

# NEWSLETTER

JUNE 2023

JYOTI NIVAS COLLEGE AUTONOMOUS PG CENTRE

## RETHINK, REVIVE, REJUVENATE



I am sure the story of Café Coffee Day (CCD) will give us tips to Revive, Rethink, and Rejuvenate...

The story of Malavika Hegde's remarkable journey as the CEO of CCD showcases the power of determination, resilience, and a commitment to a vision. Through her tireless efforts, she not only saved CCD from the brink of financial collapse but also steered it towards growth and prosperity.

Her success in reducing the company's debt and securing its future serves as a testament to her unwavering belief in her late husband's dream.




Today, Cafe Coffee Day stands as a testament to the indomitable spirit of a woman who refused to let tragedy define her, emerging as a true inspiration in the world of entrepreneurship. Be inspired by people around us!!!

No matter what has happened to you in the past, or going through now, you CAN live a life you absolutely LOVE living.

Love you and God bless us  
Sr. Lalitha

Note of Appreciation: 'Thank you' to our dear staff Dr. Philcy and our students contributors to this newsletter...beautifully, artistically the pages are laid out inviting readers to read.





# WHICH “R”?



"Rethink, revive, rejuvenate" is a phrase or concept that emphasizes the need to reconsider, renew, and revitalize something. It can be applied to various areas of life, such as personal development, business strategies, or societal changes.

Rethinking is about considering different possibilities and being open to new ways of thinking.

Revitalizing or reenergizing something that may have lost its momentum, significance, or relevance over time.

It involves bringing a sense of youthfulness, vigor, or vitality back into something that may have become stagnant or worn out. Rejuvenation can be achieved through various means, such as innovation, reinvention, or adopting new strategies.

Overall, "rethink, revive, rejuvenate" is a call to action that encourages reflection, revitalization, and renewal to enhance and improve various aspects of life or a particular domain. A proactive approach to change and growth, encouraging individuals or organizations to reconsider their perspectives, breathe new life into their endeavors, and pursue revitalization to achieve greater success and fulfillment.

Find your “R”.

Akshitha CD  
MCA





# L I F E

Life is peculiar about what I  
thought,  
My childhood cogitation was  
reaching the Zenith.  
Later, when I grasped things are  
not the same I presumed.  
I was distressed about my  
succeeding path.  
But after a period of being  
matured,  
I realized that one has to restore  
themselves,  
By making choices, utilizing  
chances, and implement changes  
to deal with hurdles in life.

-Gracy .C  
MCOM





## EMBRACE YOUR CHANGE

The significance of embracing change, seeking new perspectives, and embracing innovation to redefine our paths towards a brighter future.

In a world constantly evolving and facing new challenges, it becomes essential for individuals, societies, and organizations to periodically step back, reassess their strategies, and embrace a transformative approach. We delve into the significance of embracing change, seeking new perspectives, and embracing innovation to redefine our paths towards a brighter future. The first step towards transformation is to rethink our existing paradigms. It involves questioning our assumptions, beliefs, and traditional ways of doing things. Often, we become complacent, sticking to familiar routines and outdated mindsets

However, by challenging the status quo, we can uncover new possibilities and opportunities. Rethinking allows us to identify flaws in our thinking, embrace diversity, and adapt to the changing dynamics of the world around us.

Revival involves reconnecting with our inner desires. Reviving our passions empowers us to live more fulfilling lives.

Transformation is not an easy journey; it requires courage, perseverance, and a willingness to embrace change. However, the rewards are immense—a life enriched with purpose, a society driven by progress, and a world poised for a brighter future. Let us embrace the power of transformation and embark on a journey of rethink, revive, and rejuvenate.

