reinforced the NSS unit's ongoing commitment to promoting health education and community well-being.

Benson Town Visit (13th September 2024))

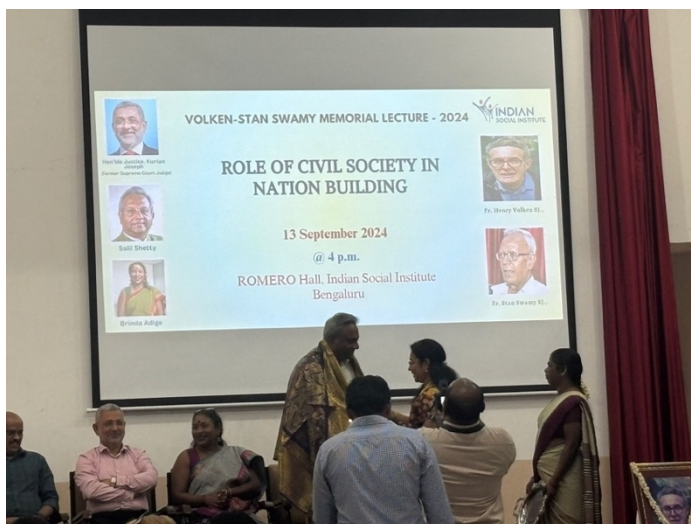
As part of its commitment to civic awareness and nation-building, the NSS unit of **Jyoti Nivas College** organized an enriching lecture by **Hon'ble Justice Kurian Joseph**, former Judge of the Supreme Court of India, on the theme '**The Role of Civil Society in Nation Building.**' The event brought together students, faculty, and NSS volunteers for an intellectually stimulating discussion on the responsibilities of citizens in a democratic society.

In his lecture, Justice Kurian Joseph eloquently highlighted the **importance of civic education, participatory democracy, and the active engagement of civil society** in shaping a just and equitable nation. He emphasized that democracy thrives not merely through institutions but through the informed and conscious involvement of its people. Drawing from real-life examples and constitutional principles, he spoke on themes such as **social responsibility, ethical**

leadership, community service, and the power of collective action in driving systemic change.

Following the address, an **interactive discussion** was held, during which students raised pertinent questions related to **governance, public accountability, social justice, human rights, and the role of youth in upholding democratic**

values. Justice Joseph responded with clarity and insight, encouraging students to remain vigilant, question injustice, and contribute proactively to their communities. The session left a profound impact on the audience, inspiring many to reflect deeply on their roles as responsible citizens.



International Day of Democracy (15th September 2024))

To uphold and celebrate the spirit of Indian democracy, the **NSS unit of Jyoti Nivas College** organized a special event dedicated to reinforcing democratic values and civic responsibility. The program commenced with volunteers **reaffirming their allegiance to the Indian Constitution** by reading aloud the **Preamble**, reflecting on the guiding principles of justice, liberty, equality, and fraternity. This solemn moment was accompanied by the chanting of powerful **slogans advocating democracy, rights, and active citizenship**, creating an atmosphere of unity and national pride.



A key highlight of the event was an **impactful street play**, performed by NSS volunteers, which depicted real-life scenarios highlighting the **importance of electoral participation, the power of the vote, and the protection of fundamental rights**. The play aimed to make students more aware of the



democratic process and the responsibilities that come with it. Through engaging dialogue and emotional storytelling, it conveyed how **every citizen's voice matters in shaping the future of the nation**.

The initiative served as a reminder to all participants that

democracy is not just a system of governance, but a shared commitment to active involvement, informed choices, and social justice. The event concluded with a collective pledge to remain vigilant, participate meaningfully in civic life, and uphold the values enshrined in the Constitution.

NSS Investiture Ceremony & NSS Day Celebration (26th September 2024)

The NSS unit of **Jyoti Nivas College** held its much-anticipated **Investiture Ceremony**, an event that marked a significant milestone in nurturing leadership and service among students. The ceremony was graced by the esteemed **Chief Guest, Dr. Govinda Gowda**, NSS Coordinator of **Bengaluru City University**, whose inspiring address emphasized the role of youth in community development and the transformative power of service.



The ceremony began with a welcome address, followed by the formal **installation of newly appointed NSS leaders**. As part of the investiture, the office bearers took a solemn **oath of allegiance to the values and vision of NSS**, pledging to carry out their responsibilities with integrity, dedication, and a spirit of selfless service.



