

India

Independence Day

NEWS LETTER

VOLUME 8, ISSUE 5 AUGUST 2021

J Y OTI NIVAS COLLEGE POST GRADUATE CENTRE
INDEPENDENCE

PRINCIPAL'S MESSAGE



My dear faculty and students

Jyoti Nivas has always striven to build and enhance its knowledge potential, overcoming challenges, fighting obstacles, building human bridges and scaling new peaks. On the occasion of our 75th Independence Day, in the midst of this ongoing pandemic, let us renew our commitment to the cause of higher education, to the welfare and well-being of our countrymen and service to society. We have to build the noble mansion of free India where all her children may dwell in peace and harmony.

India discovers herself again amidst this pandemic. Nevertheless, the past is over and it is the future that beckons to us now. That future is not one of ease or resting but of incessant striving to give reality to our dreams. We each serve country in our own style.

Believe in yourself and trust your own inner knowing, to have the courage to pursue your greatest dreams and vision. **Unlock YOUR Power!**

Be wise. Stay attentive to all that you do, for there comes no second error that doesn't follow on the heels of a first. Connect to the power within ourselves that is far greater than any circumstance, situation or condition.

"Everything in this universe is meant to make us feel blissful"

When every little thing in life, whether it is a pebble or an ant, starts surprising us, then you are living a joyful life full of curiosity.

"Whatever is happening in life, being joyful is a completely different thing."
"You do not need any reason to live a joyful life; life itself is a feeling of bliss."

The world needs your brilliance, gifts, and talents, and it's time for you to share them!
"Those who have joy, love, and compassion in their hearts live a wonderful life."

We all know that hygiene is the first and obvious lesson. Precaution is the only cure for this new strain of coronavirus. Take care of personal and collective hygiene. This practice will help us when we return to college.

Note of Appreciation: '*Thank you*' to our dear staff Mr. Vincent for encouraging our students to pen down on their experience here on this earth and to my dear students for your generous contribution to this newsletter...

God bless all of us!!!

Affectionately Sr. Lalitha Thomas



Independence Day

One of the most memorable days in Indian history is 15th August 1947. It is the day when India got Independence from British rule. We fought very hard to get our Independence.



History of Our Independence Day

British's ruled India almost two centuries, the citizen of our country suffered a lot due to their rule.

They treated the citizens like slaves until we manage to fight back, we Indians struggle a lot for our independence under the guidance of our leaders like Jawaharlal

Nehru, Subhas Chandra Bose, Mahatma Gandhi, Chandra Sekhar Azad and Bhagat Singh.

Some of the leaders choose the path of violence while some other choose nonviolence, the aim of this was to throw the Britishers from the country and on 15th August 1947 the long-awaited dream came true.

Celebration

To relive the moment and to enjoy the freedom of independence we celebrate Independence Day, also to remember the sacrifices and lives we have lost in this struggle.

The celebrate wakes up the patriot inside us as the young generation is acquainted with the struggle of the people. The celebration of Independence Day is done quite vastly in India. The cities and our hearts reflect the tricolor notion of the nation's flag, and the anthem can be heard from different directions. It is a national holiday in our country and we celebrate it with great enthusiasm schools, offices, colleges celebrate this day by organizing various events. Every year at red fort the prime minister hoists the national flag the event is followed by an army parade the school and colleges organize cultural event speech and quiz competition.

Importance of Independence Day

Every citizen of our country has a different view point about Indian independence, for some it is a reminder of the long struggle and for youngsters it's the glory and honor of the country. Indian Independence Day is celebrated with a feeling of nationalism and patriotism across the country it's not only a celebration of independence but also of the unity of the diversity of the country.

We will let our tricolor fly high ever on the sky. Bringing independence to India by freeing the British rule was not easy. The people of India are thankful to those who fought for the independence of our country. The day is truly special for every Indian.

JAI HIND! JAI HIND! JAI HIND!

-SHABI ZEHRA

1st M.COM (FA)

What is real freedom??

What is freedom? Nothing but the liberation of the soul. Everyone has a soul in them. There is no other prison than a closed mind. I would like to say a story of a seed. A tiny seed-so little that it could be hidden in between one's fingers. One day a farmer put his hands into a bag filled with millions of seeds like these. He picked a few and put them in a basket. The seeds rolled against each other, dancing merrily, as the farmer walked towards his field-enjoying the cool breeze, the sunlight, and every bit of its surrounding. The tiny seed shone brightly, talking in whispers and giggling along with its comrades.