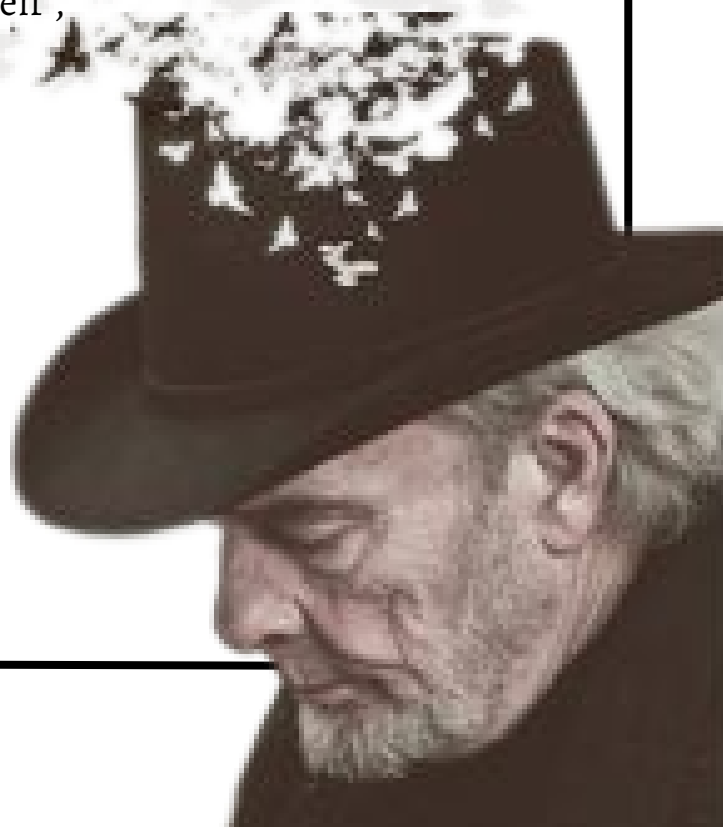
Mahalakshmi CK  
MCA



# Cross Daily

Everyone has a cross to bear  
But if you will let Jesus bearing it with you  
He will give you the strength needed  
To face the burdens of each day  
The cross of Jesus IS NOT an ornament !  
The cross symbolizes His broken body and shed blood ,  
Reminding us of His sacrifice and  
The example He set for us to follow .  
The cross is the symbol of His mercy His grace,  
and the hope we have in Him  
To over cum any hardship.  
Today Jesus says ,  
“If anyone would come after ME ,  
HE must deny himself ,  
Take up  
His cross daily

-Repha  
M.COM





# MINDSET



By embracing a mindset of constant learning Rethinking allows us to reinvent ourselves, our enabling us to navigate uncertainty and create a sustainable future.

Reviving to the act of breathing new life into dormant or forgotten ideas, concepts, or projects. It involves rediscovering lost passions, rekindling creativity, and rejuvenating projects that have stalled or lost momentum reviving our own motivation and sense of purpose can infuse new energy into our pursuits, reigniting our drive and propelling us towards success.

Rejuvenation entails renewing and revitalizing our collective spirit, energy, and well-being. It involves focusing on personal growth, nurturing relationships, and prioritizing self-care. Rejuvenation allows us to replenish our inner resources, restore balance, and cultivate resilience in the face of challenges.

We empower ourselves to adapt, innovate, and make a positive impact in a rapidly changing world. Let us embrace these concepts, and together, we can shape a better tomorrow.

YUKTHA.P  
MCA





A stylized illustration of a mountain landscape. In the background, a large, rounded mountain peak is visible. In the foreground, several smaller, layered mountain peaks are shown in shades of green and blue. A traditional Chinese pagoda with multiple tiers is situated on one of the peaks. A winding path or river flows through the landscape. In the top left corner, a stylized sun or moon is depicted in orange and red. The overall style is modern and artistic.

# CHOICE

Life is about choices  
Every choice is an experience  
Experience leave us rethinking  
That moment when we made choice.

Either good or bad  
Only the result knows  
The choice is either replayed  
Or given a deep thought.

And then comes the chance,  
To work on building a better person  
With trial and errors  
Reviving ourselves for better.

Let's rejuvenate ourselves  
And let our colours shine  
Those which we never imagined we had,  
While hesitating to take a new path.

-ATULYA M  
MSc Organic chemistry





# IGNITE YOUR FUTURE

Igniting Renewal and Resilience Revival involves breathing new life into sectors that have fallen into decline or stagnation. It encompasses reinventing traditional industries and infusing them with energy, creativity, and adaptability. By revitalizing established systems, societies can re-establish their position in a rapidly changing world.