The event also served as a platform to acknowledge the **outstanding contributions of dedicated volunteers**. Awards and certificates were presented to students who had demonstrated exceptional commitment, initiative, and consistent involvement in NSS activities throughout the year. Their efforts reflected the true ethos of the NSS motto, *“Not Me, But You.”*

The ceremony concluded on a motivational note, with a reminder that leadership in NSS is not about titles, but about actions that bring change—however small—within communities. The investiture not only recognized past achievements but also set the tone for continued engagement, social responsibility, and impactful service.

Gandhi Jayanti Celebration (2nd October 2024)

On the occasion of **Gandhi Jayanti**, the **NSS unit of Jyoti Nivas College** observed the day with deep reverence and a strong sense of civic responsibility. As a tribute to the Father of the Nation, **volunteers actively participated in a Shramdaan (cleanliness drive)** within the college campus. The activity not only aimed to maintain a clean and healthy environment but also embodied the spirit of **self-reliance, dignity of labour, and sustainable living**, values deeply rooted in Gandhian philosophy.



Equipped with cleaning tools and driven by purpose, the volunteers cleaned various areas of the campus, reinforcing the message that true homage to Gandhiji lies in meaningful, hands-on service. The initiative was a reminder of his belief that “**cleanliness is next to godliness**”, and promoted the idea of taking collective responsibility for the spaces we inhabit.



The day also included **interactive sessions and informal group discussions**, where students reflected on **Gandhian ideals such as non-violence, simplicity, and self-discipline**. Volunteers discussed ways to incorporate these principles into their daily lives and contribute to building a society grounded in equality, empathy, and environmental consciousness.

The observance of Gandhi Jayanti through practical action and reflective learning made the occasion both **inspiring and impactful**, encouraging students to carry forward the legacy of Mahatma Gandhi in their actions and attitudes.

Kannada Rajyotsava (1st November 2024)

The NSS unit of Jyoti Nivas College enthusiastically participated in the **Kannada Rajyotsava** celebration, paying tribute to Karnataka's glorious cultural legacy and vibrant linguistic identity. The event served as a powerful reminder of the richness of **Kannada language, folk traditions, and the values that bind the people of the state.**

Volunteers played an integral role in organizing the celebration, helping coordinate logistics and supporting the performers. The program began with a formal inauguration, followed by an engaging **cultural showcase that featured traditional folk music and dance performances.** These performances reflected the **essence of Karnataka's diverse heritage,** connecting students to their roots and kindling a sense of pride in their regional identity.



Volunteers also distributed miniature Karnataka flags to students and staff as part of the celebration, symbolizing unity and the spirit of Kannada. Throughout the event, messages of linguistic pride, cultural harmony, and the significance of preserving regional identity were emphasized.



The celebration not only fostered a festive atmosphere but also deepened awareness about **Karnataka's historical and cultural contributions,** making it a meaningful experience for all participants. The NSS unit's active involvement highlighted their commitment to promoting inclusivity, cultural awareness, and community participation.

Vidhana Soudha Walkathon (26th November 2024)

On the occasion of **Constitution Day**, the **NSS volunteers of Jyoti Nivas College** actively participated in a **Walkathon** inaugurated by the **Hon'ble Chief Minister of Karnataka**, symbolizing a united stand for upholding the values enshrined in the Indian Constitution. The event drew participants from various institutions across the city, serving as a strong visual statement of collective commitment to democracy, justice, liberty, and equality.



The walkathon, filled with spirited slogans and placards displaying constitutional principles, aimed to raise awareness about the rights and responsibilities of every Indian citizen. Volunteers marched with enthusiasm, proudly representing the youth's role in safeguarding democratic institutions and encouraging civic engagement.