Then the rolling stopped and then a period of rest." What was this farmer doing?" The seed peeped through the holes in the basket. And then he came back and put his large hands and picked few seeds and threw them in the air. It was a roller coaster ride-flying into the air and then falling to the ground." Oh! What a wonderful experience!" The seed thought. Just then, something started falling on it. It became dark and lonely. "Where are my friends? Why am I here? Is this the end of my life? Am I going to die so horribly?" The seed thought in despair. Before it could find answers to its questions, it was filled with water on all sides. "Oh god! What have I done to deserve such awkward punishment?"

It thought again in pain. No one to console, tired and sleepy, the seed closed its eyes.

When it woke up the next day, everything was changing. The body had swollen, and it was in great pain." Why are you heaping trouble upon trouble? Are you hiding from seeing my distress? Come fast to heal me. Deliver me from this dungeon, darkness, and pain" It cried all day long. But there was no reply. It was getting worse day by day.

At last, the skin broke open, and something new started protruding. "What is this? It is not me. I am turning to something new," said the poor seed. But it could not stop. It pierced through the very things that kept it pressed down in darkness. It sucked all the water around and started enlarging itself. The seed started feeling a little appreciation towards its new self. Every day there was something new. Then, one fine day it saw a ray of light." Wow! Was the ray of light so awesome to feel!" It tried harder and harder to get a little more of it. Now it could see the dirt that pressed it down and held it captive for so many days. And it realized, "isn't this the same dirt that gave me the strength and nutrients to grow so tall."

"I am so lucky," the seed thought because many of its kind was not to be seen. They had failed to see the light again. They had failed to swell, to break open, and they had failed to allow themselves to change. "Thank you, God," the seed said with a grateful heart and tear-filled eyes. Now it enjoyed the sunlight, the cool breeze, and the friendship of its comrades once again-but with meaningfulness.

"Once again, I started seeing the farmer, of whom I thought, was the villain of my life. But now I see his face more clearly, as he looks at me with love and care every single day. His smiling face and gentle caressing bring goose bumps all over me. Now I am not a seed but am called a tree. I also received a special gift- a gift of creating many like me. Now I am not insignificant but a source of joy and pride to many. Thank you, Lord, for making me go through all the discomfort in my life-all the awkward situations. It made me capable of experiencing freedom in its fullness-true freedom of life."

-BETSY V JOHNSON

1st M.Com (FA)





Art: SHIFA FARVIN. S (1st MCOM (FA)

I failed, Should I give up?

As humans we are emotional and feel things and on losing something or not being able to get what we desire we often end up getting negative thoughts and these feelings start controlling us. It's okay to be sad and grieve over something we lost or failed at. One needs to realize that failures are a part of life and one fall isn't the end. Rather we need to accept the failures and try to make ourselves better. As the saying goes "failures are the stepping stones to success" and this is absolutely right, unless loss of something doesn't bother us, we don't realize how important it is. Always accept what comes your way and never give up.

There are times in life when people try to pull you down and today living in this competitive world and in the race of achieving something we meet thousands who wish to see us behind them and hundreds who want to pull us down. But what should keep us going is the fact that "Not to stop until you reach your goal" How do we do that? It's simple, have an agenda, plan

accordingly also have a backup even if plan A fails remember there is always a plan B and even if you fail in that there 24 more English alphabets left. If you fail at something analyse what went wrong and try to find ways on how you can rectify it. It's good to have haters because that's the fact that makes one realize that you are doing better than them.

Always remember your family, and think of the day when you achieve what you intended, no matter the whole world is against you and laughs at your failures, there is always your family who supports you. You are not alone! Always have a control over your thoughts and never let your thoughts control you. Consider that you are better than the rest and also be happy for other's success, drive a moral from their success story, let it be a motivation to you.

Avoid overthinking as this pave a way to ruin your self-confidence. It's okay to grieve over something, take a break also take a vacation if needed, but when you come back make sure you come back stronger. It's never too late to start something from a scratch remember "Kylie Jenner became a billionaire at the age of 21" whereas "Colonel Sanders, founder of KFC became a billionaire at 88".