Economic revitalization requires a comprehensive approach. Governments and businesses must foster an ecosystem that promotes innovation, encourages entrepreneurship, and invests in research and development. By leveraging the power of technology, sustainability, and global collaboration, industries can experience a renaissance, driving economic growth and job creation.

# R E F L E C T

Cultivating Growth and Renewal Rejuvenation encompasses self-care, mindfulness, and a commitment to lifelong learning. By promoting work-life balance, supporting mental health initiatives, and investing in education and skills development, we can cultivate a society that thrives on continuous growth and personal fulfilment.

Lakshmi lavanya.CH  
MCA



# Realms of time

In realms of dreams and distant shores,  
The fragments of existence, it explores.

Through valleys of sorrow and mountains of glee,  
The retriever of life unveils its decree.

Whispers of laughter, tears of delight,  
An orchestra of emotions, dancing in twilight.

The retriever of life, a beacon of grace,  
Restoring what's lost, in this sacred space.

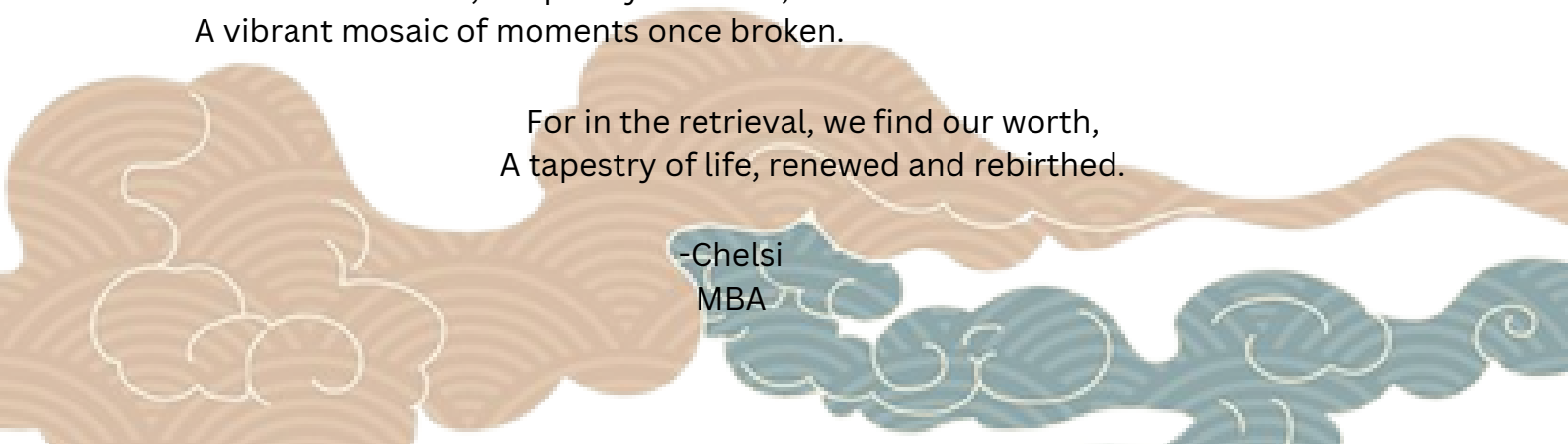
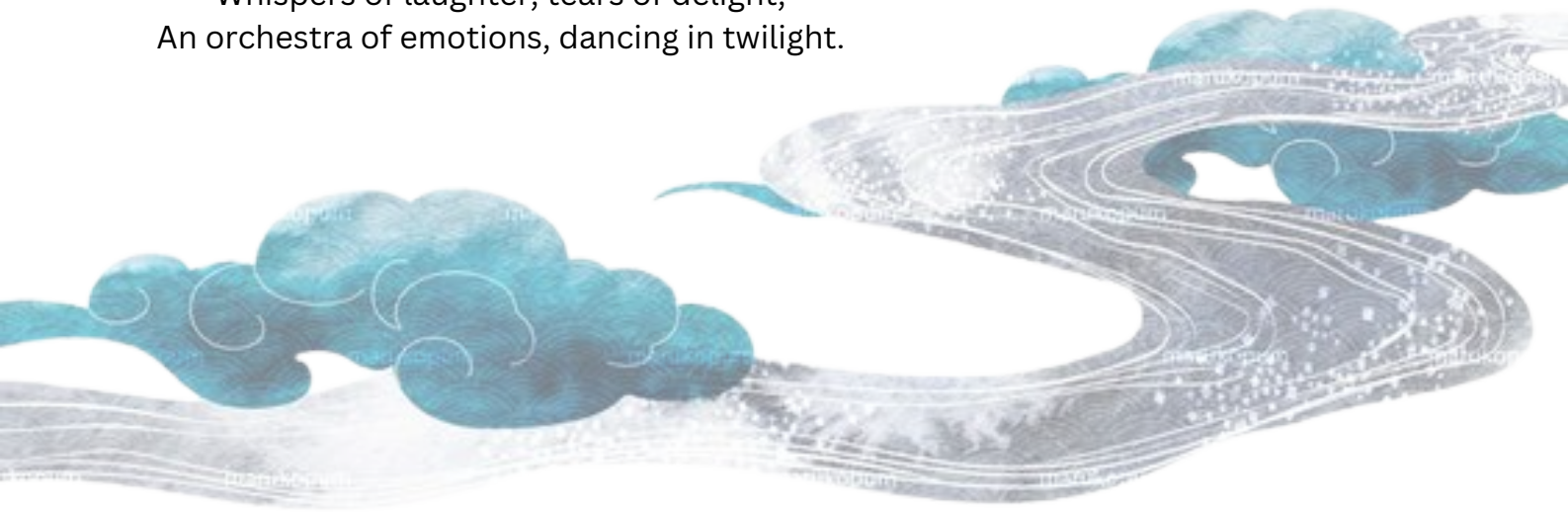
In the realms of time, where shadows dwell,  
A journey begins, a tale to tell.