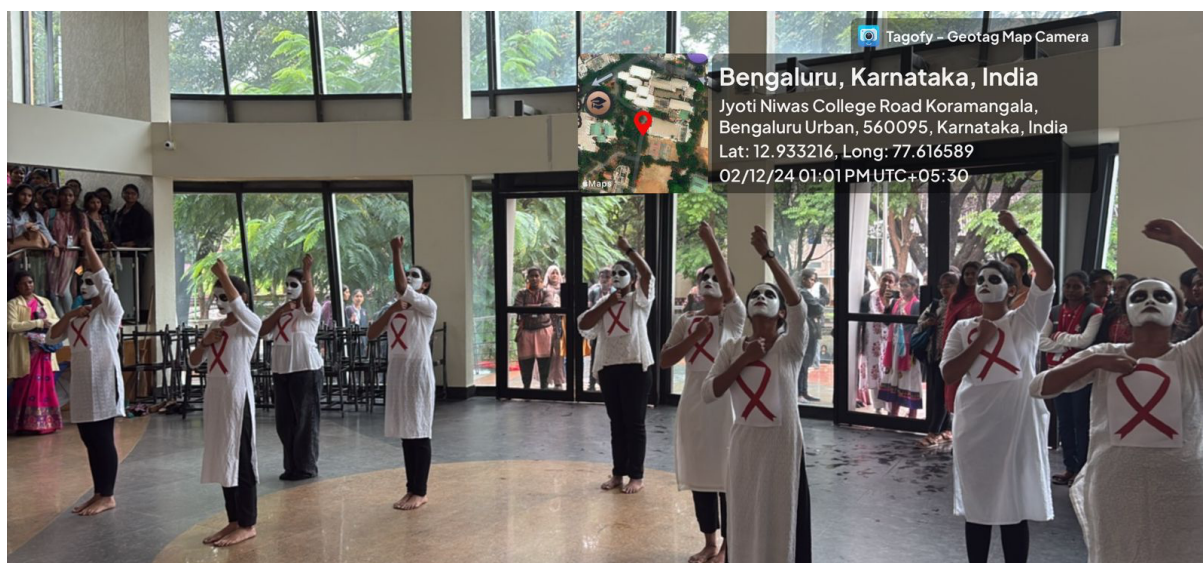
A symbolic reaffirmation of the **Preamble** to the Constitution was held after the walkathon. Volunteers gathered in solidarity to read it aloud, expressing their allegiance to the core values of the nation. This act served as a powerful

reminder of the **responsibilities of active citizenship**—to not only enjoy the freedoms guaranteed by the Constitution but also to contribute meaningfully to nation-building.

The event was a **thought-provoking and inspiring experience** for the volunteers, reinforcing the importance of civic participation, constitutional literacy, and social responsibility.

World AIDS Day Awareness Program (2nd December 2024)

As part of its ongoing efforts to foster awareness and empathy, the **NSS unit of Jyoti Nivas College** organized a powerful session centered around **HIV awareness and social inclusion**. The highlight of the event was a **mime and skit performance**, thoughtfully curated and enacted by the NSS volunteers. These performances portrayed the challenges faced by HIV-positive individuals and emphasized the need to treat them with **dignity, compassion, and equality**.



Through expressive gestures, compelling narratives, and strong visual metaphors, the volunteers shed light on the **social stigma and discrimination** often faced by those living with HIV. The mime illustrated the isolation and prejudice such individuals endure, while the skit carried a hopeful message — that with **awareness, acceptance, and solidarity**, society can break barriers and create a safe, inclusive space for all.

The event was not only emotionally stirring but also educational. It encouraged students to **challenge stereotypes**, extend support to marginalized communities, and promote **health awareness without judgment**. The commitment and passion of the volunteers left a lasting impact, inspiring their peers to advocate for **human dignity, inclusivity, and social justice**.

Such initiatives reflect the NSS unit's belief in the power of art to **educate, engage, and empower** young minds toward building a **more compassionate and informed society**.

Christmas Day Stall (19th December 2024)

As part of the college's **Christmas Market festivities**, the NSS unit of Jyoti Nivas College participated with great enthusiasm and purpose. Volunteers set up a vibrant stall adorned with **handmade crafts, delicious baked goods, and thoughtfully designed greeting cards**, all created by the students themselves. The stall reflected the spirit of Christmas — creativity, togetherness, and giving.



More than just a festive initiative, the activity had a deeper cause. The proceeds raised from the sale were **donated to a local orphanage**, embodying the true essence of the season — **compassion, generosity, and care for the underprivileged**. Volunteers not only contributed their time and effort in making the products but also actively engaged with visitors, spreading messages of kindness and community service.

The event brought together the joy of celebration with the values of **social responsibility and outreach**. It served as a meaningful reminder that the holidays are not just about festivities, but also about sharing what we have with those in need. Through this initiative, the NSS unit encouraged the college community to celebrate **with purpose**, making a small yet significant difference in the lives of others.