Keep your goals clear never discuss your plans with others. Work hard for it as without hard work there is no success. Dream bigger and never stop working for it. Never underestimate yourself because you are the best and you know it! Remember Failure is not the opposite of success, it is a part of success. Keep going and don't stop until you reach your goal.

-Syeda Saniya Kayeenath

MCA III year

What is freedom? Is it an absolute right?

We are born to become free. Freedom is defined from different aspects and according to different cultures, freedom varies from culture to another. Some define freedom as a natural right. Freedom is the right to do what one wants, live where she wants, eat what she wants, learn what she wants, chooses the religion in which she believes without ignoring or harming other rights. How can we live free? From my point of view, we can live free by respecting other's rights to live free too. We cannot ignore the rights of people with whom we live in the society. We cannot simply do what we want and ignore others. We must take other people rights into consideration. The idea behind freedom is to be respectful and useful to our society. Freedom is important to everyone. If someone is deprived from the innate rights, they will definitely feel as if she is not a respectful human being. When freedom is guaranteed, I can think freely, go where I want, say my opinion without fear from people who would not take my opinion. Freedom of opinion is among the important branches of freedom.

KEERTHANA L

1st MSC



What is freedom all about?

Freedom is about more than choosing which yoghurt brand to buy, where to go on holiday or not being afraid to express our thoughts. It's about being true to ourselves in the way we live our lives.

Freedom is a territory which needs a lot of maturing and culturing to handle otherwise people are doing compulsive things they are thinking they are free. To enjoy our freedom does not mean that we ignore the rights of others and live the way we feel. We must consider the rights and feelings of people around us when we live our freedom.

Likewise, a free person does not have to fear expressing his opinion by ensuring that others are not hurt and respected. Societies that promote freedom of opinion, thought, belief, expression, choice, etc. are those where creative minds flourish.

Freedom is being the person that you want to be and not the person that others want you to be.

Freedom is to ensure respect and not just live free. All societies define freedom in their own respect. Different cultures see freedom in their own light and thus people living in different cultures enjoy freedom in ways that they feel appropriate.

Enjoying our freedom does not mean that we disregard the rights of others and live the way we feel right. We have to consider the rights and the feelings of people around us when living our freedom.