Like phoenix rising from ashes charred,  
A spirit emerges, vibrant and unbarred

For in retrieval, a tapestry is woven,  
A vibrant mosaic of moments once broken.

For in the retrieval, we find our worth,  
A tapestry of life, renewed and rebirthed.

-Chelsi  
MBA







# CONNECT

Rethink, Revive, and Rejuvenate are connected concepts that emphasize the need for reflection, renewal, and revitalization in various aspects of life. Taking a fresh perspective, bringing new life to existing situations, and finding ways to enhance personal growth and well-being.

Emphasize self-care, maintaining a healthy lifestyle, and finding balance in various aspects of life encouraging adaptability and open-mindedness.

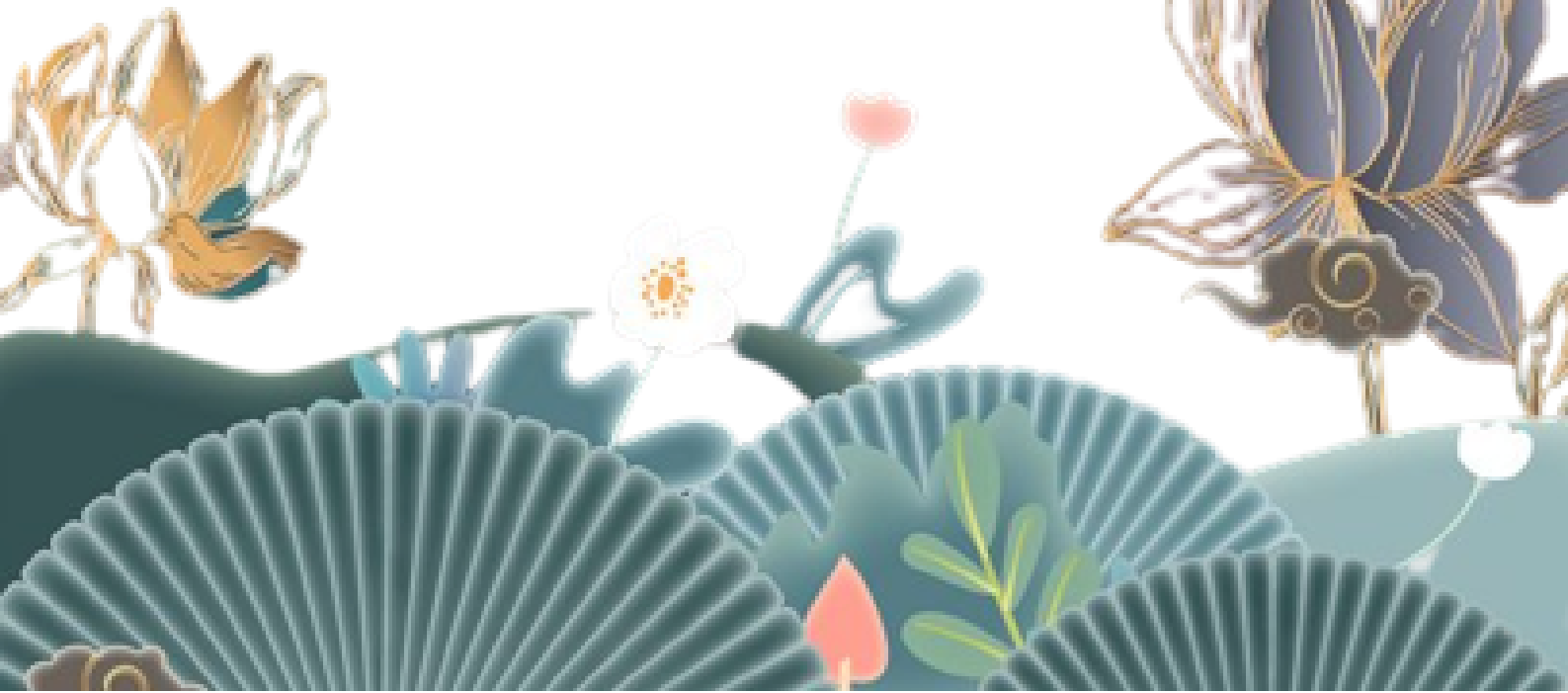
New life into projects, relationships, and endeavors that have lost momentum or inspiration. Nurtures physical, mental, and emotional well-being through practices like self-care and mindfulness.

Individuals can break free from limitations and embrace personal growth.

Encourages critical reflection and an openness to change.

Foster positive change, create opportunities for personal development, and find greater satisfaction and fulfillment in our endeavors.

DIVYA N M  
MCA





# Fall!

# Fall!

# Fall!

Fall, Fall today  
Dry, dreary and dead  
The vacant spaces calls my name  
to a void beyond the plethora of sane

Fall, Fall today  
Lie, teary and misled  