NSS Annual Camp (28th December 2024 - 3rd January 2025)

The NSS Special Camp was successfully conducted from 29th December 2024 to 2nd January 2025 at St. Joseph's Health Community Care Centre, Vijayapura, marking a significant chapter in the volunteers' journey of community engagement, personal growth, and nation-building. This five-day camp was designed with the aim of nurturing values of social responsibility, leadership, teamwork, and resilience among student volunteers.



The camp offered a transformative experience that extended beyond routine volunteerism, focusing deeply on the holistic development of participants and the upliftment of local communities. Key activities included Shramadhana (voluntary manual service), village visits, and awareness programs on pressing social issues such as hygiene, education, environmental protection, and health. These interactions allowed volunteers to understand

grassroots realities and contribute meaningfully through service and outreach.

Each day began with energizing yoga sessions, promoting both physical wellness and mental clarity, followed by Chintana Manthana, a reflective group discussion that encouraged volunteers to share insights and set intentions for the day. Team-building activities, poster-making, and cultural programs further enhanced communication and collaboration, fostering a deep sense of camaraderie among participants.

National Youth Camp (Bellary, 21st - 23rd January 2025)

The NSS **volunteers** participated in the **National Youth Camp** held in **Bellary**, an enriching experience focused on **leadership development**, **cultural exchange**, and **community service**. The camp provided a dynamic platform for young volunteers from across the country to engage in various **leadership workshops**, where they gained valuable skills in team management, decision-making, and effective communication. These workshops aimed to foster qualities such as **responsibility**, **empathy**, and **visionary thinking**, empowering participants to take on leadership roles in their communities and beyond.

In addition to the workshops, the camp featured **cultural exchanges** that allowed volunteers to explore the diverse traditions and practices of their peers, promoting **unity in diversity** and mutual respect. Volunteers shared experiences from their own regions, gaining a deeper appreciation for India's rich cultural heritage and building lasting connections with fellow participants.



The camp also included **community service projects**, where volunteers worked together on various initiatives such as **clean-up drives**, **health awareness programs**, and **environmental conservation efforts**. These hands-on activities reinforced the importance of **social responsibility** and gave participants the opportunity to make a tangible impact on local communities.

Overall, the **National Youth Camp** in Bellary was a transformative experience for the NSS volunteers, fostering a strong sense of **civic duty**, **leadership**, and **community engagement**, and equipping them with the tools to contribute positively to society.

Republic Day Celebration (26th January 2025)



The **NSS unit** actively participated in the **Republic Day celebrations**, underscoring their deep commitment to **national pride** and the values that define India's democratic ethos. The event, organized by the college, provided an opportunity for the volunteers to pay tribute to the nation's rich **cultural heritage** and **democratic values**, while reflecting on India's journey of progress and unity.

As part of the celebration, the **NSS volunteers** took part in a **flag hoisting ceremony**, followed by a series of cultural performances that showcased the diversity and strength of India's traditions. Through these activities, they emphasized the importance of **patriotism**, **national integration**, and **social harmony**.

The participation of the NSS unit in the Republic Day celebrations was not just a ceremonial gesture, but a reaffirmation of their **role as active citizens**. It was a powerful reminder of the responsibilities each individual holds in upholding the principles enshrined in the **Indian Constitution**, promoting equality, justice, and progress for all. The event served as a platform for the volunteers to renew their dedication to the **nation's democratic ideals** and contribute meaningfully to India's growth.

Old Age Home Visit (1st March 2025)

The **NSS volunteers** visited **Manasa Mandira**, a home for the elderly, to spend quality time with the residents and brighten their day through **storytelling sessions** and interactive activities. During the visit, the volunteers engaged in meaningful conversations, listening to the life stories of the elderly and offering companionship. The volunteers also distributed **gifts and essential items**, ensuring that the residents felt valued and cared for.



Recognizing the emotional and social needs of the elderly, the volunteers committed to visiting **Manasa Mandira regularly**, ensuring continuous



support and companionship. This initiative not only provided comfort to the residents but also fostered a sense of community and empathy among the volunteers. By pledging to return and engage with the elderly, the NSS volunteers reinforced the importance of **intergenerational connections**, reminding everyone of the significance of **giving back** and offering support to those who have contributed to society in the past.

The visit was a heartwarming and impactful experience for both the volunteers and the residents, leaving a lasting impression on all involved.