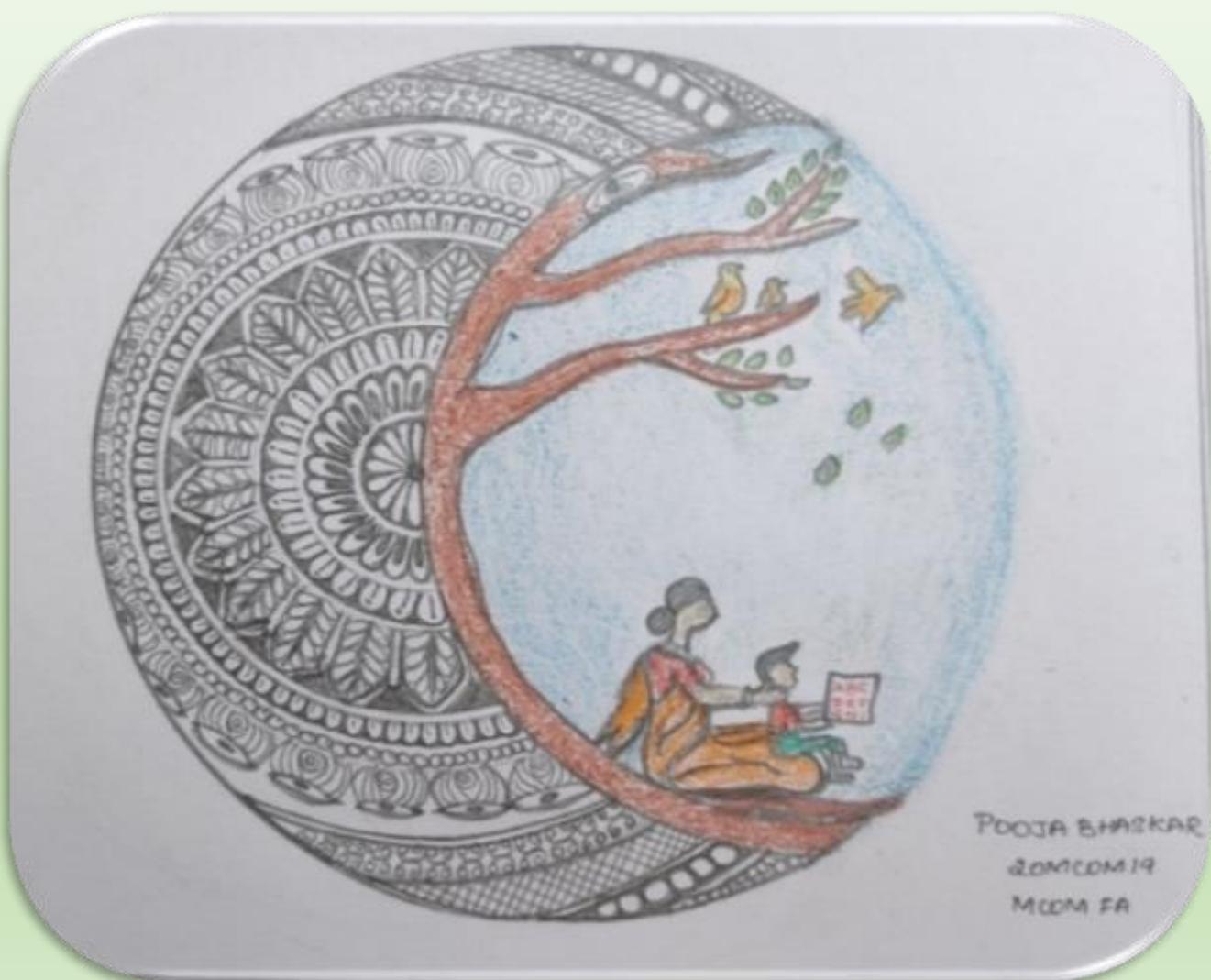
Freedom does not come with independence. Freedom is also about appreciating the enchanting beauty of nature and environment around us. A person who is worried and anxious cannot be free at mind and hence cannot enjoy the scenic beauty of a lovely moonlit sky or the pleasant music of the singing birds at the sunset.

The meaning of freedom might be different for every single of us, but the joy and satisfaction we get from it is the same.

- ROSHINI

Art: PRAJWALA. S. REDDY

3rd MCA



How can we reach freedom??

