

**JYOTI NIVAS COLLEGE AUTONOMOUS  
SYLLABUS FOR 2019 BATCH AND THEREAFTER**

**Programme: INT BSc. MSc**

**Semester: III**

**PAPER I  
PHYSIOLOGICAL PSYCHOLOGY**

**Course Code: 18III IS303**

**No. of Hours: 60**

**COURSE OBJECTIVES:**

- To learn and understand basic processes and applications of the physiology involved in psychology
- To learn the physiology of the nervous system, brain functions, glands and sensory organs.
- Know the research methods used in psychology, apply their knowledge in research.
- To learn the behavioural consequences of damage to the physiological systems.

**LEARNING OUTCOMES:**

On successful completion of this unit, students will be able to:

- Identify the structures and functions of neurons;
- Describe the processes involved in the generation and propagation of a neural impulse;
- Recognize the major anatomical divisions of the human brain;
- Apply knowledge of the physiological bases of behaviour to real-world issues; and
- Explain the physiological processes underpinning various psychological phenomena.

**UNIT I**

**CHAPTER 1 - INTRODUCTION TO PHYSIOLOGICAL PSYCHOLOGY AND NEURONAL FUNCTIONS**

**12HRS**

Nature and scope of physiological psychology; Methods of study.

Structure and types of neurons; Conduction and transmission; Structural, chemical and electrical components of the nervous system; Major divisions and functions of the nervous system-CNS and ANS.

**UNIT II**

**CHAPTER 2 - BRAIN PLASTICITY**

**12 HRS**

Development of the nervous system ; Brain damage and Neuroplasticity ; lateralization and split brain

**UNIT III**

**CHAPTER 3 - HORMONES AND BEHAVIOUR**

**12 HRS**

Nature of endocrine functions; Hormones for cellular functioning. Stress and cardiovascular system; Hormones for growth- sexual behaviour and reproduction.

**UNIT IV**

**CHAPTER 4 - MECHANISMS OF SENSATION**

**12 HRS**

Structural, chemical, electrical and genetic correlates of vision, audition, olfaction, gustation and tactile sensation.

**UNIT V**

**CHAPTER 5 - MECHANISMS OF MOVEMENT:**

**12 HRS**

Muscles, Reflex control of movement, Control of movement by the brain.

**REFERENCE:**

1. John T Cacioppo, Laura A Freberg (2019) Discovering Psychology: The science of the mind.3<sup>rd</sup> edition.eBookwww.cengage.com
2. Neil R Carlson (2017) Foundations of Behavioural Neuroscience, 9<sup>th</sup> edition, Pearson Education Inc.
3. Neil R Carlson (2017) Foundations of Physiological Psychology 6<sup>th</sup> edition, Pearson Education Inc.
4. N R Carlson (2017) Physiology of Behaviour,12<sup>th</sup> edition, Pearson Education Inc.
5. John R J Pinel (2017) An Introduction to Biopsychology.9<sup>th</sup> edition.
6. Francis Leukel (2005) Introduction to Physiological Psychology, 3<sup>rd</sup> editionIndian edition CBS Publishers and Distributors, Delhi.
7. Charles F Levinthal (1999) Introduction to Physiological Psychology 3<sup>rd</sup> edition, Prentice Hall of India Pvt. Ltd., New Delhi.

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