Women's Day Bike-a-thon (8th March 2025)

The **Bike-a-thon** event, organised in collaboration with Apollo Cradle and the NSS unit of Jyoti Nivas College was a powerful celebration of **women's strength, resilience, and empowerment**. The event saw enthusiastic participation, with the bike ride symbolizing the breaking of **societal barriers** and advocating for **gender equality**. It was an inspiring demonstration of how women are continuously challenging stereotypes and embracing new opportunities. The event highlighted the importance of **empowering women** in all aspects of life, from mobility to leadership.



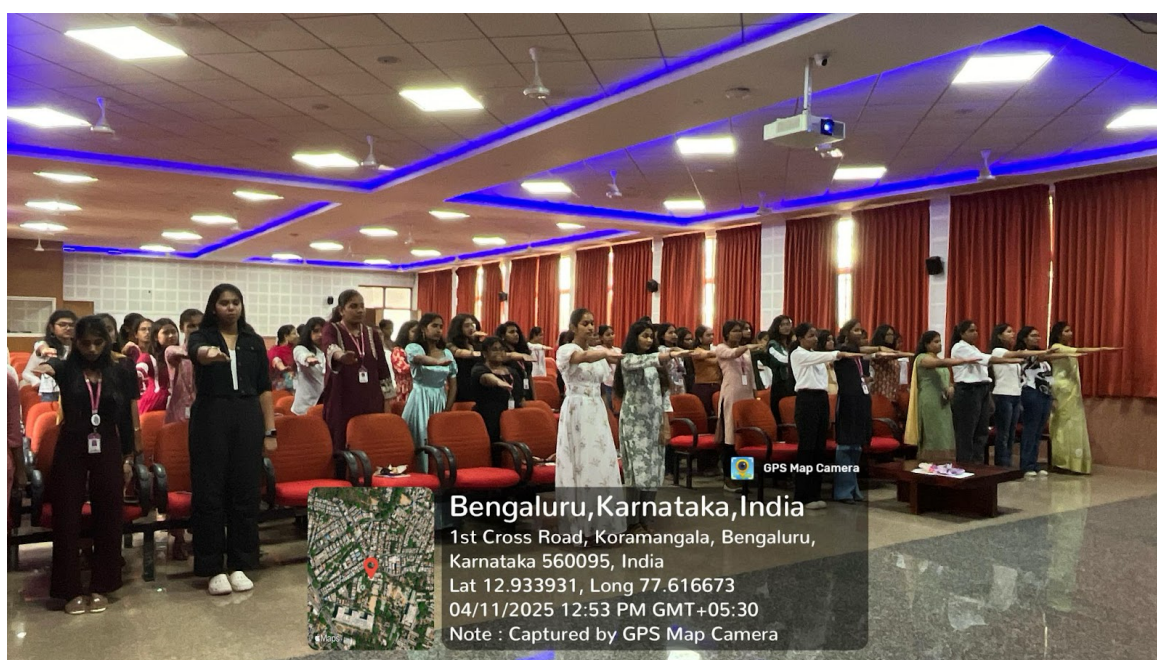
The program concluded with an insightful **discussion on women's safety**, emphasizing the need for secure spaces for women in all areas of society. Additionally, opportunities for women to take on **leadership roles** were explored, encouraging participants to think about their potential and the

importance of women's representation in decision-making processes. The discussion underscored the collective responsibility to create environments where women can thrive and lead without fear or limitations. This event not only celebrated women's achievements but also inspired a deeper commitment to promoting equality and creating a safer, more inclusive society for women.

Ambedkar Jayanthi Celebration (11th April 2025)

To honour the birth anniversary of **Dr. B.R. Ambedkar**, a towering figure in Indian history and the principal architect of the Indian Constitution, **Jyoti Nivas College** organized a solemn and inspiring celebration on **April 11, 2025**, at the **St. Joseph's Auditorium**. The event was a thoughtful tribute to Dr. Ambedkar's enduring legacy and his commitment to social justice, equality, and democratic values.

The programme commenced with a soulful invocation, invoking blessings for unity, wisdom, and justice. This was followed by the **Democratic Pledge**, taken collectively by students, faculty, and staff. The pledge highlighted the core constitutional values of **equality, liberty, justice, and fraternity**, emphasizing the responsibilities of every citizen in upholding democracy.



With hands raised in solidarity, the gathering solemnly promised to follow the path envisioned by Dr. Ambedkar and to work toward creating an inclusive, just, and progressive society. The atmosphere was filled with reverence and a deep sense of responsibility, reflecting the relevance of Ambedkar's ideals in contemporary India.