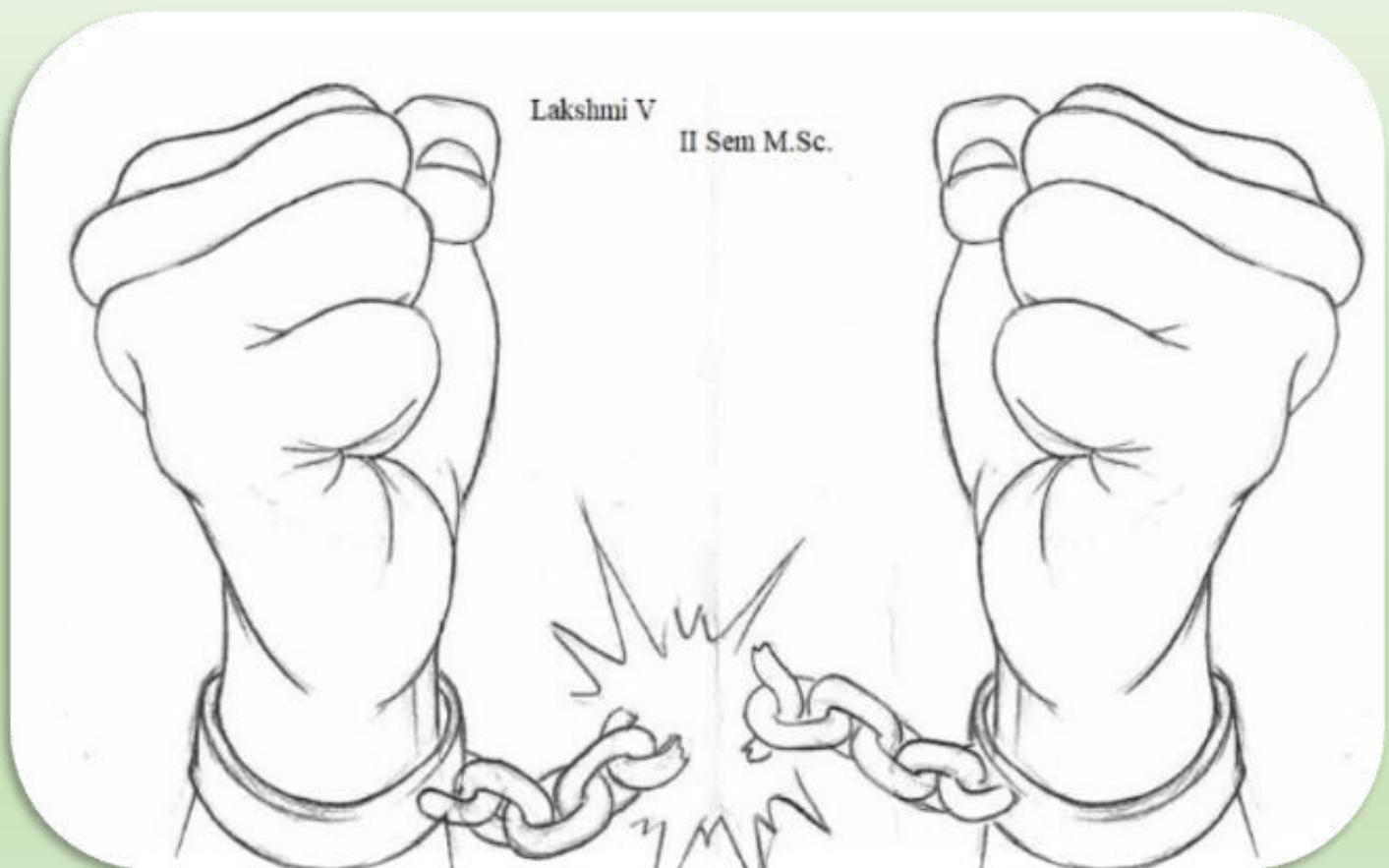
Freedom is a concept that has always preoccupied mankind. We all want to be free, but free from what? Do we really know what kind of freedom we are looking for or how we can reach that freedom?

So, when we look at it in philosophical way and try understand freedom with an emphasis on inner freedom, which is more important and valuable than the physical freedom that is popular today. Inner freedom is the freedom of our mind, emotions, and actions, freedom is a state of mind and heart, not dependent on any circumstances or person, yet not isolation or immobility either.

If we take anger as an example, when anger is present in our mind, it tries to control our thinking and actions and if it does, then it begins to drive us in the direction it wants to go. It tries to unload its destructive energy on something or someone. We, as a being of intelligence and free will, have to stand against our anger, not to be controlled by it but to control and root it out. When we align ourselves with the reality of life, we reach inner freedom very naturally. The simple reasoning is that there is no difference between you and life

-Nandini S K Setty

1st M.Sc.



Hide Away Those Scars

Fragile! You are a woman

Hide those scars

They are but Marks of your virile man

Never heard of cigars?

Not your man but other?

Hide those scars

Marks of a lover

Dare you aspire for the stars!