Rides the multitude all the same  
In the hollow humanity's unmanned train

Shakshi Sandil  
MA







## **Outgrow yourself from experience**

The big Trees around are the  
History.

They withstand the passage of  
four season. They have seen  
enough human's trails and  
triumph.

Like how sun and moon who  
never leave the sky at least for  
once.

One have to outgrown  
themselves from the  
experiences of life like the little  
sprout.





# RETHINKING WOMANHOOD

In a world where women stand strong and tall,  
There's a call to rethink, to break down every wall.  
For the stories of their lives remain untold,  
It's time to redefine, reshape the mold.

Rethink the stereotypes that bind her grace,  
For she's more than a delicate, fragile vase.  
She carries resilience, a flame burning bright,  
In every step she takes, she claims her right.

Rethink the expectations imposed by society,  
She's not limited to defined roles, but in variety.  
A warrior, a nurturer, a leader, a friend,  
She's a force to be reckoned with, till the end.

Rethink the burden she carries on her shoulders,  
Balancing dreams, ambitions, and family folders.  
She's a master of juggling, an expert in care,  
Yet deserving support, love, and equal share.

Rethink the barriers that hinder her way,  
For she's capable of shattering them, come what may.  
Break the glass ceilings, let her talents soar,  
Unleash her potential, watch her spirit roar.