Temptress! It's your fault

Hide those scars now

Boys will be boys and assault

You must bow

Alas! She was a beauty

Now hide those scars

Marks of a Man in the line of duty

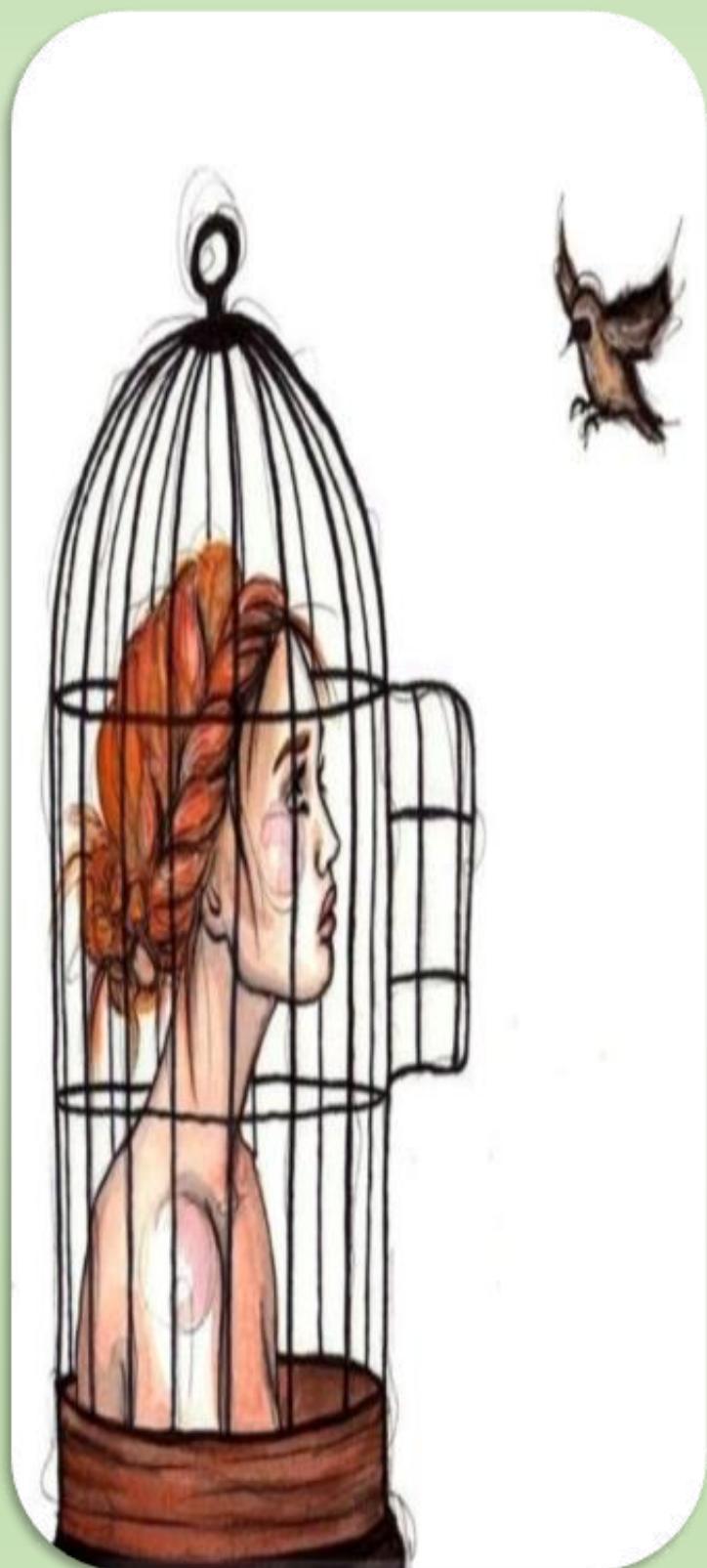
So, what if he used iron bars?

Enough! I will scream

Bare myself nude

Now who is in Team?

We are already Tabooed



Rithi Choudhury,

1st MA (Department of English)

The Right to Freedom

One of the Fundamental Rights guaranteed by the Constitution of India. Right to Freedom The right to freedom guarantees freedom for citizens to live a life of dignity among other things. These are given in Articles 19, 20, 21A and 22 of the Indian Constitution. We shall take up the articles one by one in this section.

1. Freedom of speech and expression: The State guarantees freedom of speech and expression to every person of India. However, the State can impose restrictions on the freedom of speech and expression in the interests of the integrity, security and sovereignty of the country, friendly relations with foreign nations, for public order, with respect to defamation, incitement to offence or contempt of court. Read more about the Freedom of Speech and Expression here.

2. Freedom to assemble: The State guarantees every person the freedom to assemble peacefully without arms. However, as above, reasonable restrictions can be imposed in the interests of the sovereignty and integrity of the country and public order.

3. Freedom to form associations/unions/cooperative societies: Again, the State can impose restrictions in the interests of the integrity, security and sovereignty of the country, friendly relations with foreign nations, for public order, with respect to defamation, incitement to offence or contempt of court. This freedom gives workers the right to form trade union, which is thus a fundamental right.

1. The Police Forces (Restriction of Rights) Act, 1966 prohibits police personnel from forming trade unions.

2. The Constitution also allows the Parliament to pass a law restricting the right to form political association to members of the armed forces, intelligence bureaus, persons employed with telecommunication system.

4. Freedom to move freely: A citizen of India can move freely throughout the territory of India. But this right can also be restricted on the grounds of security, public order or for protecting the interests of the Scheduled Tribes.

5. Freedom of residence: Citizens of India have the right to reside in any part of the country. Although restrictions can be imposed on the grounds of security, public order or for protecting the interests of the Scheduled Tribes.

6. Freedom of profession: All citizens have the right to carry on any trade or profession/occupation, provided the trade or occupation is not illegal or immoral. Also, the law does not prevent the State from making laws related to technical or professional qualifications required for practicing the occupation or trade

Freedom, generally, is having the ability to act or change without constraint. Something is "free" if it can change easily and is not constrained in its present state. A person has the

freedom to do things that will not, in theory or in practice, be prevented by other forces. Outside of the human realm, freedom generally does not have this political or psychological dimension. A rusty lock might be oiled so that the key has the freedom to turn, undergrowth may be hacked away to give a newly planted sapling freedom to grow, or a mathematician may study an equation having many degrees of freedom.

Freedom refers to a state of independence where you can do what you like without any restriction by anyone. Moreover, freedom can be called a state of mind where you have the right and freedom of doing what you can think off. Also, you can feel freedom from within.

India is a country which was earlier ruled by British and to get rid of these rulers India fights back and earn their freedom. But during this long fight, many people lost their lives and because of the sacrifice of those people and every citizen of the country, India is a free country and the world largest democracy in the world

-BINDUSHREE. P

1st MBA



By

SUCHITRA · K
I.M.COM(FA)
20MC0024

FREEDOM!!



It's almost 2am everything is silent, except my mind and heart. Heart full of pain, mind full of thoughts. Wanted to put it out and just scream out the thoughts but fear of judgments. Didn't know what to say, didn't know how to express. Having the best people around, but still remained in my mind. "It's your mistake" says the mind to the heart, "No, I just gave the love to the person, it was your mistake; you where the one who selected the wrong person" says the heart. Quarrel between heart and mind went with many sleepless nights. Dad thought to be independent, Mom thought to have a freedom in everything. But a relationship took everything away. Finally, I realized I just wasted my feelings. I thought of ending the quarrel between heart and mind. I thought it's okay to be judged by others, because they never be your peace of mind. It's okay to have a break up than being in a toxic relationship which will lead me in destroying my future. Actual meaning of a freedom is where we have a peace full sleep, a pleasant mind, being Independent and a joy full nature and supportive people. People judge you for being wrong but people will also judge you for being right too. Having freedom for your self is an actual FREEDOM.

DEEPALI M S

Journey of my country's freedom

I think change will come in the country,

There will be a Sardar like Bhagat Shing again.

Now it will wake up, the storm of corruption,

Because Gandhi will take birth again.

Now the dishonest and the traitors will be saved, the senses will come,

Because someone will wake up again, Subhash Chandra Bose.

Because all of them, you are free.

Otherwise, you could not get the taste of food.

They had contributed to our freedom.

In return, brother had not taken anything else from us.

The land of the country still sings their praises.

Grandmother narrates stories of these warriors.

Telling the tales of these heroes.

When Mother Earth also said, Chander Shekhar was the hero who shot himself.

His picture has been put at every place of worship.

Because of them, the whole country is happy today.

In the memory of these heroes, we have walked towards progress.

Don't know how many freedom fighters have been killed.

The defence of our country is due to our heroes.

Then the people of India sleep peacefully.

-SUDIPTA

3rd MCA



Art: SHALINI. U

1st M.COM (FA)



Freedom is ability to run my life!!

"Freedom to me means the ability to run my life by my terms, be able to express myself the way I think is appropriate, and see that my children too have the ability to do the above without any fears". Freedom is a condition in which people have the opportunity to speak, act and pursue happiness without unnecessary external restrictions. Freedom is important because it leads to enhanced expressions of creativity and original thought, increased productivity, and an overall high quality of life.

Freedom is defined as the state of being free, independent, without restrictions, or release from prison. An example of freedom is a bird being let out of a cage. For some freedom means the freedom of going anywhere they like, for some it means to speak up from themselves, and for some, it is liberty of doing anything they like.