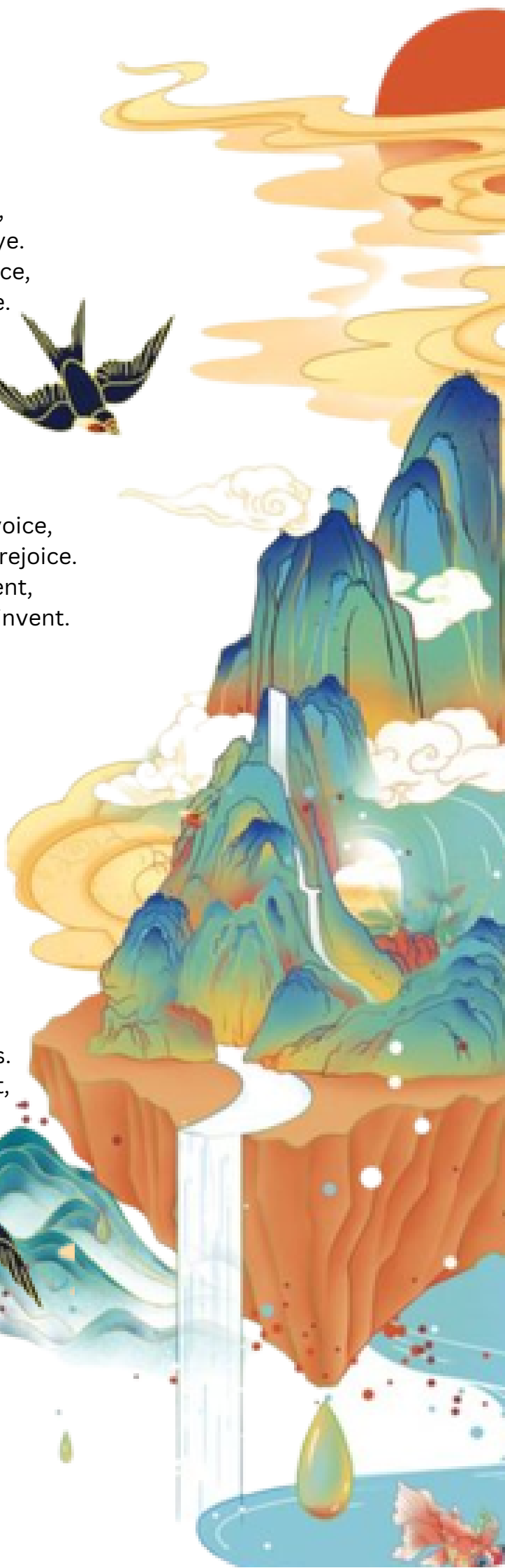
Rethink the standards of beauty she's judged by,  
For she's more than appearances that catch the eye.  
Her worth lies in her intellect, compassion, and grace,  
Unveiling her inner radiance, a heavenly embrace.

Rethink the silence that stifles her voice,  
She has stories to tell, experiences to rejoice.  
Amplify her words, listen with intent,  
Empower her voice, let her thoughts invent.

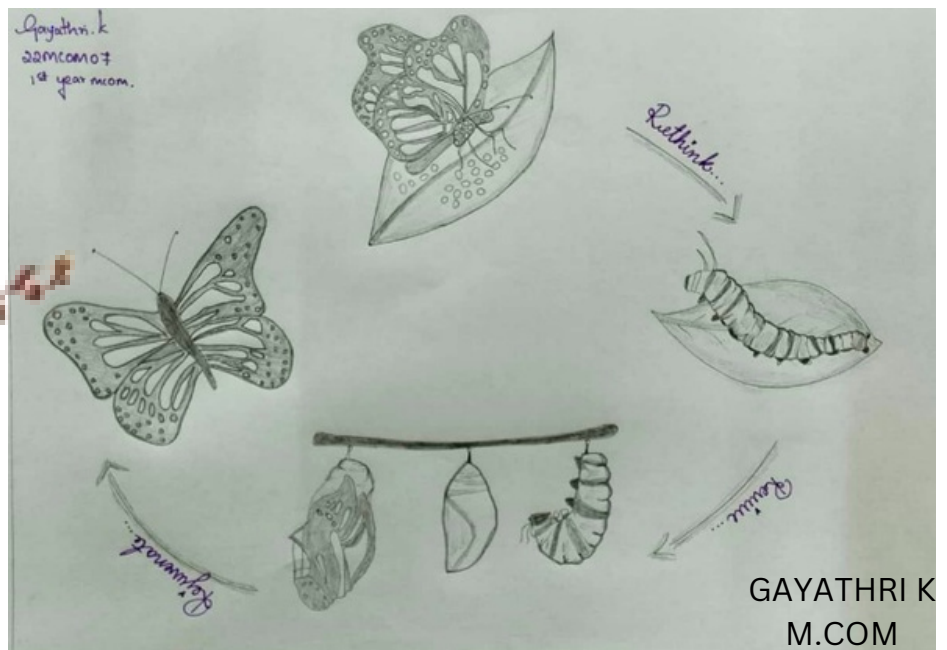
Rethink the strength she carries within,  
For resilience is her armor, a battle she'll win.  
In unity and solidarity, let her rise,  
Her journey, her struggles, her triumphs, our prize.

So, let's rethink and redefine her place,  
In a world that respects, values, and embraces.  
Women's lives, an inspiration, a powerful sight,  
Let's rewrite the narrative, and set it alight.

DEVI B  
I MBA





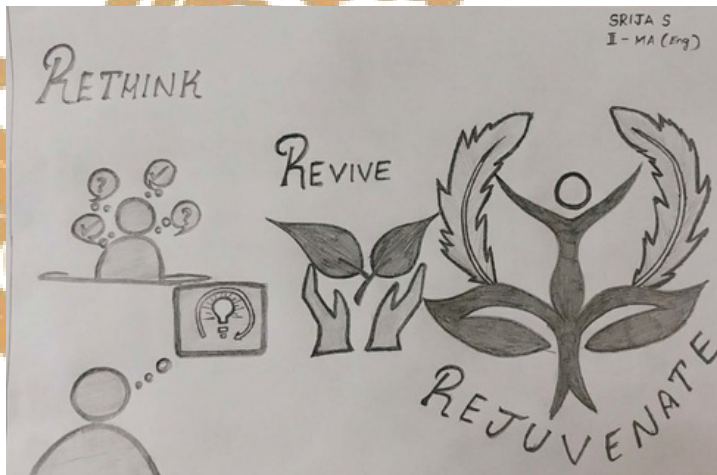


Rethink the old ways,  
Revive dreams long forgotten,  
Rejuvenate life.

Leiyaphy Sasa  
MA English



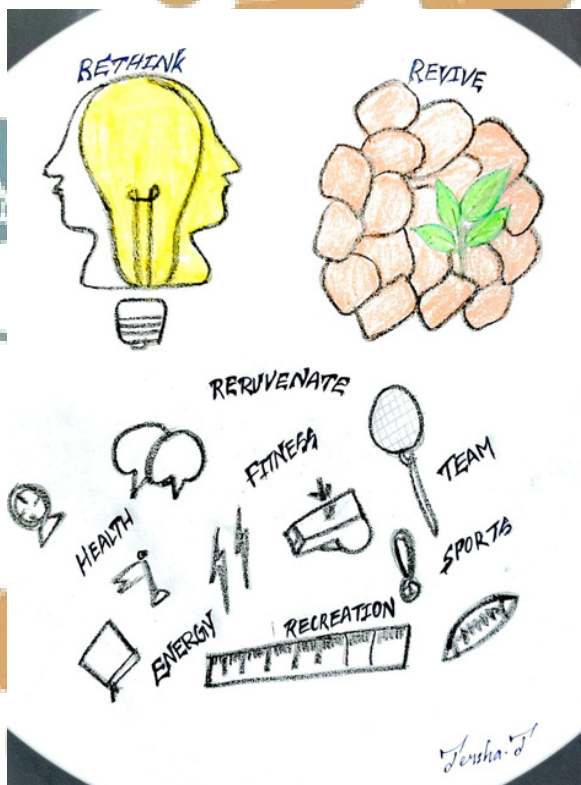




Sriya S  
MA



Mellody  
MA



Tersha  
MA