Freedom is not free. Freedom is only for the good and constructive purpose and not destructive. We need to believe in bridges of learning and understanding and not walls and partitions of animosity. Real freedom expands on negative freedom by adding the idea of actually being able to exercise a capacity or resource in the absence of constraint; but does not go as far as some ideas of positive freedom, by refraining from appeal to self-government by a real, best, or higher self. The real freedom is from the vices, distractions, belongings, attachments and possessions. Real freedom is not something readymade which you will get. You need to make prudent choices for this. You need to work for the real freedom. Do not take the things for granted. Even freedom is not free and the real freedom is really harder to get. It needs the facing of dangers, risks and sacrifices. To get real freedom you need to pay the price not in terms of material cost but non-material.

DIVYA. K

1st MBA



Freedom

"Man is born free, but he is everywhere in chains" - Rousseau

The condition or a state of being, that allows one to do whatever one wishes with respect to others, but without being controlled or limited.

Freedom ensures respect and not just living freely. All societies define freedom in their own respect. Different cultures see freedom in their own light and thus people living in different cultures enjoy freedom in ways that they feel appropriate.

Enjoying our freedom does not mean that we disregard the rights of others and live the way we feel right. We have to consider the rights and the feelings of people around us when living our freedom.

Similarly, a free person does not have to fear when expressing his opinion ensuring that others' respect and feelings are not hurt. Societies should always encourage freedom of opinion, thoughts, beliefs, expression, choice etc.

-ELINDA BASUMATARY

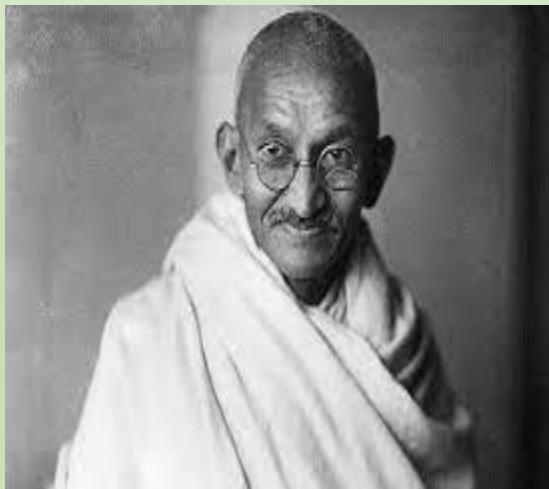
I -M.SC





Subhas Chandra Bose

Indian revolutionary prominent in the independence movement against British rule of India. He also led an Indian national force from abroad against the Western powers during World War II.

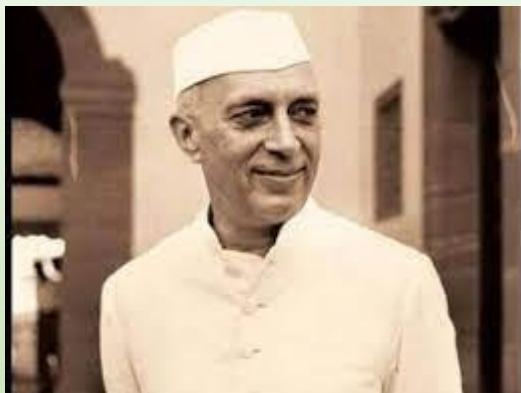


Mohandas Karamchand Gandhi or Mahatma Gandhi as he is well known, is revered the world over as one of the most inspirational figures. His fight against British Rule in India using non-violent methods, is very well documented and it inspired movements for civil rights and freedom across the world.



Sardar Patel

Indian barrister and statesman, one of the leaders of the Indian National Congress during the struggle for Indian independence. During the first three years of Indian independence after 1947, he served as deputy prime minister, minister of home affairs, minister of information, and minister of states.



PANDIT JAWAHARLAL NEHRU

INDIA'S FIRST AND LONGEST SERVING PRIME MINISTER, PANDIT JAWAHARLAL NEHRU, WAS A MAN OF VISION. HAVING PARTICIPATED IN THE LONG STRUGGLE FOR FREEDOM FROM THE BRITISH, NEHRU, FONDLY CALLED PANDIT NEHRU, A REFERENCE TO HIS KASHMIRI PANDIT COMMUNITY ROOTS, WAS A FIRM BELIEVER IN NATION BUILDING, AS HE UNDERSTOOD THAT THE YOUNG INDIAN NATION HAD A TRYST WITH DESTINY.

